

Editorial: We thought we were due for a breather this month after that pulsating month of April, with the Boston Marathon, Penn Relays, Drake Relays etc.

But along came May with a host of College meets (which I'll leave T&F News and the other Track & Field publications cover more fully), two fabulous races on the West Coast by Jim Bailey and John Landy and some fine performances by Gordon McKenzie, Dick Hart, Horace Ash, George King, Johnny Kelley and Nick Costes.

The comment of the month came from John Landy in "Sports Illustrated", in which he states that distance men should train like animals who never rest (even a dog with a broken leg - never rests) maybe John AND ALSO maybe that's why they are referred to as dumb animals. We were endowed with brains they weren't. Of course we could go back to that stage and keep active constantly but this is too complex of a world for that sort of thing.

(Whew! I just read the above again - hope you readers skim over it, I don't know what the hell it's all about either!!)

Many thanks for the compliments and suggestions for the Log, herewith are a few of these patson the back and kicks in the rear.

Nate Cirulnick - Brooklyn - "The first issue was pretty good. It was interesting to read about Kelley's & Costes' workouts. However, it would be more interesting to know how often they did each type of workout. For example, Kelley did 50 X 440. But does he do that once a month, once a week, twice a week or what? It is not hard to do 50 X 440 if one rests one or two days before, but if it is done quite often then it is a different story. I suggest you also print any world's records made in women & walking events. Not detail but just present it for those statistically minded.. LUTHER BURDELLE - Phila. "I found the Long Distance Log quite interesting and informative - Keep it up!... George Helfenstein - Brooklyn.

"Tho' you said the Log wasn't professional I enjoyed, and gained some ideas, from the first copy!... LT. ED SHEA - Ft. Monmouth, N.J. "The first volume is mighty well written and interesting. I am eager to subscribe to succeeding volumes."

NICK COSTES - Boston. "Starting a Long Dis. Log is an excellent idea. I immediately subscribe to it. Very certainly you have my permission to publish anything you want that is mine!.. Keith Dunnett - Dundas, Ont. "I think it is a good thing starting a paper for the distance runners. I hope it goes over O.K. I for one will subscribe!.. Dr. Charlie Robbins - Middletown, Conn. "I know it is a tremendous amount of work but it sure is interesting to us "Bugs!.. Gordon Dickson - Alberta, Canada. "The log is swell and improving all the time. I will really appreciate it when I go home. My new address Willingdon, Alberta, Canada!..

TED CORBITT - N. Y. "You are off to a great start. Hope you will be able to include foreign results. The schedule of coming events and source of entry blanks was one of the most useful features of Scotty's Journal. Your plan to include training information and other material on distance running will be an improvement!.. TED SUITO, N.Y. "I think you are doing a wonderful job with it." ART HINKEL - Chairman Track Committee, Penn A.C. "I read your Long Dis. Log with a great deal of interest and you have covered your subject most thoroughly. The editorial work is excellent and I believe such a Log fills a definite need for those of us who are interested in keeping posted!.. DICK HART, Windsor, Conn. "It makes good

reading and fills a big void in the usual track reporting. On May 12, I ran at Fresno after a last minute arrangement that got me my plane fare from a recreation fund at work. It sure was an inspiration to see Landy run. He is really smooth

The track is O.K. for the first man on it, but breaks up rather easily. Seaman ran 4:07.2 to win the Distance Medley with Simpson doing about 4:11 or so. Ken Reiser brought his Sixth Army team in first at the end of the 3/4 with a good finish, but I do not know his time. I won the 5,000 meters with Tyler second (I heard 14:48). My time 14:28.4. Fifty men ran out of a chute and it was pretty bad for several laps. Finally it was Truex, Tyler and I in 9:21 after which Tyler faded. Truex slowed down around 2 1/2 miles and I went ahead. Then he dropped out.

I think he had a cold and probably got discouraged when he could not shake me - I was having trouble until he slowed up. Truex's 14:57.5 last year was the record. Cappozoli, Mathews and Zellers ran but did nothing. (Ed. a truly great run, but overlooked by the mile race. Dick has run some fantastic races this year, that have been overlooked publicity wise. He deserves more credit).

May 3, New York - Olympic Dev. Meet - 2 Mile handicap - 1. Gordon McKenzie
2. Dick Hart (by inches at the tape) 3. Horace Ashenfelter 4. Fred Dwyer

Time 9:11.2 (Ash about 9:13) Hart led from the end of the 3rd lap until nipped at the end. (67-70-69-70-70-71-71-63.) Gordon's finish is improving. Ash was a bit off form, but had no complaints about his leg and it looks like he will be all right. Track - heavy. Evening meet.

May 17, N.Y. (another evening development meet) Two good distance races. Courtney beat Dwyer by 2 yards in a 3/4 in 2:59.6 The time was mixed up somewhat, but Dwyer and Maynard who was another 2 feet back must have all beaten 3:00. Courtney pulled ahead in the stretch. In a 3 mile Hart won from George King 14:01.5 to 14:02.4, Horace Ashenfelter was third in around 14:06. McKenzie did about 14:25.

Hart set the pace from 1 1/2 to 10 1/2 laps where Ash and King jumped him and pulled away, but Hart went after King and they both got Ash on the last turn.
2:20 - 4:43 - 7:07 - 9:30 - 11:52.

SPORTS MEMORIES!

1952 OLYMPICS

The great English marathon runner, Peters, stated that along about half-way of the 26-mile and 385-yard grind that is the modern marathon, Zatopek suddenly appeared at his shoulder and asked him how he (Peters) though he (Zatopek) was doing. As the bewildered Peters tried to think of an answer and muttering a half-hearted reply, Zatopek stated that he had never run a complete marathon before and didn't know how fast or slow to run. Characteristically, Emil the Automatic proceeded to lead, then spurt, throughout the entire race, until the rest of the field became perplexed and awed at his display of conditioning and speed. Needless to say, Zatopek finished about 600 yards ahead of his nearest competitor in the marathon, and after the grueling torture, instead of lying down in the beautiful grass of Olympic Stadium, as did most of the others, he walked briskly up several flights of steps where Radio Moscow was waiting for their fair-haired boy to tell all the good little Commies just how Zatopek beat all the filthy capitalist runners.

Almost equally a paradox is the little French runner, Mimoon, who drew such an ovation at Helsinki when he dogged Zatopek's heels like a persistent terrier in the 10,000 meter run. Mimoon, weighing no more than 120 pounds dripping-wet, looks for all the world like an insignificant clerk in an office, and he must assuredly possess the greatest running heart in history. To see him standing at the starting line, one wonders what he is doing in the race with all those men, but it isn't long before the men separate themselves from the boys and you realize that here is potentially a great runner, one who never knows when to quit, and who may some day accomplish the impossible of beating Emil the Automatic, if and when Zatopek ever slacks up in his training. (It never happened!) He gave the great Czech a rough time until the final lap of the 10,000, when Zatopek put on his famous spurt, which brought him fame in London in 1948.

MARATHON GREAT BOSTON ASSET

Angel of America's most famous distance footrace, the B.A.A. Marathon from Hopkinton to Boston, is Walter A. Brown. Pres. Brown of the B.A.A. was asked what will become of this fixture if his organization loses interest in its promotion.

"THIS RACE," DECLARED WALTER, "gives Boston more world attention, I believe, than any other sporting event in New England. I might except world baseball series television programs. It is logical to suppose that the race will be a Patriots Day fixture for many other decades."

Mike Portanova, cruising to the starting point with Brown, asked a question of his host. "What runner would you select as the outstanding competitor in all the marathon races you have seen?"

"Your choice might be better than mine," Brown replied to the ex-Bostonian who is here with a Los Angeles delegation. "I would name Johnny Kelley, the Edison veteran, on the basis of his 19 finishes in the first 10."

BROWN HAD OTHER FIGURES to back up his choice. There was Kelley's two victories (1935 and 1945), and seven seconds. Yet the namesake, Johnny Kelley The Younger was the name on many lips when the race got under way.

