



In the Long Run  
it's the  
*Long Distance Log*

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\$1.17 10/21/73 *Cattell Memorial 10 M.*

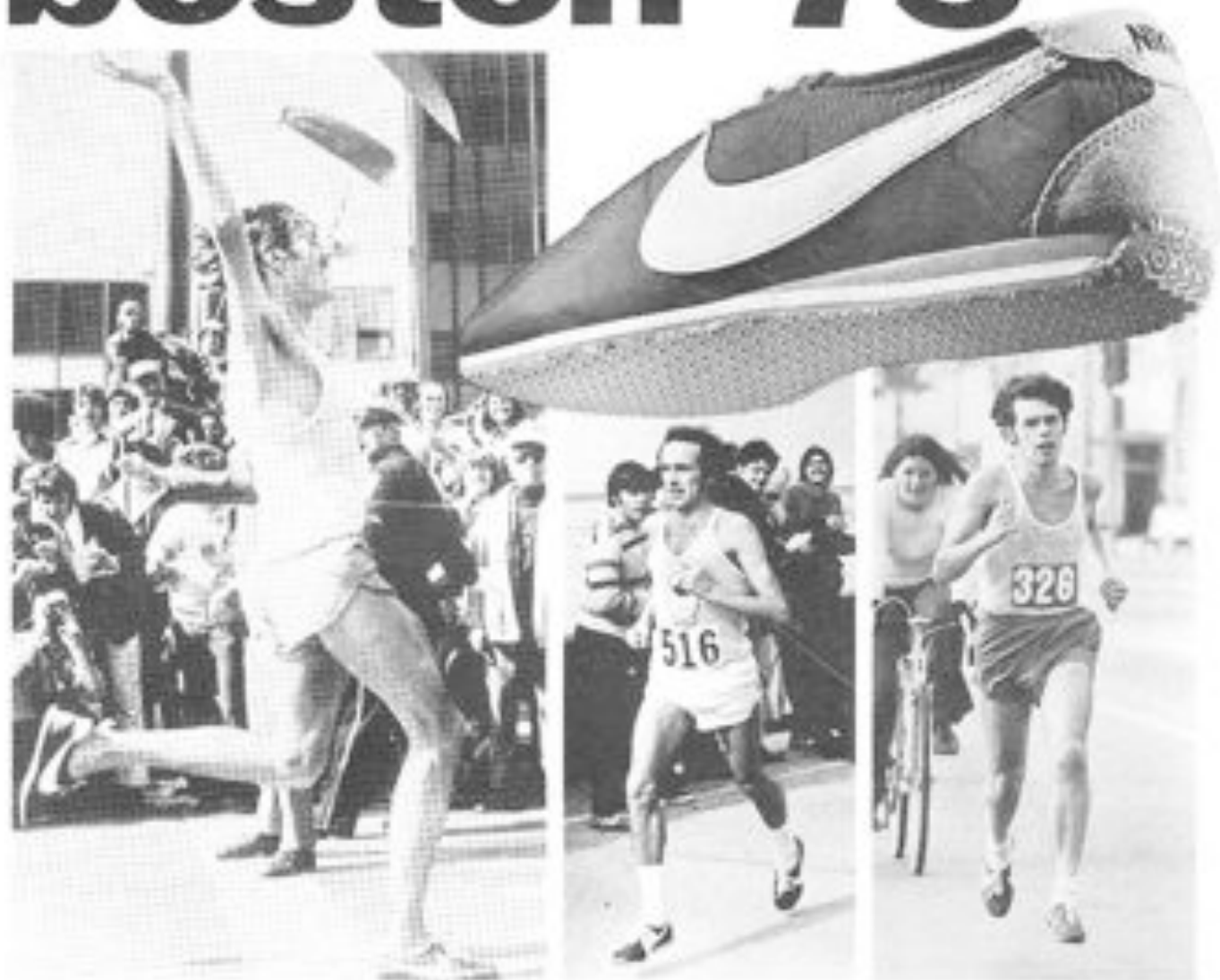


*Carl Hayfield, 2:20 marathoner. "Running is an art and a form of self-expression. I run to race."*



*Tom Fleming, 2:17 marathoner, runner-up at Boston, 1971. His motto: "Somewhere in the world, there is someone training when you're not. When you race him, he'll win."*

# boston '73



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**the athletic department**  
POST OFFICE BOX 743 BEAVERTON, OREGON 97005

