

B	HON.	P	YS.	F	Q	D	S	CATHEDRAL 10 miler.
O	T	EA	I	E.	U	S.	X	Hyde Shoe 12 Miler.
SA	LN	R	C	A	Y	AA		Queons-Iona Relays.
RT	EN	EA	K	L	K			Allegheny Mountain Assn. Indoor.
AO	R	RS	LT	E	E			Florida Relays.
M	N	D	T	E	I	R		Foreign Notes.

In order to get the Log out in last month we skipped the results last weekend in March, therefore we will start this month's Log with those results. This is the month as far as distance running goes, and all because of one race the world famous BOSTON MARATHON... Best comment of the month came from Jerry Nason, Boston Globe sportswriter, in regard to last month's and this month's pre-Boston marathon warm-up races, entitled ROAD RACERS KNOW OWN BUSINESS- Nason stated, "This agent challenges recent remarks credited to Al Hart, N.E. long distance chairman, who was going to scold Marathon hopefuls John J. Kelley and Nick Costes for not competing in shorter runs here... Their big target is the B.A.A. race and only they are authorities on whether or not they need a "speed race" in preparation for it"... Bob Campbell National Distance head also was indignant about those stories that some AAU officials were trying to pressure name runners into competing in the speed events... "A fellow's method of training is his own business and I hope that any runner who is a victim of this type of pressure will report it to me." (More than likely it was just mere conversation not meant to be published since it only involved the Boston Cathedral race.)

KELLEY VICTOR IN HYDE SHOE 12 MILER. Tiernan, first to finish handicap run. Cambridge, Mass. March 31- Johnny Kelley, not expected to start, won the Hyde Shoe 12-mile race today to top 76 other entries with a corrected time of 1hr. 4min. 11 sec.. Kelley, changed his mind about running and drove from New London, Conn., just in time to make the starting line.. Stan Tiernan, Hopedale, 33, was the first runner across the finish line with an elapsed time of 1:09.45. He had an 11-minute jump on scratch.. Tiernan a draftsman, took the lead 1 mile out and held it-His 1-st victory in 13 years.. Kelley using the race as a workout ran in his sweat suit.. Bob Campbell claims the course is 11 1/4 miles only.

Results: 83 starters (76 finishers) cloudy, 50 degrees, slight wind against runners only along river. Flat, for 2 small hills. Start and finish at Harvard Sq. Cambridge at Rindge Tech.. John A. Kelley was 29th in 1:09:01 corrected. Penalty of 7 minutes.

	Elap. Time	Penalty	Corr. Time.
1. Stan Tiernan Unatt.	69:45	1 Min.	68:45
2. John Conway N.Y. Pioneer	69:58	1 Min.	68:58
3. George Hillier Boston U.AA	71:07	6 Min.	65:07
4. Frank Smith St. Anthony's NY	71:34	4 "	67:34
5. Bob Holmer Harvard AA	71:38	3 "	68:38
6. James Daley, Jr. Unatt.	72:19	7:30 "	64:49
7. W.L. Murphy B.A.A.	72:28	3 Min.	69:28
8. Mike Murphy B.A.A.	72:30	3 "	69:30
9. Lee Chisholm No. Medford	72:51	4:30 "	68:21
10. Bob Stomach No. Medford	72:52	3 Min.	69:52
11. Clarence Hilton Northeastern U.AA	73:06	4 Min.	69:06
12. John Gray B.A.A.	73:29	5 Min.	68:29
13. Bob Rehm B.A.A.	73:34	4 "	69:34
14. Nat. Cirulnick NY Pioneers	73:37	5 "	68:37
15. Don Fay B.A.A.	73:40	4 "	69:40
16. Ted Suito St. Anthony's NY.	73:52	1 "	72:52
17. Jim Groen B.A.A.	73:59	6:30 "	67:24
18. Dave Gott B.A.A.	74:20	5:30 "	68:50
19. Tony Medeiros No. Medford	74:23	5:30 "	68:53
20. John DiComandrea B.A.A.	74:35	6 Min.	68:35

1st Time Prize- John J. Kelley (31st Place) 1:04.11
 2nd Time Prize- James Daley, Jr. (6th) 1:04.49
 3rd Best Time- George Hillier (3rd) 1:05.07 (Hillier is from Newfoundland and attending Boston University.

Team Prize	1.	2.	3.	4.	5.	6.
	Boston AA	St. Anthony	No. Medford	Pioneer	Harvard AA	Gorham A.C.
	4-5-8	2-10-12	7-11	1-9-16	3-14-18	13-15-17
Total	17	24	24	26	35	45

Carnegie Tech's Coach Gil Carr gave his boys a practical lesson in running today in the Allegheny Mountain Assn. meeting unattached, Carman won both the 1-mile and two-mile races, and set a new standard of 4:20.5 for the mile. The old standard of 4:24.6 (Carman was 25 kilo in Pittsburgh. (or

esson. Tech's young amateur track coach, g today in the Allegheny Mountain Assn. ting unattached, Carman won both the ord of 4:19.8 for the mile. The old itt's Dan Somner. Carman's time in the place finisher in last year's National 4th place)!

DODDS MENTIONED FRED DWYER, WES SANTEE, LEN TRUOX AND A FEW OTHER PRESENT RUNNERS.

COMMENTING ON THE NEW MILE SENSATION OF THE MIDWEST INDOOR SEASON, TED WHEELER OF IOWA, GIL BELIEVES HE SHOULD DEVELOP INTO A FINE DISTANCE RUNNER.

"Wheeler surprised me," said Dodds. "Negros usually don't make good distance runners. It's hard to say how far he can go. He has a wholesome outlook and great desire."

Wheeler has won seven straight miles this year and took the Bankers' Mile in the Chicago Relays in 4:07.5.

DELANY'S 4:04.9 BREAKS RECORD FOR PHILADELPHIA AREA MILE.