"Kelley the Elder, now aged 48, is wearing No. 1 this afternoon," remarked Brown, "He undoubtedly fills the role that Clarence DeMar filled for so many years. He holds the spectators on the course till he passes."

"One of my early memories of the race was the entry of Tony Angelopolous, the champion of Greece in 1917. He came here from Athens a few weeks before the United States entered World War I.

"The weather was cold and raw that year, and Tony hung around my father's office at the old B.A.A. clubhouse. The day after the race he explained to dad (the last George V. Brown); "I couldn't get warmed up."

SO GEORGE V. then athletic manager of the B.A.A., suggested, "Come back next year, Tony, and start the race in Worcester. Plan to get to the starting line in Hopkinton by noon. You ought to be red-hot when the race begins."

All thoughts today on what the Americans would do -- this being an Olympic year. Doug Raymond, B.U. coach said the first 10 would include Kelley, the Younger first; Nick Costes from Slippery Rock, third; Fred Wilt, fourth, and George Terry, sixth.

It has been years since I went over the course, but it was pleasant to get back in the groove as a spectator.

The concluding remark from Angel Brown, "When American runners resume their places as contenders, I think the crowds will grow to a million. That was the figure it reached in the past.

"Tom Longboat, the Canadian Indian who won nearly 50 years ago is only a name to me. The first race I followed--1920--was won by Peter Trivoulides, the champion of Greece. He passed former winner Arthur Roth as they entered Kenmore square."

Sat. May 5, -New York- MATZA AND KING WIN DISTANCE TESTS IN METROPOLITAN INTER-COLLEGIATE'S. -- George King, N.Y.U. captured the two-mile run by 40 yards in 9:24.5, over Bob Sbarra of Manhattan, in the meet held at John J. Downing Stadium, Randalls Island, which drew only about 300 spectators.

Ike Matza, uncorked the fastest mile run-4:11.7- of his career, overhauling Jim Doulin of Manhattan, the 1955 winner, to register a splendid victory.

Matza caught Doulin 300 yards from home and ran away from the Manhattan star to triumph by 35 yards. Doulin, the early pacesetter, folded after running strongly.

Matza, a 128-pound junior, scored his fourth success in met. mile competition. Earlier this year he won the Met. AAU indoor and the met. intercollegiate indoor miles. Last year he took the met. AAU outdoor mile. Doulin was clocked in 61.1 - 2:04.3 - and 3:07.5 in his 4:18.2. Matza's best previous mile was a 4:13.8 showing behind Ron Delany, the Villanova star, in the indoor IC4A meet this past winter. Matza's time today beat the meet mark of 4:17 made by Doulin last year.

Meet officials and spectators watched the performance of Australian's John Landy in his mile performance at Los Angeles. Artie O'Connor, the Fordham coach, brought a portable T.V. to the stadium for that purpose... In an 880 yd. AAU race, Tom Cawley of the New York AC scored in 1:51.3. Cawley, with a 50 yd. handicap, beat Tom Courtney, former Fordham ace by a yard.

Results: 1 Mile run - 1. Ike Matza, NYU. 2. James Doulin, Man. 3. Ted Muellers, Man. 4. Geo. Faber, NYU. 5. Walt Koehler, Fordham. Time 4:11.7

2 mile run - 1. George King, NYU. 2. Bob Sbarra, Man. 3. Art O'Connor, Fordham 4. Ed McLaughlin, Man. 5. Don Townsend, St. John's. Time - 9:24.5.

Team Score - 1. Man. 119 1/2 2. St. John's 49 1/2 3. NYU. 37.

Freshman events: 1 mile run- 1. Pete Close, St. John's, 2. Robert McKay, Man. 3. Phil Dutot, St. John's, 4. Gerald Costello, St. John's, 5. Paul Rooney, Iona. Time: 4:24.7... 2 Mile run: 1. John Carew, St. John's, 2. Bob Drake, St. John's 3. Bob Goodman, Man. 4. Eugene Martin, Man. 5. Ed Lee, St. John's. Time-9:56.9.

JAPAN PICKS MARATHON MEN. Osaka, Japan, May 5 - Two Japanese marathon runners were selected today to run in the 1956 Olympic Games at Melbourne, Australia, in Nov. They are Yoshiaki Kawashima, 21, of Nihon University and Kurao Hiroshima, 27, Kawashima was selected after he won the Mainichi Shimbun marathon today in 2 hours 27 minutes 45 seconds. Shunhei Nishida was named coach of the track team.

QUANTICO WINS WITHOUT SANTEE. University Park, Pa. May 5- Quantico's Marines, minus Wes Santee, still packed enough punch today to fell Penn State, 71 1/2 to 59 1/2.

Bill Taylor, former So. Calif. star, scored Quantico's only double with a 1:58.1 half mile and 4:26.8 mile. Don Giehl brought Quantico a victory in the 2 mile run in 9:46.8.

VILLANOVA SWAMPS ST. JOSEPH'S -72-36. Phila. May 5, Mile- 1. Alex Breckenridge, Vill. 2. Jim O'Donnell, St. Joseph's, 3. George Brown, Vill. Time: 4:23.7 -- 2 Mile -

1. John Kopil, Vill. 2. Ed Mather, St. Joseph's, 3. Joe Sloan, St. Joseph's. Time 9:44.9. - 880- 1. Frank McLaughlin, St. Joseph's - 1:55.1.

WEST CHESTER VICTOR IN PENNA. STATE TEACHER'S COLLEGE CONFERENCE MEET.

Mile won by Sweitzer, Lock Haven, 4:27.3 - 2 Mile- Won by Bankert, West Ch. 10.30.6

McKENZIE WINS BY A HALF MILE IN 10,000-METER RUN AT YONKERS, N.Y.

May 13 - A 10,000-meter run sanctioned by the Met. AAU and conducted by the Pacey Club of Yonkers was held at Glenn Park today. The event was listed as an Olympic Development Run. But the competition and much of the development went out of the race before the half mile mark. At that point the leader was Gordon McKenzie he stayed in front and won easily, by almost a half mile. His time for the (6 miles, 373 yards) was 32 minutes, 58.5 seconds. Running on a 440 yd. track, the starters began 373 yds. from the finish line and had to pass the finish point 25 times.

McKenzie took the lead with more than 24 laps to go. At the finish the Pioneer Club runner appeared to be the only competitor who had not been weakened by the heat. 26 runners started and 6 failed to finish. John Donovan of the NYAC dropped out with an upset stomach with only 3 laps left, in 2nd place with a 40 yd. lead over Gordon Dickson. McKenzie ran 5 min. for the 1st mile and 20.37 at 4 miles.

The race took the place of the annual Yonkers 10 mile track run, McKenzie won that event last year. Harold Swidler of NYU, ran part of the way without shoes on the cinder track. McKenzie's wife of 7 months, Chris, helped him along. Every time he passed the finish line, she ran along with him on the infield. Mrs. McKenzie, a native of England, was a member of the world champion woman's 880 yard relay team three years ago.

RESULTS:

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| 1. Gordon McKenzie, New York Pioneer Club 32:58.5 | 11. Bob Chambers, Shanahan |
| 2. Gordon Dickson, New York A.C. 35:05 | 12. Andy Neidig, Millrose |
| 3. Jack Barry, Shanahan Catholic Club, Phila. 35:34 | 13. John Conway, Pioneer's |
| 4. Arthur W. O'Connor Jr., Fordham University. | 14. Gus Likos, Pioneer's |
| 5. Francis Smith, St. Anthony's of Padua. | 15. Harold Swidler, NYU |
| 6. George Helfenstein, New York A.C. | 16. Vincent Kern, Millrose |
| 7. William Welsh, Millrose AA. | 17. Chas. J. Short, St. Anth. |
| 8. John Sterner, N.Y. Pioneer Club. | 18. Nat Cirulnick, Pioneer |
| 9. Joe Kleinerman, Millrose AA. | 19. Herb Benario, Millrose |
| 10. Aldo Scandurra, Millrose AA. | 20. Larry Delaney, Shanahan |

Poor Track-Temperature very hot 87 degrees. Prizes-good medals and trophies.

