



In the Long Run
it's the
Long Distance Log

VOLUME 19

JANUARY 1974

NUMBER 217



Photo by Kathi Gainey

Bob Williams wins 8 mile Road Race -- Lake Oswego, Oregon, Dec. 1, 1973

PICK A WINNER FROM THE NIKE LINE



AMERICAS — Nylon racing spike \$29.10



INTERVALLE — Nylon training spike \$26.00



OREGON WAFFLE — Nylon racing flat \$22.98



ROAD RUNNER — Suede racing flat \$21.80



MARATHON — Nylon running flat \$18.00



LEATHER CORTEZ — Distance training \$26.45



BOSTON '72 — Nylon distance racing flat \$19.25



FINLAND BLUE (Kenya red) — Nylon racing and training flat \$20.00



**the
athletic
department**

(MAIL ORDER DEPT.)
Post Office Box 743
Beaverton, Oregon 97005

With retail "A.D." stores in Berkeley, Garden Grove, Culver City and Rosemead, California; Natick, Massachusetts; Monroeville, New Jersey; and Portland, Beaverton and Eugene, Oregon.

Volume discounts available.

Mail orders require \$1.50 shipping & handling per pair.

THE LONG DISTANCE LOG
A PUBLICATION FOR RUNNERS BY RUNNERS
Volume 19, No. 217, January 1974

Published monthly under the auspices of the United States Track & Field Federation, 1225 N. 10th Ave., Tucson, Arizona 85702.

Annual Subscription Rates: \$5.00. Add \$3.00 for 1st Class Mail or \$5.00 for Air Mail in U.S.A. & Canada. Single copies and back issues - 30¢.

Second class postage paid at Tucson, Arizona. Please send change of address directly to the USTFF. This is important if you expect to receive the Long Distance Log.

New subscriptions and renewals should be sent directly to the USTFF, c/o Carl W. Cooper, Executive Director, 1225 N. 10th Ave., Tucson, Arizona 85702. Please send race results and articles for publication to H. B. Ross, Editor, 306 W. Center St., Woodbury, N.J. 08096.

CLASSIFIED ADVERTISEMENTS - Advertise your event to increase your entries, or your product to increase sales. (\$3.00 per insertion). Full or 1/2 page advertising rates sent upon request.

SECOND ANNUAL ACACIA CHERRY BLOSSOM CLASSIC
10 Mile Open Run

Sunday, March 31, 1974, 9:00 a.m.

East Potomac Park Golf Clubhouse

Washington, D.C.

Sponsored by: Acacia Mutual Life

Under Direction of: D.C. Road Runners Club

In Cooperation with: Metropolitan Washington YMCA

and National Jogging Association.

No Entry Fees

Practical Awards for Open Run

2 Mile Run For Fitness - 9:05 a.m.

Registration: 7:45-8:30 a.m.


Applications and Information: Jeffrey S. Darman,

2737 Devonshire Place, N.W. Apt. 119, Washington, D.C.

TRACK & FIELD SPORT CENTER

612 N. Broad St., Woodbury, N.J. 08096

A complete sport shop offering mail and over the counter sales.

order  - The new and fabulous American

SHOES made Cobra #270 nylon training flat (wide

made toe, a good stable heel and all of the shock absorption

qualities of the Cortez. Mounted on a long wearing sole.

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Blue nylon-blue suede trim. Just \$16.95. #250 nylon

Womens International Marathon In Puerto Rico

By Nina Kowak, Suffolk AC.

On November 2 at 7 A.M. an entourage of six female Road Runner Club members joined Don New York to sunny Puerto Rico. They would arrive in Ponce, Puerto Rico 7 1/2 hours later to be guests of honor at a marathon for the remaining 20 kilometers to the town of Guayanilla near the Caribbean Sea.

Here, on November 4, Guayanilla was to go on the runner's world map as holding the First International Marathon for Women (10 kilometers) in Puerto Rico every road race is called a marathon. The National Club, an international organization devoted to service to mankind was sponsoring the event. 20 countries were invited, 14 of these Columbia, Santo Domingo, the Virgin Islands and the United States were represented. A definite start toward achieving international status for women's road racing.

As Kathy Schrader, owner of the Road Runner Club, international, Kathy Walker, Katie Schiller from Syracuse, Diane Andrade-Ris, place international, Anita Scandarra-De place women marathon, and myself (1st place into-marathon) attended in Guayanilla, we were divided into three groups to travel to our hosts' homes where we would reside during our stay in Puerto Rico.

Extending ourselves from further activities for the afternoon, we all dined our average 1800 caloric diet for a six-week workout. Town hospitality included a police escort as we covered the race course in the tropical twilight. I remember the good feelings we had about our team appearance on the road and the evening we did together. I never ran a 4 mile workout with other women and it was great.

Later that evening and most of the next day were taken up with planned festivities for the athletes. We were presented in the town plaza on Friday evening where Anita Scandarra gave a short speech in Spanish and gained immediate popularity and again on Saturday night where we were transformed into dance celebrities with the help of some great marriage dance partners. We met the other athletes and I especially enjoyed talking with the Columbian girls (through an interpreter).

Finally, race day emerged hot and sunny and after short morning workouts, we had light lunches and physical examinations (blood pressure and heart). 80 starters were examined, about 70 from Puerto Rican schools. Outside of the U.S.A. team I think about 4 girls had run the distance before.

The race was to start at 4:30 P.M. - it was estimated that there were 20,000 people in town and along the route. We dressed in our attractive sleeveless white knit wrap-neck uniforms. There was a 500' patch in front and U.S.A. on the back and a red and blue stripe down each side. The uniforms, Kathy Walker's idea and Katie Schiller's mother's doing, made us look as professional as we felt. Our competition, we felt, was virtually among ourselves.

The gun went off and Diane Andrade took the early lead with Katie Schiller and Kathy Schrader in hot pursuit. Don Anita, then myself, I watched the lead shift to Kathy Schrader and Katie Schiller dropped back. "itches" she said as I passed her Anita was complaining of difficult breathing as I caught and passed her. Meanwhile Kathy Schrader was gaining distance each step. Halfway, we had a turnaround and Kathy Schrader had a comfortable lead. Kathy kept her lead to finish in 1:37 a full minute ahead of Diane Andrade. 3rd was Katie Schiller, 4th Anita, 5th a Puerto Rican runner and 6th Kathy Walker. I don't have the full results. I heard the awards ceremony was nice. I was in there. My race ended with about 1 mile to go. I thought I was going to Diane Andrade who looked tired and was stopping for water. That was nearly the last thing about the race I remember.

My legs were rubbery and I wondered why I was running into the crowd. But it didn't seem I had a choice of whether to stop or keep running. Loss of consciousness finally did me in and I awoke in a hospital clinic.

I remained weak and in bed in the hospital for three days while the Soriana Club kept a concerned vigil over me. I recuperated enough to make my trip home to New York on Thursday, a week after we left. Katie Schiller, Kathy Schrader and Anita who stayed in Guayanilla to enjoy the people and the town, came home with me, was jammed, rested and longly laden after their successful first international trip. I came home thankful for feeling better, most grateful for the concern and care of our hosts and proud of my Road Runner Club team.

BY GORDON by C. W. Campbell, N. D.

"Tears are the smooth soaked wizard, who say 'Eat what you like. Your appetite is Nature's best guide. Follow her.' This is the creed of India. Nature is brutal. She has allowed billions of individuals...to destroy themselves to make way for so-called and races who use their brains...nature should be studied, understood, and respected but never blindly."

The 28th Annual Marathon of St. Hyacinthe, Quebec, will be an Olympic distance marathon again. Date-June 30, 1974 6:00 P.M. Flat & fast! 4 laps and 4 bridges per lap. Excellent prizes. Contact: Mr. Gerard Cote, c/o Le Courrier, C.P. #340, St. Hyacinthe, Que., Canada. 1973 winner- Brian Armstrong, TOC.

JOE WINEGARDNER CRACKS 4-MILE COURSE MARK

Denver, Colorado, November 11, 1973- Bear Creek High School ace, Joe Winegardner ran a fine 21:00 on the Billy Cheeseman Park course, bettering the course record by 15 seconds. He finished 17½ ahead of Arvada West H.S. star, John Hunsaker, whose cross-country coach, Lee Courkamp had set the previous mark. AWH's teammate Jon Sinclair finished third in 21:35. Breaking the dominance of the high schoolers was Phil Weiser, a one-time Twin Cities TC stalwart, with a quick 21:44. It appears that the exercise physiologist at Colorado General Hospital is once again rounding into shape, after many years away from the top. The race was sponsored by the Rocky Mountain Road Runners.

1. Joe Winegardner, 17, 21:00; 2. John Hunsaker, 16, 21:17; 3. Jon Sinclair, 16, 21:35; 4. Phil Weiser, 32, 21:44; 5. Joe Combs, 17, 21:52; 6. Jonathon Skripko, 16, 22:00; 7. Ranny MacDonald, 23, 22:01; 8. Paul Cassidy, 33, 22:18; 9. Bob Van DeNey, 26, 22:22; 10. Jim Garcia, 29, 22:32; 11. Roger Gerard, 30, 22:33; 12. Bob Wellek, 36, 22:41; 13. Bradley Smith, 18, 22:47; 14. Rick Bishop, 19, 22:53; 15. John Alswike, 18, 22:54; 16. Roger Wilcox, 45, 22:55 (set Over 40); 17. Wayne Snow, 28, 23:05; 18. Thomas Richards, 23, 23:08; 19. Ed Hagerman, 35, 23:09; 20. Fritz Holland, 30, 23:25; 21. Bernie Gay, 38, 23:39; 22. Ken Borrego, 16, 23:52; 23. John Kearns, 33, 23:56; 24. Tom LeMire, 30, 24:03; 25. David Koop, 15, 24:05; 26. Jan Howell, 38, 24:07; 27. Charlie Wood, 41, 24:19; 28. Hugh Bingham, 28, 24:20; 29. Daniel Polak, 36, 24:30; 30. Dennis Kavanaugh, 34, 24:35; 31. Mike MacDonald, 26, 24:43; 32. Dave Rosenberg, 17, 24:47; 33. Malcolm Hovde, 23, 24:50; 34. John McCannan, 40, 24:52; 35. Steve Cramer, 16, 24:57... 55. Barbara Martin, 28, 27:09... 69. O.G. Ciraro, 54, 28:35. (79 finishers; 35 under 28:00; 64 under 28:00.)

Handicap Division: 1. Patey Goodman, 29, 30:45.

--R. Dennis Kavanaugh--

SOUTHERN PACIFIC ASSOCIATION'S 11th ANNUAL LONG BEACH MARATHON PREP - 16, 2-MILES

Oct. 28, 1973- Reid Harter was only 5½ off Greg Brock's 1971 record of 1:21:07, set on a cooler day. The heat hampered most of the runners as only 8 broke 90 minutes. Race director Paul Fisher did a fantastic job for the 11th year. Trophies were great and plentiful and the course well marked.

1. Reid Harter, 1:22:02; 2. Bill Scobey, 28, 1:23:54; 3. Don Omana, 1:25:31; 4. J. Garcia, 1:26:29; 5. Joe Toledo, 25, STC, 1:26:33; 6. Ron Kurrie, 25, PCC, 1:27:27; 7. Rubin Chappin, 1:28:46; 8. Larry Walker, 1:29:50; 9. Ron Fisher, 1:30:07; 10. Don Cox, 1:31:34; 11. Bill Anderson, 30, SBAA, 1:31:53; 12. Joe Burgasser, 35, STC, 1:32:49; 13. Terry Enright, 1:33:55; 14. Thomas Cory, 27, Colver City AC, 1:34:46; 15. John Redberg, 39, STC, 1:35:13; 16. ? 1:35:27; 17. W. Waltmire, 1:35:43; 18. Andrew Levinson, 1:35:47; 19. Jim Shepstone, 1:37:40; 20. Tom Gleason, 31, unat., 1:38:15; 21. Dave T. Parker, 43, STC, 1:38:22 (1st Vet.); 22. ? 1:39:08; 23. Charles Barone, unat., 1:39:23; 24. Bob Emmerling, 38, MSCS, 1:39:31; 25. Wilbur Williams, 1:39:47 (2nd Vet.); 26. Norman Lurian, 45, STC, 1:41:25; 27. ? 1:41:53; 28. Bob Monsingo, 35, 1:42:11; 29. Bill Fitzgerald, 48, STC, 1:42:23; 30. Allan Levine, 1:42:27... 45. James Oleson, 55, SMT, 1:46:52... 61. John Montoya, 61, STC, 1:51:43. (127 finishers)

SCHOOLBOY 4.2-MILES- 1. M. Bernstein, 22:17; 2. Mike Brown, 22:53; 3. John Lantry, 23:08.1; 4. Wendell Morris, 23:34; 5. Keith Yarwood, 23:37; 6. Ray Cook, 23:50.

3RD CALIFORNIA CLUB CHAMPIONSHIP

Santa Barbara, Calif., Nov. 3, 1973- On a beautiful Santa Barbara day Don Lux beat a good field for the 3rd California Club Championship. This year a new course set amid lemon and avocado groves on Corona Del Mar Ranch in Goleta was used. It was enjoyed by almost all in spite of the 0.3 mile hill at mid-point. 6-Miles- 1. Tom Lux, SDT, 30:16; 2. Mark Covert, ELA, 30:27; 3. Wm. Kelly, SCT, 30:44; 4. Terry Valentine, ANA, 30:46; 5. Lewis Patterson, 30:47; 6. Wayne Badgley, BVH, 30:50; 7. Ray Hughes, BHS, 31:02; 8. George Daryen, AIA, 31:05; 9. Phil Ryan, 29, GWA, 31:09; 10. Bob Price, 27, AIA, 31:20; 11. Don Riggs, AIA, 31:24; 12. Ron Kurrie, 25, BHS, 31:26; 13. Roger Davis, BHS, 31:32; 14. Rick Lord, BVH, 31:35; 15. Liam Ryan, GWA, 31:37; 16. Ron Farrata, WVT, 31:41; 17. Jan Wickstrom, SDT, 31:52; 18. Fred Maler, BHS, 31:59; 19. Steve Lassegard, BHS, 32:00; 20. Mike Weaver, SDT, 32:03; 21. D. Kalsiechke, SDT, 32:04; 22. Neil Sybert, AIA, 32:05; 23. Todd Ferguson, AIA, 32:08; 24. Scott Chisam, AIA, 32:12; 25. Ed Granichalek, SDT, 32:24; 26. Mike Chambliss, SBA, 32:37; 27. Greg Deal, unat., 32:43; 28. Ed Haver, ALA, 32:45; 29. Bill Gookin, SDT, 32:52; 30. Rick Barnard, BVH, 32:57; 31. Maury Brewer, BHS, 33:10; 32. R. Myaliviec, unat., 33:17; 33. Kaj Johnson, SDT, 33:24; 34. Dick Woolk, BHS, 33:29; 35. Al Schofield, SBA, 33:38; 36. Frank Haggerty, BVH, 33:42; 37. Stan Doten, SDTC, 33:54; 38. Alan Haas, 26, GWAA, 34:07; 39. John Brennan, 38, SBAA, 34:38; 40. Al Siddons, BHS, 34:56; 41. Vince Figueroa, unat., 35:01; 42. Mike Bergkamp WVTC, 35:07; 43. Tim Donovan, SBA, 35:10; 44. Pete Collins, BVH, 35:31; 45. Eric Hammerstein, 22, RR, 35:33; 46. Tom Cory, 27, GPA, 35:44; 47. Doug Schmeck, ELA, 35:54; 48. Charles Barone, GPA, 36:30; 49. Alan Fitzgerald, 22, GWAA, 36:40; 50. Stan Rosenfield, 25, CCAC, 36:46.

Teams 1. Beverly Hills Striders, 39; 2. Athletes in Action, 55; 3. San Diego TC, 64; 4. Big Valley Harriers - Stockton, 78; 5. Golden West AA, 96; 6. GPA, 133.

--John Brennan--

1st SKUNK HOLLOW CROSS COUNTRY (SOUTHERN PACIFIC ASSOCIATION) 7.25-MILES Nov. 11, 1973 (123 finishers)

1	BETHAN, JILL	78	1:47	56:00
2	PAUL, JILL			56:14
3	STYART, JEFF			56:08
4	EDWARDS, BOB	16	1:47	57:23
5	WORTH, JOANNE			57:51
6	FISHER, LARRY			57:56
7	WOLFE, JEFF			57:51
8	ROBERTS, TIM	17	1:47	57:36
9	TURNER, TIM			57:58
10	SHAPPEL, STEVE	15	1:47	57:20
11	WYLLIE, JEFF			57:44
12	STYART, JEFF			58:00
13	WICKERSON, SAM	44	1:47	57:54
14	STYART, JEFF	26	1:47	57:53
15	MULLENBACH, SCOTT	28	1:47	57:20
16	WORTH, JOANNE			57:51
17	WILLIAMS, BOB	48	1:47	57:37
18	TURNER, BOB	42	1:47	57:57
19	MURPHY, CHARLES	46	1:47	57:57
20	PARSONS, DAVID T.	43	1:47	57:14
21	WORTH, JEFF			57:51
22	PARSONS, DAVID T.			57:57
23	TURNER, BOB			57:57
24	WICKERSON, SAM	15	1:47	57:54
25	WORTH, JEFF			57:51
26	WORTH, JEFF			57:51
27	WORTH, JEFF			57:51
28	STYART, JEFF			57:51
29	WORTH, JEFF			57:51
30	WORTH, JEFF			57:51
31	WORTH, JEFF			57:51
32	WORTH, JEFF			57:51
33	WORTH, JEFF			57:51

34	TAYLOR, BOB		48150	
35	WILSON, PETER		48150	
36	WILSON, PETER		48153	
37	WILSON, PETER	41	CCAC	48158
38	FRANCO, ROBERT		48159	
39	WILSON, BOB		48163	
40	WILSON, BOB		48169	
41	WILSON, BOB		48170	
42	WILSON, BOB		48171	
43	WILSON, BOB		48178	
44	WILSON, BOB		48180	
45	WILSON, BOB		48183	
46	WILSON, BOB		48184	
47	WILSON, BOB		48185	
48	WILSON, BOB	17	UNAT	48186
49	WILSON, BOB		48187	
50	WILSON, BOB		48188	
51	WILSON, BOB	49	UNAT	48189
52	WILSON, BOB		48190	
53	WILSON, BOB		48191	
54	WILSON, BOB		48192	
55	WILSON, BOB		48193	
56	WILSON, BOB		48194	
57	BALDWIN, JERRY		50139	
58	WILSON, BOB	81	STC	50145
59	WILSON, BOB		50147	
60	WILSON, BOB		50148	
61	WILSON, BOB		50149	
62	WILSON, BOB		50150	
63	WILSON, BOB		50151	
64	WILSON, BOB		50152	
65	WILSON, BOB	54	UNAT	50153
66	WILSON, BOB		50154	
67	WILSON, BOB		50155	
68	WILSON, BOB		50156	
69	WILSON, BOB		50157	
70	WILSON, BOB		50158	
71	WILSON, BOB		50159	
72	WILSON, BOB		50160	
73	WILSON, BOB		50161	
74	WILSON, BOB	38	UNAT	50162
75	WILSON, BOB		50163	
76	WILSON, BOB		50164	
77	WILSON, BOB		50165	
78	WILSON, BOB		50166	
79	WILSON, BOB		50167	
80	WILSON, BOB		50168	
81	WILSON, BOB		50169	
82	WILSON, BOB		50170	
83	WILSON, BOB		50171	
84	WILSON, BOB		50172	
85	WILSON, BOB		50173	
86	WILSON, BOB		50174	
87	WILSON, BOB		50175	
88	WILSON, BOB		50176	
89	WILSON, BOB		50177	
90	WILSON, BOB		50178	
91	WILSON, BOB	52	UNAT	50179
92	WILSON, BOB		50180	
93	WILSON, BOB		50181	
94	WILSON, BOB		50182	
95	WILSON, BOB		50183	
96	WILSON, BOB		50184	
97	WILSON, BOB		50185	
98	WILSON, BOB	25		50186
99	WILSON, BOB	54	STC	50187
100	WILSON, BOB	56		50188
101	WILSON, BOB	40		50189
102	WILSON, BOB			50190
103	WILSON, BOB	14	UNAT	50191
104	WILSON, BOB			50192
105	WILSON, BOB			50193
106	WILSON, BOB			50194
107	WILSON, BOB			50195
108	WILSON, BOB			50196
109	WILSON, BOB			50197
110	WILSON, BOB			50198
111	WILSON, BOB			50199
112	WILSON, BOB			50200

ELYSIAN PARK 5-KILO X-COUNTRY (3.1 MILES)
November 17, 1973

1. Jerry Alexander, LAVC, 16:20 CR; 2. Gary Nitty, 16:34; 3. Don Cox, 16:37; 4. Ron Adams, 18, LAVC, 16:38; 5. Steve Acuff, LAVC, 16:42; 6. Richard West, LAVC, 16:55; 7. Boswell, 17:02; 8. Mark Kushner, 20, GWAA, 17:02; 9. Tony Viney, 17:15; 10. Joel Scott, LAVC, 17:17; 11. Ron Young, 17:23; 12. Bill Walker, 17:34; 13. James Perez, 27, GWAA, 17:37; 14. Steve Newcomb, 17:50; 15. John Sargenti, GPAC, 17:54; 16. Ed Bouldin, 26, Beverly Hills Striders, 18:01; 17. Steve Morse, 18:02; 18. Skip Shaffer, 35, CCAC, 18:04; 19. Gary Doherty, 27, GWAA, 18:06; 20. Wilbur Williams, Seniors TC, 18:10 (let Over 40); 21. Bill Aspey, GPAC, 18:10; 22. Thomas Cory, 27, GPAC, 18:14; 23. Maurice Degener, CCAC,

18:21; 24. Scott Bullfinch, 25, CCAC, 18:24; 25. Mark Newton, 18:36; 26. Bob Hickey, 18:40; 27. Mike Polizzi, 21, GPAC, 18:40; 28. Dimas Iglesias, 18:41; 29. Hugo Espinoza, 18:41; 30. Richard Hughes, 18:53; 31. Larry Collins, 18:54; 32. Michael Stewart, 25, CCAC, 19:06; 33. Ruben Flores, 19:18; 34. Doog Comack, 19:22; 35. Tim Taylor, 19:22; 36. Jim Kobb, 28, unat., 19:34; 37. Glenn Turner, 42, STC, 19:52 (let Over 40); 38. Jim Martin, 20:01; 39. Steve Eisen, 20:05; 40. Peter Stark, 20:06; 41. Jim Kelly, 20:10; 42. John Berglund, 20:12; 43. Gilbert Perez, unat., 20:13; 44. Tim Mardock, 20:22; 45. Sam DeLuca, 45, STC, 20:36; 46. Clyde Ailing, 36, STC, 20:37; 47. Sue Kiefler, 31, unat., 20:43; 48. John Constantino, 20:44; 49. Paul Bottlik, 12, SDDR, 20:45; 50. Lloyd Goodings, 20:50. (69 fin.)
--John Brennan--

MT. MADONNA CHALLENGE - 12-MILES
December 1, 1973

1. Ben DeLaGara, Cabrillo, Jr. College, 1:11:12 (1973 Jr. College cross country champion of the California State Finals); 2. Rusty Lamade, Naval Post Grad., 1:18:15; 3. Tony Munoz, Cabrillo JC, 1:21:00; 4. Jesse Mejia, Gavilan, 1:25:24; 5. Wayne Humphrey, 1:25:30; 6. Bill Peck, Wasco, Calif., 1:29:30; 7. Charles F. Day, USN, 1:29:35; 8. Gary Mader, Live Oak TC, 1:29:46; 9. Ray Smith, USN, 1:29:54; 10. Seablen Baby, 1:31:36; 11. tie, Ed Dally, NPGS, 1:32:24 (let Over 40) & G. Solerzano, 1:32:24.