WEST CHESTER, Pa. APRIL 14- Ron Delany, Villanova's Irish star, ran a blistering mile, as the Wildcats opened their 1954 meet season with a 73 1/2 - 52 1/2 victory over West Chester State Teachers College on the latter's cinders today. Delany, running easily at the finish, beat teammate John Kopil by some 60 yards in the most brilliant race of his career.. His time, achieved in perfect, sunny weather with very little breeze on a track that was in excellent condition, surpassed his Irish record of 4:05.8 set in Dublin last August and bettered his best indoor performance - a 4:06.3 (Boston MA) Jan. 28th.. England's Roger Bannister, first miler to break the 4 min. barrier, won the Ben Franklin Mile in 4:08.3 at the Penn Relays in 1951 in the fastest previous time registered in the district.. In the best performances here since then, Len Truox and New Zealand's Murray Halberg triumphed in 4:10 in the Penn Relay miles of 1953 and 1954 respectively.. Until Ron's performance the best outdoor mile time for a Phila. collegian was 4:07.2 chalked up by Villanova Fred Dwyer when he placed second to Wes Santee in the 1953 National Collegiates. The West Chester field record was 4:19.3 set by Seton Hall's Carman Bova in 1941.

Kopil former Bayonne, N.J. schoolboy indoor mile champ, ran a 58 sec 440 in setting a sizzling pace for his famous teammate. Delany just one sec. behind, moved into the lead early on the second lap and steadily drew away with his effortless pacing stride. he was caught at 2:01 at the half and at 3:03 after 3/4.. If pressed he undoubtedly could have won in even faster time as he didn't appear to be straining at the finish. Summaries: Mile Run- 1. Ron Delany, V. 2. John Kopil, V. 3. Jerry Bankart, W.C. 4:04.9

2 mile: 1. Alex Breckenridge, V. 2. Geo. Brown, V. 3. Jerry McCann, W.C. Time: 9:43.7
Time 9:43.7 - 880 1. Charlie Jenkins, V. 2. Al Ligorelli, V. 3. Jim Deegan, W.C.
Time 1:55.6 (100 yds -1. Geo. Sydnor, V. 0:09:5- P.V. 1. Bragg, V. 148 7/8)

Newark, Del. Apr.14- Capt. Dante Marini, of Delaware Univ. double winner against Lehigh in 4:30.6 and 10:00.7 Score Lehigh 66 2/3 -Delaware 58 1/3.

Williamsburg, Va. Apr.14- Miler Wes Santee ran his first race in more than a month today and posted 4:12.3 for the Quantico Marines in a dual meet with William and Mary.. Never pushed by the two other service men and two W&M freshmen who ran against him, Wes won by nearly 100 yds. He had opened up a 50 yd. gap by the end of the first lap. Santee- 61- 2:05- 3:08. 2nd. Bill Taylor, Quantico 3rd, Wm. Mary's Bob Detombe - 4:27.5.

Phila., Pa. April 14- Frank McLaughlin, St. Joseph's College outstanding miler, set a track record and also won the 880 in St. Joe's 91 1/2 to 47 for Albright and 15 1/2 pts. for Juniata College, triangular meet today at the Hawks field. McLaughlin set his mark in the mile at 4:21.6 to erase his last year's record of 4:21.8. He won the 880 in 1:56.6. 2 Mile- Ed Mather, S.J. 9:46.6.

West Point, N.Y. Apr.14- Ike Matza, NYU scored a good double, during the absence of his distance mate Geo. King - in Africa - today in a triangular won by Army 106, NYU 36, Boston U. 34. Ike, won the mile in 4:18.2, with Geo Faber of NYU 2nd and Ron Kennedy, of Army 3rd. Ike's two mile time was 9:38.6, 2nd Jerome Lewis, Army, 3rd Louis Quatannens, Army, 4th Harold Swidler, Army. 6

JIM PETERS 10 year PROGRAM LEADIN TO THE MARATHON RUN.

MARATHON RUNNING remember, is a man's sport. Anyway, I would say that running a race inside 2 hrs. 25 min. is not unduly exhausting for a fully trained Marathon man, and his recovery period should be a matter of only 24 hours or so. Actually I was ready to resume training fully, 48 hours after a race.. But how do you get into the 2 hrs. 20 mins. class and be able to recover so quickly? Only after a long, steady preparation over a number of years. Here is the main reason why I don't advocate novice runners taking to the Marathon, as was often the case before the war. I have always contended that for success in the Marathon it is necessary to have the speed of a 3 - 6-mile track athlete, the speed and stamina of a top-class x-country star and determination of a 50 mile road runner.. My latest theory is that a 10-year program of racing should be mapped out. Ten years usually sees an athlete through his peak period, although many men, particularly the ordinary "working-man" class, can keep up to 25 years. Jack Holden, Geoff Iien, and Tom Richards are great examples. Richards second in the 48 Olympics inspired me to take up Marathon running. The thought of my athletic career.. But to return to my 10 year plan: The first year would be spent as an "apprenticeship", and during his time the athlete would pick up to every-day training for 50 weeks of the year - 2nd yr. 1 and 2 miles- 3rd yr. 2,3,6, mile getti to 9:15, 14 min. at 26 yrs. of age ready for 5 yrs. on road.

LANDY BETTERS 4 MINUTES 4TH TIME, RUNS MILE IN 3:58.6.
Melbourne, Australia, April 7- John Landy, broke the 4 minute mile barrier for the fourth time today before 8,000 with a 3:58.6 clocking that equalled the 2nd fastest performance ever recorded for the distance.. Immediately after the feat, the 25-year old school teacher said he planned to run in the 5000 Meter event in the 1956 Olympic Games here and that he would compete in the mile "only if I have enough speed left." The mile is scheduled after the 5000 meters in the Olympics... Landy whipped around the soft Olympic Park track in a speedy 58.6 on the final 440 lap to win by 100 yards over John Murray.. During the course of the race Landy was clocked in 3:43.2 for 1500 meters, he holds the world mark of 3:41.8 set in Finland if Warren set a fast pace for Landy on the rain soaked track, but he dropped out at the half mile mark (59- 2 flat) Landy passed the 3/4 in 3 minutes.

London, April 7- Three Oxford Univ. athletes who will compete in the Penn Relays, 1956-57-58, broke meet records as Oxford defeated Cambridge Univ. 87-39, in their annual meet at White City Stadium. It was the 81st renewal of the world's oldest college track meet.. Donald Gordon broke famed Chris Guataway's mile mark with a 4:06.2 performance. Derek Johnson set an 880 -yd. mark of 1:51;9. Ian H. Boyd scared 18.6 seconds off the 3 mile record, in 13. 53.6. These runners are all British Olympic hopefuls. Disimilar to American track and field, very few British collegians gain places on the Olympic team.. Most English Olympians are graduates and other non-collegians.