**SIMSBURY, CONN. MASTERS 5 & 3/8-MILE X-C RUN**  
October 21, 1973

**VETERANS 40-49-** 1. Manfred Kandachur, 43, Hartford TC, 30:24; 2. Via Fandetti, 42, HTC, 31:32; 3. Don Chartier, 40, HTC, 33:08; 4. Ray Edgorty, 43, HTC, 33:17; 5. Haak Devine, 40, Mt. Park AA, 33:39; 6. Geo. Brown, 48, HTC, 33:54; 7. Bobbie Logan, 44, HTC, 34:08; 8. Charles Simons, 40, Lowell Tech. AC, 34:09; 9. Dave Eveleth, 41, HTC, 34:13; 10. Ed Lord, 45, HTC, 34:26; 11. Bob Gray, 45, unat., 35:27; 12. John Leslie, 45, Mohegan Striders, 35:40; 13. Gail Demarest, 43, HTC 35:42; 14. Tom Leonard, 41, HTC, 35:54; 15. Joe Kornaromi, 41, unat., 36:25; 16. Jim Cutler, 41, unat., 36:26; 17. Dave Babe, 47, HTC, 36:36; 18. Ted Grenda, 47, unat., 37:59; 19. Norm Cote, 49, Mt. Park AA, 38:02; 20. Jim McNamara, 41, Univ. of Rhode Island TC, 38:17. (27 listed finishers)

**MASTERS 50-59-** 1. Bob Gardner, 51, Hartford TC, 33:22 Course Record; 2. Francis Kelley, 51, CSU, 34:35; 3. Phil Harmon, 52, Maine Masters, 35:06; 4. Gerard Kester, 53, unat., 35:30; 5. Pat Dyer, 55, HTC, 36:38; 6. B. John Ross, 50, Hudson-Mohawk RRC, 37:07; 7. Jon Hutchinson, 52, Torrington TC, 39:20; 8. Angelo Bressani, 55, Springfield YMCA, 40:00; 9. Amedeo Tagliapietra, 52, unat., 44:13; 10. Lee Fielden, 52, unat., 47:24.

**MASTERS 60 & OVER-** 1. Otto Eastig, 67, Springfield YMCA, 38:53 CR; 2. Ed Granowitz, 60, unat., 45:24.

--Bill Tribou--

**PACIFIC ASSOCIATION AAU 50-MILE CHAMPIONSHIP**  
Rocklin, California, Oct. 14, 1973 Weather: About 90°  
some haze, stuffy! (5-mile splits listed)

1. Darryl Beardall, Martin AC, 5:56:02 (30:14, 1:01:27, 1:32:56, 2:05:27, 2:40:55, 3:18:15, 3:56:30, 4:36:30, 5:17:17)  
2. Chuck Day, Dolphin South End Runners, 6:59:30 (39:00, 1:20:15, 1:59:25, 2:40:15, 3:20:28, 4:00:35, 4:41:10, 5:22:45, 6:09:00)

3. Jim Fauss, 7:17:08, Dolphin South End Runners  
4. Ralph Paffenbarger, Dolphin South End Runners, 7:25:30  
5. Peter Gascoyne, 8:16:33  
6. Alex Monterrosa, Dolphin South End Runners, 8:30:45  
7. John Arberry, 9:10:25  
8. Walt Stack, Dolphin South End Runners, 9:31:55

**DNF-** Pete Hanson, 5:55:00 for 40 miles; Dave Chatterton 7:58:30 for 40 miles; Darrell Jeong, 6:39:14 for 30 miles; Jim Sain, 3:07:00 for 25 miles; Carl Reisterman, 7:25:21 for 25 miles. The San Francisco Dolphin South End Runners won the team award. (5-mile laps)

**Notes...** Darryl Beardall, outstanding northern California ultra-marathoner did it again. Chuck Day, Commander, USN, studying Oceanography at U.S. Navy's Post Graduate School at Monterey, finished second. Third place Jim Fauss is a San Francisco plumber. Fourth place Ralph Paffenbarger is the head of the Chronic diseases dept. of the state of California. He has run 50 & 100 miles each year for the past 5 years. Tough Walt Stack cramped up during the last 5 miles & walked most of it. Walt had an ice beer starting at 15 miles thru 45 miles. He had three delivered on the final 5-mile lap during his nearly 2-hour walk. Despite 9 beers Walt reports that he didn't urinate once!

**1973 STONE MOUNTAIN ROAD RACES**

Sponsored by the Atlanta Track Club and Stone Mountain Memorial Park, Stone Mountain, Georgia, Sept. 22, 1973  
**5-Mile Race-** 1. Andy Atwell, 18, Baptist College, 24:36;