HIGH SCHOOL- 1. Jesse Morales, Gilroy TC, 1:16:27; 2. Adolfo Alvarado, James Lick HS, 1:16:56; 3. Jay Marlowe, Gilroy TC, 1:17:55; 4. Jim Bows, Pacific Grove, 1:18:03; 5. Andy Malony, St. Francis HS, 1:18:35; 6. Tony Mezzapelle, James Lick HS, 1:20:07; 7. Rudy Munoz, Watsonville HS, 1:20:55; 8. Joe Salazar, James Lick HS, 1:22:08; 9. Mike Gourly, King City HS, 1:22:33; 10. Larry Good, Bellarmine Prep, 1:23:45. (60 finishers) Teams: 1. James Lick HS, 15; 2. Gilroy TC, 18; 3. St. Francis H.S., 34; 4. Pacific Grove, 40. (* The 12 mile course had one stretch of 3 miles of straight uphill)

INDIANA A. A. U. 25 KILO RUN CHAMPIONSHIP

Carmel, Ind., Dec. 15, 1973. Temp. 25 degrees.
1. Bill Carr, Spencer, Ind., 28, 1:28:44; 2. Chuck Koeppe, 27, Carmel, 1:32:50; 3. tie, Scott Moffitt, 18, & Robin McCart, 17, Carmel, 1:36:07; 5. Tom Jewell, 16, Madison Heights, 1:36:15; 6. Carl Carey, 36, Greencastle, 1:36:38; 7. Bob Jackson, 15, Madison Heights, 1:37:49; 8. Bill Fox, 17, Carmel, 1:39:34; 9. Chuck Douglas, 13, Indianapolis, 1:40:27; 10. David Taylor, 15, West Lafayette, 1:41:46; 11. Phil Suelzer, 22, West Lafayette, 1:41:47; 12. Art DeLaPorte, 45, Marion, 1:42:21 (let 40-49); 13. Henry Shanda, 38, W. Lafayette, 1:44:21; 14. Jack Beasley, 37, Carmel, 1:46:21; 15. Ralph Kallman, 39, Muncie, 1:50:16; 16. Garry Estle, 29, Anderson, 1:52:57; 17. Eric Schmidt, 16, Carmel, 1:53:40; 18. Jeff McCabe, 35, Carmel, 1:55:40; 19. Bill Denny, 15, Madison Heights, 1:57:50; 20. Richard King, 33, Chicago, 2:00:19 (let 50-Up); 21. Tom Graves, 13, Nora, 2:05:39; 22. Ricke Stucker, 26, Kokomo, 2:08:12; 23. Hunter Goins, 43, Columbus, 2:43:39. DNF- Roger Oliver; Scott Beasley; Steve Gambill; Bob Buchholz.

INDIANA A. A. U. 30 KILO RUN CHAMPIONSHIP

Dec. 22, 1973. Weather: -10 degrees wind chill factor. Roads snow covered & drifting.

1. Maurice Ragsdale, 1:59:59; 2. Chuck Koeppen, 2:07:40; 3. Kevin Parryman, 2:10:59 (1st H.S.); 4. Joe Kenny 2:16:28; 5. Joe Tomer, 2:23:17; 6. Bob Martin, 2:24:45 (1st Master); 7. Dave Smith, 2:28:18; 8. Dick King, 2:30:35; 9. Jim Isbell, 2:34:40. (All starters finished!)

TORONTO THANKSGIVING DAY 78th ANNUAL ROAD RACES 6-MILES (6 Laps, Ideal weather, 50 starters. 1. Dan Shaughnessy, Toronto OC, 29:25; 4; 2. Bob Moore, TOC, 29:29; 3. Brian Armstrong, TOC, 30:04; 4. Grant McLaren, TOC, 30:11; 5. Bill Pele, TOC, 31:09; 6. Bob Legge, TOC, 31:16; 7. Peter Lever, TOC, 31:32; 8. Joe Sax, TOC, 31:41; 9. Ray Varey, Hamilton A.C., 31:50; 10. Paul Pearson, TOC, 32:12.

--Norm Patenaude--

GLADSTONE A.C. RACES, TORONTO, ONTARIO
December 15, 1973 - 10-Mile Road Race - 2:00 P.M.
15 starters, 11 finishers. Weather: 18-20 degrees, sunny.
1. Bill Marcotte, 54:47; 2. Bob Moore, 55:37; 3. Bob Legge, 55:55; 4. George Ames, U. of Guelph, 57:47; 5. Peter Lever, TOC, 59:44; 6. John Mowatt, 61:15; 7. Mike Lomax, Bram. K., 63:05; 8. Simon Joyes, Bram. K., 65:17; 9. Kim Stales, Ott. K.H., 69:18; 10. Richard Conway, Ott. K.H., 74:11; 11. Lieje Mulder, Huronia Str. 84:02.

15 KILO RACE WALK - 1. Pat Farrelly, 1:16:52; 2. Helmut Boeck, 1:18:25; 3. Max Gould, 1:22:03; 4. Peter Thompson, 1:32:29. --Norm Patenaude--

MTRRA TEN MILE ROAD RACE, TORONTO, ONT.
December 8, 1973 1:30 P.M. Weather: 40°, overcast.
1. Bob Moore, Toronto OC, 24:09, 50:05; 2. Bill Marcotte, 24:09, 50:51; 3. John Curtin, TOC, 24:43, 51:47; 4. George Ames, U. of Guelph, 24:43, 52:15; 5. Peter Lever, TOC, 25:05, 52:27; 6. Bob Legge, TOC, 24:59, 52:19; 7. Brian Richards, Mercury, 25:20, 53:05; 8. Ray Varey, Hamilton AC, 25:41, 53:26; 9. John Mowatt, TOC, 25:50, 53:53; 10. Nick De Corpo, Mercury, 26:06, 53:57; 11. Bob Fahy, TOC, 26:28, 54:03; 12. John Milley, TOC, 24:04; 13. Brian Blasson, KWTC, 24:17; 14. Colin Beltz, HAC, 24:22; 15. Roger Martindill, Sir John A. Macdonald H.S., 24:52; 16. Bob Lanenby, KWTC, 25:08; 17. Brian Martindill, Hamilton AC, 25:23; 18. Scott Bailey, London Pacers, 26:12; 19. Gord Dickson, HAC, 26:20; 20. Ron Flit, unat., 27:07; 21. Brian Drewitt, HAC, 27:17; 22. Chris Keik, HAC, 27:23; 23. Geoff Nowak, North Bay TC, 27:45; 24. Derek Samaroo, Mercury, 27:47; 25. James Earl, Westmount NS, 28:11; 26. Rob Earl, Westmount NS, 28:11; 27. Bob Bowman, MFTC, 28:26; 28. Rob Banks, 28:40; 29. Csaba Nagy, NYTC, 28:53; 30. Lorene Buck, 29:12; 31. Bob Fitzsimmons Mercury, 29:45; 32. Jack Friel, UTTC, 30:02; 33. Mike McNamara, Burlington YMCA, 30:07; 34. Dave Welch, NYTC, 30:11; 35. Dave Badgery, HAS, 30:33; 36. Susan Neilson, U. of Guelph, 30:52; 37. Peter Walker, Toronto Track West, 31:03; 38. Dave Prebble, KWTC, 31:05; 39. Bruce Wallace, KWTC, 31:32; 40. Jack Reid, KWTC, 31:58; 41. Bill Allen, 32:36; 42. Wayne Haymer, VPAA, 32:44; 43. Fred Payer, unat., 33:07; 44. Harry Mason, unat., 33:12; 45. Dave Milns, 33:23; 46. Peter Douglas, unat., 33:39; 47. Richard Reid, Westmount NS, 33:47; 48. Dennis Meikle, 34:32; 49. Ralph Latag, MFTC, 34:38; 50. Doug Lalster, Toronto OC, 34:54. (68 finishers!)

--Norm Patenaude--

FT. LAUDERDALE ROAD RUNNERS RACES
Ft. Lauderdale International Airport, Jan. 6, 1974
Hot, humid, wind 30 mph SE. OPEN 21 MILES- 1. Cole-

man Mooney, 2:17:36.

JR. HIGH 10-MILES- 1. Mike Maher, 1:28:17.
ELEMENTARY 5-MILES- 1. John Thomas, 46:42; 2. Chris Wagner, 47:12; 3. Dean Biasucci, 47:13.
RFYL 2-MILES- 1. Joe Nicholson, 9:25; 2. Kai Rains, 9:26; 3. Dave Krupa, 10:02; 4. Jim Pearce, 10:38; 5. Bill Wagner, 10:53; 6. Mark Tupper, 11:06.

FT. LAUDERDALE ROAD RUNNERS RACES
St. Andrews School, Boca Raton, Fla., Jan. 13, 1974
Clear & 80 degrees.

OPEN 13. 5-MILES- 1. Ray Russell, 1:24:19; 2. Dennis Maher, 1:36:18.

H.S. 13. 5-MILES- 1. Bill Andrews, 1:20:11; 2. Mike Maher, 1:25:27; 3. Abe Medvin, 1:26:00; 4. John Medvin, 1:34:58. 1st Veteran- Nathan Breder, 1:49:13.

RFYL 1.8-MILES- 1. Kai Rains, 9:10; 2. Dave Krupa, 9:33; 3. Joe Nicholson, 9:40; 4. Jim Picarello, 10:02
--Ab Adams--

CHENEY, WASHINGTON ROAD RACES (Nov. 24, 1973)
Cold & snow.

13-MILES- (15-17)- 1. Greg Saxon, B.C., 1:20:12; 2. Brad Rosenzweig, 1:32:20... 15 & Under- 1. Scott Andrews, 1:22:06; 2. Duncan Smith, 1:23:26.

MARATHON- OPEN - 1. Russ Akers, 3:05:28... 30-39
Dave Hangron, 3:13:09; 2. Rick Redman, 3:19:04... 40
UP- 1. Matt Wright, 3:20:05; 2. Ken Hendrix, 3:50:24.
--Don Jacobs--

HEART OF THE VALLEY ROAD RUNS, CORVALLIS,
OREGON, December 29, 1973- 3-MILES- Men- 1. Tim Williams, 12:10... Women- 1. Kelly Wickham, 19:33.
AGE GROUP WINNERS- Age 3- Andy Miller, 46:20;
Age 13- Sean Hathaway, 25:58; Age 15- John Kyle, 17:3
Age 18- Mike Cheever, 16:30; Age 29- Ted Wolf, 15:44;
Age 39- Mike Goughn, 16:09; Age 49- John Noth, 19:09;
Age 59- Russ Godard, 20:48... Women- Age 18- Debbie
McCann, 21:09; Age 29- Gail O'Moista, 24:52; Age 39-
Judy Krueger, 26:13; Age 49- Emily Jenks, 32:29; Age
59- Marilyn Haisinger, 26:54; 60 plus- Constance
Schwab, 28:10.

7-MILES- Men- 1. Dan Hall, 36:30; Women- 1. Jean
Irvin, 34:19... AGE GROUPS- 15- Dan Botli, 47:45; 18-
Jedi Sherman, 38:48; 29- John Gale, 38:18; 39- Randy
Koon, 40:33; 49- Bob Bord, 45:16; 59- Roger Brownlow,
52:25; 60 Plus- Bob Lyman, 57:38. --Don Jacobs--

HUDSON-MOHAWK ROAD RUNNERS CLUB 3 & 9 MILE
RUNS, ALBANY, NEW YORK, January 6, 1974
9-Miles- 1. Jim Bowles, 55:02; 2. Bill Sorel, 55:02; 3.
Tom Balon, 55:02 (actually all tied for 1st); 4. Jim
Decker, 55:43; 5. Don Wilken, 57:14; 6. Pat Stewart,
60:57; 7. John Ross, 61:43; 8. Doug Allen, 63:20; 9.
Ted Grand, 65:14; 10. Burke Adams, 67:22.

3-Miles- 1. Russ Ebbets, 16:24; 2. John Hurley, 16:30;
3. Bill Shrader Jr., 17:08; 4. Paul Rosenberg, 17:58;
5. Tim Derrick, 22:59; 6. Bill Derrick, 24:46; 7. Ben
Jamison, 26:47; 8. Ginny Derrick, 27:20; 9. Lobby
Ellis & Judy Allen, 34:58. (Don't miss the March 17th
24. 2-miler at SUNYA, Albany and the 15.6 mile Schene-
cady to Albany run on March 31st. Entries to Burke
Adams, 21 Chestnut Court, Rensselaer, N.Y. 12164.

ERC (N.Y. ASSN.) 12-MILE RUN, CENTRAL PARK,
New York City, N.Y., Sunday, January 13, 1974 11:00
A.M. Very cold, 16 degrees. Course: Two six mile
laps. Course record: 1:00:54 by Tom Fleming, 1973.
1. Arthur Hall III, 26, Staten Island, 1:03:44.8

2. Bill O'Brien, 20, Sayville, N.Y., 1:04:43; 3. Tim McLoone, 25, Rumson, N.J., 1:06:07; 4. Art McAndrews, 30, NYC, 1:07:07; 5. John Garlepp, 36, Lyehuret, N.J., 1:07:50; 6. Larry Hanson, 18, NYC, 1:09:04 (1st Jr.); 7. Pat Gobbins, 19, Sayville, N.Y., 1:09:40 (2nd Jr.); 8. Joe Burns, 44, Bronx, 1:09:40 (1st Vet.); 9. Matteo Cucchiara, 31, Douglaston, 1:10:25; 10. Bennett Gershman, 33, NYC, 1:10:30; 11. Mitchell Walk, 37, Levittown, 1:10:32 (3rd Jr.); 12. Joe Messina, 27, Flushing, 1:10:34; 13. Dean Perry, 24, Washington Ct., 1:10:37; 14. Anthony Chmura, 20, NYC, 1:10:54; 15. Dr. David Thomasow, 28, Brooklyn, 1:10:56; 16. Tony Galan, 18, Jackson Hts., 1:10:58 (4th Jr.); 17. Fred Castillo, 18, Corona, 1:11:00 (5th Jr.); 18. Steve Grotzky, 31, NYC, 1:11:02; 19. Rick Harder, 18, S.L., 1:11:28 (6th Jr.); 20. Jeff Rosen, 17, Ossining, 1:11:32; 21. Dan Dougherty, Sr., 45, S.L., 1:13:19 (2nd Vet.); 22. Paul Reifberg, 25, Roslyn Hts., 1:13:45; 23. Bob Grazem, 18, S.L., 1:13:57; 24. Steve Cohen, 15, S.L., 1:13:58; 25. Lloyd Ryslyvianon, 24, Tarrytown, 1:14:02; 26. Gene Toomey, 34, Jackson Hts., 1:14:25; 27. Karl Mueller, 37, NYC, 1:14:35; 28. Larry Farrell, 26, Lake Ronk., 1:14:45; 29. Gary Mukrache, 33, Huntington, 1:15:00; 30. Pat Manozzi, 17, Hastings, 1:15:00; 31. Howard Basia, 34, Brooklyn, 1:15:12; 32. Anthony Keavey, 38, Farmingville, 1:15:25; 33. John Howes, 42, Brooklyn, 1:15:33 (3rd Vet.); 34. Dr. George Sheehan, 55, Rumson, N.J., 1:15:47 (1st 55-59); 35. Hon. Arnold G. Fraiman, 48, NYC, 1:15:55; 36. Art Kijek, 42, Valley Stream, 1:16:05; 37. Roger Kieckpatrick, 32, Stamford, Ct., 1:16:18; 38. Don Hankerson, 22, Queens, 1:16:33; 39. Toby Meyer, 15, Freeport, 1:16:52; 40. Jim Fahey, 33, Westport, Ct., 1:17:00; 41. Dr. Carl Soderstrom, 28, NYC, 1:17:02; 42. Bill Coyne, 52, S.L., 1:17:05 (1st 50-54); 43. Gary Melzer, 28, Flushing, 1:17:11; 44. Ernest Krenmencher, Levittown, 16, 1:17:49; 45. Jason Greller, 25, Farmingdale, 25, 1:17:55; 46. Jose Saquedro, 16, Freeport, 1:17:55; 47. Bill Indek, 26, Bloomfield, N.J., 1:18:01; 48. Richard Branaghan, 14, Freeport, 1:18:02; 49. Don Dolan, 37, NYC, 1:18:06; 50. Joseph O'Neill, 15, Freeport, 1:18:07; 51. Jerry Mahrez, 44, NYC, 1:18:15; 52. John Tubey, 47, Mamaroneck, 1:18:27; 53. Robert Weisenfeld, 24, NYC, 1:19:20; 54. Phil Polca, 39, Brooklyn, 1:19:21; 55. Rod MacNicholl, 43, Jamaica, N.Y., 1:19:29; 56. Mark Greenblatt, 25, Brooklyn, 1:20:06; 57. Dr. Wm. Duggan, 11, Bronx, 1:20:09; 58. Scott Lewis, 25, Forest Hills, 1:20:21; 59. Robert Leavitt, 49, Freeport, 1:20:25; 60. James Spear, 27, NYC, 1:20:28; 61. James Mitchell, 29, Briarwood, 1:20:29; 62. Joe Bessel, 43, Freeport, 1:20:49; 63. Alan Druckman, 43, Seaford, 1:20:55; 64. Bob Unger, 16, Freeport, 1:21:00; 65. Dan Caffrey, 36, Mahopac, N.Y., 1:21:19; 66. Kevin Harrison, 17, Freeport, 1:21:52; 67. John Ryan, 34, Bronx, 1:21:56; 68. Jerry Neuberger, 20, Forest Hills, 1:22:28; 69. John Calkin, 28, Suffern, N.Y., 1:22:37; 70. Marc Bloom, 26, Brooklyn, 1:22:42. (168 starters, 146 finishers) --Joe Kleiserman--

MIDDLE ATLANTIC RRC 5-MILE PREDICTION RACE
East River Drive, Fairmount Park, Phila., Pa.
Sunday, January 20, 1974 1:00 P.M. Cold, 32 degrees.
1. Rick DiSebastian, Drexel Univ., 25:25; 2. Pat Hansen
Bucknell Univ., 25:49; 3. Moses Mayfield, Penn AC,
25:59; 4. Dean Winslow, Penn AC, 26:28; 5. Russ Jackson,
Sports East, 26:31; 6. Rich Landers, LaSalle HS,
Phila., 26:46; 7. Richard Cullin, Widener College AA,
27:01; 8. Bob Kushner, unat., 27:16; 9. Jerry Gewirtz,
Temple Univ., 27:26; 10. Seth Bergman, unat., 27:30;

11. Pat McNulty, LaSalle HS, 27:32; 12. Mike Fanelli,
Olney Kiwanis, 27:47; 13. Russ Becker, Olney Kiwanis,
28:10; 14. Marty Lieb, unat., 28:28; 15. Paul Gaigeles,
LaSalle HS, 28:28; 16. Rich Thomas, LaSalle HS, 31:32
(corrected time originally listed as 28:32!); 17. Steve
Orner, Interboro HS, Pa., 28:50; 18. Pete Mooney,
28:55; 19. Bill Rothwell, 30:11 (Corrected time, original
ly listed as 29:00!); 20. Jim Robold, Olney Kiwanis,
29:04; 21. Carl Morbacher, 29:04; 22. Ed Berkheimer,
29:22; 23. John Ward, Sports East, 29:28; 24. Frank
Graham, 29:42; 25. Bill Neff, Interboro HS, 29:45; 26.
Doug Roessler, unat., 30:28; 27. Ed Binszewald,
Frankford HS, Phila., 30:43; 28. Don Sprague, LaSalle
HS, 30:48; 29. Ted Woolery, 30:56; 30. Gray Whatstone
31:06; 31. John Hesseenthaler, Olney Kiwanis, 31:13; 32.
Joe Butler, 31:34; 33. Lee Schwartzberg, 32:10; 34.
Patrick Noonan, 32:52; 35. Dave Staakin, 33:39; 36.
Jim Thacker, 34:13; 37. Dan Byrne, 36:00; 38. Greg
Fries, Frankford HS, 37:22... John Rothwell, 28:55.
Prediction Winners- 1. Dean Winslow, 2 secs. dif.;
2. Rich Thomas, 2 secs. dif.; 3. Ed Berkheimer, 3s;
4. Jim Robold, 4s; 5. Mike Fanelli, 13s.

MIDDLE ATLANTIC RRC 7.6-MILE PAIRATHON
Cooper River Parkway, Pennsauken, N.J., Sunday,
January 13, 1974 1:00 P.M. Weather: Very cold, snow,
ice and slush covered roads.

1. Mike Butynes, Sports East, 38:29; 2. Denis Duan,
St. Joseph's Prep, 40:50; 3. Russ Jackson, Sports East
41:53; 4. John Shilby, Sports East, 42:27; 5. John Coffey,
Sports East, 43:00; 6. Tom Oaley, Penn AC, 43:55
7. Roger Clark, Sports East, 45:19; 8. Steve Orner,
Boothwyn, Pa., 45:24; 9. Ed Berkheimer, Linwood,
Pa., 46:24; 10. John Ward, Sports East, 47:00; 11. Bill
Neff, Ogden, Pa., 47:14; 12. Jim Rutkowski, Boothwyn,
Pa., 47:30; 13. Gray Whatstone, unat., 52:42; 14. Tom
Nolan, Ogden, Pa., 56:41.

PAIRATHON- 1. Neff & Butynes; 2. Duan & Rutkowski;
3. Jackson & Ward; 4. Coffey & Berkheimer; 5. Ger-
mano & Orner; 6. Whatstone & Clark; 7. Nolan & Oler
VETERANS 3.8-MILE- 1. Browning Ross, Sports East
23:04; 2. Dr. Stan Brason, Media, Pa., 23:04.2; 3. P.
Parker, 26:58; 4. Jerry Hoch, 33:18.

FT. LAUDERDALE RRC 10-MILE RUN, HOLIDAY

PARK, DEC. 20, 1973. Weather: 80°, sunny, warm.
1. Bob Layton, 58:12; 2. Mike Maher, 65:29 (1st HS);
3. Carl Foote, 69:41; 4. Dennis Maher, 71:30; 5. Gary
Boyer, 76:00; 6. Nathan Breauder, 85:26 (1st Vet.).
RFYL 2-MILE- 1. Neil Rains, 9:52; 2. Joe Nicholson,
10:08; 3. David Kroups, 10:48; 4. Jim Picarillo, 10:58;
5. Glen Tupter, 11:54; 6. Mark Tupter, 11:54.5. (13
finishers) --Ab Adams--

PHILLIPS FIRST ANNUAL 5-MILE RUN

Bartlesville, Oklahoma, January 5, 1974
1. Bob Myers, 21, Norman, 25:28.5; 2. Charles Cottle,
19, Bartlesville, 26:23.2; 3. William D. Simpson, 22,
Bartlesville, 29:21; 4. Bill Morrison, 31, Bartlesville,
30:00.3; 5. Bob Baker, 36, 30:15; 6. Tom Kempf, 49,
(1st Vet.), Bartlesville, 30:42; 7. Don Johnson, 28,
31:30.4; 8. Bill Thompson, 41, 32:07.6; 9. Bill Boggs,
32:59; 10. Art Browning, 42, 33:09.1; 11. R.H. Bergstad,
35, 33:18.4; 12. Don Laefer, 33, 33:41.4; 13. Mike
Reeder, 21, 34:04.5; 14. B.L. Thorman, 38, 34:27;
15. Phil Dorsey, 50, Bartlesville, 34:31; 16. Ron Will-
iams, 15, Bartlesville, 35:15.2; 17. Bill Ryan, 43, 35:21;
18. Chas. Thomas, 32, 35:31. (25 finishers)


TERRY ZIEGLER WINS TULSA RUNNING CLUB 25 KILO RACE

Tulsa, Okla., Saturday, January 19, 1974 11:30 a.m. - Terry Ziegler set a new state of Oklahoma record with a 1:23:40 on the 15.5 mile Mahawk Park course. The weather: cloudy, 38°, slight wind from south.

1. Terry Ziegler, 23, Tulsa, 1:23:40; 2. Terry Lewis, 22, Tulsa, 1:24:31; 3. Norman Sloan, 36, Tulsa, 1:40:35; 4. Brooks Queen, 22, Tulsa, 1:45:18; 5. Tom Kempf, 49, Bartlesville, 1:48:50 (1st Over 40); 6. Harold McDonald, 44, Broken Arrow, 1:50:42; 7. Art Browning, 42, Tulsa, 1:53:41; 8. Bob Baker, 36, Broken Arrow, 1:54:00; 9. David McClendon, 18, Tulsa, 1:54:29; 10. David Saunders 17, Tulsa, 1:54:57; 11. Vern Whiteside, 54, Tulsa, 1:54:59; 12. Dr. Gene Johnson, 39, Tulsa, 2:02:33; 13. Jim Butler, 55, Oklahoma City, 2:02:19; 14. Bill Ryan, 43, Tulsa, 2:04:11; 15. Vincent Santino, 32, Tulsa, 2:19:38.

- 5 KILO RACE (3.1 MILES)- 1. Randy Melancon, 20, Arkansas University TC, 15:10 (Old record: 15:23 by Larry Rose); 2. Tom Aspel, 18, Ark. Univ. TC, 15:24; 3. Ron Hendee, 21, Ark. Univ. TC, 15:29; 4. Stu Penn, 18, Ark. U. TC, 15:36; 5. Larry Aduddell, 28, Tulsa, 16:04; 6. Derek Reilly, 19, Ark. U. TC, 17:17; 7. Bob Brewer, 18, Ark. U. TC, 17:17; 8. John Westbrook, 23, Tulsa, 17:44; 9. Bruce Allen, 17, Tulsa, 17:48; 10. Lanny Endicott, 30, Tulsa, 18:54; 11. Bill Boggs, 38, Tulsa, 19:04; 12. Kent Zwyer, 16, Tulsa, 20:22; 13. Jim Boggs, 17, Tulsa, 22:01; 14. Art Wade, 53, Tulsa, 22:50.