Fresno, Cal. Relay Results: Medley relay (440-880-1320-mile) 1. U.C.L.A. (Carne, Ellis, Holland, Seaman) 2. Olympic Club; 3. U.S.C. 4. Occidental, 5. Sixth Army Time- 9:56. (New West Coast Relays Record, old record 9:57.7 by Occidental in 1952). 5,000 Meter Run- 1. Hart, unattached, 2. Tyler, U.S. Naval Tr. Center, 3. Graves, Stanford, 4. House, Univ. of Calif. 5. Cherry, Air Force. Time- 14:28.4 (New West Coast Relays record) old record, 14:57.5 by Truex, U.S.C. 1955.

Ithaca, N.Y. May 5- Cornell 79 5/6, Harvard 56 11/12, Penn 35 1/4.

Mile: 1. Mike Midler, Cornell, 2. Philip Williams, Harvard, 3. Jerry Barr, Penn, 4. Jim Smith, Penn. Time - 4:16.8 (Track record; previous record 4:17.8 by Joseph Mangan, Cornell 1932). 2 Mile- 1. Arthur Reider, Cornell, 2. Ralph Perry, Harvard, 3. David McLean, Harvard, 4. Kirk McGreary, Cornell. Time- 9:37.5.....

JIM BAILEY BEATS LANDY IN 3:58.6 - 55.5 last lap caps Epic Mile.

Los Angeles, May 5- Astonishing a roaring crowd of more than 40,000, the 26 yr. old Bailey hit the finish line a stride ahead of the fabulous John Landy in 3:58.6 to Landy's 3:58.7. It was the first sub 4min. mile on U.S. soil and the first time two men have broken 3.59 in the same race. Bailey came from about 30 yds. back with 220 yds. to go, caught Landy about 80 yds. from the tape, edged into a one yd. lead and held on. At the 1500 meter mark, Bailey was barely ahead of Landy in 3.43.3.

LAP TIMES OF THOSE COMPETING

Bailey	61.0	-	62.0	-	60.1	-	55.5	-	3:58.6
Landy	60.6	-	61.7	-	59.2	-	57.2	-	3:58.7
Delany	59.6	-	63.3	-	60.1	-	62.5	-	4:05.5
Dellinger	62.1	-	62.1	-	61.4	-	63.2	-	4:08.8
Walters	61.4	-	61.9	-	61.0	-	65.0	-	4:09.3
Schweikart	61.5	-	62.2	-	63.1	-	65.3	-	4:12.1
Spurrier	61.7	-	61.4	-	60.9	-	71.8	-	4:15.8

Landy, incidentally, is troubled by sore Achilles tendons an hour and a half before the race he warmed up on the USC track in sneakers, not so much to get his blood circulating as to work the stiffness out of these tendons.

Landy thinks Bailey will be the miler of the future, "He's as strong as an OX".

MANY TENDER SOLES RUNNING IN MARATHON BY JOHN AMERN - Boston Globe.

If events follow their accustomed course, Fred Wilt will finish the BAA Marathon ... with blistered feet. (Ed. note: "He did".) That's the fate of all milers who become enchanted with distance, specifically the 26 mile 385 yards from Hopkinton to Exeter st. ... "They have the spirit and the desire, but they don't train properly for such a run and they don't have the correct shoes, Dr. Joseph Lelyveld says.

This observation is based on 30 yrs. that the Rockland Mass. Dr. has ministered to the barking dogs of long distance runners. Not once over that span of years has he seen a miler or middle distance runner arrive at the finish with feet in good shape. "I was called by Al Hart the night before the marathon and he asked me to look at Jocie Hay's feet. We worked all night on him and he ran. They were not too bad then, but they were not good because he hadn't trained properly for the distance. "But they were perfect in comparison to what they were after the race." Dr. Lelyveld recalled. "They were the worst looking feet I ever have seen. His toe nails were floating in blood blisters. Blood was oozing out of every pore. Still he came on and finished third. We'll never know how he did it, we had to cut his shoes off that day, but we've never done it since." The best conditioned feet the Dr. ever examined belonged to a Turk named Oufai. He

competed in O.C. Pyle's U.S. coast to coast BUNION DERBY. "He had soles thick as crepe rubber. He could have run around the world without being bothered," the doc remarked. Best conditioned feet of the American breed belonged to Johnny Kelley (the elder) and Les Pawson. The doc claims the pair trained year round for distance runs and knew how to take care of their feet. The mitten shoes the Japs wore were O.K. on the sand and dirt of Japan, but they certainly weren't made for the roads like ours. They've discarded them since Keizo Yamada wore them in the 53 BAA.

"Surprisingly, the barefoot Mexican," Pedro Peralta Jiminez, who ran in stocking feet 4 yrs. ago, suffered little damage in the 16 miles he lasted. "Just slight bruises, the doc reported."

LANDY WINS MILE IN 3:59.1, DELANY RUNS 2ND IN 4:09.2 at FRESNO, CALIFORNIA.

May 12 - Cracking the 4-minute barrier for the second time in 8 days, John Landy wound up his good will visit to the United States with a 3:59.1 mile in a special race at the West Coast Relays today. Landy finished an estimated 75 yards in front of Villanova University's 20-year old Ron Delany, of Ireland. Landy's lap times were 59.9 - 2:00.1 - 3:00.8 - and 3:59.1. Delany's lap times were 60.2 - 2:00.5 - 3:07.5 - and 4:09.2. Dan Schweikert of the Los Angeles Athletic Club was 3rd in 4:10.5, Mike Stanley of the Airforce and formerly of Yale finished 4th in 4:21 while Jim Terrill, also of the Air Force jogged in 5th and last in 4:30.

BAILEY WINS PACIFIC COAST CONFERENCE NORTHERN DIVISION MILE IN 4:06.4 FOR OREGON: Eugene, Oregon- May 12- Jim Bailey, fresh from his 3:58.6 a week earlier in Los Angeles, won his favorite event in 4:06.4 here today. Today's time was fast enough to leave the field behind and set a new meet record. The mark of 4:12.2 was set by Phil Liebowitz, Idaho, in 1940 and tied by Oregon's Bill Dellinger last year.

John Midtbo, Washington State, pressed Bailey for the first half of the race but couldn't keep up the stiff pace. Warren Johannson, Idaho, finished 3rd and Gene Hammermaster, Washington, was fourth.

Reading, Pa. May 12 - LaSalle College won the team championship in the 44th Middle Atlantic Collegiate T&F Champs today at Albright College. The Explorers amassed 69.5 points, to 51 for 2nd place St. Joseph's College of Phila.

Results: Mile - 1. Frank McLaughlin, St. Joseph's, 2. Jim O'Donnell, St. Joseph's 3. Ed Mather, St. Joseph's, 4. Ed McCabe, LaSalle, 5. Don Gallagher, LaSalle. Time - 4:20.4 (by 20 yds.) McLaughlin also won 880 in 1:53.7 by 5 yds.

2 Mile Run - 1. Joe Sloan, St. Joseph's, 2. Dante Marini, Delaware, 3. Ed Mather, St. Joseph's, 4. Bill Shirk, Albright, 5. Knowles Dougherty, Swarthmore. 9:50.2 Freshman Mile : 1. Jim Baldwin, St. Joseph's, 4:35.3.