MELBOURNE, AUSTRALIA, APRIL 15- John Landy, the world's all time fastest miler, turned in a 1500 meter race today in the slow time of 3:51.6 on a heavy grass track and affected by inoculations he has been taking as a requirement for his trip to California in the last week of April to compete in 2 mile runs at Fresno and Los Angeles in early May. Nevertheless, Landy finished the distance 200 yds. in front of his nearest rival, Geoff Warren, who was about 200 in front of John Douglas, the third man.

GEORGE KING REPORTS ON STATE DEPARTMENT TRIP TO AFRICA.

GEORGE KING, one of those ambassadors in short pants Uncle Sam keeps flying around the globe these days, did suave good-will work for our State Department in Africa during a 24-day good will trip. The jaunt covered some 16,000 miles and required about 85 hours flying time.. Speaking of his 3 week trip after arriving back in N.Y. April 18th, King says, "We had a good time and I think, made a lot of friends. There was one crowd of about 20,000 natives in Accra, British West Africa. Some of our practice sessions were attended by 10,000 people.. "Most of the time we gave lectures, helped conduct track and field clinics and trained with the athletes in Accra, Monrovia in Liberia and Lagos and Ibadan, Nigeria. Most of the running natives ran barefooted on grass tracks, even in the sprints. But they were anxious to learn and had a few standouts. One high jumped 6'9" and another did 50'9" in the hop step and jump.. The heat didn't allow me to do enough mile and 2 mile training," George went on. But it was OK for the other team members John Haines of Penn who ran 9.7 and 21.5, Charlie Pratt of the Pioneers 14.2, Harry Bright, 1.55- 880, Lou Jones, 47.8 and Doug Foulkes of Georgia Tech fame, 24'11" Broad Jump. The team was coached by Tom Deckard, former Indiana Univ. distance running great and former coach of Drake Univ. The team competed in 4 meets and gave exhibitions almost daily in weather of 80-90 degrees.. The team found the footing uneven on the grass tracks, the only non- grass track was a now clay oval at Monrovia, Liberia, that was not in good shape. They discovered the keenest interest and the best developed athletes in Nigeria where English coaches have done a good job.. It was the first visit of U.S. trackmen in that part of the world and they really put out the red carpet for us the runners claimed. Main shortcomings of the African runners was their poor starts and lack of enthusiasm for hard practice.. During one of the meets John Haines anchored a 440 relay with Foulkes, Jones and Pratt in 41.2, just one second off the world record. "It made us feel pretty good," grinned Haines." The U.S. has found that sending top track athletes abroad is a fine - and inexpensive- way of winning friends for America. When the State Dep'te. Harold E. Howland first suggested the idea a few years ago as part of his job as director of the international educational exchange program, some of his more political minded colleagues sneered. But the former U. of Pittsburgh athlete persisted and the idea of sending sports ambassadors overseas became firm U.S. policy.. One of the biggest hits was polevaulter Bob Richards, who reportedly drew 3,000,000 people in India. And this was at a total cost to the U. S. of about \$3,000 which went for his travel and subsistence. Another great favorite abroad was Jesse Owens, famous Negro Olympic sprinter. He endeared himself to millions of Poverty stricken people in India when he agreed to endorse a Bombay firm's hair oil if the \$1000 offered him would be used to buy sports equipment for the youngsters of the city. The story was given headlines all over Bombay, even in the newspapers considered anti- American. Six "Jesse Owens Clubs," Howland said were set up in Malaya after the track stars visit the Harrison Dillard, drew bigger crowds in Panama than any other foreign visitor. (Runk has it that a 10 man team consisting of U.S. distance runners will visit Finland this summer) strictly hearsay among the runners).

George King is the IC4A 2 mile champion both indoors and outdoors. He has been timed in 9:05.9 for 2 miles in 4:11 for the mile and has turned 880 yds. in 1.52. 4 seconds. To attain peak condition he jogs 4 or 5 miles in the morning before reporting for classes. After a light workout he is geared for heavier work in the afternoon. Rarely does he spend more than 3 hours in his afternoon session.

He limits himself to half miles, quarter miles and 220-yd. dashes in preparing for a mile or 2 mile event. King reports that he has done as many as fifty 220 yd. sprints under 33 seconds each in the course of an afternoon. Although he is only a comparative young runner, King has been in competition long enough to run against the best of them. Recently he remarked that the best man he ever competed against was Josy Barthel, winner of the metric mile at the 1952 Olympics.

April 19- Lexington, Mass. George King of Charlestown, Mass. a senior at New York University, won the annual 5-1/2 mile Lexington Lions' road race today (A.M. before the Boston Marathon) King returned only 2 days ago from Africa. His time was 28. 05. Another Bunker Hiller, Thomas Tomasian, finished second.

Finish: 1. George G. King- NYU; 2. Thomas Tomasian, Charlestown AC; 3. Marshall J. Rowlett, B.A.A. ; 4. Joe Mullins, Charlestown A.C.; 5. Aldan Carpenter, Harvard A.A.; 6. John Kauppinen- BAA 7. Rob't Desmond, Charlestown A.C. 8. Robt Stronach (C.A.C

April 20- Marine Lt. Wos Santee was clocked in 3:52.2 in an exhibition 1500 meter race today in biting cold and on a damp track (sounds like a John Landy situation). Santee's time was well off his American record of 3:42. 8. He was timed in 60- 2:03.5 and 3:10 for 3/4. Santee was paced by two high school runners.

RENE DOIRON WINS BOSTON CATHEDRAL 10 MILE RACE, ROSS TAKES TIME PRIZE.
BOSTON, APR. 8- RENE DOIRON, 26-year old from Gardner, Mass. who finished 17th in last year's B.A.A. marathon, won the final warmup preceding the Patriot's Day B.A.A. marathon, the 46th annual Cathedral Club 10-mile handicap road race yesterday in 1 hr. 8 min. He finished 300 yards ahead of his nearest pursuer, Tony Sapienza of the B.A.A.. Scratch-man Browning Ross of the Penn A.C., was only 34 seconds off his own course record as he won the time prize in the corrected time of 55 min. 40 sec. Doiron, who is married and the father of two children, won his first distance race in 30 previous attempts. Sapienza, a school teacher, is an ex-captain of track at Boston College where he also starred on the cross country team. Footprints: Jim Dailey, Jr. second in time prize competition in the Hyde Shoe event, was runner up again as he finished 8th in the field. Marshall Rowlette of the BAA victor in 1954 wound up 13th. Doiron, who won the state mile title for Gardner High in 1949, ranked 2nd in N.E. that year. Bob Campbell, Nat. distance chairman, was honored for his efforts on behalf of distance runners by the New York City runners of the Millrose A.A., St. Anthony's B.C., and the Pioneer's. Joe Kleinerman presented him with a scroll and a pipe after the race. Milt Pataky of St. Anthony's led the field for the first 4 miles with Jim Daley, Sr. second. Ed Brackett held the lead until Rene took over a little past the half way mark. At the 7.5 mile mark weary Ross was 18th. 112 entered the race with 96 actually starting. 25 prizes, all trophies plus a wooden clock for time prize and 3 novice prizes. weather cold and windy as usual this spring!