--Vern Whiteside, Okla. AAU LDR Chairman--

FT. LAUDERDALE RRC 1ST ANNUAL PEPPERMINT STICK 5-MILE ROAD RACE, HALLENDALE CITY PARK

- December 29, 1973. Weather: Clear, 80 degrees.
 OPEN- 1. Coleman Mooney, 24:05; 2. Brooks Kurta, 25:03; 3. Ab Adams, 26:30; 4. Bill Sunday, 26:38; 5. James Kosick, 27:33; 6. Andy Semanick, 28:33.
 14-15 YEARS- 1. Kal Kalas, 26:39; 2. Abe Medvin, 27:37; 3. Josh Medvin, 28:44; 4. Todd Weinkle, 29:48.
 16-17 YEARS- 1. Steve Bieznacki, 25:27; 2. Jim Green, 25:44; 3. Mitch Usheroff, 26:08; 4. Scott Weinkle, 26:27; 5. Mike Cauldfield, 27:16; 6. Gary Moore, 27:33.
 12-13 YEARS- 1. Larry Greene, 29:30; 2. Steve Wanley, 30:24; 3. Barney Weinkle, 39:00.
 11 & UNDER- 1. John Thomas, 31:03; 2. Steve Boyce, 34:17; 3. Chris Wagner, 39:42.
 30-39 YEARS- 1. Ray Russell, 26:33; 2. Bob Layten, 26:49; 3. David Heymsfeld, 28:43; 4. Bill Wagner, 34:44.
 40-49 YEARS- 1. David Allen, 34:05.
 50 & OVER- 1. Don McNeily, 35:25; 2. Art Scott, 40:50; 3. Ben Seigal, 47:50.

- GIRLS 5-MILES- 1. Debbie Longmire, 37:33; 2. Brenda Longmire, 37:37.

- RYFL 1.8-MILES- 1. Joe Nicholson, 9:42; 2. Mark Tugler, 11:20; 3. Glen Tupler, 12:36. --Ab Adams--

BALTIMORE ROAD RUNNERS CLUB RACE RESULTS

Loch Raven Dam, Baltimore, Md., January 13, 1974 9:00 A.M. Weather: Cold, 19 degrees. Course: Hilly, from dam side out three miles over asphalt road and back twice. Both races held simultaneous over same course. Many runners finished the freezing run with icicles hanging from caps and beards.

- 5-MILE- 1. Mike Ward, 19, Howard County Striders, 33:08; 2. Kurt Petrocci, 16, Baltimore RRC, 35:47; 3. Steve Devault, 16, unat., 36:47; 4. Les Kision, 37, Baltimore Fire Fighters, 37:45; 5. Dick Nair, 34, BF-

- YL- 38:14; 6. Mel Walton, 32, Balt. RRC, 39:50; 7. Dave Gorman, 20, Balt. RRC, 42:52; 8. Gus Jacobs, 31, unat., 45:02; 9. Joe Lacetera, 34, unat., 48:00.

- 12-MILES- 1. Mike Sabino, 34, BOC, 64:38; 2. Don Marvel, 31, North-East Baltimore TC, 72:25; 3. Bob McBrien, 37, Salisbury State Track, 78:15; 4. Coy Brashears, 35, Balt. RRC, 78:55; 5. Henry Freeman, 25, Balt. RRC, 79:07; 6. Mike McDermott, 18, Balt. RRC, 79:09; 7. Bryan Denson, 16, Howard County Striders, 79:56; 8. Don Heinicke, 59, Howard Co. Str., 83:28 (1st Vet.); 9. Herman Sykes, 32, Balt. RRC, 85:53; 10. Bart Dall, 46, Balt. RRC, 83:57 (2nd Vet.); 11. Ed Hewitt, 29, Balt. RRC, 85:01; 12. Alex Medina, 30, Balt. RRC, 86:10; 13. Bob Leatherman, 22, Balt. RRC, 87:09; 14. Joe Conley, 45, unat., 87:40; 15. Michael Hill, 28, unat., 90:31; 16. Jack Coburn, 26, Balt. RRC, 91:35; 17. Alex Drabrowski, 46, Balt. RRC, 93:30; 18. Ken Johnson, 22, unat., 127:00. (20 starters, 18 fin.)

Notes... Sabino clocked 32:21 at six miles. His pace: 5:23.2 per mile. --Bill Diegel--

DENNIS KASISCHKE HURDLES TO EUROPEAN-STYLE CROSS-COUNTRY VICTORY AT U.C.S.D.

San Diego, Calif., Dec. 1- Dennis Kasischke overcame a 15y deficit after the last fence to overtake former Amateur steeplechaser Scott Claypoole for a two-second margin in this area's first European-style cross-country event. Dennis clocked 27:06 for the five-mile course, not too bad considering the four times over a five-rail fence, six ditches to jump, at least ten hurdles to jump or vault, and lots of open forest trails to navigate. All thirty-six starters were so enthusiastic about punishing themselves in this way (including one DNF who failed to negotiate the fence) that it will be an annual event.

1. Dennis Kasischke, 27:06; 2. Scott Claypoole, unat, 27:08; 3. Dennis Wilson, 27:22; 4. Kirk Pfeffer, unat, 27:22; 5. Steve Morry, 27:42; 6. Jon Wickstrom, 28:07; 7. Bill Gookin, 28:16; 8. David Power, WVTC, 29:12; 9. Dave Nichols, 29:26; 10. Brad Cox, 31:27; 11. Jack Kerr, 31:36; 12. Lloyd Appar, 31:38; 13. Bill Stock, 31:41; 14. Bill Osborn, 31:43; 15. Tom Tiff, unat., 31:50; 16. Mark Gookin, 32:13; 17. Gary Kiefer, 33:02; 18. Jack Johnston, unat., 33:04; 19. Harry Perry, 33:08; 20. Joe Brown, unat., 33:28; 21. John Lafferty, 33:33; 22. John McCartin, unat., 33:35; 23. Al Barret, 33:44; 24. Mile Prodanovich, unat., 34:28; 25. Mike Welch, 34:37. --Bill Gookin--

MISSION BAY 25 KILO RUN--COVERT EASY WINNER

San Diego, Dec. 15- A bright sunny day drew well over a hundred runners over a flat, fast, certified course. Not unexpectedly, East L.A. TC's premier distance man Mark Covert swept away from the field at the 1-mile mark and walked to an easy win. The surprise runner-up was tenacious Dennis Wilson of the San Diego TC. Perhaps the most impressive performance was that of 45-year-old Graham Parnell, currently representing the LaJolla TC; he ran an excellent 1:25:28 for 6th place overall. E. LA Track Club took the team title with 32 points, narrowly beating San Diego TC with 1. The Eagle TC was third with 53 points. Covert's split: 25:30 (5 mi.), 51:45 (10 mi.), and 1:18:30 (15 mi.).

1. Mark Covert, ELATC, 1:21:48; 2. Dennis Wilson, SDTC, 1:23:25; 3. Todd Ferguson, AIA, 1:23:52; 4. R. Williams, Eagles TC, 1:24:08; 5. Dennis Kasischke, SDTC, 1:24:24; 6. Graham Parnell, LaJolla TC, 1:25:28; 7. Doug Schmenk, ELATC, 1:26:01; 8. J. Argilla, ELA TC, 1:26:54; 9. B. Martinez, ELATC, 1:27:24; 10. G.

Green, San Diego TC, 1:27:39; 11. Bill Gookin, SDTC, 1:28:10; 12. M. Sellers, Eagles TC, 1:29:36; 13. D. Martinez, ELATC, 1:29:54; 14. S. Baldour, Eagles TC, 1:30:12; 15. Herb Parsons, Cambridge Sports Union, 1:30:20; 16. M. Poppkins, SDTC, 1:31:58; 17. R. Hagin, unat., 1:32:22; 18. K. Downs, unat., 1:33:12; 19. R. Macias, ELATC, 1:35:11; 20. G. Lutes, SDTC, 1:36:27. (106 fin.)

HOWARD PAYNE RUNNER TOPS ODESSA MARATHON

Odeesa, Texas, Sat., Dec. 8, 1973 9 A.M. - Mike Albert, 19, of Howard Payne College, won the second annual Odeesa Marathon, setting a new course record of 2:38:02. Albert broke the mark set in last year's race by Mike Pinocci, who defeated Albert last year but did not enter this year's marathon.

The Odeesa Marathon is sponsored by the West Texas Running Club. All but six entries finished the race. 60 started and 54 finished in 45-55° weather.

1. Mike Albert, 19, Brownwood, Texas, 2:38:02 (Old record, 2:39:37 by Mike Pinocci, 1972); 2. Eddie Pacheco, 21, Eastern New Mexico University, 2:50:46; 3. Leroy Chavez, 21, ENMU, 2:55:49; 4. Tim Latham, 20, Howard Payne College, Brownwood, Texas, 2:56:20; 5. Howard Millage, 37, West Texas RC, Odeesa, 2:59:09 (lat 30-39); 6. Tommy Glass, 36, Odeesa, 3:02:59 (lat HS); 7. Gene Usilton, 43, WTRC, 3:00:56 (lat 40-49) *switch 6th & 7th; 8. Raymond Hurley, (U.T.A.) Lubbock, Tx., 3:05:08; 9. Randy Martinez, 18, Carlisbad, N.M., 3:11:02 (2nd HS); 10. Henry Brigman, 36, Alpine, Texas, 3:12:59; 11. Alan Parks, 18, Midland, Texas, 3:21:42 (3rd HS); 12. Dale Lee, 18, Austin, Texas, 3:24:50; 13. Willie Martinez, 19, ENMU, Portales, N.M., 3:28:40; 14. Greg Wilson, 18, Midland, Texas, 3:29:23; 15. Lawrence Mack, 41, Austin, 3:29:29 (2nd 40-49); 16. Jim Dow, 25, Carlisbad, N.M., 3:34:41; 17. Alan Steele, 17, Odeesa, 3:36:46; 18. Francis Jardin, 17, WTRC, 3:38:21; 19. Ken Woody, 17, Midland, 3:47:49; 20. Tony Diaz, 17, Midland, 3:47:49; 21. Dwight Picoathley, 28, WTRC, 3:48:43; 22. James Brown, 17, Carlisbad, NM, 3:49:17; 23. Roger K. Anderson, 35, WTRC, 3:49:58; 24. Alan Borger, 37, WTRC, 3:52:04; 25. Bob Peizer, 43, WTRC, 3:52:04; 26. Mike Darden, 15, Midland, 3:54:31; 27. Owen Smith, 16, Carlisbad, 3:56:24; 28. Hardy Williams, 40, Carlisbad, 3:58:18; 29. John Calvaresa, 54, Randolph AFB, San Antonio, Texas, 4:02:45; 30. John Alexander, 57, Carlisbad, NM, 4:04:01; 31. Bud Trantham, 47, Ft. Worth, 4:05:54; 32. Gene Adams, 39, WTRC, 4:06:03; 33. Robert Dodson, 42, El Paso, 4:08:41; 34. Jim King, 14, Odeesa, 4:16:53; 35. Charles Grice, 15, WTRC, 4:17:10. Notes... Six divisions... Trophies to 6 places in each division. T-shirts, patches, certificates to all finishers, plus merchandise awards. Flat, asphalt course.

--Gene H. Adams--

MAYFIELD EASY VICTOR IN IRC 17-MILE RACE

Phila., Pa., Sunday, Jan. 27, 1974 1:00 P.M. - Ethiopia's Mirus Yifter, in Philadelphia for the Indoor Track Classic, started 38 runners off over the East & West River Drive loop in Fairmount Park in ideal spring-like weather and Moses Mayfield immediately jumped out in front and stayed there all the way, winning by well over three minutes! St. Joseph's Prep's mile and two-mile ace, Denis Dunn edged Pennsauken HS's Joe Germano for second by 9 seconds.

17-MILE- 1. Moses Mayfield, 29, Penn AC, 1:37:56; 2. Denis Dunn, 18, Penn AC, 1:41:19; 3. Joe Germano, 18, Sports East, 1:41:28; 4. Lou Coppens, 31, Penn AC, 1:41:

34; 5. Jeff Probert, 23, Shore AC, 1:41:52; 6. Mike Naples, 28, Penn AC, 1:42:25; 7. Russ Jackson, 25, Sports East, 1:43:38; 8. Seth Bergman, 24, unat., 1:43:30; 9. Crif Balthis, 31, Delaware Sports Club, 1:44:00; 10. Ken Kling, 23, Sports East, 1:45:15; 11. Doug White, 31, Delaware SC, 1:47:03; 12. George Smith, 19, Villanova, 1:47:36; 13. Tom Geier, 33, Penn AC, 1:47:50; 14. Joe Naples, 36, Olney Kiwanis, 1:48:16; 15. Mike Fanelli, 17, Olney Kiwanis, 1:54:55; 16. John Coffey, 17, Sports East, 1:54:55; 17. Jim Scully, 17, St. James Pacers, 1:54:55; 18. David Wilkinson, 25, U. of Penn., 1:56:18; 19. Martin Lieb, West Catholic HS, 1:57:40; 20. Gray Whetstone, 32, unat., 1:59:20; 21. John Messenthaler, 17, Olney Kiwanis, 2:00:48; 22. Jack Hirst, 38, Penn AC, 2:05:52; 23. Harry Richards, Camden YMCA, 2:10:20; 24. Ray Droadowski, Camden YMCA, 2:12:39; 25. Ross Yates, CJTC, 2:17:27; 26. Edward J. Steker, 35, Mt. Park AA, Mass., 2:21:00.

GIRLS 8.5-MILE- 1. Debbie McCluskey, Sports East. VETERANS (Over 40) 3-MILES- 1. Browning Ross, 49, SPORTS EAST, 17:51; 2. Dr. Stan Bracon, Media, Pa., 17:58; 3. Charles Harrington, Delaware Sports Club, 21:12; 4. George Braceland, Penn AC, 21:37; 5. Nick Fanelli, 24:02; 6. Jerry Siegel, 24:41.

SOUTHERN COLORADO STRIDERS THREE MILE RUN

Pueblo City Park, Sat., Jan. 26, 1974 10 A.M. Course: Flat, 1.5-mile asphalt loop. Weather: Sunny, windy. 1. Jeff Donaldson, 27, 15:59; 2. Ed Grundy, 17, 16:04; 3. Robert Montoya, 25, 16:21; 4. Andy Hornbaker, Jr., 18, 16:35; 5. tie, Scott Woodruff, 16 & John Biea, 18, 16:45; 7. Joe Martinez, 17, 16:52; 8. Andy Hornbaker, Sr., 41, 16:53; 9. Roger Wilcox, 45, 17:28; 10. tie, Wendell Torres, 16 & Henry Pollreiss, 16, 17:31; 12. Bernal Flores, 16, 17:42. (17 finishers)

1.5-MILE PREDICTION RACE- 1. tie, Don McMahon, 38 (9:00 PT- 8:55 Act. T.) & Ed Kelleff, 15 (9:05-9:20); 3. Mike Spence, 21, (8:35-8:29); 4. Ron Oreskovich, 15, (9:25-9:17); 5. Ralph Chavez, 16, (9:10-9:01); 6. Phil Kelleff, 15, (9:05-9:17); 7. Jim Gonzalez, 33, (9:30-9:15)

HUDSON-MOHAWK ROAD RUNNERS CLUB 15 & 3-MI. RUNS at SUNY, ALBANY, N.Y., Sunday, Jan. 20, 1974

13-MILE- 1. Chet Bieganski, 76:16; 2. Jim Bowles, 76:36; 3. Ted Bick, 82:36; 4. Alan Maddaus, 84:20; 5. Walt Kinsley, 85:02; 6. Dave Willig, 86:03; 7. Mal McConnell, 88:50; 8. Doug Allen, 90:36; 9. Gage Hotchkiss 91:22; 10. Ed Thomas, 91:27; 11. Ted Grenda, 94:53; 12. John Rose, 95:17; 13. Lee Irving, 96:10; 14. Geoff Orton, 102:04; 15. Burke Adams, 103:32; 16. Mike Burke 106:51. DNF: Steve McConnell.

3-MILES- 1. Jim Shrader, 14:58; 2. Vinny Reda, 15:42; 3. Nick Demarco, 15:43; 4. Chris Burns, 16:11; 5. Barry Hopkins, 16:54; 6. Bill Shrader Jr., 17:12; 7. Don Shrader, 18:13; 8. Paul Rosenberg, 18:40; 9. Cathy Shrader, 18:48; 10. Nat Friedman, 20:40; 11. Pat Frank, 20:47; 12. Howard Stratton, 21:25; 13. Tim Derrick, 24:12; 14. Joan McConnell, 26:04; 15. Ginny Derrick, 26:57; 16. Ken Weden, 28:36; 17. Judy Allen, 33:32.

ANNOUNCING--THE BANKATHON- 25 KILOMETER CHAMPIONSHIP RACE, Sunday, March 31, 1974

Adirondack AAU Championship, Schenectady to Albany Sponsored by the National Commercial Bank & Trust Co. of Albany, N.Y. Open to all AAU-Registered Male & Female Athletes. Entry Fee: \$1.50 to Burke Adams, 21 Chestnut St., Rensselaer, N.Y. 12144 (518)452-0750.

5.5-MILE ROAD RUN, WILBRAHAM, MASS.

Dec. 2, 1973. Weather: Fair & cold.

1. Charles Duggan, Springfield College, 26:25.5 CR; 2. Gil Kemp, Springfield College, 27:45; 3. Tony Wilcox, NMC, 28:15; 4. David MacLeod, Springfield College, 28:30; 5. Don Bamford, NMC, 29:05; 6. Dan Rearick, Springfield College, 29:28; 7. David Howes, unat., 29:31; 8. Dennis LaBranche, Mt. Park AA, 30:10; 9. Paul Oporowski, Mt. Park AA, 30:15; 10. John Cooke, unat., 30:35; 11. Larry Thode, Berkshire AC, 30:45; 12. Bruce Aldrich, unat., 30:55; 13. John Brennan, unat., 30:15; 14. Ben Delmonico, Mt. Park AA, 31:25; 15. Charles Ratti, NMC, 31:35; 16. Robert White, unat., 32:36; 17. Harry Fowler, NMC, 33:35; 18. Charles Scott, NMC, 33:55; 19. Jeff Chapin, unat., 34:23; 20. Claude Ellis, NMC, 35:03; 21. Matthew B. Hird, NMC, 35:50; 22. Merry Cushing, Sugarloaf Mt. AC, 36:00; 23. Willard Brown, NMC, 36:08; 24. Tim Lepore, unat., 36:34; 25. Jeff Stone, unat., 36:40. (41 finishers)

NORTH MEDFORD CLUB MARATHON, LANCASTER, MASS., December 9, 1973. Weather: Very bad! Freezing rain without letup. Five lap course measured several times for accuracy. Chet Fortier, 40, led for the first half with Finn Ebbensen a close second, but after that young Scott Graham took over and won the first marathon he has ever run. There were about 85 starters with about a dozen unofficial starters (none of whom finished).

Team: 1. NMC, 6; 2. Lowell Tech AC, 21; 3. CSU, 24; 4. Boston AA, 27.

1. Scott Graham, unat., 2:34:25; 2. Chet Fortier, NMC, 2:41:52; 3. Kevin Krauszak, NMC, 2:42:25; 4. Louis Aguir, NMC, 2:47:20; 5. Finn Ebbensen, unat., 2:47:25; 6. Tom Boone, NMC, 2:48:10; 7. Dave Deval, unat., 2:51:33; 8. Ron Kay, CSU, 2:51:41; 9. Charlie Ratti, NMC, 2:51:45; 10. Brad Roberts, Lowell Tech AC, 2:56:05; 11. Ray Pincus, Lowell Tech AC, 2:56:18; 12. Lloyd Ryyytsainen, RRC, 2:57:21; 13. Tony Wilcox, NMC, 2:58:45; 14. James Lassen, unat., 2:58:55; 15. Paul Segersten, Central Mass. Striders, 2:59:22; 16. Richard Stevens, Mt. Park AA, 2:59:23; 17. Mike McCabe, Bridgewater SC, 3:01:16; 18. Julian Siegel, NMC, 3:02:00; 19. Wm. Kone, unat., 3:02:23; 20. Chip Kimball, unat., 3:04:15; 21. Don Putnam, unat., 3:04:45; 22. Dr. John Long, BAA, 3:04:46; 23. John Pickering, NMC, 3:05:11; 24. John Wallace, BAA, 3:05:19; 25. Paul Schell, NMC, 3:07:45; 26. Mike Oliver, CSU, 3:07:46; 27. Bob O'Reagan, NMC, 3:08:08; 28. Charles Simons, Lowell Tech AC, 3:10:00; 29. Mike Durdevic, CSU, 3:11:30; 30. Gary Detadell, NMC, 3:12:37; 31. David McGlauffin, unat., 3:12:53; 32. Ron LaFreniere, NMC, 3:13:05; 33. Fred Robbins, NMC, 3:15:37; 34. Bruce McGill, NMC, 3:16:32; 35. James Tucker, CSU, 3:17:49; 36. George Slate, NMC, 3:17:55; 37. Chas. Moran, Mt. Park AA, 3:17:56; 38. Chris Brady, Bridgewater AC, 3:18:40; 39. Ed D'Lozenzo, unat., 3:18:41; 40. Robert Mitchell, unat., 3:18:55; 41. Andy Buni, unat., 3:19:05; 42. Stuart Thurston, NMC, 3:19:29; 43. John Hart, CSU, 3:19:48; 44. George Butterworth, CSU, 3:20:41; 45. Wm. Omerod, CSU, 3:21:09; 46. James Coggeshall, NMC, 3:21:10; 47. Phil Sherman, NMC, 3:21:47; 48. Dick Corrigan, NMC, 3:22:07; 49. Robert White, unat., 3:22:40; 50. Ted Hammett, CSU, 3:23:10; 51. Clair Paine, CSU, 3:23:26; 52. Wm. Franks, No. Country AC, 3:23:34; 53. Edward Norton, unat., 3:27:21; 54. Dave Wallace, CSU, 3:28:40; 55. Frank Donovan, CSU, 3:28:52; 56. Robert Seaman, BAA, 3:29:19; 57. Halsey Andrews, CSU, 3:29:23; 58. Dr. Eugene Ciccarelli, NMC, 3:29:31; 59. Richard Dudley, NMC, 3:29:39; 60. Claude Ellis,

NMC, 3:29:44; 61. John Campbell Sr., NMC, 3:29:50; 62. Ronald Kmiec, NMC, 3:30:41; 63. John Counihan, NMC, 3:32:42; 64. Bruce Aldrich, unat., 3:34:17; 65. John Moody, NMC, 3:43:30; 66. Barry Cook, unat., 3:55:09; 67. Nicholas DeRuvo, unat., 3:57:30; 68. Nancy Timbers, Sugarloaf Mt. AC, 4:31:16; 69. Sigmund Podlosny, NMC, 5:04:04. --Fred Brown, Sr.--

NEAAAU 50 MILE RUN CHAMPIONSHIP, FRESH POND Cambridge, Mass., December 15, 1973. Weather: Cold & windy.

1. Peter Kuchinski, NMC, 6:49:35; 2. Charles Ratti, NMC, 7:20:58; 3. Fred Robbins, NMC, 7:48:40; 4. Sig Podlosny, NMC, 10:09:04.

Notes... The distance was actually slightly over 50 miles. A twenty lap course with a couple of short uphill portions.

NEAAAU 40 KILO WALK CHAMPIONSHIP

1. Tom Knatt, NMC, 4:17:11; 2. Tony Medeiros, NMC, 4:18:30; 3. Francis Maher, NMC, 4:27:57; 4. Fred Brown Sr., NMC, 5:23:08. --Fred Brown, Sr.--

NORTH MEDFORD CLUB 10 KILO RUN CHAMPIONSHIP, Newburyport, Mass., Dec. 16, 1973

Weather: Overcast & cold.

1. Rick Bayko, NMC, 30:37.6; 2. James Gallagher, U. Rhode Island, 31:17; 3. John Babington, NMC, 31:22; 4. Mike Romano, U. Rhode Island, 32:34; 5. Jim Stronach, NMC, 32:39; 6. Stanley Moulton, NMC, 32:50.

NMC 8-MILE RACE WALK, HOLBROOK, MASS.

Dec. 23, 1973. Weather: Cold.

1. Paul Schell, NMC, 48:43; 2. Steve Rehrman, NMC, 74:24; 3. Tony Medeiros, NMC, 75:16; 4. Mike Regan, LBC, 76:37; 5. Dave Merency, LBC, 79:44; 6. Sig Podlosny, NMC, 84:13; 7. Fred Brown Sr., NMC, 86:15; 8. Ken Hayden, NMC, 95:10.

6-MILE ROAD RUN, UXBRIDGE, MASS.

Dec. 25, 1973. Weather: Very fine! 55 degrees. Course record is 30:26, held by Larry Olsen.