HARVARD TAKES HEP TITLE: REIDER AND WILLIAMS WIN DISTANCE TESTS IN 9:32.8 & 4:16.7. West Point, N.Y. May 12 - Harvard upset Cornell to win the 22nd annual Heptagonal Games today with 52.1 points in the 10 college meet. The team battle actually swung to Harvard, when it hit the jackpot in the two distance races. Harvard's milers almost missed out completely. They were resting in their tent off the far turn when the milers lined up and just got there in time to start. But Phil Williams and Ken Wilson carried Harvard's silks home first at the finish. They came from nowhere in the last furlong, running over rivals on the last turn to finish 4 yds. apart in 4:16.7. 3rd was Gerry Barr of Penn, 4th was Walt Meukow of Navy, 5th was Mike Midler of Cornell... More formful was Harvard's slam in the 2 mile in which Art Reider, the indoor Hep champion, took the race in 9:32.8 with a front-running effort all the way as his teammate, Dave Norris, made up a city block to beat Army's Jerome Lewis for second. 4th was E. Kirk McCreary, Cornell and 5th was Vincent Roper of Navy. Doug Brew of Dartmouth won the 880 in 1:55.3 over Temp Lowry of Prin.

Durham, North Carolina, May 12 - Atlantic Coast Conference track and field champs: Undefeated Maryland wins Team title- Crowd of 7,000. North Carolina's Jim Beatty won the one-mile race with a new conference record time of 4:09.4, topping his old record of 4:16.6 set last year. Beatty dropped out of the two-mile race after about 2 laps because of foot trouble. He had run such an exhaustive race in the one-mile that his feet felt like blisters were beginning to develop, he said.

May 15 Phila. Villanova beats LaSalle 70 1/2 to 55 1/2 as Kopil doubles. Mile- 1. John Kopil, Vill. 2. Alex Breckenridge, Vill. 3. Ed McCabe, LaSalle Time: 4:16.6 (New track record, old record, 4:20.8 Joe LaPierre, Georgetown, 1951. Ron Delany, the Vill. mile star, did not compete in that event but set a half mile record of 4:54.9 The old track mark was set earlier this year by S.J. McLaughlin at 1:55.7. 2 Mile - 1. Kopil, 2. Breckenridge, 3. Geo. Harkins, LaSalle 9:39.4 This bettered the 1956 Phila. District standard of St. Joe's Ed Mather at 9:42.4.

Bobby Cons, a Public Works Department employee and winner of the Purple Heart and Silver Star medals, is regarded as the best Marathon prospect the West Coast has developed. Cons a 25 year old city employee, had his left leg shattered by enemy bullets in Korea in 1951. He crawled a mile and a half to summon aid for his buddies. His leg was so badly mangled that doctors feared for a time it would have to be amputated. After many months in hospitals he was able to walk again, but bone specialists said he always would have a limp. They advised him that resuming his long-distance running would be out of the question. Cons didn't quit.

He trained faithfully and in 1953 won the Western Hemisphere Marathon in Los Angeles, which he had won in 1949. His time for the 26 mile grind was 2:46.30 - within a minute of his 1949 victory. In 1954 he won it again in 2:32.46, which stands at the record for the event. Shortly after his 1954 triumph Cons suffered a foot

injury and was out of competition for six months. He rushed his training program so intensively he was sidelined again two weeks before the 1955 Marathon. But he won it again in a creditable 2:37.21. To date Cons has been beaten only once in a race over 10 miles, and he has entered them all on the west coast. Cons who is of Mexican ancestry, weighs 130 and stands only 5 feet 5 inches.

May 14-Phila. St. Joseph's 77 - Lafayette 49. St. Joseph's runners swept the mile, 440, 880, and 2-mile. Mile 1. Ed Mather- 4:25.8 - 2-mile. 1. Frank McLaughlin 9:55.8 (McLaughlin competed in the 880-100 yd. dash and then won the 2 mile for an unusual running combination !)

WIND SPRINTS * Quite a few veteran and non-veteran Track Coaches are retirement bound this year. Matty Geis, veteran coach at Princeton for 23 years, will retire in June. Geis, 68, will be succeeded by Pete Morgan, assistant Nassau coach since 1946. Geis coached Bill Bonthron, Ed Burrowes, Ron Wittreich and a host of other good distance men... Jack Rourke veteran Colgate coach (45 years) will also retire after working with his successor through next X-Country season... Ernie Fellows Muhlenberg College Track Coach left to become Athletic Director of a N.J. High School... Mel Patton, World recordholder in the 100 yd. dash resigned as Track Coach at Wichita, Kansas College after serving one year... Ron Delany Villanova's great young miler was welcomed like a conquering hero and paraded around the Villanova campus in an open car following his third place to John Landy and winner Jim Bailey in Los Angeles... Australian Les Perry, 6th in the 1952 OG 5000 Meters, has moved to the marathon... Olympic head coach Jim Kelly has suffered a heart attack... Australian Ron Clarke, who did 4:06.8 at 18, reports he has turned down scholarships from UCLA and Stanford... Jan Miecznikowski of Poland, 14:30.2 in 1954, has parted the Iron Curtain, now resides in Lacawanna, New York, and hopes to resume his track career... Dave Stephens says, "It is impossible to run and study at the same time in Australia. If Hungary, Czechoslovakia, Russia or any other country gives me a chance to run and at the same time learn a trade or any profession I will be very interested in going there." ... Gosta Holmer Swedish distance mentor and "Fartlek" originator will lecture at the International Coaches T&F clinic in California, June 11 through June 21. Over 500 U.S. and 25 to 30 foreign coaches will be present at the gigantic clinic... Fred Green retired British 3 miler says, "The build up in Winter is the most important part of training... you have to credit Zatopek and Pirie with setting off the great world-wide development in distance running." ... Ken Wood, the latest British mile sensation is 25, 5 -10, 148 pounds, likes 1,2,3 miles and cross country, trains 6 days a week in summer, seven in winter, with all training of the Swedish Fartlek type on grass and country... One Track Nut says, "I believe that by the year 2000 professional track with para-mutual betting will be one of the biggest sports and businesses in the world as interest in track will grow every year. If this would benefit amateur track is debatable. I, for one, would rather gamble on the humans than on the horses." (Ed: How will Santee and the rest of us get around the track then anyway at the age of 80 plus)! ! ...

In listing the men capable of running a 3:55 mile, John Landy named Merv Lincoln of Australia, Ken Wood and Brian Hewson of England, Gunnar Neilsen of Denmark, Tabori and Istvan Rozsavolgyi of Hungary and young Bobby Seaman of UCLA.

RUDY MENDEZ SMASHES 3 TRACK AMERICAN TRACK RECORDS IN PHILADELPHIA.

Sunday, May 20- Rudy Mendez, Puerto Rican running for the New York Pioneer Club, set three American records and snapped two 47-year old standards as he won the Middle Atlantic AAU Olympic Development Program track marathon yesterday at Oheltenham High school oval. Mendez, competing in a field of six, covered the 26 miles, 385 yards in 2 hours, 38 minutes, 23.5 seconds to erase the standard set by Albert Michelsen, New York, May 30, 1923, of 2 hours, 48 minutes, 23.8 seconds. The mark was also bettered by Ted Corbitt, N.Y. Pioneer, who finished second in two hours, 42 minutes, 25 seconds. The two 1909 marks fractured were for 20 miles and 25 miles on a track oval. Mendez did one hour, 57 minutes, 48.3 seconds and 2 hours, 30 minutes, 57 seconds, respectively. The old 20-mile mark was set Nov. 14, 1909, by James Clark, New York, at one hour, 58 minutes, 27.6 seconds. The 25-mile standard was set Jan. 8, 1909, by Mike Maloney, New York, at two hours, 44 minutes, 50 sec. Al Rosenheck, Chairman of the MAAA long distance committee, is submitting the marks for acceptance to the National body. Official N.AAU watches were used for the test which started at 5 PM. (One official checked laps for each man.) The other four runners had to drop out with blistered feet. They were Ron Kiehl, Penn A.C. 23 miles, Aldo Scandurra, Millrose 16 miles; Nate Cirulnick, NY Pioneer, 14 miles; and Jack Barry, Shanahan CC, 11 1/2 miles. A good crowd turned out to see the twilight affair.