THE RESULTS:

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|--|---|
| 1. Rene Doiron, B.A.A. 64:23 60:08 | 31. Mike O'Hara, St. Anthony's 68:42 |
| 2. Anthony Sapienza, B.A.A. 64:52 58:52 | 1 min. 67:42 |
| 3. Louis Torres, Pioneer's 65:29 60:29 | 32. Ed Janiak, BAA. 68:44 66:44 |
| 4. Browning Ross, Penn A.C. 65:40 55:40 | 33. Joe Kleinerman, Millrose 68:50 64.20 |
| 5. Clarence Hilton, Northeastern U. 65:58 61:28 | |
| 6. Gonzales Scott, B.A.A. 66:02 64:02 | 34. John Conway, Pioneer's, 68:54 64.24 |
| 7. Ted Corbitt, Pioneer's 66:12 62:23 | 35. James Daley, Sr. Un. 69:07 69:07 |
| 8. Jim Daley, Jr. B.A.A. 66:21 58:36 | 36. Bill Elles BAA 69:23 66.53 |
| 9. Bob Choves, Syracuse Univ. 66:24 63:54 | 37. S. Sears, BAA 69:29 67:29 |
| 10. Neal Wallace, Notre Dame Univ. 66:27 63:27 | |
| 11. Herb Benario, Millrose A.A. 66:40 64:10 | 38. Milt Pataky, St. Anth. 69:38 69.38 |
| 12. William Murphy, BAA 66:58 62:43 | 39. Lt. Chuck Trayford Ft. Devens, 69:39 1:30 68:09 |
| 13. Marshall Rowlette, BAA 67:02 62:32 | |
| 14. John Kauppinen, BAA 67:05 64:05 | 40. J. Morrissey, No. Med. 70:13 68:43 |
| 15. Lee Chisholm, BAA. 67:07 62:07 | 41. Carl Stinson, No. Med. 70:16 68:46 |
| 16. Geo. Hillier, Boston U. 67:08 59:23 | 42. Andy Paulas, B.A.A. 70:21 69:21 |
| 17. John DiCommandrea, BAA 67:23 62:23 | 43. Ralph Murray BAA 70:25 65:55 |
| 18. Pvt. Michael Allen, Fort Devens, 67:33 64:33 | 44. Nate Cirulnick, Pioneer's 70:28 5min. 65:28 |
| 19. Malcolm Hill, Northeastern U. 67:38 66:08 | |
| 20. Gabriel Mirkin, Harvard AA 67:49 65:49 | 45. Ken Hayden, BAA 71:24 70:24 |
| 21. Bob Rehn, B.A.A. 67:50 65:35 | 46. John Meymarie, BAA 71:53 68:23 |
| 22. George Younis, B.A.A. 67:55 64:25 | 47. L. Norwood, B.A.A. 72:12 71:12 |
| 23. Tony Medeiros, North Medford Club, 67:56 63:26 | 48. B. Stronach N. Med. 72:14 4:15 min. 67:59 |
| 24. Stan Tiernan, Hopedale, Massach. 67:58 62:58 | |
| 25. Ed Brackett, BAA 68:05 65:35 | 49. Phil Crosby, No. Med. 72:15 |
| 26. John Gray BAA. 68:12 63.12 | |
| 27. Don Fay, BAA 68:15 64:00 | 50. J. Doherty No. Med. 72.16 |
| 28. Dain Oliver, BAA. 68:28 66:28 | TEAM SCORE: 1. B.A.A. 1-2-5- 8pts. |
| 29. Ed Dullea, B.A.A. 68:29 65:59 | 2. Pioneer Club- 3-6-12- 21 pts. |
| 30. Dave Gott BAA 68:36 6 | 3. Northeastern Univ. 29 pts. |
| | 4. North Medford- 32 pts. |

Fastest Times: 1. Ross 55:
2. Jim Daley 3:36
3. A. Sapienza 32
4. C. Hilton, 3 ()
5. Lee Chisholm

- Geo Hillier, 59:23
for- L. Torres, 60.29

In John's latest 3:58.6 at
finish by 55yds. Ron Clarke
June April 7th, John Murray ran 4:06.8 in
4:09.4 (space fillerboy's)

ANTTI VISKARI WINS BAA MARATHON - YOUNG KELLEY, COSTES, THACKWRAY, CORBITT LEADING OLYMPIC CANDIDATES.

Boston, April 19- Antti Viskari, of Lappeenranta, Finland flew the fastest marathon ever run - 2:14.14 in the 60th Boston AA classic. The first 4 runners, aided by a tailwind, bettered last year's BAA mark of 2:18.22 by Japan's Hideo Hamamura.

The previous recorded all time low was 2:17.39 by Jim Peters 2 years ago over a flat course in his native England. They'll be using starting blocks next up there at the high-noon start at Hopkinton. At 5 of the six checking points on the journey new marks were established. The fabled names of Tarzan Brown, Peters, Hamamura, and Yamada went out of the books. Rather than details we will give the complete statistics, which should prove more enlightening.

LEADERS AT CHECK POINTS.

Frankingham 5.9 miles. Record - 30:23.2 set in 1936 by Tarzan Brown. Leader's Time 30:27- 1. George Terry 2. Viskari 3. Joe Tyler 4. John J. Kelley 5. Doroteo Flores 6. Oksanen 7. Bob Cons 8. Fred Wilt 9. Nick Costes 10. Louis Sebio

(12.8 miles) Record- 50:45 by Brown in 1936. Leader's Time 50:31
1. Terry 2. Costes 3. Kelley 4. Tyler 5. Oksanen 6. Viskara 7. Wilt 8. Cons 9. Flores 10. Thackwray.