1. Hal Hays, unat., 30:16; 2. Ray Danforth, U. Rhode Island, 30:27; 3. Jim Gallagher, URI, 30:53; 4. Mike Romano, URI, 31:22; 5. Peter Kuchinski, NMC, 31:26; 6. Chris Youngdahl, NMC, 32:21; 7. Ron Drogan, NMC, 32:26; 8. John Eber, unat., 32:31; 9. Steve Olsen, Bryant College, 32:56; 10. Ray Marshland, unat., 33:11; 11. George Schobel, NMC, 33:24; 12. Mike Mascarelli, BAA, 33:37; 13. Paul Schell, NMC, 33:39; 14. Glenn Nieuwenhuis, NMC, 34:00; 15. Wm. Mullen, NMC, 34:08; 16. Dave McGilivray, NMC, 34:09; 17. Chas. Ratti, NMC, 34:11; 18. Allen Hoffman, unat., 34:24; 19. Mike Sears, unat., 34:47; 20. Tom Kenwood, URI, 35:03; 21. Wm. Touhey, Medway TC, 35:04; 22. Jeff Hamilton, NMC, 35:06; 23. Vin Edarola, Medway TC, 35:37; 24. David Ryler, NMC, 35:42; 25. Steve London, CSU, 35:47; 26. Preston Hare, unat., 36:01; 27. Ray Nelson, unat., 36:02; 28. Bruce McGill, NMC, 36:15; 29. John Peterson, NMC, 36:42; 30. Ted Detri, unat., 36:44; 31. Steven Nettle, NMC, 36:56; 32. Claude Ellis, NMC, 36:59; 33. John Bennett, NMC, 37:11; 34. George Kaslerak, NMC, 37:28; 35. Ron Kmiec, NMC, 37:29; 36. Ed Norton, NMC, 37:36; 37. Pete Chamberlain, NMC, 37:49; 38. Dave Wassenaar, unat., 38:00; 39. John Campbell Sr., NMC, 38:05; 40. Bob Long, unat., 38:29. (65 finishers) --Fred Brown Sr.--

Wallace Nips Pierce

Sunday, Jan. 30, 1974

ASHTON PARK — Ask marathon runners Gary Wallace and Gary Pierce to name their favorite race and they'll undoubtedly say "What a difference a year makes."

A year ago, Wallace placed 22d in the Jersey Shore Marathon and Pierce finished 23d in his first crack at running the standard 26.2-mile, 20-hour distance. Pierce was far down the road in '73 and placed 3rd.

ALL THAT changed yesterday as the third annual Jersey Shore Marathon unfolded over the Convention Hall to Sandy Beach State Park — and returns — route.

Wallace, 24-year-old entry from the Triple Cities Track Club of Binghamton, N.Y., outdistanced Pierce, 21, a Monmouth College senior from Long Branch, in the final mile and went on to win with a clocking of two hours, 27 minutes and five seconds.

PIERCE BLING on gamely after being passed and crossed the finish line just 40 yards back of Wallace in 2:27:14. For Wallace, it was a 12-minute improvement on '73 and for Pierce it was a massive 36-minute improvement.

The marathon not only produced one of the closest finishes in a major U.S. distance race in recent years but attracted one of the largest fields — 32 starters, of whom 22 completed the course despite temperatures that hovered just over the freezing mark.

The event was staged by Shore Athletic Club and sponsored by Volkswagen Park Shore, Neptune.

FOR 13 miles, the big question mark in the race was: How far is Tom Fleming going to run? The '73 and '73 Jersey Shore champion and '73 Hudson Marathon runner-up from Bloomfield had announced before the race: "I'm only here for a workout and not planning to go the whole way."

He was pointing to a race in Puerto Rico next week —

but there were doubters who thought his "workout" would consist of the full 26.2-mile race.

But, true to his word, Fleming dropped out at the 15-mile mark and then left his former William Paterson College teammate, Joel Pasternack, 23, '73 runner-up and '74 pre-race favorite, to battle it out with Pierce for the lead. The three had been tightly bunched. Wallace, meanwhile, was working his way up from back in the field.

WITH FOUR miles to go, as he headed through the Elberton section of Long Branch, Pierce applied the pressure and Pasternack dropped back. But Wallace soon stepped right up to challenge and for the next three miles it was the New Yorker and the Monmouth runner going at it stride for stride.

Finally, as they ran through Aberdeen and Loch Arbour, Wallace carved out a small lead and it proved to be the decisive score of the race.

PASTERNAK settled for third in 2:31:22, five minutes slower than his '73 time, while Peter Kuchinski of the North Medford, Mass. Club scored fourth in 2:31:40.

"The weather never bothers me," said the weary Pierce after it was over as he accepted the congratulations of family and friends. "Maybe that's because I do all of my training at night, between college and my job at Foodtown in West End, that's the only time I've got left to run."

"I've never run more than 10 miles in training — and only do about 40 miles a week. That's a lot less than most of the other guys but it doesn't seem to bother me."

EVEN THOUGH he was the second finisher — Pierce was a double winner, of the first official N.J. intercollegiate championship and the

N.J. District AAU championship. He thus became Monmouth's first state college track champion in six years.

He comes from a running family — older brother Lester provided him at the Monmouth College team and younger brother Wayne was the top miler on last year's Long Branch High School squad.

Another Long Branch High product, Bob Basley, a Bryn Mawr University senior, ran his marathon best in 2:30:20 in early eighth place and then led Shore Athletic Club to the NJAAU team championship.

OCEAN TOWNSHIP'S Steve Ross placed 15th in 2:32:02 and Bradley Beach's Frank Ratti ran 26th in 2:40:00 to complete Shore AC's winning list total of 20 places.

Winning the first N.J. intercollegiate team title was Rutgers University, led by Patrick Gobbins in 2nd place.

Other special awards went to Jim McDonough of New York's Millrose AA, former U.S. Pan-American Games team member, first man in the 60-69 age bracket; New York Pioneer Club's Ted Corbett, 36-year-old winner, and Toms River High School coach's Joe Reibold, 26, high school division champion.

Reibold's 2:47:20 clocking was the second best high school performance in meet history.

McDonough placed 18th. Reibold ran 19th, and Corbett, who covered 128 miles in a 16-hour race in England three months ago, was 5th.

THE RACE attracted 12 women starters and five of them completed the lead grid.

Instal leader was Ellen Deakin of Cherry Hill, who covered the course in a comfortable 3:41:25 in place 14th. Defending women's champion Pat Barrett of Spring Lake dropped out with leg trouble after run-

ning at three-hour pace for 17 miles.

Elizabeth Sedell, Washington, D.C., placed 19th. Nancy Lohdy of New York's McBurney YMCA was 16th, and leading the area delegation was Paul Deyton of Monmouth Beach, a Shore Regional High School student. In 20th, Shore Regional graduate Paul Segel of West Long Branch was 15th.

DR. NEAL Lohdy of Inwood, twice an Olympic race walker, studied the course in 2:26 with a 4:25:30 clocking.

The race attracted five father-son combinations (including the Basleys of Long Branch, father Tom and son Bob) and one brother combination (the Reibolds of Toms River, Joe, Tom, 26th, and Mike 20th).

A "celebrity" in the race was Judge Arnold Fraiman of New York Superior Court, who placed 8th.

35. Paul Fetscher, 28, LIAC, 2:54:30; 36. Ken Cole, Rutgers, 2:54:37; 37. David Thomashow, 29, Millrose AA, 2:55:34; 38. Stanley Wasat, 33, CJTC, 2:55:33; 39. Jerry Haleam, 19, Suffern, N.Y., 2:55:37; 40. Steve London, 32, CSU, Mass., 2:55:41; 41. Richard Henderson, 21, Bowdoin College, Maine, 2:55:46; 42. Joe Caldwell, 41, McBurney YMCA, 2:55:47; 43. Dennis Reid, 25, Richmond T&F, 2:56:05; 44. Paul Asinski, 21, Wm. Paterson College, 2:56:18; 45. John Forster, 28, NYAC, 2:56:18; 46. John Petroff, NYC, 2:56:32; 47. Doug White 31, Delaware Sports Club, 2:57:01; 48. Hon. Arnold Guy Fraiman, 48, Central Park TC, 2:57:47; 49. Tom Baum, 41, Shore AC, 2:58:07; 50. Bill Shanshan, 43, Millrose AA, 2:58:36; 51. Dr. Robert Beribold, 32, unat., 2:58:57; 52. Bruce Miller, 35, Scotch Plains, N.J., 2:58:59; 53. Bob Hancock, 20, Shore AC, 3:00:25; 54. George Boring, 37, Shore AC, 3:00:36; 55. Pat Hickey, 36, Randolph HS, 3:02:43; 56. Marshall Childs, 40, Putnam, N.Y., 3:02:56; 57. Jeffrey Robinson, 20, Shore AC, 3:03:12; 58. Wm. Ott, 19, Essex Co. College, 3:03:17; 59. Bill Easer, 19, Fairfield Co. Striders, 3:03:28; 60. Harry Berkowitz, 33, Penn AC, 3:03:57; 61. Gene Minor, 48, Shore AC, 3:04:03; 62. Donald Growley, 32, CJTC, 3:04:27; 63. Mike Barzum, 30, Irvington, 3:04:34; 64. Jose Rivera, 32, McBurney, 3:04:34; 65. Ted Corbett, 53, NYPC 3:04:37; 66. Steve Propert, 26, Shore AC, 3:05:34; 67. John Coffey, 17, Sports East, 3:05:44; 68. Tom Feet, 38, Delaware SC, 3:06:36; 69. Thomas Kelley, 18, CJTC, 3:06:24; 70. Thomas Bierly, 31, CJTC, 3:06:25; 71. Thomas Clarke, 22, Albany, 3:07:42; 72. John Greenberg, M.D., 35, Plainfield,

THE "JERSEY SHORE" MARATHON SUMMARIES

1. Gary Wallace, 24, Triple Cities RC, 2:27:05
2. Gary Pierce, 21, Shore AC, 2:27:14
3. Joel Pasternack, 23, Wm. Paterson College, 2:30:37
4. Peter Kuchinski, 20, North Medford Club, 2:31:40
5. Ray Morrison, 27, Washington Sports Club, 2:33:27
6. Ernie Rivas, 23, Lebman College, 2:33:47
7. Roy Lapides, 18, North Jersey Striders, 2:34:57
8. Bob Basley, 22, Shore AC, 2:35:25
9. Alan Somerville, 28, Harrisburg AAA, 2:36:02
10. Mike Scarborough, 19, East Coast AC, 2:37:00
11. Steve Ross, 20, Shore AC, 2:37:02
12. Kevin McDonald, 23, North Jersey Str., 2:39:25
13. Patrick Gobbins, 19, Rutgers, 2:39:48
14. Bill Gordon, 19, St. Anthony's BC, 2:40:03
15. Ken Rolston, 22, East Coast AC, 2:42:04

16. John Stopa, 22, Fairfield Coll., 2:43:16
17. Tim Lambert, 21, Rutgers, 2:44:12
18. Jim McDonagh, 49, Millrose, 2:45:31
19. Joe Reibold, 17, Toms River HS, 2:47:53; 20. Frank Ratti, 24, Shore AC, 2:49:11; 21. Joe Burns, 44, East Coast AC, 2:49:36; 22. C. G. Beer, 40, Shore AC, 2:49:58
23. Don Padgett, 26, LIAC, 2:50:49; 24. Al Buhl, 25, CJTC, 2:51:10; 25. Carl Segere, 16, Meadow HS, 2:51:26; 26. Tom Robinson, 29, NYAC, 2:51:40; 27. Kenneth Kirk, 33, Hudson-Mohawk RRC, 2:51:40; 28. Philip Heath, 30, NMC, 2:52:06; 29. Allan Kirk, 33, LIAC, 2:52:25; 30. Jim Driscoll, 37, Rider College, 2:52:55; 31. Karl Mueller, 37, NYC, 2:53:22; 32. Wm. Johnson, 19, Princeton, 2:53:47; 33. Lloyd Ryyeyhinen, 25, Tarrytown, 2:54:15; 34. Jim Butley, Rutgers, 2:54:20;
35. Paul Fetscher, 28, LIAC, 2:54:30; 36. Ken Cole, Rutgers, 2:54:37; 37. David Thomashow, 29, Millrose AA, 2:55:34; 38. Stanley Wasat, 33, CJTC, 2:55:33; 39. Jerry Haleam, 19, Suffern, N.Y., 2:55:37; 40. Steve London, 32, CSU, Mass., 2:55:41; 41. Richard Henderson, 21, Bowdoin College, Maine, 2:55:46; 42. Joe Caldwell, 41, McBurney YMCA, 2:55:47; 43. Dennis Reid, 25, Richmond T&F, 2:56:05; 44. Paul Asinski, 21, Wm. Paterson College, 2:56:18; 45. John Forster, 28, NYAC, 2:56:18; 46. John Petroff, NYC, 2:56:32; 47. Doug White 31, Delaware Sports Club, 2:57:01; 48. Hon. Arnold Guy Fraiman, 48, Central Park TC, 2:57:47; 49. Tom Baum, 41, Shore AC, 2:58:07; 50. Bill Shanshan, 43, Millrose AA, 2:58:36; 51. Dr. Robert Beribold, 32, unat., 2:58:57; 52. Bruce Miller, 35, Scotch Plains, N.J., 2:58:59; 53. Bob Hancock, 20, Shore AC, 3:00:25; 54. George Boring, 37, Shore AC, 3:00:36; 55. Pat Hickey, 36, Randolph HS, 3:02:43; 56. Marshall Childs, 40, Putnam, N.Y., 3:02:56; 57. Jeffrey Robinson, 20, Shore AC, 3:03:12; 58. Wm. Ott, 19, Essex Co. College, 3:03:17; 59. Bill Easer, 19, Fairfield Co. Striders, 3:03:28; 60. Harry Berkowitz, 33, Penn AC, 3:03:57; 61. Gene Minor, 48, Shore AC, 3:04:03; 62. Donald Growley, 32, CJTC, 3:04:27; 63. Mike Barzum, 30, Irvington, 3:04:34; 64. Jose Rivera, 32, McBurney, 3:04:34; 65. Ted Corbett, 53, NYPC 3:04:37; 66. Steve Propert, 26, Shore AC, 3:05:34; 67. John Coffey, 17, Sports East, 3:05:44; 68. Tom Feet, 38, Delaware SC, 3:06:36; 69. Thomas Kelley, 18, CJTC, 3:06:24; 70. Thomas Bierly, 31, CJTC, 3:06:25; 71. Thomas Clarke, 22, Albany, 3:07:42; 72. John Greenberg, M.D., 35, Plainfield,

3:07:42; 73. Carmen Nagelgans, 42, CJTC, 3:08:09; 74. Michael Walsh, 22, KCC, Brooklyn, 3:08:16; 75. Bill Fitzpatrick, Rutgers, 3:08:32; 76. William Brown, 24, NYC, 3:09:34; 77. Alan Druckman, 43, LIAC, 3:09:57; 78. Michael Fenerty, 42, Boulder, Colorado, 3:10:00; 79. Matt Gowen, 16, St. Rose HS, 3:11:20; 80. Dr. William Duggan, 52, McBurney, 3:11:36; 81. Michael Thompson, 18, Mater Dei HS, 3:12:25; 82. Paul Bennett, 24, Shore AC, 3:12:25; 83. Robert Mitchell, 24, Boston College, 3:12:59; 84. Bill Cherry, 23, unat., 3:13:00; 85. Jack Wallace, 41, Yonkers, N.Y., 3:13:07; 86. Claude Trecate, 17, Long Branch HS, 3:13:33; 87. Dr. George Sheehan, 55, Shore AC, 3:13:43; 88. Douglas Fuller, 28, CJTC, 3:13:47; 89. William Indek, 27, Shore AC, 3:13:49; 90. Bruce Aldrich, 31, Granby, Mass., 3:14:46; 91. Andrew Long, 26, Shore AC, 3:14:48; 92. George Brandenburg, 44, CJTC, 3:14:56; 93. Richard Burgess, 19, Shore AC, 3:15:45; 94. Jim Letz, 53, Boardwalk Runners, Atlantic City, 3:15:52; 95. Tom Anzevino, 19, Bergen CC, 3:16:13; 96. Paul Slakie, 32, CJTC, 3:16:15; 97. Andrew Dani, 42, Needham, Mass., 3:16:20; 98. Gary Furtak, 22, Garfield, N.J., 3:16:52; 99. Mark Levy, 26, Brooklyn, N.Y., 3:17:00; 100. Matt Laddy, 16, CJTC, 3:17:05; 101. Steve Pollack, 18, Brandeis Univ., 3:17:21; 102. Donald Roberts, 38, NYC, 3:17:49; 103. Kevin Moore, 18, CCM, 3:18:04; 104. Glenn Johnson, 17, unat., 3:18:06; 105. Stan Chodnicki, 43, No. Jersey Striders, 3:18:09; 106. Peter Capurso, 47, Yonkers, 3:18:09; 107. Jack McMenamin, 40, Shore AC, 3:18:39; 108. Nat Cirulnick, 43, NYC, 3:19:23; 109. Herman Atwood, 27, unat., 3:19:56; 110. Irving Taylor, 59, CJTC, 3:20:16; 111. James Shea, M.D., 38, NYC, 3:20:28; 112. David Spindel, M.D., 44, CJTC, 3:20:33; 113. Jay Hurley, 16, Boardwalk Runners, 3:21:29; 114. Walter Green Jr., 41, Camp Hill, Pa., 3:21:57; 115. Seymour Reiter, 34, McBurney YMCA, 3:22:13; 116. Eugene Osborne, 36, Rochester TC, 3:22:48; 117. Wm. McMahon, 26, McBurney, 3:22:51; 118. James Beckman, 23, NYC, 3:22:57; 119. Erwin Willard, 52, Rochester TC, 3:23:24; 120. Larry Frederick, 24, New York AC, 3:23:35. (323 starters, 216 finishers) --Elliot Denman--



WOMEN'S CHAMPION — Ellen Dolin of Cherry Hill is women's champion in marathon, placing 14th.

VMI CHRISTMAS ROAD RACE - 10,000 METERS

Lexington, Va., Dec. 1, 1973

Ideal weather conditions.

1. Carl Hatfield, W. Va., 30:12; 2. Ted Neeves, Va., 30:15; 3. Mike Hairston, Va., 31:43; 4. John Welch, W. Va., 32:00; 5. Barry Montero, Va., 32:05.

Master's Div. (Winners only)

30-39- Frank Wagner, 35:52

40-49- Dave Colton, 34:53

50 & Over- Joe Martin, 42:06

Notes... Hatfield



CHAMPION — Crossing the finish line as champion of the third annual Jersey Shore Marathon is Gary Walters.



SUMMER-UP — After leading the Jersey Shore Marathon for much of the way, Wakeham College's Gary Parks finishes for second place.



THIRD PLACE — Favorite Joel Fuernberg of William Paterson College places third in marathon.

MIDDLE ATLANTIC RRC 5-MILE RUN

Fairmount Park, Phila. Sunday, February 3, 1973 1:00 P.M. Hilly course. Weather: 24 degrees, overcast, coating of ice & snow on the course made the going very slippery.

1. Denis Dunn, Penn AC, 28:24; 2. Dean Winslow, Penn AC, 28:57; 3. Ken Kling, Sports East, 29:33; 4. James Witcher, unat., Phila., 32:30; 5. Ed Beckheimer, Delco Striders, 32:37; 6. Jim Rutkowski, Delco Striders, 33:05; 7. Doug Roessler, Haverford HS, 33:17; 8. Dave Johnson, Swarthmore College AA, 33:29; 9. Dave Brier, YMHA, Phila., 35:36; 10. Gray Whetstone, unat., 33:51; 11. Karl Parks, Delco Striders, 35:28; 12. Ed Streker, Mt. Park AA, 35:58; 13. Dr. David Spindel, CJTC, 38:32.

ran 4:50, 9:45, 15:06 & won for the 5th time in 30:12 a course record! About 150 runners participated.

5.3-MILE ROAD RACE, HUDSON, MASS.

January 20, 1974. Weather: Very cold. Course Record: 26:51.5 by Tom Dardarian.

1. Terry Gallagher, North Medford Club, 27:40; 2. John Cedarholm, Boston AA, 27:49; 3. Jim Smith, CSU, 28:26; 4. Kevin Krassieski, NMC, 28:29; 5. Chet Fortier, NMC, 28:44; 6. Ron Kay, CSU, 29:01; 7. Ron Gaff, NMC 29:03; 8. Neil Coville, unat., 29:15; 9. Richard Johnson, NMC, 29:24; 10. Gregg Nivala, NMC, 29:26; 11. Chris Youngdahl, NMC, 29:50; 12. Steve Gardner, NMC, 30:06; 13. Glenn Niemi-ahala, NMC, 30:16; 14. Jim Shadro, BAA, 30:23; 15. Bob Kashmanian, Bryant College, 30:40; 16. Mike Dardovic, CSU, 30:54; 17. Phil Hough, NMC, 31:04; 18. Bill Hurley, unat., 31:07; 19. Bill Bove, NMC, 31:09; 20. Scott Webber, unat., 31:26; 21. Allen Hoffman, unat., 31:30; 22. Fred Lewis, NMC, 31:40; 23. Martin Callahan, NMC, 32:05; 24. Dwight Howe, NMC, 32:11; 25. Don Stowell, unat., 32:20; 26. Wayne Lamathe, NMC, 32:37; 27. Bob Accola, NMC, 32:39; 28. John Cahalane, NMC, 32:47; 29. John Peterson, NMC, 32:49; 30. John Bennett, NMC, 32:50; 31. Vincent Vito, unat., 32:51; 32. Ted Datri, unat., 32:52; 33. Ed Norton, NMC, 32:55; 34. George Kasleraki, NMC, 33:12; 35. Mike Loughman, NMC, 33:15; 36. Stewart Therston, NMC, 33:21; 37. Steven McLaughlin, NMC, 33:26; 38. Albert Donaghy, NMC, 33:32; 39. Bob Negretti, NMC, 33:36; 40. Kevin Gilmore, unat., 33:37; 41. Ron Boose, NMC, 33:53; 42. Ron Kmiec, NMC, 33:55; 43. Fred Bertelson, NMC, 34:07; 44. Mike St. Laurent, NMC, 34:16; 45. John Campbell Sr., NMC, 34:25; 46. James Tucker, CSU, 34:44; 47. Claude Ellis, NMC, 34:57; 48. Gerry Porter, NMC, 35:03; 49. Robert Long, unat., 35:11; 50. Chris Lacey, NMC, 35:13. (84 starters, 78 finishers)

--Fred Brown, Sr.--

NEAAAU MILE WALK CHAMPIONSHIP, BOSTON, MASS.

Jan. 20, 1974- 1. Tom Knatt, NMC, 7:12.7; 2. Paul Schell, NMC, 7:26; 3. Francis Maher, NMC, 7:42.

2-MILE WALK, FRANKLIN, MASS., Jan. 26, 1974

1. Tom Knatt, NMC, 14:36; 2. Steve Reisman, NMC, 17:12; 3. Charles Scott, NMC, 17:14; 4. Peter Kuchinski, NMC, 17:24; 5. Sig Podlozny, NMC, 20:19.

1-MILE WALK, FRESH POND, CAMBRIDGE, MASS.

Jan. 26, 1974- 1. Francis Maher, NMC, 42:36; 2. Steve Reisman, NMC, 53:03; 3. Jan Brown, NMC, 53:31; 4. Sig Podlozny, NMC, 53:35; 5. Fred Brown Sr., 54:31.

6.3-MILE RUN, PROVIDENCE, R.I., JAN. 27, 1974

Weather: Ideal. (51 finishers)

1. Terry Gallagher, NMC, 32:06.2; 2. Gary Hague, R.I. TC, 32:23; 3. Ray Danforth, R.I. College, 32:30; 4. John Babington, NMC, 32:44; 5. James Gallagher, R.I. College, 33:14; 6. Mike Baxter, BAA, 34:12; 7. Richard Crowell, JW, 34:37; 8. Steve Olsen, Bryant College, 35:17; 9. Bill Bove, NMC, 35:11; 10. George Schobel, NMC, 35:35; 11. Bruce Ennis, U. Rhode Island TC, 35:41; 12. Bill McNulty, BAA, 35:58; 13. Steve Gardner, NMC, 36:06; 14. Louis Paul, CSU, 36:24; 15. Fred Lewis, NMC 36:26; 16. Robert Gray, NMC, 36:44; 17. Paul Schell, NMC, 36:46; 18. James Gray, NMC, 36:49; 19. Jack Thorshill, NMC, 36:50; 20. Bob Daley, unat., 37:09; 21. Charles Ratti, NMC, 37:16; 22. Preston Hare, unat., 38:08; 23. James Manuel, unat., 38:18; 24. Toby Rodrigues, unat., 38:23; 25. Steve McLaughlin, NMC, 38:27; 26. Chris Hanton, R.I. College, 38:36; 27. Mark Haggerty, NMC, 38:38; 28. Claude Ellis, NMC, 38:45; 29. Peter Burkhardt, BAA, 39:16; 30. Ron Kmiec, NMC, 40:13.

5-MILE HANDICAP ROAD RACE, WEYMOUTH, MASS.