St. Louis, May 25 - Ron Gregory, 18, today ran the fastest mile in U.S. track history for a high school boy. The Summer High senior was timed in 4:19.2 in the annual St. Louis City Public School track meet to clip three-tenths of a second from the old record of 4:19.5. Tom Skutka of Morris Hills High (coached by Frank Fox former Seton Hall College running star) in New Jersey had recorded the old record last year in the N.J. State Championships at Rutgers U. Skutka, one of 10 running brothers is now a freshman at Kansas Univ. Gregory's quarter times were 1:06.5, 2:11 and 3:16. Gregory, who said he wasn't exhausted after the race, had lowered his own record time in preliminaries of the meet from 4:30.6 to 4:22.9.

BAILEY VICTOR IN 4:06 OVER BOBBY SEAMAN IN PACIFIC COAST CONFERENCE CHAMPS.
 Berkeley, Calif., May 19- Australia's Jim Bailey, running for U. of Oregon, pulled away from Bobby Seaman, U.C.L.A. in the last 40 yards to win the mile in the P.C. Conference by about five steps. Bailey was in front all the way, 64 - 64.4 - 4:06 (last lap 56.6) Seaman stayed close on Bailey's heels throughout the course of the race until the stretch when he didn't have anything left, after Bailey's blistering last lap. Seaman clocked a very respectful 4:06.3. The time of 4:06 cracked the Pacific Conf. mile record of 4:09 set by Bill Dellenger, Oregon, last year. U.C.L.A. upset the So. Cal. squad 69 1/2 to 67, to end a 15 year So. Cal. reign.

Princeton, N.J. May 19- Cornell 80 - Princeton- 59. Michael Middler won the mile in 4:22.1 and the two mile in 10.01.1

Phila. May 19- Penn 92- Columbia 48. 880 won by Jerry Barr, Penn. Mile won by Barr and Jim Smith both Penn. 1.58.8 and 4.41.5. 2 Mile won by Tony Dutton, Penn, 10.12.4. In the Freshman meet Columbia's Frosh sensation won a double in faster time than the varsity winners. (4.27.1) and (10.09.4).

Univ. Park, Pa. May 19- Penn State 70 3/4, Pitt 52, Ohio State 38 1/4. Mile- 1. Arnie Sowell, Pitt, 2. Wendell Harford, Pitt; 3. Don Woodrow, Penn State; 4. Doug Moorehead, Penn State. Time: 4:17.3. 2 Mile - 1. Woodrow, P.S. 2. Jim Moore, Pitt; 3. Thornton Smith, Pitt; 4. Lloyd Bartel, Ohio State. Time: 9:54.

Phila. May 19 - LaSalle 72 - St. John's 59. Mile won by Lionel Stevens, St. John's 4:29.9. 2 Mile won by Don Townsend, St. John's. 9.56.8.

Phila. May 19 - St. Joseph's 84 - Temple 42. Mile won by Bob Haggarty, S.J. 4:32.2. 2 Mile won by Ed Mather, also 2nd in mile, in 10.07.4.

C.Y. O. TRACK MEET (A.A.U.) at White Stadium, Boston - May 13, 1956. Sunday. Open A.A.U. 3 Miles (on 4 lap track).

1. Tom Tomasian, Unat. (former Huntington School runner in Boston) 15:07.4
2. Nick Costes, Unat. 5 yards back. (Had just won 1 mile in 4:30).
3. John Lafferty, B.A.A. approx. 15:57 (Good speed time for John).
4. John DiCommandrea, B.A.A.
5. Bob Rehm, B.A.A.

JOHN J. KELLEY RUNS AWAY WITH NEW ENGLAND JUNIOR & SENIOR 30 KILO CHAMPIONSHIP.

Sunday, May 20 - 2PM. Young Johnny Kelley enjoying his greatest year ran away from Nick Costes by over 6 minutes to win the N.E. 30 Kilo Championship and open run today at New Bedford, Mass. The race was sponsored by the "Touchdown Club of Greater New Bedford. 60 degrees. 3 laps, hilly course, strong breeze in spots. A.A.U. customary medals plus prizes to first 20 to finish. (only 21 finished) Trophies, Merchandise and medals. 35 starters, approx. refreshments and good policing.

RESULTS:

- | | | | |
|--------------------------------------|---------|--|---------|
| 1. John J. Kelley, B.A.A. | 1:33.12 | 13. Bob Rehm, B.A.A. | 2:05.27 |
| 2. Nick Costes, Unat. | 1:39.43 | 14. Stan Tiernan, Unatt. | 2:05.28 |
| 3. George Terry, B.A.A. | 1:42.58 | 15. Don Fay, B.A.A. | 2:09.57 |
| 4. John Lafferty, B.A.A. | 1:43.04 | 16. Jonathon Chace, New Bed. | 2:13.26 |
| 5. Jim Green, B.A.A. | 1:43.35 | (1st New Bedford man, Prize) | |
| 6. Rene Doiron, B.A.A. | 1:47.54 | 17. Andy Paulos, B.A.A. | 2:16 |
| 7. George Waterhouse, North Medford, | 1:48.59 | 18. Frank DeLuca, B.A.A. | 2:20 |
| 8. John A. Kelley, Boston Edison, | 1:49.16 | 19. M. Pennachio, BAA | |
| 9. John DiCommandrea, B.A.A. | 1:49.46 | 20. Frank Kelley, No. Medford. | |
| 10. John Conway, N.Y.P.C. | 2:02.) | 21. Geo. Carey, No. Med. | 3hrs. |
| 11. Tom Crane, North Medford, | 2:02.30 | 1st Sr. Team (Kelley, Terry, Lafferty) | |
| 12. Ted Suito, St. Anthony's, | 2:04.26 | Boston A.A. | |
| Doiron - 1st Junior | Ind. | B.A.A. also wins Jr. Team Title. | |
| Waterhouse, 2nd Junior | | | |
| Rehm, 3rd Junior. | | | |

KEN WOOD WINS WHITSUN GAMES 1500 Meters in 3:43.4 beating HUNGARIANS and PIRIE.

London, May 19- Ken Wood, a self taught and self trained English runner outran by 3 yards two world record-holders from Hungary today in an invitational 1500-meter race at White City Stadium before 20,000. He sprang from 7th place on the final lap to beat 2nd place Istvan Rozsavolgyi, Hungary (3:43.8). Laszlo Tabori, finished 3rd in 3:44.0. Rozsavolgyi holds the world's 2000 meter record and is co-holder of the world 1000-meter mark, while Tabori shares the world 1500-meter record. However, despite their impressive records and past accomplishments, neither of the Hungarians could keep up with the bespectacled Briton when he launched his finishing "kick." Gordon Pirie finished fourth after setting a speedy early pace. Wood's time was the fastest of his career. 12 man field.

Roger Moens, Belgium, almost matched Wood's closing dash in winning the 800-meter dash in 1:49.7 - four full seconds off his own world record. Britain's Brian

Hewson, who cracked the 4 min. mile last year, finished a yard back of Moens in 1:49.8. Wood's intermediate clockings were 42.6 for the first lap, 63.4 for the second, 62 for the third and 55.4 for the fourth. The Hungarians were flabbergasted by Wood's fast finish. "I certainly had not anticipated a finish at that speed," Tabori said. Wood said, "Pirie's pace setting was certainly something I appreciated"

Sandor Iharos, Hungary, the world-record holder at 3000 meters, won his specialty the 3000 meter race in 8:02.6, in the second day of the International track meet. Sandor Rozsnyoi was 2nd in 8:05.5 for a 1-2 Hungarian sweep. Both times were better than Chris Chataway's United Kingdom record of 8:06.2.

John Landy thinks Bob Seaman is the "best mile prospect in the world because of 4.01.4 at 19 years of age.

West Point, N.Y. May 25 - The three day First Army T&F meet to determine the area's best-qualified military aspirants for berths on the 1956 Olympic team was completed today: (3 days of competition). Lieut. Ed Shea, former Northeastern of Boston runner, was a double winner for team winner Fort Monmouth as he registered in the two-mile steeplechase. Yesterday he won the 3 mile event. (No times available).