Wellesley (12.8 Miles) Record 1:07.07 by Jim Peters, 1954. Leader's Time: 1:06.06
1. Geo. Terry 2. Kelley 3. Tyler 4. Viskari 5. Oksanen 6. Costes 7. Wilt 8. Thackwray 9. Flores 10. Cons

Woodland (16.8 Miles) Record 1:29.35 by Peters 1954. Leader's Time. 1:27.29 (Kelley & Viskari) 3. Oksanen 4. Tyler 5. Terry 6. Costes 7. Thackwray 8. Wilt 9. Creencio Costello 10. Gordon Dickson

Lake St. (21.2 Miles) Record 1:52.33 by Japan's Yamada in 1953. Leader's Time. 1:48.45 1. Viskari, 100yds. in front, took lead in the Newton Hills, 2. Kelley 3. Oksanen, 200yds. behind Kelley. 4. Nick Costes, 500 yds. behind Oksanen but running easily. 5. Tyler 6. Thackwray 7. Dickson 8. Wilt 9. Costello 10. Cons

COOLIDGE CORNER 6th CHECK POINT - 1. Viskari by 100 yds. in 2:01.49 (23.8) Miles

- RESULTS:**
- | | |
|---|--|
| 1. ANTTI VISKARI, FINLAND, 2:14.14 | 46. Sylvester Villa, Los Angeles, 2:54.05 |
| 2. JOHN J. KELLEY, BOSTON AA 2:14.33 | 47. M. Sgt. Richard G. Ellis, Monterey, Calif. 2:54.26 |
| 3. Eino Oksanen, Finland, 2:17.56 | 48. Dr. Charles Robbins, Pioneer's. 2:55.25 |
| 4. Nick Costes, Natick, Mass. 2:18.01 | 49. Rob't. L. Rohm, Roslindale, Mass. 2:55.40 |
| 5. Dean Thackwray, B.A.A. 2:20.24 | 50. John Holt, Millrose AA, 2:56.07 |
| 6. Ted Corbitt, N.Y. Pioneer's 2:28.06 | 51. Geo. Caparu, Toronto, 2:56.24 |
| 7. Gordon E. Dickson, Calgary, Canada. 2:28.45 | 52. Mike O'Hara, St. Anthony's, 2:57.15 |
| 8. Joseph W. Tyler, San Diego, Cal. 2:19.17 | 53. N. Neilson, Downsview, Ontario, 2:59.05 |
| 9. Robert Cons, Culver City, Calif. 2:29.24 | 54. William F. Welsh, Millrose, 2:59.28 |
| 10. Fred Wilt, Lafayette, Ind., 2:29.27 | 55. John Meymaris, Natick, Mass. 3:00.1 |
| 11. Thomas Ryan, U.S. Army, 2:29.35 | 56. John J. Jarrett, Long Island, N.Y. U.S. Navy 3:03.17 |
| 12. James A. Daley, Jr., Westford, Mass. 2:31.25 | 57. Rev. Ernest MacDonald, Gladwin Mich. 3:03.18 |
| 13. Browning Ross, Penn A.C. Phila. 2:31.38 | 58. Anthony Diamond, Buffalo, N.Y. 3:03.25 |
| 14. Aldo M. Scandurra, Millrose AA 2:33.34 | 59. John DiCorrandrea, BAA, 3:04.49 |
| 15. John Lafferty, BAA 2:33.57 | 60. N. Mackey, Dartmouth, N.S. 3:07.55 |
| 16. Louis J. Sobio, Jr., Los Angeles, 2:35.16 | 61. James Daley, Sr. Westwood, Mass. 3:08.32 |
| 17. Rene Doiron, Gardner, Mass. 2:36.35 | 62. Carl Stinson, Medford, 3:10.40 |
| 18. Michael G. Allen, Ft. Lewis, Wash. 2:36.40 | 63. Milt Pataky, Richmond Hill, N.Y. 3:10.56 |
| 19. Luis Torres, Brooklyn, N.Y. 2:36.47 | 64. Jerry Billota, Bronx, N.Y. 3:11.26 |
| 20. Alfred A. Confalone, Wakefield, Mass. 2:37.17 | 65. Sumner Sears, Lynn Mass. 3:12.35 |
| 21. John Conway, Brooklyn, N.Y. 2:37.23 | 66. George Younis, Boston, 3:13.50 |
| 22. Creencio Costello, Mexico, 2:37.25 | 67. Gabriel Mirkin, Brookline, Mass. 3:16.24 |
| 23. Jim Green, BAA 2:37.56 | 68. Rob't Brown, Belmont, Mass. 3:16.47 |
| 24. George Hillier, Boston U. 2:38.30 | 69. Harry Murphy, Brooklyn, N.Y. 3:17.27 |
| 25. Norman Tamanaha, Hawaii, 2:38.46 | 70. John Whalen, Washington D.C. 3:18.23 |
| 26. Luis H. Valazquez, Guatemala. 2:39.55 | |
| 27. Robert I. Holnew, Cambridge, Mass. 2:40.01 | |
| 28. Ralph Eilberg, Penn A.C. Phila. 2:40.11 | |
| 29. Arnold G. Briggs, Syracuse, NY 2:41.20 | |
| 30. Nat Cirulnick, Pioneer Club, NY 2:42.22 | |
| 31. Gonzales Scoto, Boston 2:42.32 | |
| 32. Pedro Rosales, Guatemala, 2:44.04 | |
| 33. Tony Medeiros, Boston 2:44.99 | |
| 34. Ted Suito, Bayside, LI. 2:45.12 | |
| 35. Don M. Fay, BAA 2:45.54 | |
| 36. Shalom Kahanly, Israel, 2:46.06 | |
| 37. Royce Sawyer, Concord Mass. 2:46.46 | |
| 38. Armando Lopez, Los Angeles 2:48.43 | |
| 39. Dave Gott, B.A.A. 2:49.06 | |
| 40. Pedro P. Peralta, Mexico, 2:49.53 | |
| 41. Wm. J. Murphy, Boston 2:49.58 | |
| 42. David F. Gould, Univ. of Maine, 2:51.05 | |
| 43. John Gray BAA 2:5 | |
| 44. Robert D. Harris, Minn. 2:52.23 | |
| 45. Thomas K. Douglass, Tenn. 2:54.41 | |

Team prize - Boston AA
The two Finns put in 40 hours sleeping
family, and 14 hours sleeping
rainfall
omn. according to

Before the glamorized grind, Viskari must have run two miles through fields adjacent to the starting line. Afterwards, through an interpreter, he said "Let's go dancing." He wasn't joking, either. His energy should be harnessed.