January 1, 1974

1. Bob Daley, unat.,	41:41	12:00	29:41
2. Bill Bruce, NMC,	42:24	10:30	31:54
3. Willie Wilson, unat.,	42:38	8:00	34:38
4. Phil Heath, NMC,	42:50	13:00	29:50
5. Steve Gardner, NMC,	42:52	13:00	29:53
6. Paul Roche, NMC,	43:02	13:00	30:02
7. Ed Norton, NMC,	43:05	11:00	32:05
8. Claude Ellis, NMC,	43:06	11:00	32:06
9. Ed McPartland, NMC,	43:12	15:00	28:12
10. Mark Haggerty, NMC,	43:13	13:00	30:13
11. John Hurley, NMC,	43:17	15:00	28:17
12. Jerry O'rich, NMC,	43:22	4:00	39:22
13. Peter Kuchinski, NMC,	43:27	17:00	26:27
14. Steve Reisman, NMC,	43:38	9:00	34:38
15. Jim O'Loughlin, unat.,	43:39	15:00	28:39
16. Pat Messere, NMC,	43:40	8:00	35:40
17. Peter Burkhardt, BAA,	43:42	12:00	31:42
18. John Spinney, GBS,	43:43	12:00	31:43
19. Ralph Thomas, GRAC,	43:44	18:00	25:44
20. Robert Gray, NMC,	43:48	15:00	28:48
21. Jim Hays, NMC,	43:49	15:00	30:49
22. Julian Siegel, NMC,	43:52	13:00	30:52
23. Steve London, CSU,	44:05	13:00	31:05
24. Dave McGillivray, NMC,	44:06	14:30	29:36
25. Paul Schell, NMC,	44:07	15:00	29:07
26. Ted Datri, unat.,	44:08	12:00	32:08
27. Charles Hansen, CSU,	44:11	15:00	29:11
28. Charles Ratti, NMC,	44:14	14:30	29:44
29. John Kofke, NMC,	44:15	10:00	34:15
30. Robert McVeigh, BAA,	44:30	8:00	36:30

(53 listed finishers) Fast Times: 1. Ralph Thomas, 25:44; 2. Peter Kuchinski, 26:27; 3. Ed McPartland, 28:12.

15 & 5-MILE ROAD RUNS, MARLBORO, MASS.

January 6, 1974 (Sponsored by the North Medford Club) Weather: Very cold!

15-MILE- 1. Ken Mueller, Boston AA, 1:20:34; 2. Scott Graham, unat., 1:20:56; 3. Peter Kuchinski, NMC, 1:21:04; 4. Ron Drogan, NMC, 1:22:34; 5. Donald Putnam, NMC, 1:25:24; 6. Louis Aguilar, NMC, 1:27:10; 7. Neil Coville, unat., 1:27:51; 8. Chris Youngdahl, NMC, 1:28:10; 9. Robert Ludwig, NMC, 1:28:34; 10. Steve Olsen, Bryant College, 1:29:44; 11. Bill Conis, unat., 1:30:04; 12. Paul Schell, NMC, 1:30:10; 13. Sam Winebaum, unat., 1:30:38; 14. Mike Dardovic, CSU, 1:30:46; 15. Charles Ratti, NMC, 1:30:48; 16. Mark Haggerty, NMC, 1:33:44; 17. Jack O'Rourke, NMC, 1:34:05; 18. Paul Roche, NMC, 1:34:21; 19. Dwight Howe, NMC, 1:34:40; 20. Roland Vermette, NMC, 1:35:23; 21. Jim Hays, NMC, 1:36:17; 22. Robert Accola, NMC, 1:36:44; 23. Julian Siegel, NMC, 1:36:50; 24. Ron Kramer, NMC 1:37:17; 25. Rick Schmale, unat., 1:37:39; 26. John Bennett, NMC, 1:39:16; 27. Robert Negretti, NMC, 1:39:17; 28. John Campbell Sr., NMC, 1:40:03; 29. Ronald Kmiec, NMC, 1:40:23; 30. Joe Henan, unat., 1:40:47; 31. James Tucker, CSU, 1:40:58; 32. Ed Norton, NMC, 1:43:09; 33. Thomas Bissonette, NMC, 1:44:23; 34. Fred Robbins, NMC, 1:44:45; 35. Nick DeRuvo, NMC, 1:44:59; 36. Bruce McGill, NMC, 1:46:13; 37. Stanley Keyes, NMC, 1:46:12; 38. Pete Chamberlain, NMC, 1:49:25; 39. Dan Coffey, NMC, 1:49:29; 40. Roger Welch, unat., 1:50:15. (53 finishers)

5-MILE- 1. Ray Danforth, R.I. College, 25:35; 2. Jim Gallagher, R.I. College, 25:36; 3. John Babington, NMC, 25:44; 4. Mike Romano, R.I. College, 26:04;

5. Tom Doherty, unat., 26:16; 6. Jim Vital, NMC, 26:40; 7. Tom Joyce, unat., 26:50; 8. Ray Hasker, unat., 27:07; 9. Bob Davino, NMC, 27:09; 10. Robert Kaszerman, unat., 27:20; 11. Mike Doherty, unat., 27:21; 12. Tony Maccario Jr., NMC, 27:22; 13. Glenn Nieuwenhuis, NMC, 28:04; 14. Albert Banda, unat., 28:06; 15. Steve Gardner, NMC, 28:08; 16. David Hillborn, unat., 28:16; 17. Louis Paul, CSU, 28:19; 18. Phil Hough, NMC, 28:31; 19. Bill Bove, NMC, 28:38; 20. David McGillivray, NMC, 28:40; 21. Wm. Barth, unat., 28:42; 22. Gregg Nivala, NMC, 28:54; 23. Don Dudley, CSU, 29:01; 24. Chris Hanlon, unat., 29:52; 25. Scott Webber, unat., 29:57; 26. John Peterson, NMC, 30:12; 27. Ted Datri, unat., 30:21; 28. Joel Stefanski, unat., 30:27; 29. Richard Crensenberger, NMC, 30:42; 30. Steve McLaughlin, NMC, 30:49; 31. Claude Ellis, NMC, 31:25; 32. Gerry Porter, NMC, 31:58; 33. Bill Olson, NMC, 32:00; 34. Jim Heburg, unat., 32:50; 35. Mike St. Laurent, NMC, 32:59. (65 finishers) Record held by Terry Gallagher, 24:30. --Fred Brown Sr.--

12 & 4-MILE ROAD RACES, NORFOLK, MASS.

January 12, 1974 (NMC 20 KILO CHAMPIONSHIP) Short course. Weather: Fair & cold.
1. Earl McGillivray, NMC, 67:03; 2. Roe Drogan, NMC, 67:46; 3. George Schobel, NMC, 68:26; 4. Robert Gray, NMC, 71:36; 5. Phil Heath, NMC, 71:41; 6. Charles T. Ratti, NMC, 71:58; 7. Paul Schell, 72:50; 8. Bob O'Rogan, 73:55; 9. Julian Siegel, 74:01; 10. Paul Roche, 74:30; 11. James Gray, 74:54; 12. Edmund Connor, 75:45; 13. Jenny Taylor, CSU, 76:39; 14. Mark Haggerty, 77:06; 15. Bruce Migell, 77:14; 16. Ed Norton, 77:53; 17. Dick Corrigan, 79:02; 18. John Bennett, 79:21; 19. John Campbell Sr., 80:06; 20. Ron Kmiec, 81:04; 21. Stan Keyes, 81:25; 22. Nick DeRuvo, 82:29; 23. Fred Robbins, 83:52; 24. Joe Kara, 85:12; 25. Pat Messere, 87:02; 26. Tom Lawrence, 89:54; 27. Phyllis Clutch, CSU, 90:46; 28. Ben Fudge, 91:50; 29. Don Nicholson, 92:14; 30. Ed Whitney, 92:55; 31. Jack Coughan, 95:46; 32. Sig Polloony, NMC, 121:58.

4-MILES (SHORT)- 1. John Babington, NMC, 20:13; 2. Tony Maccario, Jr., NMC, 21:46; 3. Stephen Gardner, NMC, 22:06; 4. Steven Schavries, unat., 22:34; 5. Steve McLaughlin, NMC, 23:43; 6. Ted Datri, unat., 23:59; 7. Claude Ellis, NMC, 24:26; 8. John Splaney, Greater Breckton Striders, 25:20; 9. Jan Brown, NMC, 26:14; 10. Tom McGrath, Jr., NMC, 26:38; 11. Bob McVeigh, BAA, 27:15; 12. Philip McNulty, GBS, 27:39; 13. Paul Collins, GBS, 28:05; 14. Lynda White, unat., 28:15; 15. Lorayne Yanchuk, unat., 28:50; 16. Tara McNulty, GBS, 28:54; 17. George Grzebien, NMC, 29:23; 18. Charles Kaldem, NMC, 29:55; 19. Jerry Graat, NMC, 31:12; 20. David Fudge, NMC, 31:55. (29 finishers) --Fred Brown Sr.--

5 & 15 MILE ROAD RACES, KNOXVILLE, TENNESSEE

January 12, 1974. Cherokee Blvd. Weather: 37°, cloudy.
15-MILE- 1. Guy Kirton, 24, Knoxville TC, 1:27:41 (28:15, 57:39); 2. Tom Porter, 19, Bryan College TC, 1:28:37 (28:50, 58:32); 3. Mike Huff, 26, Georgia State TC, 1:31:43 (29:50, 60:51); 4. Bruce LaBude, 28, GS TC, 1:32:50; 5. Keith Kahl, 43, Knox TC, 1:33:51 (31:35 & Over); 6. Craig Williamson, 20, GS TC, 1:37:23; 7. Alden Gardner, 31, Knox TC, 1:39:24; 8. John Powell, 23, unat., 1:41:23; 9. George Daniels, 34, KTC, 1:42:55; 10. Chris Hatten, 18, Bryan College TC, 1:44:35; 11. Lloyd Lueda, 54, KTC, 1:44:41; 12. Joe Shepherd, 39,

Knox TC, 1:48:45; 13. Dick Schuller, 33, Knox TC, 1:53:59; 14. Vic Taylor, 48, KTC, 1:57:52; 15. Donald Foard, 44, KTC, 2:01:10; 16. Hal Canfield, 53, KTC, 2:07:07.

5-MILE- 1. Ronnie Mink, 18, unat., 28:32; 2. Bob Godwin, 32, KTC, 28:38; 3. Tom Gomory, 26, St. Anth. BC, 29:35; 4. Tim Franks, 18, Georgia State TC, 29:43; 5. Lanny Hecker, 27, unat., 31:13; 6. Ronald Campbell, 31, unat., 42:25; 7. Maria Sionina, 24, unat., 43:02.

SENIOR DIV. (OVER 35)- 1. Tom Brooks, 41, Knox TC, 33:39; 2. Dr. Tom Prince, 47, Knox TC, 36:02; 3. Tom Fowler, 50, KTC, 37:13; 4. Bill Wilburn, 37, unat., 39:11. Notes... Guy Kirton, U.T. graduate student, outran the rest of the field to take top honors in the 15 mile run by about 250 yards. Keith Kahl turned in an excellent 1:33:51.

--Hal Canfield, Meet Director--

HONOLULU MARATHON: 151 OF 162 FINISH

Honolulu, Hawaii, Dec. 16, 1973- You had to see the new Honolulu Marathon to believe it. There were policemen everywhere, blocking off streets completely, escorting winning runners, full-page spreads in the newspapers--it was simply a beautiful run with outstanding civic support. The Mayor went all out to build the race into another "Boston" in due time. It was run at 6:30 A.M. to avoid the heat--probably the earliest marathon in the nation. Temperature was in the mid-70's with light trade winds.

Duncan Macdonald won the 26-mile grid in 2:27:34, almost six minutes ahead of second place finisher, Winfield Standforth of the Army.

1. Duncan Macdonald, 24, 2:27:34; 2. Winfield Standforth, 23, 2:34:26; 3. Gordon Haller, 23, USN, 2:35:24; 4. Royden Kaito, 19, 2:35:48; 5. Johnny Faerber, 37, 2:39:21; 6. John Notch, 25, USN, 2:41:17; 7. Donald Gregory, 20, 2:47:27; 8. David Cadiz, 37, 2:49:00; 9. Gerald McGath, 35, 2:50:04; 10. Puna Seymour, 16, 2:55:15; 11. Carlos Mora, 45, 2:55:34 (1st Over 40); 12. David Turban, 18, 2:56:59; 13. James Brooks, 19, 2:57:18; 14. Sam Bosetti, 42, 2:59:05; 15. Vernon Matsukawa, 17, 2:59:50; 16. John Ross, 17, 2:59:30; 17. Robert Opliger, 20, 3:05:12; 18. Leonard Reuther, 27, 3:05:58; 19. Harold Cole, 38, 3:06:50; 20. Jerold Chun, 14, 3:09:20; 21. John Bohmet, 39, 3:09:39; 22. Michael Hague, 25, 3:10:20; 23. Horace Itohi, 24, 3:12:00; 24. Tom Higgins, 31, 3:12:23; 25. Winston Chun, 13, 3:13:39; 26. Michael McCormick, 29, 3:13:55; 27. Joseph Geo, 49, 3:15:07; 28. Gordon Ota, 17, 3:15:45; 29. Ronald Arbuckle, 37, 3:15:46; 30. Don Harvey, 35, 3:16:18; 31. Wm. Sullivan, 30, 3:16:22; 32. David Schmidt, 31, 3:16:33; 33. Herbert Fred, 46, 3:17:06; 34. Edward Teague, 24, 3:17:12; 35. Thomas G. French, 27, 3:18:42; 36. Dave Chun, 9, 3:19:10; 37. Stephen Dow, 39, 3:19:18; 38. Charles Greenley, 40, 3:19:39; 39. Louis Turbeville, 51, 3:20:07; 40. Jim Ferris, 37, 3:20:26; 41. Dearmond Sharp, 35, 3:20:29; 42. Thomas Ferguson, 53, 3:20:55; 43. David Wellington, 41, 3:21:26; 44. Edwin Dierdorff, 37, 3:24:31; 45. Barry Starkey, 15, 3:24:37; 46. Scott Cole, 12, 3:25:29; 47. June Chen, 14, 3:25:31 (1st Female); 48. Thomas Viner, 26, 3:26:37; 49. Robert Holman, 16, 3:26:46; 50. Leah Ferris, 30, 3:27:26 (2nd Female); 51. James Moberly, 34, 3:27:54; 52. Charles Mather, 21, 3:30:53; 53. Larry Sebert, 27, 3:32:56; 54. Allen Brady, 39, 3:32:56; 55. David Sakagawa, 41, 3:33:50. Team Scoring: 1. Tantalus Gold (Haller, Kaito, Notch) 2:37:27; 2. Hewlett Rangers (Macdonald, Faerber, Gregory) 2:38:07; 3. Tantalus Red (Seymour, Brooks, Ross) 3:57:31. --Charles H. Greenley, Lt. Col., USAF.

MID-PACIFIC ROAD RUNNERS CLUB 140 MILE PERIMETER RELAY BOASTS RECORD FIELD

A record 24 seven-runner teams entered the 6th annual Mid-Pacific Road Runners Club of Honolulu's Oahu 140 Mile Perimeter Relay on January 27, 1974. Twenty-four teams successfully completed the demanding run which entirely circles the island.

Windward Athletic Club was the winner for the second straight year. Their time of 12:37 was five minutes off their record set in 1973, however. Tantalus Gold took second barely edging All Army Hawaii at the tape. The Tantalus time was 12:48. The K-Bay Marines, one of 11 Marine contingents entered, were fourth with Tantalus Red nailing down 5th position.

Radford High School captured the High School Division title with a 14:27 effort. The Radford runners were 6th overall. The Radford Roadettes, first women's team to enter the Relay classic, finished 22nd with a creditable 19:15 posting.

The "Far Over the Hill Gang" was the senior team at age 42 (average). They placed 10th overall and 4th in Open competition. The Hill bunch had a 14:58 finishing time.

Fair weather dominated the event. Late finishing teams ran through intermittent showers, however.

1. Windward AC, 12:37; 2. Tantalus Gold, 12:48; 3. All-Army Hawaii, 12:50; 4. K-Bay Marines, 13:29; 5. Tantalus Red, 14:07; 6. Radford Roadettes, 14:27; 7. Kuapa Iale, 14:47; 8. Kaneohe Marine Base, 14:49; 9. Marine Barracks, Pearl Harbor, 14:49:05; 10. The "Far Over the Hill Gang", 14:58. --Lt. Col. C.H. Greenley--

RRC OF NEW YORK WINTER SERIES 4-MILE RUN

Central Park, NYC, Sunday, January 6, 1974 @ A.M. Course Record: 29:36 by Tom Fleming, 12/16/73

1. Arthur Hall, III, 28, Staten Island, 30:20; 2. Dr. Norbert Sander, 31, City Island, 30:22; 3. Joe Pesce, 20, S.I., 30:29; 4. Hugh Sweeney, 27, East Orange, N.J., 31:25; 5. Bill O'Brien, 20, Sayville, N.Y., 31:36; 6. Tim McLeone, 25, Rumson, N.J., 32:01; 7. Orlando Martinez, 26, Brooklyn, N.Y., 32:17; 8. John Carlepp, 36, Lynhurst, N.J., 32:27; 9. Art McAndrew, 30, NYC, 32:43; 10. Bill Gordon, 39, Post Washington, 32:59; 11. Dave Blackstone, 33, NYC, 33:03; 12. Fred Walker, 35, Jersey City, 33:22; 13. Bennett Gershman, 31, NYC, 33:24; 14. Mitchell Walk, 17, Levittown, 33:25 (1st Jr.); 15. Matteo Cucchiara, 31, Douglaston, 33:30; 16. Joe Burne, 44, Bronx, 33:34 (1st Vet.); 17. Jeff Rosen, 17, Ossining, N.Y., 33:35; 18. Larry Farrell, 26, Lake Ronk., N.Y., 33:38; 19. Joe Messina, 27, Flushing, 33:39; 20. Joe Beseel, 43, Freeport, N.Y., 34:01 (2nd Vet.); 21. Don Hinrichs, 17, Briarcliff, N.Y., 34:09; 22. Paul Reifberg, 23, Roslyn Hts., N.Y., 34:14; 23. David Moia, 19, Flushing, 34:17; 24. Dr. David Thomasow, 28, Brooklyn, 34:19; 25. Gene Toomey, 34, Jackson Hts., N.Y., 34:20; 26. Steve Grotsky, 31, Bronx, 34:21; 27. Anthony Chmura, 20, NYC, 34:24; 28. Pat Misoski, 17, Hastings, N.Y., 34:25; 29. Don Padgett, Jr., 26, Levittown, 34:51; 30. Joe DeRose, 16, Chappaqua, N.Y., 35:07; 31. Tony Galan, 18, Jackson Hts., 35:09; 32. Gary Mubroke, 33, Huntington, 35:12; 33. Paul Fetacher, 27, West Hempstead, 35:18; 34. Fred Castille, 18, Corosa, N.Y., 35:19; 35. Ernest Krummenacher, 16, Levittown, 35:29; 36. Larry Langer, 26, NYC, 35:36; 37. Wm. Krebs, 38, Mahopac, N.Y., 35:40; 38. Robert Markoff, 29, Bayside, 35:43; 39. John Kieney, 17, NYC, 35:46; 40. Dan Dougherty Sr., 45, SI, 35:49

41. Don McFarlin, 14, Freeport, 35:50; 42. Howard Basia, 34, Brooklyn, 35:52; 43. Albert Nicolini, 17, Freeport, 35:56; 44. Gary Meltzer, 27, Flushing, 35:59; 45. Joe O'Neil, 15, Freeport, 36:00; 46. Roger Kirkpatrick, 32, Stamford, Ct., 36:01; 47. Hal Steen, 27, Flushing, 36:06; 48. John Eisner, 27, NYC, 36:07; 49. Karl Mueller, 37, NYC, 36:14; 50. Anthony Keavey, 38, Farmingville, 36:18; 51. Robert Hunt, 14, Levittown, 36:24; 52. Paul Courtney, 14, Ossining, 36:26; 53. John Howes, 42, Brooklyn, 36:35; 54. Roy Tuller, 16, Freeport, 36:39; 55. Jose Inquedo, 16, Freeport, 36:39; 56. James Ailes, 17, Mt. Kisco, N.Y., 36:42; 57. Mark Greenblatt, 25, Brooklyn, 36:45; 58. Richard Branaghan, 14, Freeport, 36:47; 59. Kevin Harrison, 17, Freeport, 36:48; 60. Bill Coyne, 52, S.I., 36:49 (1st Masters Div.); 61. Donald Hankerson, 22, Queens, 36:53; 62. Michael Walsh, 22, Brooklyn, 36:54; 63. Dr. Wm. Duggan, 31, Bronx, 36:56; 64. Bill Indek, 26, Bloomfield, N.J., 36:58; 65. Dr. George Sheehan, 55, Rumson, N.J., 37:00; 66. John Tobey, 47, Mamaroneck, 37:09; 67. Robert Leavitt, 49, Freeport, 37:11; 68. Hon. Arnold G. Fraiman, 48, NYC, 37:15; 69. Art Kijek, 42, Valley Stream, 37:18; 70. Allen Silber, 35, NYC, 37:23; 71. Don Dolan, 37, NYC, 37:28; 72. James Mitchell, 29, Briarwood, 37:33; 73. Robert Weisenfeld, 24, NYC, 37:35; 74. Jim Fahey, 33, Westport, Ct., 37:39; 75. Mark Levy, 26, Brooklyn, 37:45; 76. Dr. Morton Jacobs, 26, NYC, 37:52; 77. Robert Goodstein, 33, NYC, 37:57; 78. John D. Ryan, 34, Bronx, 38:00; 79. John Cukin, 28, Suffern, N.Y., 38:02; 80. James Corvella, 17, Elmhurst, 38:02. (203 starters, 199 fin.) --Joe Kleinerman--

F. EUGENE DIXON MARATHON

Widener College, Chester, Pa., Sunday, Dec. 16, 1973 Held during snowstorm.

1. Charles Trayer, Millersville State College, 2:30:06
 2. Robert Zuellich, Swarthmore College, 2:32:28
 3. Frank Goldcamp, Penn AC, 2:35:06
 4. John Schubert, Swarthmore College, 2:36:38
 5. Byron Mundy, Springfield Joggers, 2:38:45
 6. Paul Fetacher, Long Island AC, 2:44:04
 7. Larry Garner, Widener College, 2:45:08
 8. Mikey Lobb, Widener College, 2:46:03
 9. John Coffey, Sports East, 2:46:42; 10. Rob Nielsen, Swarthmore College, 2:47:00; 11. Warren Bassister, Delco Striders, 2:48:48; 12. Ken Guy, Widener College, 2:53:10; 13. Andrew Dower, unat., 2:53:20; 14. Ken Vierra, Montoursville HS, Pa., 2:57:06; 15. Perry Hoberg, Millersville HS, Pa., 2:59:05; 16. Michael Warrell, Swarthmore College, 2:59:25; 17. Harry Berkowitz Penn AC, 2:59:58; 18. Wm. Sellers, D.C. RRC, 3:03:42; 19. Steve Orner, Delco Striders, 3:05:30; 20. Joe Stefanowicz, Swarthmore College AA, 3:07:18; 21. Jim Rutkowski, Delco Str., 3:10:28; 22. Jim Maurer, Swarthmore College AA, 3:15:45; 23. Mark Reuss, Ridley 26-mile Club, 3:15:45; 24. Jim Latz, Boardwalk Runners, Atlantic City, 3:22:44; 25. Ed Gebhart, Widener TC, 3:26:07; 26. Dan Burn, unat., 3:26:37; 27. Fletcher Taylor, unat., 3:29:21; 28. Steve Whitmore, Springfield Joggers, 3:30:25; 29. Anthony Borges, CJTC, 3:34:50; 30. Henry Crielly, unat., 3:36:14; 31. Dave Scheafnocker, Ridley 26-Mile Club, 3:43:23; 32. George Raynor, unat., 3:46:48; 33. Gary Stiner, II, Montoursville, Pa., 3:49:42; 34. Art Everett, unat., 3:58:12; 35. Lou Romani, Wilmington YMCA, Delaware, 4:03:04; 36. Bill Cloud, Ridley 26-Mile Club, 4:03:49; 37. Bill Quinn,

Tarkio College, 4:39:01; 38. Paul Bigelow, unat., 4:40:18; 39. Maridel Ann Walsh, Springfield Joggers, 4:40:19; 40. Pete Langton, unat., 4:40:21; 41. John Fitzpatrick, Wilmington YMCA, 4:48:54. (50 starters)

--Harry Durney--

ANDREW J. WATSON 5-MILE MEMORIAL HANDICAP
East River Drive, Fairmount Park, Phila., Pa.

Sunday, January 6, 1974 1:30 P.M. Weather: Cold, 32°, cloudy & windy.

	E. T.	Hcp.	Act. T.
1. Russ Becker, unat.,	31:15	3:00	28:15
2. Jerry Gewirtz, Temple Univ.,	31:38	4:20	27:18
3. Pat McNulty, unat.,	31:51	3:40	28:11
4. Denis Dunn, Penn AC,	31:55	6:20	25:35
5. Rich DeSebastian, Drexel U.,	31:59	5:40	26:19
6. Jack McFarland, Olney Kiv.,	32:06	5:40	26:26
7. Lou Coppens, Penn AC,	32:09	5:40	26:29
8. John Barton, Olney Kiwanis,	32:30	4:00	28:10
9. Rich Cullen, Widener Alumni,	32:31	5:20	26:51
10. Ed Berkheimer, Delco Steid.,	32:32	2:40	29:32
11. Joe Germano, Sports East,	32:33	5:20	25:53
12. Mike Fanelli, Olney Kiwanis,	32:35	4:40	27:35
13. Steve Orzer, Delco Striders,	32:27	4:00	28:27
14. Frank Delgaleo, Olney Kiv.,	32:29	2:40	29:49
15. Vince Marino, Phila. Pion.,	32:32	7:00	25:32*
16. Dr. Stan Brason, Media, Pa.,	32:34	2:40	29:54
17. Frank Graham, Yeadon, Pa.,	32:37	2:40	29:57
18. Jim Robold, unat.,	32:42	3:40	29:02
19. Bob Reynolds, unat.,	32:47	4:00	28:47
20. Roger Clark, Sports East,	32:52	4:00	28:52

Time Prizes: 1. Vince Marino, Phila. Pioneers, 25:32; 2. Denis Dunn, Penn AC, 25:35; 3. Joe Germano, Sports East, 25:53. (68 finishers) Team: 1. Olney Kiwanis, 35; 2. Penn AC, 45; 3. Sports East, 63; 4. Delco Striders, 67. --Joe McIlhinney--

WEBSTER RACE WIN IS FOURTH FOR TORONTO'S DR. BOB MOORE

Hamilton, Ont., December 26, 1973- When Dr. Bob Moore is entered in the Harold Webster Men's Open Ten Mile Road Race it seems that everyone else is running for second place.