Penn Grad Dick Hart runs 5-to-6 Miles every night over Connecticut Streets in bid for Olympic Laurels. - from Phila. Evening Bulletin.
Windsor Locks, Conn., May 26. Dick Hart, a 29-year-old graduate of the University of Pennsylvania, is an analytical engineer at the Hamilton-Standard aircraft plant in this northern Connecticut community. After work, he has supper with his wife and three children and then goes into the streets of Windsor and runs for awhile.

Three miles, maybe, or five, or sometimes six. The result of the roadwork will be weeks away from his family, the probable loss of several week's salary, the loneliness of a foreign country, and if all works out right, a medal. Nobody will pay Hart for all this. He's a distance runner and an Olympic hopeful and he's an amateur.

He's the kind of amateur that leaves work on a Friday, flies to Fresno, Calif., to compete in a meet Saturday night, and then flies back to be with his family on Sunday. He won his event, too, the 5,000 meters run, in the same meet in which John Landy ran the mile in 3:59.1. He's the kind of amateur that will leave work at 5:30, drive to New York and beat Horace Ashenfelter and George King, two of America's best distance runners, in a special three-mile race. He did this last weekend. Hart, who first began to take distance running seriously while in high school in Landsdowne, Pa., is the National AAU 6 mile champion and holds the American record of 29:33 for that distance. It's nice to hold that title and a nice record, but on the other hand, there aren't many citizens around, who care to run six miles at a time. In Europe there are. A fellow named Emil Zatopek of Czechoslovakia, for instance. Zatopek, the 10,000 meter Olympic champion in 1954 at Helsinki, has run the European equivalent of six miles in two minutes less time than Hart's best. Zatopek and his Russian cousins are amateurs, too - state trained, state subsidized, and state-paid. But first things first. To qualify for a trip to the Olympics in November in Melbourne Australia, Hart must finish among the first six in the AAU championships at Bakersfield, June 22-23. Then he must finish among the first three at the final tryouts in Los Angeles, June 29-30. As AAU champion his travel fare to Los Angeles is paid, but he must take his vacation time at Hamilton Standard to compete. Hart, a rangy, blondish, six-foot-two, 150-pounder, covered the mile in a turtlish 4:50 in his first effort at Landsdowne High. In the service he cut it to 4:33. Hart began to concentrate on the longer distances at the University of Pennsylvania. As a senior in 1950, he ran a 9:10 two-mile, an Ivy League record. In that year, he anchored Penn's winning four-mile relay team and also ran in the distance medley. Since then Hart, has finished second to Fred Wilt in the National AAU 5,000 meter championship; had a sinus operation to correct a breathing condition; ran a 4:15 mile at Baltimore to beat England's Chris Chataway; beaten Johnny Kelley in the 1955 Manchester, Conn., road race; set an American record in the five-mile run at Swarthmore College Pa., and won two races in Fresno and New York City already mentioned. Hart has a simple plan for training - running and more running. Every night he pads along under the street lights of Windsor or at the Loomis prep school track. When his wife asks him to run to the corner for a loaf of bread, he runs, and if the corner is three miles away, all the better.

Canada has established a hall of fame to honor athletes of past and present. Awards are made annually and in days to come will likely include most of the "all time greats" in Track & Field. The following is a partial list knowingly submitted by Jack Girling of some of the great distance runners in Canada's T&F Hall of Fame.

The opinions expressed in the "greats" sketches are those of Mr. Girling and times mentioned were taken from memory. (Jack Girling is the announcer for all the big Canadian road races, he has such an amazing facility for remembering former Olympic records and race times that he has been sounded out to appear on a future \$64,000 T.V. program) These "greats" are of particular interest to sport followers in the Hamilton, Ontario area.

"Billy" Sherring - Marathoner - winner of the "Around-the-Bay" race in 1899 and 1903 (19 miles, 168 yards). "Billy" is possibly better known for winning the marathon at Athens, Greece, in 1906. He still takes an active interest in long distance running and attends many of the local races - usually acting as a starter.

"Tom" Longboat - Caledonia - As far back as 50 years ago the name of Tom Longboat was a "legend" among followers of the sport of marathon running. He is better known for his winning of the "Around-the-Bay" race in 1906 and the Boston Marathon in 1907 in very fast times. Following the 1908 Olympics in London, Eng., Tom competed in a series of races the U.S. and Canada with Dorando (Italy), Shrubbs (Great Britain), St. Yves (France), Meadows and Marsh (Canada), and Hayes (U.S.). Longboat passed away a few years ago but his memory will live forever in the hearts of followers of distance running.

Gerard Cote - St. Hyacinthe, Quebec - One of the most colorful of all marathoners and will be known to Hamilton fans where he has competed many times. Best known for his winning of the Boston Marathon in 1940-43-44 and 48. He once held the record for the Boston course made in 1940, of 2:28.00-3/5. He also had 3 wins and 3 seconds in the Yonkers marathon. Was a member of the British Empire Games Teams in 1950 in New Zealand and 1954 in Vancouver and the 1948 Olympic team in London. His famous duels with Johnny Kelley at Boston were looked forward to with interest by

thousands of fans. "Gerry" has just turned 40 years of age and is still an active competitor- finishing seventh in the 1955 Firestone 15 miler in Hamilton. Who knows- maybe the unpredictable French Canadian will go on forever.

Harold Webster - Hamilton (formerly of Guelph). There isn't a major long distance running event in the country that Harold hasn't won at sometime or another (with the possible exception of the Bay Race). Harold was also good at 10 miles as his record in the New Year's Day race to Dundas and back shows three times first, four times second, and twice, third. Harold was running in the era when there were many very fine distance runners and his contests with Cliff Bricker, Billy Reynolds, ~~Scotty Rankine~~, Longman, Snell, McCluskey, Hornby and others were something to see. He was a member of the Canadian Olympic Team at Amsterdam in 1928 and climaxed a great career by winning the British Empire Games Marathon in 1934 at Wembley, Eng. Harold still takes a most active interest in training marathon "Hopefuls" and can be seen at all Road Races where he usually acts as a timer or in some other official capacity. Truly a great competitor.

MANHATTAN KEEPS TITLE IN I.C.A.A. TRACK : DELANY, BRECKENRIDGE WIN DISTANCE RUNS.
 SAT. MAY 26- New York- The final tally gave Manhattan 42 1/2 points, as compared to 40 for Villanova and 21 for LaSalle. In the mile, Jim Doulin of Manhattan gave Delany a bit of a tussle before losing to the Villanova star, the Jasper ace took the lead at the end of the third lap and in the final tour, led until the last 25 yards. Delany was content to allow the field to make its own pace during the early stages. The winner, 8th at the end of a half mile, sat back until the final backstretch run. Then he engaged in a pursuit of Doulin. At the far turn Delany began to close ground. Going into the straightaway the winner was at his rival's heels. Delany experienced little difficulty in passing Doulin in the last few yards to win by 2 yds. Throughout his effort it was apparent he was saving something for his race with Sowell, scheduled 75 minutes later. Delany needed an 57.6 last 440 to win the race. (Sowell later ran away, from the gun, to win the 880 easily in 1:51.1 with Delany second 7 yds. back). One Mile Run- 1, Ronnie Delany, Vill. 2. Jim Doulin, Man. 3. Ike Matza, NYU. 4. Burr Grim, Maryland (defending champion) 5. Don Woodrow, Penn State. Time- 4:14.4. Two Mile Run- 1. Alex Breckenridge, Vill 2. Bob Sbarra, Man. 3. George King, NYU. 4. John Kopil, Vill. 5. Lewis Stieglitz, Connecticut. Time: 9:20.1 (by 20 yards, after staying off pace throughout race).

Sat. May 26 - Army vs: Navy. One Mile Run- 1. Walt Meukow, Navy (also won 880 in 1:56.7) 2. Ron Kennedy, Army, 3. Bill Smith N. 4:23.2

Two Mile- 1. Jerome Lewis, Army, 2. Vince Roper, N 3. Bob Vermillion, Army. 9:42.9.