NEW YORK, APRIL 21- Queens-Iona Relays: Competing in the 2nd annual...
 carnival at John J. Downing Stadium on Randall's Island- Manhattan College won the
 team trophy with 57 points to Yale's 37. Results: 4 Mile Relay- 1. Villanova
 (George Browne, John Kopil, Alex Breckenridge, Ron Delany) Delany, ran his leg in
 4:09.5, he received the baton in 4th place and made up 20 yds. Passed Doulin of Man.
 on last turn to win by 9 yds. Time: 17:32.1 2. Manhattan, 3. NYU. 4. Yale, 5. Ford.
 (Meet record. Old record 17:45.8 by Man. 1955... 2 Mile Relay- 1. Manhattan
 (Ed McLaughlin, Joe Soprano, Ted Muellofs, Jim Doulin); 2. Syracuse 3. Morgan St.
 4. Yale, 5. Fordham. 7:52... Dist. Md. 1. NYU (Lockerbie-880, Ray Frazier-440,
 Matza anchor mile and King 3rd leg 3/4) 2. St. Joseph's Phila. 3. Ford. 4. Man.
 Time: 10:37.2. Collegiate Track Conf. Dist. Md. 1. Montclair State Teachers N.J.
 Iona, 3. Adelphia, 4. St. Peter's. 11:05
 Special Event A.A.U. 3/4 Mile Run. Handicap - 1. Richard Hart, Collegiate T. & F.
 2. Tom Courtney, Ft. Dix, 3. Gene Maynard, Ft. Monmouth, 4. Mike Carafis, NYAC (10yds.
 Time 3:07.7 (First 3 all ran from scratch.)

KANSAS, APRIL 21- 31st Kansas Relays: 4 Mile Univ. Relays- 1. Kansas (Al
 Frame anchoring) 2. Arkansas, 3. Missouri, 4. Only 3 teams ran. 17:44.4...
 2 Mile college Relay- 1. Howard Payne, 2. Philander Smith, 3. Chicago Loyola, Time:
 7:41.6 New record.
 Columbus, Ohio, April 21- Ohio Relays- Ed Moran, Penn State freshman, won the mile
 in 4:21.3 and the 1000 in 2:15.5 for a double win.
 Apr. 21 College Results: LaSalle 63 West Chester State Teacher's 58. Mile and 2 Mile
 double by Jerry Bankert of W.O. 4:32.2 and 10:05.4,
 Penn 85 5/6 points, Lohigh 40 2/3 and Rutgers 34 1/2. at Rutgers. Mile 1. Jerry
 Barr, Penn 4:23 2 mile 1. Ellis, Rutgers, 9:58.4.

Long Island City, N.Y. April 22- Kraus wins 6 mile handicap, McKenzie fast time.
 Dick Kraus of Fordham Univ. captured individual honors in the annual Long Island
 City Athletics Assn. 6 mile handicap road race through the streets of Astoria,
 Jackson Hgts, East Elmhurst and Woodside, L.I. today. Kraus a freshman at Ford.
 competed with a 6 minute handicap, he grabbed the lead at the start and was never
 headed. The 18 yr. old runner was timed in 33:27.4. His margin was 800 yds. Kraus,
 only a novice, was even more remarkable in victory when you realize that he has a
 paralyzed left arm and leg, both since birth. But that hasn't stopped him from
 running. He took to the sport early in H.S.

The summaries:

	Hdcp:	Actual time	
1. Richard Kraus, Fordham	6:00	33:27.4	23. Peter Beyer, NYAC-3.00-34.28
2. Harold Swidler, NYU	4:00	32:50	24. George Helfenstein, NYAC
3. John Donovan, NYAC	3:30	32:37	1:15 - 32:50
4. Vincent Hern, Millrose AA	2:00	35:08	25. Pat Molloy, Fordham, 3:30
5. Arthur Cunningham, Fordham	2:30	31:52	34:55
6. Joe Kleinerman, Millrose AA	3:45	33:13	26. Ed McCavley, Unatt. 6.00
7. Norman Holden, Fordham	4:15	33:20	38:51
8. Franklin Russell, Pioneer	3:30	33:36	27. Dewey Johnson, NYAC- 1:00
9. F. Smith, St. Anthony's	3:00	33:08	33:55
10. Jim Sumner, Shanahan C.C.	3:))	33:18	28. F. Doherty, Shanahan CC
11. Chas. Short, St. Anthony's	6:))	36:25	3:45 - 36:42
12. Bob Chambers, Shanahan C.C.	3:00	33:30	29. Dewey Parks, Shanahan CC
13. Stan Fitzgerald, Fordham	4:30	34:38	5:30 - 38:28
14. Art O'Connor, Jr. Fordham	2:30	33:09	30. Herb Benario, Millrose AA
15. Joe Burns, Pioneer	3:30	33:40	3:30 - 35:46
16. Bill Kelly, Millrose	6:))	36:50	31. Ted Suito, St. Anthony's
17. Ed Larkin, Millrose AA	4:30	35:24	5:30 - 38:47
18. Gus Likos, Pioneer	3:45	34:48	32. A. Givens, Unatt. 5:30-39.40
19. William Welsh, Millrose AA	1:30	32:45	33. John Curran, Fordham, 3:00
20. James Borden, Pioneer	3:45	35.01	37:35
21. Gordon McKenzie, Pioneer	Scratch	31:20	34. Don Bagby, Shanahan CC
22. Ted Corbitt, Pioneer	2:15	33:36	5:00 - 39:46
			35. Nate Cirulnick, Pioneer
			3:00 - 38:09
			36. Wm. Steiner, Millrose AA
			4:30 - 39:43
			37. J. Venteau, UN. 6 - 41.46
			38. P. Wolfe, Millrose 5 -45.33

Team Scoring :

1. Fordham - 28 (1-3-5-9-10)
2. Millrose AA - 46
3. Pioneer Club - 64
4. Shanahan C.C. 72

COSTES' SPEED TRAINING REVIVES OLYMPIC HOPES.
 "Revival of American interest in marathoning can largely be attributed to the example
 set by Nick Costes," says U.S. Olympic marathoning chairman Bob Campbell of Watertown,
 Mass. with a tip of his hat to the 38-year old Natick, Mass. schoolteacher.
 "Costes brought speed training back into marathoning for the first time since
 the late 20's and also showed the American runners that the foreigners can be beaten"
 We remember John Kelley, a Pawtucket runner who knew the value of speed training but it
 was forgotten over the past few years when our boys figured the only thing you need
 to run a marathon was the endurance to cover 26 miles, 385 yards. "Then Nick started
 training with riler Josy and picked up his system of running several series
 of halves and quarters to improve speed. Did it prove successful? ANS: 2:18.01.
 Jerry Mason of the Boston Marathon said about Costes: "OK, so I'm a Costes man, This
 kid is going to be a very top runner. I'd like to give a "hot foot" to Australia come Nov!