Moore, of the Toronto OC, battled through the cold, the rain, the slush and the spray from passing cars to win the 14th edition of the Webster race in 48:29.0.

It was Moore's fourth victory in the race, his second in succession. His winning time was just one minute and three seconds off the course record which he holds.

Moore's TOC teammate Bob Legge finished second, 30 seconds back. Doug Scorrar of the Seaway Valley TC in Perth was in third spot another 2 1/2 behind.

Moore opened up a 100y lead on Scorrar at the half way point in Dundas and was never headed increasing his lead to 200y by the finish.

Toronto Olympic Club took the team prize with Hamilton Athletic Club, the defending champions, second.

1. Bob Moore, Toronto OC, 48:29; 2. Bob Legge, TOC, 49:09; 3. Doug Scorrar, Seaway Valley TC, Perth, 49:30; 4. Richard Hughson, TOC, 50:23; 5. Joe Sax, TOC, 50:44; 6. Rich Pyne, Stade Hullois TC, Hull, Que., 50:54; 7. Dave Vinay, Garden City TC, 50:58; 8. Russ Evans, Hamilton AC, 51:00; 9. Paul Pearson, TOC, 51:05; 10. Ray Varey, HAC, 51:18; 11. Peter Butler, Sarala TC, 51:35; 12. Colin Belts, HAC, 51:38; 13. Rodger Martindill, Sir John A. MacDonald S.S., 51:40; 14. Gord Dickson, HAC, 52:08; 15. Mike Kucharew, Brantford TC, 52:10; 16. Murray Hale, TOC, 53:10; 17. Brian

Martindill, HAC, 53:40; 18. Bob Steele, Garden City Greyhounds, 54:32; 19. Paul Hoffman, TOC, 54:41; 20. Chris Kelk, Hamilton AC, 54:45; 21. Brian Bieson, Kitchener-Waterloo TC, 54:46; 22. Dave Northey, TOC, 54:54; 23. Rob Earl, Westmount SS, 56:42; 24. Mike McNamara, Burlington Family YMCA, 57:43; 25. Alex Kuchrew, Brantford TC, 58:03; 26. Lorne Buck, Metro Toronto Fitness Club, 58:22; 27. Luther Holton, unat., Toronto, 58:29; 28. Rick Cunningham, Hamilton OC, 58:52; 29. Bruce Wallace, K-W TC, 58:58; 30. Frank Smith, Burlington Family YMCA, 59:00. (44 finishers)

NORMAN DACK JUNIOR MEN'S 3-MILE ROAD RACE
Sponsored by the Hamilton Olympic Club

1. Don Howison, Garden City Greyhounds, 18:04; 2. John Curtin, TOC, 18:13; 3. Mark Fields, Queen's U., 18:23; 4. Dennis Bedard, Bay Area Roadrunners, 18:28. (32 finishers) Team: 1. Garden City Greyhounds, 19.

WOMEN'S 1.5-MILE OPEN ROAD RACE

1. Sharon Clayton, TOC, 8:01; 2. Donna Churchill, Brantford TC, 8:20; 3. Robin White, Orillia TC, 8:25; 4. Marg Cumming, TOC, 8:39. --Neil Farrell--

FIRST ANNUAL CHRISTMAS RELAYS (Half Moon Bay to Santa Cruz, Calif.) 50 Miles Dec. 16, 1973

With 92 teams entered (525 runners), the first annual race turned into an organizer's dream, almost doubling the best-ever turnout at the summer Tahoe Relays... and the weather couldn't have been better (mid-60's) with the sun shining most of the time. The race was solemnly dedicated to Olympic marathon great, Abebe Bikila of Ethiopia, who recently died from complications arising from paralysis which resulted from a car accident shortly after the 1968 Games. The race was sponsored by the San Mateo Recreation Dept. and the West Valley Track Club.

1. Lompoc 'S', 4:29:16; 2. West Valley TC, 4:33:57; 3. Excelsior Valley TC, 4:41:58; 4. West Valley TC-B, 4:45:21; 5. Leigh HS, 'A', 4:48:30; 6. Pamakida, 4:47:19. (51 teams finished) Fastest Leg Awards- 1st Leg- Jack Bellah, WVTC, 52:25; 2nd Leg- Mitch Kingery, Camino West TC, 52:10; 3rd Leg- Jim Warrick, Lompoc 'S', 53:09; 4th Leg- George Stewart, WVTC, 50:31; 5th Leg- Terry Williams, Lompoc 'S', 54:47.

ALL TIME VAN CORTLANDT PARK 5-MILE X-C MARKS (As of the end of 1973 Season) by Hugh "Chip" Sweeney --he is 98.7% sure that this list is 100% accurate! He likes lists. Maybe some other Log readers do also. (CR--Breaks Course Record)

1. John Hartnett, Villanova,	24:00	CR	1973	IC4A
2. Mike Keogh, Manhattan,	24:03	CR	1972	IC4A
3. Art DuLong, Holy Cross,	24:04	CR	1967	IC4A
Art DuLong, Holy Cross,	24:06		1968	IC4A
4. Dave Merrick, Penn,	24:07		1973	IC4A
5. Donald Walsh, Villanova,	24:10		1970	IC4A
6. Tony Colon, Manhattan,	24:11		1972	IC4A
7. Charles Messenger, Vill.,	24:13	CR	1966	IC4A
8. Greg Fredericks, PS,	24:17		1970	IC4A
9. Pete Squires, Manhattan,	24:20		1973	IC4A
10. Matt Centrowitz, Man.,	24:21		1973	IC4A
11. Eamon O'Reilly, Geo.,	24:24	CR	1955	IC4A
12. Dick Sharkey, Mich. St.,	24:24		1966	IC4A
13. Andy Burfoot, Wesleyan,	24:25		1967	IC4A
14. Charlie Maguire, PS,	24:27		1973	IC4A
John Hartnett, Villa.,	24:27		1972	IC4A
Bob Wheeler, Duke,	24:27		1971	IC4A
Deanna Fikee, Penn	24:27		1972	IC4A

Steve Stageberg, Georgetown, 24:28 1967 IC4A
 Dave Wright, Villanova, 24:28 1971
 Bob Childs, Penn, 24:29 1972 IC4A
 Donal Walsh, Villanova, 24:29 1969 IC4A
 Tom Donnelly, Villanova, 24:30 1966 IC4A
 Marty Liquori, Villanova, 24:30 1971 IC4A
 Rojas, Harvard, 24:30 1972 IC4A
 Fikes, Penn, 24:30 1973 IC4A
 Squires, Manhattan, 24:30 1973 Met.
 Merrick, Penn, 24:31 1971 Heps
 Vanderkratz, Princeton, 24:31 1973 IC4A
 Martin, Pitt, 24:32 1973 IC4A
 Stageberg, Georgetown, 24:32 1968 IC4A
 Colburn, Harvard, 24:32 1969 Heps
 Merrick, Penn, 24:32 1973 Heps
 Nutter, West Virginia, 24:33 1973 IC4A
 Hardin, Harvard, 24:35 1968 Heps
 Duggan, Springfield, 24:36 1973 IC4A
 Anderson, Cornell, 24:38 1970 Heps
 Reinhart, American U., 24:38 1973 IC4A
 Keogh, Manhattan, 24:38 1973 IC4A
 Keogh, Manhattan, 24:39 1973 Mets
 Burfoot, Wesleyan, 24:40 1966 IC4A
 Joe Lynch, Georgetown, 24:41CR 1964 IC4A
 Steve Gilmore, Navy, 24:41 1973 IC4A
 Oscar Moore, NYPC, 24:42CR 1964 AAU Dev.
 (Villanova--Hartnett, 24:30; Walsh, 24:10; Messenger, 24:15; Wright, 24:28; Liquori, 24:30; Donnelly, 24:30; Zwolak, 24:46-1963... other top Villanova performances- Chris Mason; Frank Murphy; Dave Patrick; Pat Traynor; Dick Boerkle; Dave Hyland; Tom Sullivan; Noel Carroll; Ian Hamilton.

MAILBAG

Dear Editor:

I know that the Millrose athletes are capable of defending themselves but just in case they overlook Bruce Burnside's letter in the December issue of LDL his misunderstanding should not be allowed to go uncorrected.

According to Burnside, after Bob Thurston won the 36 miles Two Bridges Race, several Millrose runners complained that they were beaten by an "unknown". Burnside is right, of course, in objecting to Thurston's being called that, but Burnside did not read the quotation in the October LDL correctly because nobody did call him that. What was said was this: "Until today who has ever heard of Ray Morrison, and who could expect an unknown to beat Max White's course record by 2 & 1/2 minutes." Apparently Burnside took that remark to refer to two persons - Morrison and Thurston. But had he read the results carefully, he would have realized only Morrison was referred to. It was Morrison who beat White's old mark by 2 & 1/2 minutes. As for Thurston, he beat the record by 12 minutes.

Sincerely,
 Sid Gendin

SAN BLAS MARATHON - Feb. 3, 1974 Puerto Rico
 USA entries- Tom Fleming, N. J.; William Rodgers, Mass.; Gary Tuttle, San Antonio, Texas & John Vitale, Conn. Ken Moore, Frank Shorter and Jon Anderson turned down invitations. --Bob Campbell--

STONE MOUNTAIN RACES

Georgia AAU 15 Miles - Stone Mountain, Ga., Oct. 27
 1. D. Sam Benedict, 84:08; 2. Bill Gates, 85:11; 3. Greg

Camp, 85:20; 4. Ernie Raney, 22, 90:20; 5. Art Must, 30, 90:43; 6. Ken Churney, 31, 91:04; 7. Charles Gibson, 50, 91:20; 8. Paul McCarthy, 26, 92:07; 9. Paul Vincent, 92:25; 10. Clyde Lavender, 31, 92:48; 11. Randy Stroud, 96:52; 12. Don Hale, 96:52; 13. Tommy Rayner, 96:52; 14. Dave Martin, 35, 98:32; 15. George Creerar, 40, 99:10; 16. Bill Neace, 43, 99:15; 17. Jim Cowart, 35, 100:26; 18. Tim Singleton, 34, 102:47; 19. Mac Anderson, 102:57; 20. Ken Byers, 30, 103:14.

(36 listed finishers)

10-MILE RACE- 1. Bill Walsh, 14, 36:48; 2. Hugh Tankersly, 35, 61:13; 3. Don Cagron, 32, 62:17; 4. George Larson, 35, 62:27; 5. Herb Laws, 41, 63:19; 6. Sig Lee, 25, 64:07; 7. Joe Carter, 29, 65:11; 8. Charlie Harris, 42, 65:25; 9. Wayne Nichols, 40, 66:06; 10. Mike Miller, 22, 66:41; 11. Ronald Lowry, 26, 67:42; 12. Don Gamel, 34, 68:30. (21 listed finishers)

5-MILE RACE- 1. Wayne Roach, 26:47; 2. Karl de Santos, 27:57; 3. R. W. McDermott, 43, 30:56; 4. John Montgomery, 27, 31:30; 5. Greg Jordan, 23, 32:21; 6. John Dow, 32, 32:40. (16 finishers)

GEORGIA AAU 2 MAN - 10 MILE RELAY

Ridgeview High School, November 4, 1973 3:00 P.M.
 1. Tim McLean, 19, Ga. Tech (70s) & Greg Camp, 26, Atlanta TC (66s), 45:28; 2. Vinnie Doran, 20, Ga. St. (72.7) & Wayne Roach, 20, ATC (66.2), 46:13; 3. Bob Yazaha, 21, (70.5) and Karl de Santos, 23 (70.7) 46:41; 4. Tom Rayner, 22 (70.8) and Sam Benedict, 26, (70.7) 46:58; 5. Harold McNeese, 17, (72.5) & Craig Wilson, 20, (73.4), 48:58; 6. Don Hale, 28, (70.6) & Dave Martin, 35, (75.9), 48:50; 7. Theron Stavell, 18, (78.4) & Randy Stroud, 19, (71.6), 49:52; 8. Jim Cowart, 35, (77.9) & Mike Huff, 26, (74.4), 50:45. (17 teams fin.)

ATLANTA TC 30 KILOMETER RACE

Westminster School, December 8, 1973 12 Noon
 1. Steve Bolt, U. of Alabama, 1:46:44; 2. Tim Hill, 1:47:27; 3. Randy Straub, ATC, 1:47:50; 4. Mark Bolt, Florence State, 1:49:30; 5. Mike Roberts, Oglethorpe, 1:49:42; 6. Karl de Santos, 1:50:42; 7. Vinnie Doran, GSU, 1:51:39; 8. Art Must, Atlanta Police, 1:53:42; 9. Bill Walsh, ATC, 1:53:55; 10. Charles Gibson, Chatt. TC, 1:54:29; 11. Wayne Roach, ATC, 1:54:32; 12. Paul Vincent, ATC, 1:55:33; 13. Don Hale, ATC, 1:56:24; 14. Mike Huff, GSU, 1:56:47; 15. Edwin Hinde, 1:57:06; 16. John Passwaters, Fla. State U., 1:57:33; 17. Hugh Tankersly, 2:00:20; 18. Adrian Craven, G'ville TC, 2:00:29; 19. Craig Williamson, GSU, 2:00:40; 20. Dave Martin, ATC, 2:01:03. (42 finishers) --Tim Singleton--
 Georgia AAU 15 Miles - Stone Mountain
 November 27, 1973 9:00 a.m.

Date	Name	Best Time	Place	Actual Time
1	Karl de Santos	76:15.1	8	86:26.3
2	Mike Huff	76:31	11	82:01
3	Ken Byers	76:46	16	87:44
4	Jim Cowart	77:17	12	83:27
5	Tim Ferris	77:22	21	75:21
6	Robert Montgomery	78:00	8	80:44
7	Randy Stroud	78:31	7	85:20
8	L. Harrison	78:32	24	75:52
9	Andrew Byrne	78:40	18	72:01
10	Jack McParland	78:50	19	76:46
11	Max Clayton	79:15	14	88:15
12	John Kuhn	79:24	15	88:14
13	Tim Singleton	80:05	13	87:01
14	Mike Arnold	80:38	10	88:38
15	Joe Cox	81:03	17	78:02
16	Don Hale	81:26	7	83:08
17	Sam Benedict	81:50	---	84:08
18	Bill Walsh	81:57	18	76:19
19	Bill Neace	81:27	15	86:27
20	Lynn LaBelle	82:44	17	72:44
21	Tom Hale	82:45	---	82:45
22	Bob Selby	83:05	9	85:52

ROAD RUNNERS CLUB OF AMERICA NATIONAL POSTAL CHAMPIONSHIP AND NEW YORK ASSN. OF THE RRC CHAMPIONSHIP IS KILOMETER RUN (9.3-Miles) Sunday, January 27, 1974 11:00 A.M., Central Park, New York City -Closed to RRC Members Course: Two laps- certified by RRC & AAU Standards Committee.

1. Dr. Norbert Sander, Jr., 31, City Island, N.Y., 48:03; 2. William Bragg, 24, Mineola, N.Y., 49:29; 3. Morgan Fennell, 23, Bronx, 49:56; 4. Hugh Sweazy, 27, East Orange, N.J., 50:13; 5. Bill O'Brien, 20, Sayville, N.Y., 50:38; 6. Art McAndrew, 30, NYC, 50:48; 7. Julian Nichol, 26, NYC, 51:20; 8. Glen Hall, 20, Bethpage, N.Y., 51:34; 9. Syl Pascale, 25, Peekskill, N.Y., 51:42; 10. Arnold Veneman, 19, Hawthorne, N.J., 51:46 (1st Jr.); 11. Frankelman, NYC, 28, 52:01; 12. Rich Harder, 15, S.L., N.Y., 52:18 (2nd Jr.); 13. John Carlepp, 36, Lyndhurst, N.J., 52:50; 14. Richard Stukley, 18, Tenafly, N.J., 52:54 (3rd Jr.); 15. Gary Muhroce, 33, Huntington, N.Y., 53:01; 16. C. Dean Perry, 24, Washington Ct., 53:10; 17. Bennett Gershman, 31, NYC, 54:18; 18. Gene Tourney, 34, Jackson Hts., N.Y., 54:21; 19. Vince Chiappetta, 40, NYC, 54:38 (1st Vet.); 20. Joe Bassell, 43, Freeport, N.Y., 55:03 (2nd Vet.); 21. Anthony Chmura, 20, NYC, 55:08; 22. Tobey Meyer, 15, Freeport, 55:10; 23. Mitchell Walk, 17, Levittown, N.Y., 55:30; 24. Jim Kimple, 30, Brooklyn, 55:39; 25. Tony Galan, 18, Jackson Hts., N.Y., 55:43; 26. Celino Cordoba, 20, Bronx, 55:51; 27. Stephen Sepe, 23, Yonkers, 55:57; 28. Jack Brennan, 24, NYC, 56:06; 29. Doug Williamson, 22, NYC, 56:09; 30. Paul Reifberg, 23, Roslyn Hts., N.Y., 56:30; 31. Thomas Evans, 17, S.L., 56:31; 32. Matteo Cucchiara, 31, Douglastown, N.Y., 57:04; 33. Lloyd Ryyssalainen, 24, Tarrytown, 57:05; 34. Gary Meltzer, 28, Flushing, 57:23; 35. Don Dixon, 46, Hastings, N.Y., 57:50 (3rd Vet.); 36. Paul Fetscher, 27, West Hempstead, N.Y., 58:13; 37. Dan Dougherty Sr., 45, S.L., 58:25; 38. Jose Inquedo, 16, Freeport, 58:38; 39. Carl Soderstrom, M.D., 29, NYC, 58:36; 40. Jim Fahy, 33, Westport, Ct., 58:42; 41. Bob Grazer, 15, S.L., N.Y., 58:49; 42. Anthony Keavey, 38, Farmingville, N.Y., 59:05; 43. Wm. Duggan, M.D., 31, Bronx, 59:13; 44. Richard Katterson, 38, NYC, 59:17; 45. Bill Coyne, 52, S.L., 59:23 (1st Masters); 46. Joseph O'Neil, 15, Freeport, 59:24; 47. Hon. Arnold G. Fraiman, 48, NYC, 59:28; 48. Ron Salvio, 25, Bogota, N.J., 59:34; 49. Joe Caldwell, 41, Hollis, N.Y., 59:38; 50. Kevin Harrison, 17, Freeport, N.Y., 59:52; 51. Richard Mond, 14, Freeport, 59:58; 52. James Beckman, 23, Debbs Ferry, N.Y., 60:05; 53. Bob Brier, 30, Bronx, 60:08; 54. Dan Tejada, 21, Bronx, 60:45; 55. Robin Williams, 22, NYC, 60:46; 56. Brian Jost, 26, E. Windsor, N.J., 61:02; 57. George Sheehan, M.D., 55, Rumson, N.J., 61:15 (2nd Masters); 58. Richard Bragan, 14, Freeport, 61:28; 59. Felix Cabrera, 25, Union City, N.J., 61:28; 60. Jim Mitchell, 29, Briarwood, N.Y., 61:28; 61. Anita Scamberra, 36, Greenlawn, N.Y., 61:32.4 (1st Female); 62. Rod MacNicholl, 43, Jamaica, N.Y., 61:42; 63. Bob Muller, 48, Brooklyn, 62:03; 64. George Haller, 49, NYC, 62:13; 65. Vincent Fimmeran, 18, New Brunswick, N.J., 62:17; 66. Robert Leavitt, 49, Freeport, 62:18; 67. Pat White, 47, Deer Park, NY, 63:14; 68. Mary Mapelli, 20, Bronx, 63:27 (2nd Female); 69. Tom Karlson, 30, NYC, 63:46; 70. Jack Martin, Jr., 34, Verona, N.J., 63:50; 71. Bill Greenwald, 24, Woodside, N.Y., 64:12; 72. Jim Flax, 41, Stamford, Ct., 64:39;

73. Mike Froman, 32, Flushing, N.Y., 64:25; 74. Louis Schwartz, M.D., 44, NYC, 64:33; 75. Jim Shea, M.D., 38, Brooklyn, 64:40; 76. Sidney Landau, 40, NYC, 64:50; 77. Don Jamieson, 49, Deer Park, N.Y., 64:52; 78. Ted Smith, 41, NYC, 65:10; 79. Frank Lento, 36, Flushing, 65:19; 80. Allan Druckman, 43, Seaford, N.Y., 65:42; 81. Nina Kuscaik, 36, Huzar Station, N.Y., 65:42.7 (3rd Female); 82. Dr. George Shilling, 35, Franklin Square, N.Y., 65:56; 83. Irving Taylor, 59, E. Orange, N.J., 66:10 (3rd Masters); 84. Luis Soto, 35, NYC, 66:13; 85. Jim Dunn, 32, Brooklyn, 66:45; 86. Dr. David Spanel, 44, Princeton, N.J., 66:55; 87. John D. Ryan, 34, Bronx, 67:11; 88. Sean Singer, 34, NYC, 67:14; 89. Russell Beecher, 31, White Plains, N.Y., 67:23; 90. Eric Seidl, 40, NYC, 67:27. (150 listed finishers)

--Joe Kleinerman, Meet Director--

1973 NATIONAL ROAD RUNNERS CLUB OF AMERICA AGE GROUP CROSS-COUNTRY CHAMPIONSHIPS Sponsored by the Benjamin Electrical Eng. Inc., NYC & The National RRC Age Group Committee.

November 4, 1973, Van Cortlandt Park, NYC
A total of 2587 runners of all ages performed under sunny skies in one of the largest meets ever in the USA. Quantity and quality was the theme. Meet Director Barry Geisler and Kurt Steiner opened the day's activities by presenting the 1972-73 Outstanding Age Group Performance Trophy to ROBBY CAMPBELL of Sports International of Washington, D.C.

With the start of the races, the records commenced to be broken as the youngsters slaughtered the old marks in some divisions.

The open age group ran for men 16 to 39 years of age highlighted the meet with a record breaking performance by Tom Fleming of Bloomfield, N.J. The 22-year-old Fleming ran the 2.5-mile course in 12:06.1.

Trophies were awarded to every participant:

I. BOYS & GIRLS 1 & UNDER- 1. Shawn O'Toole, 5, Valley Stream, N.Y., 57s (220y); 2. Kerry Crowell, 5, Valley Stream, Ala; 3. Theresa O'Toole, 5, Valley Stream, 52s; 4. Ken Ryerson, 4, Maryland, 66 secs.
II. BOYS 6 & 7 1.5-Miles- 1. Joseph O'Connor, Metuchen, N.J., 10:37.8; 2. Ted Gibbons, Metuchen, 10:40; 3. Mike Catalano, Metuchen, 10:41; 4. Dan Hanson, Md.
III. GIRLS 6 & 7 1.5-Miles- 1. Davida Jackson, Wash. D.C., 11:00.7 Record; 2. Wendy Freeman, Wash. D.C., 11:04.7; 3. Denise Sauge, Ambler, Pa., 12:16.7.
IV. BOYS 8 & 9- 1.5-Miles- 1. Craig Hall, 9, Marlow Hts., Md., 9:16.4 Record; 2. Robert Ryerson, 9, Laurel, Md., 9:41; 3. Charles Jackson, 8, Wash., D.C. 9:52.
V. GIRLS 8 & 9 -1.5-Miles- 1. Keleigh Baldwin, Ambler, Pa., 9:57.2 Record; 2. Kim Gallagher, Ambler, 10:03.4; 3. Donna Gray, Detroit, Mich., 10:09.
VI. 10 & 11 BOYS - 1.5-Miles- 1. Louis McCleod, Detroit, Mich., 9:15.7; 2. Gene Mishin, D.C., 9:36; 3. Mike McCracken, Cincinnati, Ohio, 9:17; 4. Lester Lytes, D.C., 9:18; 5. Peter Durning, Cranford, N.J.
VII. GIRLS 10 & 11 - 1.5-Miles- 1. Janet Smartt, Detroit, Mich., 9:48.4; 2. Judy Schaffer, Penlyns, Pa., 9:46.6; 3. Michelle Smartt, Detroit, 9:49.
VIII. BOYS 12 & 13 - 1.5-Miles- 1. Michael Deez, Wash., D.C., 8:31.2 Record; 2. Eric C. Abt, Fitchburg, Mass., 8:52; 3. Mark Whitney, Stony Brook, N.Y., 8:33; 4. Lincoln Johnson, Detroit, 8:35.
IX. GIRLS 12 & 13 - 1.5-Miles- 1. Stephanie Clemens, Detroit, 9:13; 2. Michelle Collins, Detroit, 9:13.8.