17-Year Old Illinoisan Sets School Mile Mark. Sterling, Ill. May 25- Jim Bowers, H.S. senior today set a national secondary school mile run record of 4:16.1 in the North Central Illinois high school track meet. That bettered the 4:19.2 mile mark established a few hours earlier in St. Louis by Ron Gregory, 18-year-old Sumner High senior. The Sterling High stadium track had been surveyed before the meet. Five official timers clocked Bowers' performance. Three clocked him in 4:16.1, and two in 4:16. The mark will be submitted for approval to the N.I.A.A.

KING BEATS DEADY IN ANNUAL GERRALD KARVER MILE AT READING PA. IN 4:16.8.

Sun. May 27- The Gerry Karver Mile, an annual feature of the Pennsy State Catholic High School Championships, was won by George King, NYU and NYAC runner, who came from behind to defeat former Georgetown ace Joe Deady, unatt., and Horace Ashenfelter NYAC with a clocking of 4:16.8. Last year's victor was Wes Santee at 4:05.8. Five St. Joseph's runners competed with Ed Mather taking fifth. Bill Ashenfelter NYAC was fourth. Weather- Rain & Cold.

LONG DISTANCE LOG - CALENDAR JUNE

- JUNE 2 Sat. NYAC OUTDOOR Meet Travers Island, N.Y.
- " 9 " S.P.A.A.U. 10,000 meter Champs: Los Angeles, Coliseum.
- " 9 " Middle Atlantic AAU Champs: Reading, Pa.
- " 9 " South Atlantic AAU Champs: Johns Hopkins Univ. Baltimore 2PM.
- " 9 " Senior Met. Champs: New York Under Lights.
- " 9 " Central Collegiate Conference, Milwaukee, Wis.
- " 10 " Jr. National 20 Kilo Run Methuen, Mass. Open
- " 15-16 NCAA CHAMPS: Berkley Calif.
- " 16- Cross Country Club T&F Meet Baltimore Md.
- " 16 Culver City Dept. of Rec. 9th Annual 25 Mile "Western Hemisphere Marathon"
- " 21- 10 Mile Handicap Pembroke Mass.
- " 22-23 - National AAU Men's Champs: 10,000 meter Olympic tryout, Bakersfeild Cal
- " 29-30. Olympic Track Tryouts Los Angeles, Cal.
- " 30 10 Mile Handicap Portsmouth, New Hampshire - Penn AC T&F Meet June 16

Good Marks By High School Boys Highlight Collegiate T&F Meet In Philadelphia.

May 30- Olney H.S. Track- Shanahan CC won the Collegiate T&F meet for the 3rd straight year, piling up 73 1/2 points in the 18 event competition. 2. Penn A.C. 66 points. 3. Phila. Pioneer Club (a new club) 14 points. RESULTS: Mile- 1. Vic Zwolak, Shanahan CC (A Wilmington, Delaware H.S. Senior, with tremendous possibilities) 2. Ed Mather, Penn A.C. 3. Jim Smith, Penn A.C. 4. Bob Haggarty, Shanahan. Time: 4:20.7 (Mather just missed as the tape had same time.) 3,000 meter Steeplechase (5hurdles, no water jump) 1. Bill Ashenfelter, NYAC. 2. Joe Sloan, Penn AC (9:45) 3. Bob Milner, Syracuse and Penn AC. 4. Frank Batson, Penn AC. Time 9:16.5 ASH was only half a second off the meet mark of 9.16 by Curtis Stone. 3 Mile- 1. Browning Ross, Penn AC (4:45-9:38-13.23 and 75 last 440 for 14.38) 2. Luther Burdelle, Penn AC 15.01.2. 3. Jack Barry Shanahan 15.45. 4. Bob Chambers, Shanahan. (880- O'Donnell PAC 1.56.3- 2. Singleton PAC 1.57

DALLAS INVITATION T&F MEET - Max Truex of the U.S. Cal. Trojans scored a half lap victory in the two-mile in 9.16.3. The clocking bettered the old mark by 9.7 sec.

For Sale German Track Shoes - Puma Made Contact Browning Ross 306 West Center Street Woodbury N.J. Now in Collaboration with Helmut Gude former German 10,000 meter champion now living in Philadelphia - The world's finest shoes only \$9.85 per pair Red or Blue. Worn by Ron Delany, Charlie Jenkins and a host of other great runners. Special made distance running shoes with spikes only where they are needed. Flats or road shoes - \$5.60.

Matt Singleton Woodbury H.S. N.J. 17 year old Junior turned in a good 1.57 880 in the Collegiate T&F Club Meet. The night before he won the South Jersey HS Championship mile run in 4:33.2

Big Seven - Manhattan, Kan. May 19- Kansas won 5th straight title. Results:
1 Mile- 1. Long, Kansas (4.14.9) 2. Frame, Kansas (4.14.9) 3. Bacon, Missouri
4. Howell, Kansas 5. Gay, Kansas. 2 Mile- McNeal, Kansas (9.26.2) 2. Rupp, Kansas (9.31) 3. Nimmo, Iowa State. 4. Hughes Colorado

Southwest Conference Championship: Fayetteville, Ark., May 12 Texas won the Championship scoring 78 points to 53 3/4 for Texas A&M and 52 3/4 for Baylor.
1 Mile won by Morton, Arkansas. (4.21.4) 2. Hale, Texas. 3. Carey, A. 4. Hutson, TCU.
2 Mile won by McNew, Texas, 10.01.2 - 2. Cocco, A&M- 3. G. Foerster, T.

Some May 2 Mile times:

May 5 - Max Truex (USC 9.18.2 (1) vs. UCLA
May 5- Jim Beatty (No. Carolina 9.27.6 (1) vs. Duke.
May 5- Ron Wallingford (Michigan) Triangular meet at Ann Arbor (9.14.2).
Maury Graves (Stanford) (1) vs. Calif. (9.21.5) May 5.
May 3 - Fred Dwyer (NYAC) 9.12.7
May 4- Joe Tyler (SD Naval Tr. Center (9.22.2) (1) vs. Camp Pendleton
May 5- Henry Kennedy (Michigan State) 9.24.3 (1) vs. Notre Dame.
Mike Shea, No. Carolina State May 12- (9.25.3) (1) Atlantic coast conf.
May 5- Burr Grim (Maryland 9.31.1st vs. Georgetown.

Late - In the Pacific coast conf. meet May 19 2 mile results 1. Bill Dellinger Oregon (9.05.0) 2. Graves Stanford (9.08.9) 3. Truex, USC 9.08.9
4. Mitto, Washington State, (9.11.4) 5. House, Cal. 9.25.8.

Irving Schoolman of New York will direct the Olympic team Marathon runners and walkers. Henry Kennedy of Michigan State is being developed as a candidate for the Canadian Olympic team in the steeplechase.

South American Champs: 1500 Meters 1. Ramon Sandoval, Chile 3:48.4
5000 Meters Oswaldo Suarez of Argentina 14.30.8 -2. Jaime Correa of Chile 14.47.8
10,000 meters- 1. Suarez 30.12.2 - 2. Walter Lemos, Arg. 30.27.4
Traditional half marathon race - 1. Suarez (for a triple win) 1.08.53.6
2. Lemos, 1.08.59.6.

Late News : Quite a few competitors made a fruitless trip to Pittsburgh on Memorial Day for a Jr. 15 or 25 kilo run -NO RICE- They were told the race was cancelled 6 weeks ago, and that the Allegheny Mt. Ass'n will not have the Sr. 15 Kilo on Labor Day. The Sr. 15 Kilo in Pittsburgh scheduled for Labor Day has not been rescheduled from what the runners learned.

Some Deal !