BOSTON MARATHON ODDITIES - Youngest Winner - 18-year old Tim Ford, Cambridge, 1906.
 Oldest Winner - 42-year old Clarence DeMar, Malrose, 1930.
 Tallest Winner - 6 ft. 3 in. Joe Smith, Medford, 1942.
 Smallest Winner - 108 lb. Keizo Yamada, Japan, 1953.
 Closest finish - 6 seconds, Ford vs. Knoeland, 1900. Widest Margin - 12 min. 52 sec., J.J. McDermott, 1897. Most Firsts - 7 - De Mar. Top Longshot - John Miles, Nova Scotia, 1926. Toughest Feet - Gerry Cote, Canada, nine races.

DICK HART VICTOR IN 5 Mile RUN, BREAKS 38-YEAR U.S. MARK. 24:23.9.

Swarthmore, Pa. Sat. April 28 - Dick Hart, representing the Collegiate Track and Club of Swarthmore, broke the American 5 mile record by almost 13 seconds, and set 3 other marks along the way, in an Olympic Development race sponsored by the Middle Atlantic AAU at Swarthmore College track this morning before the Penn State team. Hart, a 1950 Penn graduate, broke the 24:36.8 set in 1918 by Charles Pores, and in Route he eclipsed a still older mark for 2 1/2 miles. His 11:54.9 bettered the 11:59.4 of Hannes Kolmainen, a 1912 Olympian for Finland, set in this country in 1913. Hart also broke his own 3 1/2 and 4 1/2 mile records set on the same Swarthmore track (not a good one by all means) Oct. 1, 1955. He lowered the 3 and 1/2 from 17:08.6 to 16:55.6, and the 4 and 1/2 from 22:02.1 to 22:01.3. The Nat. 6 Mile champion, who has not seen sunshine since beginning to train for the season at his Windsor, Conn., home, led for all but about 100 yards. Coming off the last turn of the first mile, Bill Ashenfelter passed him. Midway of the 5th lap Hart regained the lead for good. By the 3 and 3/4 mile mark, the young mechanical engineer had lapped all three runners. Luther Burdelle, Penn A.C. took a distant second in the race, Ashenfelter two strides behind. John Kopil, Villanova dropped out of the race after three miles. According to Bob Detweiler, Collegiate T&F coach, Hart was forced to do a great deal of his training in his cellar due to the unfavorable weather near his home. He just ran in place, varying the tempo, as if he were running sprints and interval running. (Eulace Peacock, Temple Univ. Sprint star of a few years back used to do much of his training this way, as Coach Ben Ogden, kept the tempo up by tapping a stick so many times to the minute). Real will power and mononoty! Hart's splits are as follows:
 1 mile- 4:40.5 - 2 mile- 9:29 - 11:54.9 - 2 1/2 miles
 3 miles- 14:25.3 - 3 1/2 miles - 16:55.6 - 4 miles- 19:28.2 - 4 1/2 miles- 22:01.3
 5 Miles - 24:23.9 (Burdelle and Bill Ash - 26:40 approx. a lap and a half back.

West Point, N.Y. April 28 - Army 73, Yale 67. Mile run 1. John Bogan, Yale, 2. Jim Loucks, Yale, 3. Ronald Kennedy, Army. 4:21.5... 2 Mile 1. Jerome Lewis, Army 2. John Bogan, Yale 3. Tim Hogan, Yale. 9:44.6

Baltimore, April 29 - 6th Annual Baltimore Relays at Clifton Park. Baltimore O.C. 45 pts. univ. of Delaware 36 pts. 7 other teams figured in point scoring. Dante Marini, Dela. ran the mile in 4:36.2 for a meet record.

Waton, England, Apr. 28 - Fred Norris, 34 year old miner, today became the first British runner to cover more than 12 miles in an hour and failed by only 740 yds. to equal Emil Zatopek's world record for an hour's run. Norris ran 12 miles, 69 yards and one foot in an hour; Emil's record is 12 miles, 810 yards.

THE QUESTION BOX * "Who will win the distance events in Melbourne"?

This month's question - Asked of - Harold Colby - Chairman T & F, S.W. Ontario District, Canada. (1500 - Iharos, Steeplechase - Cronik. 5000 - Landy. 10,000 - Stephens Marathon - Zatopek).... Ron Kienl, distance runner, Reading Pa. (1500 - Tabori. S.C. - Horace Ash. 5000 - Landy. 10,000 - Zatopek. Marathon - Costea.) Ted Corbitt, 1952 Olympic Marathoner. (1500 - G. Neilson. S.C. Cronik. 5000 - Kuts. 10,000 - Stephens or Zato. Marathon - Zatopek.) Gordon Dickson, Calgary, Canada distance runner (1500 - Iharos S.C. Cronik. 5000 - Kuts. 10,000 - Zatopek. Marathon - Zatopek.) Bill Welsh, Millrose AA distance runner. (1500 - Tabori. 3000 S.C. Russian who finished 2nd in '52. 5000 - Kuts 10,000 - Driver. Marathon - Hamamura of Japan) Jack Barry, Shanahan CC distance runner - (1500 - Landy. S.C. - Welsh's choice, Kasansev. 5000 - Kuts. 10,000 - Zatopek. Marathon - Young Johnny Kelley). Purely guesswork reader's, let's not get alarmed. We will print more next month.