X. BOYS 14 & 15 - 1.5-Miles- 1. Matt Leddy, Scotch Plains, N.J., 7:57.2; 2. Keith Henderson, Detroit, 8:04; 3. Tom Stringfellow, Wash., D.C., 8:22.
 XI. GIRLS 14 & 15 - 1.5-Miles- 1. Robin Hollidayoke, Wash., D.C., 9:17.2; 2. Robin Perry, Ambler, Pa., 9:22; 3. Carol Conlan, Nutley, N.J., 9:26.4.
 2. 5-MILE WOMEN'S OPEN- 1. Doreen Eanis, Nutley, N.J., 14:46.1; 2. Jan Merrill, Waterford, Ct., 15:07; 3. Phyllis Oleich, Amherst, Mass., 15:11; 4. Jennifer Taylor, Newton, Mass., 15:23; 5. Sarah Mae Serman, Cambridge, Mass., 15:48; 6. Judy Fontaine, New London, Conn., 15:53.

2. 5-MILE MEN'S OPEN- 1. Tom Fleming, 23, Bloomfield, N.J., 12:36.1 Record; 2. Marcel Philippe, Elmhurst, N.Y., 12:32.4; 3. Til Luft, 32, Darmstadt, WG, 12:37; 4. Jim Schindler, 23, Bedford, N.Y., 12:44; 5. Frank Handelman, 28, NYC, 12:47; 6. Gary Darby, 19, Marlow Hts., Md., 12:57; 7. Rick Buckstaß, 16, Edison, N.J., 12:59; 8. David Eversky, 17, Brockton, Mass., 13:07; 9. Al Mira, 21, Bronx, 13:09; 10. Chris Turner, 17, Marlow Hts., Md., 13:12; 11. George Condray, 30, Brockton, Mass., 13:16; 12. Gary Mutschke, 33, Huntington, N.Y., 13:30.

2. 5-MILES (Over 40)- 1. Raimon Abti, 40, Fitchburg, Mass., 14:07.4; 2. Joe Bessel, 42, Freeport, N.Y., 14:36; 3. John Tobey, 47, NYC, 14:43; 4. Jim Borden, 47, Brooklyn, 14:55; 5. Dan Dougherty Sr., 45, S.L., 15:06; 6. Robert Fine, 42, Brooklyn, 15:14.

Some 500 post entries, athletes of all ages, hit the entry tables at one time causing a bit of a problem to the meet directors! --Kurt Steiner--

MID-MICHIGAN TRACK CLUB RESULTS

1. 7-Mile Prediction Race, Fensler Arb., Lansing, Mich, Jan. 19, 1974. Weather: 21°, slick, icy trails.

1. W. Gents, (Pred) 20:27	20:27.40	.05	
2. M. Pittman,	21:30	21:33	3
3. J. Coech,	21:25	21:36	11
4. Lori Schafer,	28:00	27:41	79
5. J. Crane,	26:00	25:28	31
6. G. Schafer,	22:30	23:03	33
7. K. Leeman,	26:00	25:08	42
8. H. Cody,	20:00	20:43	43
9. Duane Spita,	19:45	20:27*	44
10. D. Peake,	23:00	22:53	47
11. MacLellan,	20:42	21:58	106
12. Reese,	31:00	52:23	123
13. B. Hall,	24:17	22:34	143
14. C. Neethes,	20:46	20:58	2:54
15. K. Meisel,	22:57	25:58	3:01

MARK RACE, HOLT, MICHIGAN (2 1/4 xc & 5 mile road races (Jan. 26, 1974)

The runners did not know the distance until race time and course directions were given at varying points along the route. At times the runners were divided onto different courses that merged near the finish line. The Jan. thaw, temperature and road surfaces provided good times.

5-Mile Road Race- 1. Ed Griffin, 26:18; 2. Jerry Crane, 26:22; 3. Bill Keller, 35, 28:00; 4. Mark Pittman, 28:04; 5. Jim Carter, 28:07; 6. Don Morris, 28:10; 7. Dave Littlehales, 31:29; 8. Harold Cody, 31:54; 9. Frank Gertman, 34:07; 10. Mrs. Charles Pittman, 44:21.
 2. 1-Mile X-C- 1. Eric Zemper, 11:48; 2. Brad Hall, 12:04; 3. Breesman, 13:12; 4. Smith, 13:21; 5. Lehman, 13:27; 6. Coach Reese, 13:48; 7. Resendez, 12, 15:20; 8. Rieel, 21:30.

3. 1-MILE RUN, POTTER PARK, LANSING, MICH. Feb. 2, 1974. Weather: 17°, 4" of new fallen snow.
 1. Don Morris, 17:43.5; 2. Eric Zemper, 17:47; 3. Bill Keller, 18:07; 4. Don Mueller, 19:26; 5. Gord Schafer, 20:30; 6. Brad Hall, 21:00; 7. Jim Urban, 22:40; 8. D. Peake, 22:40; 9. George Barker, 24:40.
 --Gordon N. Schafer--

COLUMBIA TC FIVE MILE RUN WON BY DEAN NEAL
 Columbia, Mo., January 5, 1974 - Dean Neal had a 50 yard lead by the end of the first mile, but Dick Hessler caught him on the hills in the third mile. However, Hessler lost him at mile 4. Dean was running with only 20 miles the previous two weeks--sore feet, which apparently were no problem today. A chilly 12 degrees!
 1. Dean Neal, 29:10; 2. Dick Hessler, 29:20; 3. Ben Loaderse, 30:30; 4. Tom Kilburn, 30:42; 5. Rex Frazer, 42, 31:29; 6. Joe Duncan, 35:58; 7. Dave Lenthold, 41, 37:43.
 --Joe Duncan--

COLUMBIA TC 20 KILO RUN, COLUMBIA, MO. January 19, 1974
 1. Dennis Stewart, 1:13:47; 2. Dick Hessler, 1:14:26; 3. Ben Loaderse, 1:15:32; 4. Dean Neal, 1:16:53; 5. Sandy Lawrence, 1:17:39; 6. Tom Kilburn, 1:20:29; 7. Rex Frazer, 42, 1:20:57; 8. Don Granberg, 1:22:38; 9. Mike Chippendale, 1:23:56; 10. Joe Duncan, 1:35:42. (35°)
 --Joe Duncan--

DAVE SCHULTE 1939-1973
 Dave Schulte (Columbia TC) died of melanoma cancer on December 31, 1973. Dave Schulte was a Distance Runner. He was most active in the administration of the CTC, serving as Secretary-Treasurer the past four years.

Dave participated and he ran hard to the best of his ability though usually finishing at the rear of the pack. He won many "personal best" victories and was excited as a winner when he gained these personal bests. He was realistic, he didn't give up. So it was when he faced the ultimate defeat--that of death. Dave was prepared, he faced this challenge realistically. His wife, Joyce, is convinced that Dave's running program helped condition him both physically and mentally for the final lap. For all of us, Dave's approach to life, running and death is meaningful and therein lies his final victory.

When one says that Dave was a distance runner, he is saying that Dave recognized the worth of challenges and of a strong body. That he knew the pleasure and loneliness of intense individual effort. Distance running is a highly personal sport. The runner falls or succeeds on his own effort. A distance runner is given to introspection. He is quiet, unassuming, unselfish, no sham or pretense. So it was with Dave. He came to the races, He worked hard, not only in developing his own body, but in timing and measuring courses around Columbia with his calibrated bicycle and giving CTC effective administration.

His fellow Columbia TC runners have decided to contribute toward the purchase of bonds for Dave's two sons, Carl and Dennis. Perhaps others in the sport would like the opportunity to give. Contributions can be sent to Joe Duncan, 4004 Defoe Dr., Columbia, Mo. 65201.

ANNOUNCING- 2nd Annual Olympic Memorial Marathon, St. Louis, Mo. Sunday, March 3, 1974 8:00 A.M.

1973 PEACH BOWL MARATHON RESULTS

Westminster School, NW Atlanta, Ga.

Saturday, December 29, 1973. Sponsored by the Atlanta TC and the Peach Bowl Football Game Committee.

Records: 2:16:18 by Neil Cusack, E. Tenn. State U., 1971
 1. Jeff Galloway, 28, Florida TC, 2:20:58; 2. Lee Fidler, 24, Club South, 2:23:35; 3. Ed Strabel, 28, Boone, N.C., 2:25:29; 4. Dennis Spencer, U. of Ga., 2:35:20; 5. Mark Sperra, 19, U. of Ga., 2:35:35; 6. Kevin Harper, 20, U. of South, 2:39:24; 7. Randy Stroud, 19, ATC, 2:40:32; 8. Billy Gates, 29, ATC, 2:41:38; 9. Ron Gaff, 29, North Medford Club, Mass., 2:43:47; 10. Charles Gibson, 50, Chatt. TC, Tenn., 2:43:50; 11. Terry Gallagher, 28, Arlington, Mass., 2:46:24; 12. Bill Senberry, 32, Thomas, Ga., 2:46:55; 13. Ralph Jones, 23, Club South, 2:48:53; 14. Jeff Brandt, 16, Appalachian TC, Penna., 2:49:57; 15. Payson Daugherty, 17, Savannah Striders, 2:50:18; 16. Jack Bristol, 24, Bethel Bananas TC, Conn., 2:51:21; 17. Robert Montgomery, 26, Auburn Univ., 2:52:08; 18. Richard Westbrook, 26, NW Fla. TC, 2:52:20; 19. W. L. Jackson, 29, NW Fla. TC, 2:52:30; 20. Bill Neely, 23, Club South, 2:52:33; 21. Bill Walsh, 15, Atlanta TC, 2:53:25; 22. Dan Pennock, 17, Auburn, Ala., 2:53:34; 23. James Brandt, 20, Appalachian AC, Pa., 2:54:11; 24. Robert Richlan, 19, Millburn, N.J., 2:54:35; 25. Adrian Craven, 37, Greenville TC, 2:55:01; 26. E. Roney, 22, Club South, 2:56:00; 27. John Dormote, 28, NW Fla. TC, 2:57:04; 28. John McCallum, 27, ETS-TC, Tenn., 2:57:20; 29. Ben Beckner, 33, Columbus, Ohio, 2:57:23; 30. Bill Caldwell, 19, Sevansee TC, 2:57:33; 31. Bob Pollock, 24, The Citadel, 2:57:58; 32. Hugh Taskersley, 35, Stone Mountain, Ga., 2:58:38; 33. Roger Toothman, 24, Newark, Ohio, 3:01:24; 34. Harold Tinsley, Jr., 10, Huntsville TC, Ala., 3:01:32; 35. Harold Tinsley Sr., 37, Huntsville TC, 3:01:33; 36. C. P. Thomas, 38, Columbus Runners, Columbia, S.C., 3:02:19; 37. Mike Roberts, 18, Oglethorpe U., Ga., 3:04:02; 38. George Larson, 33, ATC, 3:05:00; 39. Tim Singleton, 37, ATC, 3:05:12; 40. Allan Greenburg, Fla. TC, 30, 3:05:22; 41. Bill Neace, ATC, 3:08:02; 42. John Kinker, 28, Atlanta, Ga., 3:11:28; 43. Robert Isley, 16, Savannah Striders, 3:12:44; 44. Don Hale, 28, ATC, 3:12:04; 45. Joe Reed, 16, Atlanta, 3:13:35; 46. Robert G. Godwin, 32, Knoxville TC, 3:14:34; 47. Cedric Stratton, 42, Savannah Striders, 3:15:25; 48. Bill Saye, 34, Tidewater Striders, Va., 3:16:30; 49. Dan Paul, 37, Chatt. TC, 3:17:04; 50. Robert Condon, 18, Bethel Bananas TC, 3:18:40; 51. Clark Scott, 29, U. of South, 3:18:42; 52. Johnny Lloyd, 21, Kentucky State U., 3:19:02; 53. Wynn English, 25, Columbia Runners, S.C., 3:20:00; 54. Harold Fields, 32, Augusta AA, Ga., 3:20:10; 55. Andrew Bogert, 29, Meriden, Miss., 3:20:30; 56. Ken King, 39, ATC, 3:22:23; 57. Ken Byers, 30, Atlanta, 3:22:54; 58. Alden Gardner, 31, Knox, TC, 3:23:55; 59. Ted Sammons, 39, ATC, 3:24:50; 60. Jim Cowart, 35, ATC, 3:25:25. (86 listed finishers) Team: 1. Club South, 35; 2. Atlanta TC, 36; 3. North West Florida TC, 64; 4. Savannah Str. 105; 5. Atlanta TC "B", 188; 6. Chattanooga TC, 121.

MID-MARATHON RESULTS (30 & Over)

1. Edward Sears, 30, NW Fla. TC, 1:20:44; 2. Roy Benson, 32, NW Fla. TC, 1:22:22; 3. Mac Anderson, 30, Smyrna, Ga., 1:22:36; 4. Jim Sacca, 22, San Diego TC, 1:25:22; 5. Wm. R. Shull, 24, Greenville TC, 1:26:10; 6. Earl Marler, 37, CTC, Tenn., 1:26:40; 7. Gayle Barron, Atlanta, 1:28:16; 8. Roger Beebe, 34, Tower Health C., Atlanta, 1:31:29; 9. Mike Simonson, 29, Downtown Y, Atlanta, 1:32:45; 10. Andrew Burns, 31,

Cornelia, Ga., 1:32:31; 11. Don Gamel, 34, ATC, 1:32:49; 12. Joseph Harrison, 32, Atlanta, 1:33:48; 13. John Geltman, 60, Fla. TC, 1:34:20; 14. John Castwell, 33, Atlanta, 1:35:46; 15. John Shelta, 45, St. Louis YMCA, 1:37:00. (27 finishers)

Marathon Notes... Jeff Galloway returned 10 years after his first victory in the Atlanta Marathon to win the 1973 Peach Bowl Marathon in the outstanding time of 2:20:58. Galloway had not competed since the Nat'l. AAU Cross Country Championship, and was not sure how he would do in the Peach Bowl. He ran a very even and controlled race, and finished strong, indicating he had not reached to the depth of his strength and endurance. Lee Fidler, Club South, continued to show his improvement and finished second in 2:23:35. Ed Strabel ran his fastest marathon improving more than 10 minutes over his previous best in the Peach Bowl Marathon. Dennis Spencer, 6th place finisher at Boston in 1973, and expected to give Galloway a challenge, had some stomach difficulties and had to make several pit stops during the race. Perhaps the outstanding performance of the race was that of Harold Tinsley, a 10-year-old from Huntsville, Alabama, who shattered the listed age-group record by more than 18 minutes, with a time of 3:01:32 accomplished by running a very even pace throughout the race. His father ran with him, and it must be said that Harold Jr. looked fresher at the finish than Harold Sr. According to Galloway, the weather was ideal, temperature in the mid 50's, little or no wind, overcast skies, and slight drizzle from time to time. There was an unusually large number of drop-outs this year. There were 130 starters, but only 84 finishers. --Tim Singleton--

POTOMAC VALLEY AAU CROSS COUNTRY CHAMPS (10 Km.) & OPEN RUN, GEORGETOWN UNIVERSITY, Washington, D.C., 17 Nov. 1973. Fair, windy, 40°

1. Joe Lucas, Georgetown AA, 32:58; 2. Gordon Oliver, GAA, 33:02; 3. Steve Stageberg, GAA, 33:49; 4. Till Luft, W. Germany, 34:28; 5. Bob Thurston, WSC, 34:39; 6. Jack Coffey, College Park Harriers, 34:45; 7. Ken Umbarger, CPH (U. of Md.), 34:51; 8. Chuck Leibold, WSC, 34:59; 9. Skelton Karlin, WSC, 35:10; 10. Tom Giroux, CPH, 35:20; 11. Bruce Robinson, WSC, 35:24; 12. Steve Mattiel, GAA, 35:45; 13. Phil Stewart, WSC, 35:51; 14. Tom Gottemiller, CPH, 36:07; 15. Dave Washburn, 17, Vienna, Va., 36:23; 16. Bob Harper, WSC, 37:25; 17. Kevin Reilly, GAA, 37:31; 18. Robert Baumann, USMC, Quantico, 37:52; 19. Bruce Talawyn, unat., 38:09; 20. Greg Malla, GAA, 38:15; 21. Terry McCabe, North American Track Organization, 38:17; 22. Paul Farrier, 43, USN, 38:38; 23. Doug Drabowski, CPH, 38:52; 24. Peter Wagner, unat., 38:59; 25. Wm. Fioramonti, unat., 39:08; 26. Jeff Darman, DC Harriers, 39:14; 27. Herd Horton, NATO, 39:19; 28. George Thurston, unat., 39:32; 29. George Cushman, WSC, 39:34; 30. Mike Fleming, unat., 39:40; 31. Jeff Custer, unat., 39:48; 32. Kevin Washburn, 14, Vienna, Va., 39:49; 33. Nick Greco, USCG, 40:10; 34. Glen Malla, GAA, 40:26; 35. Gabe Hiza, unat., 40:35; 36. Rod Steele, DCH, 41:00; 37. John Hallinan, GAA, 41:40; 38. Dick Jamborsky, DCH, 41:41; 39. Allen Greenberg, unat., 41:47; 40. Damien Howell, Alexandria, Va., 41:53. (70 finishers) Team: 1. Georgetown AA, 32; 2. Washington Sports Club, 41; 3. College Park Harriers, 50; 4. D.C. Harriers, 109; 5. Potomac Valley Seniors TC, 145. --Bob Thurston--

D. C. REC RACE RESULTS

1-MILE OPEN. St. John's H.S., Military Rd., D.C. December 2, 1973. Course: Track, 6 laps to the mile. Clear, sunny, 49 starters, 49 finishers.

1. Sheldon Karlin, WSC, 20:16; 2. Phil Stewart, WSC, 20:24; 3. Bob Scharf, WSC, 20:44; 4. Jay Gaell, 20:49; 5. John Brennan, 20:50; 6. Bruce Robinson, WSC, 20:52; 7. Greg Smith, 20:57; 8. Ray Morrison, WSC, 21:11; 9. Bob Harper, WSC, 21:18; 10. Bill DeLano, 21:23; 11. David Washburn, 17, 21:52; 12. Gar Williams, 40, 21:58; 13. David Buzzell, 22:03; 14. Ed Jerome, WSC, 22:13; 15. Jim Dill, 22:14; 16. Mike Fleming, 22:28; 17. Nick Greco, 22:28; 18. Jim Hecht, 23:15; 19. Mark Canoyor, 23:18; 20. Vena Novy, 23:15; 21. Stan Fowler, 23:30; 22. Al Kellett, 23:31; 23. Val Lewton, 23:43; 24. Gabe Hiza, 23:46; 25. Turk Carter, 23:57; 26. Damien Howell, 24:00; 27. Bill Solbers, 24:03; 28. Jim Rodgers, 24:10; 29. Bruce Talawyma, 24:24; 30. George Cashmac, 24:54.

Notes... Sweatshirts to the last 10 brought out even the arry-goers! Karlin caught Greg Smith at the third lap.

WOMEN'S MILE- 1. Kathy Good, 16, 5:42; 2. Sue Williams, 34, 6:03; 3. Gail Reishart, 16, 6:10; 4. Karen Weeks, 11, 6:27; 5. Chris Mathiasen, 29, 6:37. (18 fin.)

MASTERS' 1-MILE - 1. Dr. Walter Boehm, 43, 16:20; 2. Mike Heylin, 43, 16:39; 3. Art DuBonne, 41, 16:49; 4. Keith Marsden, 42, 16:50; 5. Frank Ruffison, 47, 16:56; 6. Bob Horman, 55, 17:10; 7. David Seiler, 43, 18:37; 8. Joe Shea, 43, 18:05; 9. John Davenport, 51, 19:21; 10. Robert Day, 43, 18:37; 11. Ray Gordon, 55, 19:43; 12. Fred Weeks, 42, 19:04. (21 finishers)

VAAU 8L, 10-MILE TRACK CHAMPIONSHIP

Springbrook H.S., Silver Spring, Md., Dec. 3, 1973

Sheldon Karlin led all the way on this rainy day, to set a fine time and show that he has recovered from a hip injury.

1. Sheldon Karlin, 23, WSC-A, 51:37; 2. Phil Stewart, WSC-B, 53:08; 3. Bruce Robinson, WSC-A, 53:51; 4. Greg Smith, 17, 54:03; 5. Bob Scharf, 37, WSC-A, 55:11; 6. Bill Ireland, 17, 54:40; 7. Ray Morrison, 26, WSC-B, 55:23; 8. Mike Bradley, 27, WSC-B, 55:32; 9. John Brennan, 38, 55:57; 10. Bill DeLano, 22, 56:40; 11. Ben Ewers, 27, 56:43; 12. Ray Testerman, 20, NATO, 57:13; 13. David Washburn, 17, 57:33; 14. Gar Williams, WSC-B, 57:34; 15. Jim Dill, 16, 58:42; 16. Ed Jerome, 20, WSC-A, 58:55; 17. Mike Heylin, 43, 59:13; 18. Paul Farrier, 36, 59:18; 19. Vena Novy, 28, NATO, 59:47; 20. Nick Greco, 32, NATO, 59:48; 21. Lester Hiza, 30, WSC-A, 60:25; 22. Gabe Hiza, 50, NATO, 61:22; 23. Val Lewton, 61:28; 24. Graham Huston, 32, 61:56; 25. Alvin Marcy, 38, 62:15; 26. Mike Shoemaker, NATO, 62:22; 27. Bob Fountain, 42:28; 28. Allen Greenberg, 29, 62:43; 29. Turk Carter, 22, Baltimore, 63:19; 30. Dave Theall, 42, D.C. Harriers, 63:45; 31. David Heymsfeld, 35, 63:48; 32. Wm. Neidinger, 34, 64:12; 33. Ron Goldstein, 50, 64:49; 34. Robert Day, 41, 64:19; 35. Marty Greenbaum, 28, WSC-B, 66:26; 36. Marty Sullivan, 44, DCR, 66:26; 37. Peter Chadwick, 39, 66:28; 38. Floyd Hoffman, 24, 67:53; 39. Al Phillips, 28, 68:25; 40. George Elliot, 42, PVSTC, 68:40; 41. Dick Schumm, 48, 68:40; 42. John Woods, 55, PVSTC, 69:10; 43. Fred Weeks, 42, PVSTC, 69:02; 44. L. Van Tress, 43, 73:18; 45. Sandy Haley (D) 31, 73:48; 46. Sue Williams, (H), 34, 75:12; 47. Ron Williams, 38, 75:12; 48. George Richardson, 54, 76:14; 49. Bill Shepard, 45, 77:47; 50. Ginny Leonard (D) 27, 88:13; 51. Dick Lukas, 34, PVSTC, 96:12.

Team: 1. WSC-A, 18; 2. WSC-B, 34; 3. NATO, 54.

14-MILE OPEN RUN, ALEXANDRIA, VIRGINIA

Sat., Dec. 15, 1973. Course: GW Parkway, Bikepath & Alexandria streets.

Tom Childers, Dan Reeks, Bob Harper, Bruce Robinson & Phil Stewart formed the lead pack and went through 3 miles in 15:30. That was a P.R. for Harper who then dropped back, somewhat dazed. Soon Childers pulled ahead, with Reeks back just a bit. It was a hard fought race, but Childers finished with a clear lead.

Tony Diamond (10th) was first in the 40 & over division, and Bob Horman, (14th) was first over 50.

1. Tom Childers, WSC, 1:15; 2. Dan Reeks, Georgetown AA, 1:15:47; 3. Phil Stewart, 23, WSC, 1:15:58; 4. Bruce Robinson, 23, WSC, 1:16:55; 5. David Washburn, 17, 1:20:09; 6. Bill DeLano, 22, 1:20:41; 7. Ben Ewers, 27, 1:21:31; 8. Bill Hoss, 39, 1:21:31; 9. Bob Harper, 23, 1:22:34; 10. Tony Diamond, 43, 1:24:09; 11. Ed Jerome, 38, 1:24:30; 12. Mike Heylin, 43, 1:24:40; 13. Paul Farrier, 36, 1:25:24; 14. Bruce Talawyma, 1:26:39; 15. Turbyfill, 1:26:57; 16. Bob Horman, 55, 1:27:06; 17. Nick Greco, 32, 1:27:23; 18. John Kennedy, 1:27:38; 19. Chuck Paul, 1:27:55; 20. John Noble, 1:28:02; 21. Vena Novy, 1:28:46; 22. Vl. Newton, 1:29:32; 23. Damien Howell, 1:29:48; 24. Gabe Hiza, 1:30:01; 25. Keith Marsden, 1:30:03; 26. Rod Steele, 1:30:46; 27. Elliott Rolland, 1:31:50; 28. Dick Jamboraky, 1:32:17; 29. Graham C. Huston, 1:32:38; 30. Joe Shea, 44, 1:32:30; 31. Allen D. Greenberg, 1:33:20; 32. Martin Greenbaum, 1:33:54; 33. Peter Chadwick, 1:34:18; 34. Marty Sullivan, 44, 1:35:04; 35. David Heymsfeld, 1:35:05; 36. Dave Theall, 42, 1:35:57; 37. Wm. C. Maus, 44, 1:36:24; 38. Bernard Herring, 1:36:36. (87 finishers)

Distancemen Beat Weather

Dec. 10, 1973

LONG BRANCH — In the best "the shoe must go on" tradition, 11 distance runners raced 2 mi for 44 miles over city streets in yesterday's heavy rain and howling winds.