A one mile, and 5 mile will be included in the 14th Ward Athletic Association Charles Sable Memorial Track Meet Wed. July 4, 1956 12.30 PM at Schenley Oval Pittsburgh. All open events No entry fee
Entries from Joseph Kahn 5808 Forbes St. Pgh 17, Pa. Merchandise prizes.

Keith Dunnett Breaks record- Victoria Day Waterdown AAA road race. Dunnett repeated his winning performance of last year as he galloped home in front of a field of 17 in the 10 mile race. His time of 54.34 was better than the old mark of 56.33 he set last year. Harry Van de Meer, a newcomer in running circles around Hamilton, helped set the mark as he pushed Keith from start to finish Meer was also under the old record in winding up in 2nd In a special one mile run for Waterdown boys under 16 Don May took first in 5.58 with young Whitey Sheridan 2nd. Results 10 mile open- 1. Dunnett. Dundas, Ont. 2. Van de Meer, St. Catherine's 55.35 3. Norman Neilson, Toronto 4. Sid Smith HOC 5. Tom Douglas Toronto 6. Bob Longhurst, Toronto 7. Ron Nicol, Guelph.

2 Mile open run 1. Jim Irons, Toronto 10.32 2. Reg Darley, Toronto 10.44
3. Paul Poce, Toronto 4. Bill Melody, Westdale 5. Al Arnold, Hill Park.

-- Bill Melody of Westdale Secondary School won the National Steel Car War Vets junior 2 and 1/2 mile road race finishing a few yards ahead of Al Arnold of Hill Park in Hamilton Ont. Time 13.09. Field of 80 runners.

Another interesting Landy quote: "The present craze for rigidly running laps at certain speeds, with time trials, etc, is admirable perhaps for beginners. But it begins to pall after awhile, and I am quite sure it is not necessary once you have had some senior running experience. As an example (unfortunately myself), I quote my 1:51.8 880 against Spurrier. I had done no timed training, and had had only one run on cinders, and until a couple of days before (when I ran a 1:51.4 trial), I had no idea at all what I could do".

May 6 Osaka, Japan, Kawashima a college student at Nippon U. 2.27.45 marathon.

5/31/56.- 1st Annual 10 Mile Scratch Race. Sponsored by Monarch A.C. of Monarch Mass. 2:30 P.M. 47 started, 41 finished. 72 degrees, cloudy. Hilly course, an "Out and back, once" course. Start Monarch Inn, into So. Hadley, return.

1st prize, BAA. 2nd- No. Medford. Supposed to be 11 miles, only 10 or 10 1/4 according to Bob Campbell.

1. Charlie Robbins, Middletown, Conn.	55.41	16. Ed Dullea, BAA	61.24
2. John Lafferty, Boston AA.	56.13	17. Ted Suito, St. Anthony's-	61.31
3. Tony Sapienza, Boston AA.	56.30	18. Don Fay, BAA-	61.39
4. Tom Crane, No. Medford	58.50	19. Wm. Marot, No. Med.	61.45
5. George Waterhouse, No. Med.	59.35	20. Mike Murphy, BAA.	63.26
6. Marshall Rowlette, B.A.A.	59.59	21. Tom Hahn, No, Med.	64.25
7. Nat Cirulnick, New York Pioneer's	60.05	22. Frank Ryder, BAA.	64.27
8. Paul Whitlock, No. Medford.	60.08	23. J. Morrissey, No. Med.	64.43
9. Dain Oliver, B.A.A.	60.15	24. Ed Janiak, BAA	64.55
10. Lee Chisholm, No. Medford,	60.31	25. Rick Sherman (Conn.)	65.15
11. John DiCommandrea, B.A.A.	60.43		
12. John Gray, B.A.A.	60.52		
13. Bill Spencer, Northeastern Univ.	61.01		
14. John Conway, N.Y.P.C.	61.14		
15. John Kauppinen, B.A.A.	61.20		

DELANY RUNS MILE IN # 3:59, NIELSON IS 2ND IN 3:59.1, IN COMPTON INVITATIONAL. June 1- Compton, Calif. -Ron Delany and Gunnar Nielsen, Coholder of the world's 1500 meter record, became the seventh and eighth men, respectively, to break the barrier Friday night at the record-breaking 17 annual Compton Invitational track meet. The barrier has now been surpassed 14 times, six of which can be credited to Australia's John Landy who holds the world record of 3.58 for the course.

In the breath-taking race, Delany had an overflow crowd of 9300 fans standing as he made his bid with a burst of speed in the final 200 yards of the race. He was never ahead until the final sprint, running third for two laps, and then dropping back to fourth in the tightly bunched field (tightly bunched! wait until the Olympic 1500 final!) Fred Dwyer, New York A.C., was third in 4:00.1 to nose out Bobby Seaman, of UCLA, who was clocked at 4:01.4. 4th was Ted Wheeler, Iowa in 4.04-plus. Delany's lap times were 58.5- 2:01.6- 3:02.5. After a lap and a half Nielsen took the lead from Lowell Zeller, of the Sixth Army, with Seaman right behind him, Zeller third and Ron fourth. The first half was run in 2:01.6 when Dan Schweikert, Los Angeles AC, went to the front and set a fast pace through most of the 3rd lap. Then he faded and Nielsen took the lead again, closely followed by Seaman and Delany and Dwyer. On the final lap Dwyer running his best race, moved up to third place ahead of Delany, but with 120 yds. to go, Delany put on his kick and tore past on the outside. This was Gunnar's first race of any kind this spring. He last ran in South Africa in February, and his previous best mark for the mile was 4:03 at Copenhagen Oct. 1, 1955. Nielsen ran 58.7- 63- 60.8 and 56.6....880 -1. Tom Courtney, 1:49 2. Roger Moens, Belgium, 3. lang Stanley

DELANY'S 3:59 PROVES FORM MEANS LITTLE IN RUNNING - Now that VILLANOVA'S RON DELANY has beaten four minutes for the mile, we should hear no more criticism of his running form. The Wildcat, who runs with his shoulders hunched, his arms high and with a short, choppy stride, became a subject of discussion when he met and lost to Bailey and Landy in California, May 5th. No one noticed or rather criticized his form during the Penn Relays, in which he was the outstanding athlete of the meet. After his Los Angeles race, running fans asked, "How can Delany, with his gook awful form, expect to run in such company as Bailey and Landy?"

But form means little nowadays in running. Delany's coach, Junbo Elliott, who has done such a remarkable job in getting this star into condition, also was asked why he didn't do something about Delany's form - at least make him lower his arms. Well, Elliott, was an outstanding middle distance runner himself in the 1930's and he knew the answer. That is, that once an athlete is in the groove you can't change his form with impunity. Delany has been trying to keep his arms lower lately but it is doubted that this is of any help. The answer to his victory at Compton is his precious attribute called a change of pace. Delany is an unusual miler for the reason that he never "ties up." A runner ties up when, through fatigue, his stride becomes much shorter, his head goes back and he begins to "climb the ladder". This Delany never does. As exhausted as he was in the first Landy race, he held his form. And when he finished second to Arnie Sowell in the IO4A -880, after winning the mile, his leg action was perfect. That's the mark of a first class runner. Like race horses, milers who flirt with four minutes have their days. The next time Delany faces the field he defeated Friday night he may feel better than his last time out and still be beaten. BUT- Delany is the athlete with the least years and the best "kick." Our chances in the Olympic 1500 look brighter after compton (Dwyer-4:00.8 and Seaman 4:01.7) Excerps from an article by Earl Eby, former Penn and Olympic 800 meter runner.

Ron Delany's 3:59.0 mile victory over Denmark's Gunnar Nielsen in Friday night's Compton Relays is "so fabulous, its hard to believe," Villanova's track coach Junbo Jim Elliott, says. At 20, Delany ranks as the youngest man ever to shatter the barrier. "And don't forget," Elliott adds, "he's the only one to break it after running the mile for only a year". Elliott predicts Ron will run about 3:53 when he reaches his peak. Dwyer lost stride twice and stopped even-once (or under 4 for him too!)