LONG DISTANCE LOG - CALENDAR

MAY

- Sun. May 6 - Inglewood Dept. of Recreation 6th annual 15 mile handicap run. (apologies for not having Calif. race results, hope to in future.)
- Fri. & Sat. May 11, 12 - Middle Atlantic Collegiate Track Champs., Reading, Pa.
- Sat. May 12 - Heptagonal Track Champs., West Point, N.Y.
- " " " - West Coast Relays, Fresno Calif. Featuring John Landy and possibly Ron Delany, if he does well against Landy May 3, in Los Angeles.
- Sun. May 13 - Fontana Days Inc. 1st annual "Fontana Days" 15 mile open run, Fontana, California.
- Sun. May 13 - 10,000 meter Open level ent run (on a track) Yonkers, N.Y.
- Fri. & Sat. May 18-19 - Big Sev k Of , Manhattan, Kansas.
- Sat. May 19 - Houston T & F Club ton, as.
- Sun. May 20 - Culver City Dept. crea 5th annual Griffith Park 12 mile handicap. (Culver A.C. the sponsor.)
- " " " Sr. & Jr. New Engla. ss. Kilo Run Champ., New Bedford, Mass.
- " " " & 26 Ten Track Champs. Minneapolis, Minn.

Long-Distance Chatter by Bob Campbell, Nat'l AAU Long Distance Chairman.

Marathon Echoes: April 19th, 1775 our forefathers fired "The Shot Heard Around the World" April 19th, 1956 Viskari, Kelley Oksanen and Costes exploded a time bomb heard around the world. (And the news traveled much faster)
 Our sincere thanks to Walter Brown, Will Coney, and their committee who as usual left nothing undone to make the race its annual success.
 It's always a source of mystery to me why so many runners don't seem to realize that endurance and speed are lost without pace.
 Dean Thackwray, 5th in 2:20.24 and Tom Ryan, 11th in 2:29:35 justified the Army's faith in flying them back from Germany for the marathon.
 A tip of the hat to the California delegation who turned in a fine performance in the end. Moreover, they are a fine group of fellows. It's our loss that we in can't see them more often.

Disappointed by your April 19th showing? "The greatest test of courage on earth is to bear defeat without losing heart" Ingersoll....
 Here and There- Kelley, Costes, Terry, Ross, Wilt, Tyler, Cons, Thackwray and etc. will now set their sights on the 10,000 meter trials in June.

Viskari and Oksanen run the mile in 4:18.
 The Finns will have two trials for their Olympic Marathon team, but unlike our trials there is no point score system.
 Don't forget the New England Sr. and Jr. 30 kilo run at New Bedford on Sunday May 20th, the Touchdown Club aims to make it one of the seasons best. It will be a three lap course with hills. ... Frank Buckley and his Methuen Saturday morning Club are collecting prizes galore for the National Jr. and open 20 kilo. run on June 10th. ... Now is the time to save your pennies and plan the car pools for the trip to compete in the National Distance champs. (Let's support these races)
 I repeat you can't win them unless you run them. Next Sr. Nat. run (25 kilo, run Clifton, N.J. June 24th.

Jack Barry, Shanahan C.C. runner is putting on a TRACK MARATHON Saturday, May 19th in Camden, N.J. using either the Camden County Vocational H.S. track or the Cooper River track (located at the Camden Airport). He has quite a few entries from New York and a few from New England. He is also having some N.Y. and Pa. officials, as the race is being held to attempt to break the American track marathon record. The race will start at 5:30 sharp.

NEW ENGLAND AAU 20 KILO SR. RUN- Lawrence Mass. (Open run) April 29, 1956

1. George Terry, Boston AA 1:08.06
2. Pfc. Dean Thackwray, BAA 1:08.26
3. Jim Daley, Jr. Unatt. 1:11.0
4. Dave Ryan Army 1:11.18
5. Tony Sapienza B.A.A. 1:12.03
6. John Lafferty, BAA 1:12.53
7. Pfc. James Green, BAA 1:13.38
8. Ted Corbitt, Pioneer's 1:14.23
9. John DiComandrea, BAA 1:15.09
10. Bob Holmer, Harvard 1:15.11
11. George Waterhouse, North Med. 1:15.20
12. John A. Kelley, Unatt. 1:15.27
13. John Gray, BAA 1:15.34
14. Joe Kleinerman, Millrose 1:15.40
15. Lee Chisholm Un. 1:15.41
16. Stan Tiernan, unatt. 1:16.18
17. Dave Gott, BAA 1:16.52
18. Will Murphy, BAA 1:17.42
19. Dain Olive, B.A.A. 1:17.16
20. Gon Scott, B.A.A. 1:18:21
21. John Allen, Army 1:18:25
22. John Conway, Pioneer's 1:18:29
23. Ted Suito, St. Anthony's 1:19:09
24. Tony Medeiros, North Bedford 1:18:45
25. Mike O'Hara, St. Anthony's 1:19:07
26. Royce Sawyer, No. Med. 1:20:09
27. Ed. Brackett, B.A.A. 1:19:17
28. Bob Hehn, B.A.A. 1:20:01
29. Ed Janiak, B.A.A. 1:21:06
30. Frank Ryder, B.A.A.A. 1:22:18
31. Sumner Sears 1:22:31
32. Bob Stromach, No. Med 1:23:26
33. Andyoulos, B. A.A. 1:24
34. Clarence Hilton, N. C. 1:24
35. Ron Hayden, B. A.A. 1:24
36. Harry Murphy, St. Anth 1:26
37. Carl Stinson, No. Med 1:27

Canadian Road Races in May.
 Art Scholes Memorial 20 Mile Road Race. Saturday May 12th, 1956.
 To be held in High Park, Toronto.
 Entry Fee: 50¢ Senior Race.
 Entries will be accepted up until the race. All runners are asked to report to the Gladstone A.C. 1200 Lansdowne Ave. by 1:00 PM sharp. Race time 2 PM.
 Send entry forms to Fred Begley, 1200 Lansdowne Ave., Toronto, Ont., Canada.
 Many good prizes are available.
 American entries must have an International permit.
 Road Races- Sponsored by Waterdown AAU of Canada. Monday, May 21st, 1956. 2pm Sharp D.S.T.
 2 mile men's Open
 10 mile men's open.
 entry fee 25¢ Send entry's promptly to W. Sheridan, 174 Main-St. South Waterdown, Ontario.

Hamilton Ontario, April 29 - Youngest Competitor in the 9th annual Lucky Stewart Memorial race of 2-1/2 miles was Dave Sheridan, a 12 year old and the son of Hamilton Olympic Club's distance veteran, Whitey Sheridan.
 A driving rain which lasted throughout the run may have cost Galt's Billy Reynolds a shot at the events record -12:16.4 held by John Moulos of HOC who later starred for Michigan U. Reynolds the 17 yr. old son of a former great Canadian runner also, led most of the way to win by 85 yds. in 12:28.6, over Westdale mile star, Bill Melody. 46 ran.

ston AA.....15 points
 th.....40 points...