Yesterday's race was intended to be the Long Branch Department of Recreation, Parks and Conservation's annual four-mile beachhead run, a jaunt over sand and jetties, but the site was swamped closed to the Takomas Lake area by most director Tom Bailey because of the stormy conditions. "At the height of the storm, there was just no beach to run on," declared Bailey.

Leading the pack and tying for first place were a pair of city residents, Bob Bailey, a Princeton University senior, and Harry Nolan, a program director for the Recreation Department. Thoroughly drenched, they still covered the course in the speedy clothing of 21 minutes, 34 seconds.

The two Shore Athletic Club distance runners also shared the first-place prizes after a mile race — Kaler

wearing a wrist watch and Bob Bailey, younger brother of the meet director, wearing a tripod.

Winning College's Bert Jacobs ran home 6:10, 70 yards behind the leaders, while Mountain State College's John Baifer of Lark Arbour finished fourth.

Three River's Norm Nottel made his debut in area competition with a strong 1:16 pace while Midwestern's Tommie's Frank West was the first high school finisher in sixth.

Area runners are to be better weather for this Sunday's scheduled event at Takomas Lake — the sixth annual Bill Kelly Day race.

On tap will be a one-mile run for boys 14-and-over, a women's mile, a high school 1.5-mile run, a men's 10-kilometer (6.2-mile) run, and a men's 10-kilometer walk.

THE RESULTS

1. Tom Childers, WSC, 1:15
2. Dan Reeks, Georgetown AA, 1:15:47
3. Phil Stewart, 23, WSC, 1:15:58
4. Bruce Robinson, 23, WSC, 1:16:55
5. David Washburn, 17, 1:20:09
6. Bill DeLano, 22, 1:20:41
7. Ben Ewers, 27, 1:21:31
8. Bill Hoss, 39, 1:21:31
9. Bob Harper, 23, 1:22:34
10. Tony Diamond, 43, 1:24:09
11. Ed Jerome, 38, 1:24:30
12. Mike Heylin, 43, 1:24:40
13. Paul Farrier, 36, 1:25:24
14. Bruce Talawyma, 1:26:39
15. Turbyfill, 1:26:57
16. Bob Horman, 55, 1:27:06
17. Nick Greco, 32, 1:27:23
18. John Kennedy, 1:27:38
19. Chuck Paul, 1:27:55
20. John Noble, 1:28:02
21. Vena Novy, 1:28:46
22. Vl. Newton, 1:29:32
23. Damien Howell, 1:29:48
24. Gabe Hiza, 1:30:01
25. Keith Marsden, 1:30:03
26. Rod Steele, 1:30:46
27. Elliott Rolland, 1:31:50
28. Dick Jamboraky, 1:32:17
29. Graham C. Huston, 1:32:38
30. Joe Shea, 44, 1:32:30
31. Allen D. Greenberg, 1:33:20
32. Martin Greenbaum, 1:33:54
33. Peter Chadwick, 1:34:18
34. Marty Sullivan, 44, 1:35:04
35. David Heymsfeld, 1:35:05
36. Dave Theall, 42, 1:35:57
37. Wm. C. Maus, 44, 1:36:24
38. Bernard Herring, 1:36:36

NOLAN OUTFRONS REILLY RIVALS

Long Branch, N.J., Sunday, Dec. 16, 1973- Neither ice nor wind nor freezing rain kept 85 determined runners from their appointed rounds in the sixth annual Bill Reilly Day Road Races at Takanassee Lake.

Harry Nolan, Shore AC's distance running ace and an athlete who has won local races in climatic extremes the last 10 years, shrugged off the bitter weather and went on to win the featured men's 10 kilo (6.2 mile) race in the creditable time of 36:17.

"I've run in a lot of races in weather really hot and really cold but this ranks right up there," said Nolan as he rubbed his hands together for warmth after it was over.

The races, sponsored by the Long Branch Department of Recreation, Parks and Conservation, are named after Bill Reilly, 1961 Long Branch HS graduate who went on to captain the Penn State team, represent the U.S. in the 3,000m steeplechase in the 1968 Olympics, and win the 1970 National AAU steeplechase title. He now resides in the Pittsburgh area.

Nolan moved away from his Shore AC teammate, Bill Schell, midway through the race and went on to win by 180 yards.

Nutley's Mary Albright won the women's one-mile run that opened the program in 5:44.3, while Cranford's Jerry Lambert took the boy's 14-and-under mile, the day's second race in 3:08.0.

Christian Brothers Academy senior Steve Starace led the 20-runner field of high school 3.4-mile runners in 17:50, while Dr. John Knifton of Poughkeeps, N.Y. finished off the program by winning the 10km. race walking event in the meet record time of 45:02.

10-KILO MILE RACE
 1. Harry Nolan, Shore AC, 36:17
 2. Bill Schell, Shore AC, 37:37
 3. Tom Horgan, Shore AC, 38:00
 4. Bob Horman, Shore AC, 38:00
 5. Val Lewton, Shore AC, 38:00
 6. Peter Chadwick, Shore AC, 38:00
 7. Sandy Haley, Shore AC, 38:00
 8. Bruce Burnside, Shore AC, 38:00
 9. Fred Weiland, Shore AC, 38:00
 10. Don Heinecke, Shore AC, 38:00
 11. John White, Shore AC, 38:00
 12. Marilyn Bevans, Shore AC, 38:00
 13. John White, Shore AC, 38:00
 14. Willie Torresco, Shore AC, 38:00
 15. Sandy Haley, Shore AC, 38:00
 16. Geo. Elliott, Shore AC, 38:00
 17. Bruce Burnside, Shore AC, 38:00
 18. Fred Weiland, Shore AC, 38:00
 19. Don Heinecke, Shore AC, 38:00
 20. John White, Shore AC, 38:00

10-MILE OPEN RUN
 1. Bill Hoss, 57:30
 2. Dave Washburn, 58:15
 3. Terry McCabe, 1:02:44
 4. Bruce Talawyma, 1:03:42
 5. David Heymsfeld, 1:05:09
 6. Steve Voetsch, 1:05:29
 7. Scott Rutherford, 1:06:16
 8. Kevin Washburn, 1:07:52
 9. Ken Pugh, 1:08:10
 10. Ron Hoffman, 1:08:48
 11. Bob Jones, 1:09:14
 12. Dick Hipp, 1:09:28
 13. Elita Lahtala, 1:09:44
 14. Jubie Aulisio, 1:09:54
 15. Milton Greenbaum, 1:10:02
 16. Henry Dale, 1:10:44
 17. Ed Barron, 1:11:36
 18. Chris Kelley, 1:11:40
 19. Albert Glockman, 1:11:47
 20. Cary Goubeau, 1:11:49 (29 finishers)

HARRY NOLAN REPEAT WINNER IN TRACK CARNIVAL

Astbury Park, N.J., Sunday, Dec. 23, 1973- Harry Nolan, Shore AC, clocked 16:09.2 to win the Polar Bear 3.2-mile race for the second straight year on the Astbury Park Boardwalk. The former State AAU three-mile champion, outran a 42-man field to win by a 40-yard margin over classmate Bill Schell.

The 10th annual edition of the Boardwalk Track Carnival featured a five-event program.

3.2-MILE RACE
 1. Harry Nolan, Shore AC, 16:09.2
 2. Bill Schell, Shore AC, 16:49.2
 3. Tom Horgan, Shore AC, 17:09.2
 4. Bob Horman, Shore AC, 17:09.2
 5. Val Lewton, Shore AC, 17:09.2
 6. Peter Chadwick, Shore AC, 17:09.2
 7. Sandy Haley, Shore AC, 17:09.2
 8. Bruce Burnside, Shore AC, 17:09.2
 9. Fred Weiland, Shore AC, 17:09.2
 10. Don Heinecke, Shore AC, 17:09.2
 11. John White, Shore AC, 17:09.2
 12. Marilyn Bevans, Shore AC, 17:09.2
 13. John White, Shore AC, 17:09.2
 14. Willie Torresco, Shore AC, 17:09.2
 15. Sandy Haley, Shore AC, 17:09.2
 16. Geo. Elliott, Shore AC, 17:09.2
 17. Bruce Burnside, Shore AC, 17:09.2
 18. Fred Weiland, Shore AC, 17:09.2
 19. Don Heinecke, Shore AC, 17:09.2
 20. John White, Shore AC, 17:09.2

10-MILE OPEN RUN
 1. Bill Hoss, 57:30
 2. Dave Washburn, 58:15
 3. Terry McCabe, 1:02:44
 4. Bruce Talawyma, 1:03:42
 5. David Heymsfeld, 1:05:09
 6. Steve Voetsch, 1:05:29
 7. Scott Rutherford, 1:06:16
 8. Kevin Washburn, 1:07:52
 9. Ken Pugh, 1:08:10
 10. Ron Hoffman, 1:08:48
 11. Bob Jones, 1:09:14
 12. Dick Hipp, 1:09:28
 13. Elita Lahtala, 1:09:44
 14. Jubie Aulisio, 1:09:54
 15. Milton Greenbaum, 1:10:02
 16. Henry Dale, 1:10:44
 17. Ed Barron, 1:11:36
 18. Chris Kelley, 1:11:40
 19. Albert Glockman, 1:11:47
 20. Cary Goubeau, 1:11:49 (29 finishers)

LARRY NOEL 20 MILE RUN, GREENBELT, MD.

Dec. 23, 1973- Phil Stewart led all the way, "winning" the concurrent 10 mile run by 30s. Only the hardiest area runners turned out on this weekend that also featured a nice snowstorm, a gas shortage, and last-minute Christmas shopping. But Phil's performance, only four minutes off the course record, would have looked good with a field twice the size. Phil is a graduate student at American University (Public Administration) and a youth worker in D.C.

1. Phillip Stewart, 23, WDC, 1:54:36; 2. Mike Heylin, 43, 2:08:16; 3. Bob Horman, 55, PVSTC, 2:11:54; 4. Alexander Barnes, 36, 2:12:03; 5. Val Lewton, 36, 2:15:24; 6. Graham Huston, 32, 2:18:45; 7. Vera Novy, 28, 2:19:46; 8. Peter Chadwick, 39, 2:22:17; 9. Waldo Freeman, 31, 2:22:44; 10. Norman Lee, 38, 2:24:15; 11. Don Heinecke, 59, 2:27:10; 12. Marilyn Bevans, 24, 2:35:05; 13. John White, 29, 2:46:59; 14. Willie Torresco, 37, 2:53:48; 15. Sandy Haley, 31, 3:05:22; 16. Geo. Elliott, 43, 3:10:06; 17. Bruce Burnside, 51, 3:11:10; 18. Fred Weiland, 54, 3:25:08.

10-MILE OPEN RUN

1. Bill Hoss, 57:30; 2. Dave Washburn, 58:15; 3. Terry McCabe, 1:02:44; 4. Bruce Talawyma, 1:03:42; 5. David Heymsfeld, 1:05:09; 6. Steve Voetsch, 1:05:29; 7. Scott Rutherford, 1:06:16; 8. Kevin Washburn, 1:07:52; 9. Ken Pugh, 1:08:10; 10. Ron Hoffman, 1:08:48; 11. Bob Jones, 1:09:14; 12. Dick Hipp, 1:09:28; 13. Elita Lahtala, 1:09:44; 14. Jubie Aulisio, 1:09:54; 15. Milton Greenbaum, 1:10:02; 16. Henry Dale, 1:10:44; 17. Ed Barron, 1:11:36; 18. Chris Kelley, 1:11:40; 19. Albert Glockman, 1:11:47; 20. Cary Goubeau, 1:11:49. (29 finishers) --Bob Thurston--

DON HEINECKE 12-MILE RUN WON BY SABINO

Ellicott City, Md., Dec. 30, 1973- Energy crisis hit DC RRC! The race had to be moved from its traditional location because Don Heinecke couldn't get Mt. Hebron Jr. High to open up their bathrooms on Sunday. The makeshift course, according to Ray Morrison, had at least 12 good hills on it. Mike Sabino led from the start. Morrison passed Jeff Good after a couple miles to take second place. Awards- one for fastest time & 12 for getting closest to predicted time.

	Act. T.	Act. T.
1. Mike Sabino, Baltimore, 56:30	67:04	
2. Ray Morrison, Silver Spring, 67:00	P. T.	70:39
3. Mike Ward, Baltimore, 70:30		72:22
4. Jeff Good, Mt. St. Mary's, 70:00		73:21
5. Don Marvel, Easton, Md., 72:00		74:32
6. Tony Diamond, Washington, 72:00		74:58
7. Mike Naples, Springfield, Va., 72:00		75:00
8. Chuck Paul, Reston, Va., 78:52		78:33*
9. Richard MacDonald, unat., 75:00		79:48
10. Bryan Denson, Mt. Hebron HS, 80:00		81:30
11. Joseph Shea, Arlington, Va., 79:00		82:15
12. Darrell Russell, Towson, Md, 80:00		83:20
13. Marty Sullivan, Fairfax, Va., 79:30		83:23
14. Rod Steele, Alexandria, Va., 80:00		84:19
15. Keith Marsden, Washington, 85:00		84:25
16. Allen Greenberg, Silver Spr, 80:00		84:40
17. Stan England, unat., 84:00		85:23
18. Steve Rosasco, Jr., Fallston, 78:30		85:25
19. Dick Jamborsky, Reston, Va. 77:59		85:27
20. Dick Hipp, Columbia, Md., 86:00		85:35
21. Dan Fleisher, Bel Air, Md., 86:00		86:14
22. Ken Pugh, Greenbelt, Md., 87:30		86:40

(51 finishers) * Nearest predicted time



sports angles

By ELLIOTT DENMAN

It was late spring 1977 when organizers of the Global Games sat down to the conference table.

The petty and relentless squabbles within the ranks of the assorted amateur athletics organizing bodies had reached their peak with the series of mishaps at Montreal's 1976 Olympic Games.

Overcharged nationalities, eligibility disputes, judging scandals, doping charges and cheating allegations marred the entire production. And, once again, the Olympics were not really deciding world championships. Too many fine athletes had grabbed the cash and run.

"Gentlemen," said the chairman of the board of the Global Games Corporation, "our time has come." Heads nodded in assent.

"THE INTERNATIONAL OLYMPIC Committee has refused to listen to reason. What happened last summer should have been no surprise to any of us. The IOC is just not 'with it.' We shall not repeat their mistakes." Moos assent.

The chairman then went through a point-by-point plan to get the Global Games off the drawing board.

"No. 1. The Global Games will be held every year and will be financed by the combined participation fees of the city-sponsor, corporate backers and television networks."

"No. 2. The Global Games shall be open to all athletes of our planet, regardless of sex, nationality, religion, race and financial status."

"No. 3. The Global Games shall include only individual sports, basically those adaptable to our many ultramodern stadiums. We want no part of nation vs. nation battles. Athletes will not represent nations. They will represent themselves."

"No. 4. ALL ATHLETES will get a chance to qualify. Preliminary rounds will be held in a three-week period before the start of the Games."

"No. 5. Event winners will earn \$75,000. A sliding scale of payments shall be formulated for those finishing down to 30th place in each event. All competitors will be guaranteed full living expenses at the Global Games and travel expenses to and from the Games."

"No. 6. The Global Games will be held over a six-week period annually. No more than three sports will be held concurrently. As far as the Global Games management is concerned, all our sports are of equal merit and we shall stress this in our promotional efforts. We trust the media will realize our concern that all sports rate an equality of emphasis."

"No. 7. We shall work in cooperation with existing athletics organizing bodies — on the condition that these groups share our own commitment to 'open sport.'"

"No. 8. WE HAVE MET with delegates representing professional track and field, boxing, international wrestling, bowling, rodeo, lawn and table tennis and cycling and these sports have been unanimously approved for the Games."

"The sports of swimming, weight lifting, badminton, archery, judo, karate and one-wall tennis have been tentatively approved for the Games, pending findings of Global Games researchers into these sports' competitors' readiness for 'open sport.'"

"The motor-sport segment of the Global Games shall include motorcycling, and cyclocross. The stadium-winter sport segment shall include one-man bobsled, speed skating, ski jumping and super slalom, all on artificial surfaces."

"No. 9. The last four days of the Global Games shall be reserved for the 'modern decathlon.' Winners only in earlier Global Games events will be eligible."

"Our decathlon will be the supreme test of human athletic achievement. Our modern decathletes open with a marathon run. Karate and weight lifting complete the first day."

"Midget auto racing, archery, calf roping and the 5,000-meter freestyle are on the second day's agenda."

"The championship is at stake the third day — when the decathletes speed skate 20 kilometers, play tennis and pole vault. The winner receives a check for \$1 million."

"Are there any questions, gentlemen?" inquired the chairman. There are none.

"Well, let's get going. As I said before, our time has come."

Hult Claims Grueling Portland Pentathlon

Four Oregon men have earned the right to lead more than a little heavy and self-reliant.

They completed the first Portland Pentathlon, an event consisting of bicycling, orienteering, swimming, running and weightlifting that is surely one of the most grueling athletic tests ever devised.

The pentathlon was the brainchild of Marine Capt. Alan Jones, who finished the competition along with 41-year-old Joe Amorella, 21-year-old Peter Sandrock Jr. and the overall winner, 26-year-old David Hult of Portland.

Seven persons entered the event, which began at midnight Friday at the Thunderbird Inn at Portland's Jackson Beach.

The seven cycled 46 miles from Jackson Beach to Lewis Pass north of Digby on the west slope of Mt. Hood. From there, five competitors biked 24 miles through the hilly, semi-forested Mt. Hood National Forest to Eagle Creek Campground on

the Columbia River near Bonanza Dam.

After an overnight rest at the campground, they donned wetsuits and plunged into the Columbia just below the dam for a 16-mile swim to Rooster Rock State Park. One dropped out during the swim, but the remaining four climbed out of the water and ran 17 miles from the Marine Drive exit on I-504 to Jackson Beach.

Back at the Thunderbird, the four succeeded in lifting 1,000 pounds, multiplied by their body weight, divided by their age. In the allotted time of 20 minutes.

The fastest clockings in the four distance events were six hours, 19 minutes by Hult in the cycling, 6:13 by Hult in the orienteering, 2:11 by Jones in the swimming and 2:13 by Hult in the running.

Jones said he was planning to organize another pentathlon in the spring.





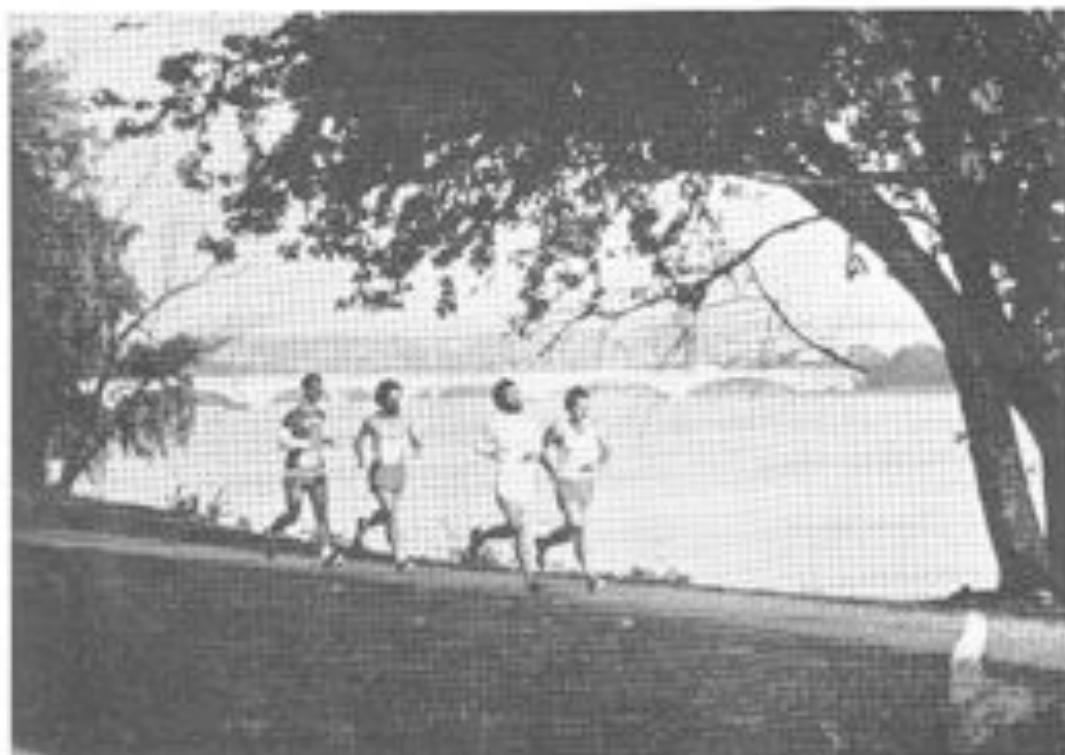
Bob Thurston winning the 2 Bridges International 36-Mile Race at an overall 5:53 pace in 3:32:22, timed by Norm Brand, left, and Bill Allen, right.



JAN. 20, 1951

JOHN GEARMAN WENT UP HIS 35TH CONSECUTIVE MILE VICTORY AND SET FRODO MILE FOR THE SECOND TIME IN TWO NIGHTS BY WINNING THE MASSACHUSETTS 50 OF C. MILE RUN IN 48:15.

Gearman



The Millrose Athletic Association, here represented by Gary Mahrka, left, and Pat Bastick, right, leads for 30 miles the Washington Sports Club, here represented by Bob Harper, left, and Phil Stewart, right, both of whom eventually won the team first prize of a trip to the original Two Bridges Road Race in Scotland.



Gary F. Williams, Jr. wrote up on a typical January day in one of the weekly local issues of the DCRC. Gary has combined his career as a U.S.G.S. geologist with a two active 15-year running career in Illinois, California, and Washington, D.C. He wife, Evelyn, and their two small children and dog, Jerry, make running a way of life. Gary built the DCRC up from 100 to 800 members in six years as President, and 800 year he was elected President of the national Road Runners Club of America. Before he became occupied with the organizational end of running, Gary was National A.A.U. Marathon Champion in 1951. He has competed regularly in the Boston Marathon, starting in 1949 with a 2:22:00 for 7th place. Since then he has placed successively 1st, 12th, 13rd, 20th, and 60th. Gary's ambition is to complete this progression any further.



Bob Thurston, 322, and Ray Morrison, 325, passing the Washington Sailing Marina, on their way to break Max White's course record in the 36-mile Two Bridges Race. --Roger Bacon Photo-- upper left.

Top right- Phila. Marathon, runners heading for East River Drive after circling the Art Museum... #10 winner Bill Bragg, on the East River Drive along Boat-house Row.

Bottom- The winner, Tom Fleming, and Festival Course Director, Bob Day, lead 140 runners along the Potomac River in the second lap of the Power Marathon --Roger Bacon, Photo--

Join the





Upper left- Runner-up, Moses Mayfield, streaks to the finish of the Power Marathon on the grounds of the Washington Monument. . . Photo by Les Schwartz.
Upper right- Third placing, Carl Hatfield, passes the Tidal Basin on the way to the finish of the Power Marathon.

left- Don Hatmiller leads some mid-pack runners from Memorial Bridge through Virginia along the Potomac River in the Power Marathon. Photo by Roger Bacon.

Join the



USTFF PUBLICATIONS

The United States Track and Field Federation announces the publication and release of three new and excellent books of interest to those involved in our sport. We are indeed pleased to have the opportunity to bring these excellent works to those of you teaching, coaching and participating in track and field in the United States. The U.S. T. F. F. continues to provide long-needed materials to promote and develop our sport. We hope you find these publications valuable to your program.

"MECHANICS WITHOUT TEARS".....Fred Will. This excellent work-book contains virtually every aspect of the study of mechanics, presented in a test form, and utilizing a variety of question-answer techniques designed to emphasize pertinent facts. (123 pp) \$5.00.

"ARTHUR LYDIARD'S RUNNERS BIBLE".....by Arthur Lydiard.
One of the world's best known distance runners brings you his techniques.....the insights learned and other information as only he can tell it. This excellent work belongs in every library. (\$3.00)

"JOGGING THE LYDIARD WAY.....ANAEROBICS vs AEROBICS", by Arthur Lydiard.
Jogging.....as described by the man who has done so much for distance running throughout the world. This excellent publication will provide information for both the distance runner and the acquaintance interested in jogging for fun..... (\$2.00)

U. S. Track and Field Federation 1225 N. 10th Ave. Tucson, Arizona 85705

1/13/74
1/27/74

P.O. 7 Cooper R., 7.6 mi
A. 9 Fairmount P., 17 mi



United States
Track and Field
Federation



UNITED STATES TRACK AND FIELD FEDERATION
1225 N. 10th AVE., TUCSON, ARIZONA 85705 U.S.A.