24:40; 2. Ned Plaster, 24, Tech., 24:51; 4. Lane W. Cook, AYC FC, 25:01; 5. Jim Kavan, 24, 25:06; 6. David Spenser, 9 of Ga., 25:11; 7. George Williams, Lake City, 25:18; 8. William Dunlop, U of Ga., 25:19; 9. Eric Lyles 25:23; 10. Chris Smith, Berry College, 25:31; 11. Ben Proust, 25:32; 12. 25:34; 13. Tom Ooms, Berry College, 25:37; 14. Mike Butler, Broad, 25:41; 14. Greg Camp, AYC, 25:46; 15. Robert McDuffie, Berry, 25:49; 16. Jerry Tucker, 25:50; 17. Robert Perkins, 25, SPCC, 25:58; 18. Norman Goodrich, Peabody, 25:59; 19. Dallas, 25:59; 20. Doug Parker, 21, Baptist Coll., 26:00; 21. Don Waters, 18, Baptist Coll., 26:00; 22. Chuck Harris, U of Ga., 26:00; 23. George Ross, 24, Broad, 26:12; 24. J. P. Andrews, Cumberland, 26:12; 25. Pat Stone, 18, SPCC, 26:14; 26. Bob Farris, 21, Peabody, 26:15; 27. George West, 18, PIC, 26:20; 28. Craig Collins, Peabody, 26:25; 29. Bob Hutchins, 24, 26:25; 30. 26:25; 31. Steve Casey, 18, Peabody, 26:26; 32. 26:26; 33. Randy Hollerman, W. Carolina, 26:27; 34. Red Levin, Peabody, 26:29; 35. Mike Stone, 20, Ga. Tech., 26:30; 36. Wayne Edwards, 18, Ga. Tech., 26:31; 37. Nick Pugh, 21, Citadel, 26:31; 38. Robert Brown, 18, Lake City, 26:32; 39. Thomas, 27, 26:32; 40. Wayne Beach, AYC FC, 26:32; 41. David Cochran, Furman, 26:32; 42. Dan Brown, 18, Furman, 26:34; 43. Ted Canning, Peabody, 26:34; 44. David Swain, 21, J. B. Galt, 26:34; 45. 26:34; 46. 26:34; 47. 26:34; 48. 26:34; 49. 26:34; 50. 26:34; 51. 26:34; 52. 26:34; 53. 26:34; 54. 26:34; 55. 26:34; 56. 26:34; 57. 26:34; 58. 26:34; 59. 26:34; 60. 26:34; 61. 26:34; 62. 26:34; 63. 26:34; 64. 26:34; 65. 26:34; 66. 26:34; 67. 26:34; 68. 26:34; 69. 26:34; 70. 26:34; 71. 26:34; 72. 26:34; 73. 26:34; 74. 26:34; 75. 26:34; 76. 26:34; 77. 26:34; 78. 26:34; 79. 26:34; 80. 26:34; 81. 26:34; 82. 26:34; 83. 26:34; 84. 26:34; 85. 26:34; 86. 26:34; 87. 26:34; 88. 26:34; 89. 26:34; 90. 26:34; 91. 26:34; 92. 26:34; 93. 26:34; 94. 26:34; 95. 26:34; 96. 26:34; 97. 26:34; 98. 26:34; 99. 26:34; 100. 26:34

**1 MILE HOURLY RACE**

Place	Time	Name	Team
1	5:01	George Smith, 39	East Augusta
2	5:02	Gene Siler, 32	Red Augusta
3	5:08	James Dufresne, 31	Cape Wilcox Racers
4	5:24	Robert Cunniff, 28	SPCC
5	5:29	Ken McCollie, 23	GA
6	5:31	Don Owsen, 31	SPCC
7	5:49	Andy Hill, 27	SPCC
8	5:50	Robert Siler, 2	SPCC
9	5:54	Bob Thomas, 34	SPCC
10	5:59	Jim Smith, 31	ATC

**50 MILE RACE:** (Qualifiers indicate place in respective division.)  
1. 5:57:00 Stewart, 28, AYC FC, 5:11:17; 2. 6:10:14 Lee Miller, 28, Club A, 5:12:11; 3. 6:17:00 Bruce Chapman, 24, The TC, 5:12:15; 4. 6:20:00 Gale, 28, AYC FC, 5:12:15; 5. 6:20:00 Alex James, Berry, 5:12:15; 6. 6:20:00 Sam Bennett, AYC FC, 5:12:15; 7. 6:20:00 Bruce (K. Smith), 24, 5:12:15; 8. 6:20:00 Jerry, 24, 5:12:15; 9. 6:20:00 Dan, 24, 5:12:15; 10. 6:20:00 Bob, 24, 5:12:15; 11. 6:20:00 John, 24, 5:12:15; 12. 6:20:00 Tom, 24, 5:12:15; 13. 6:20:00 Mike, 24, 5:12:15; 14. 6:20:00 Steve, 24, 5:12:15; 15. 6:20:00 Paul, 24, 5:12:15; 16. 6:20:00 Mark, 24, 5:12:15; 17. 6:20:00 David, 24, 5:12:15; 18. 6:20:00 James, 24, 5:12:15; 19. 6:20:00 Robert, 24, 5:12:15; 20. 6:20:00 Charles, 24, 5:12:15; 21. 6:20:00 Thomas, 24, 5:12:15; 22. 6:20:00 Daniel, 24, 5:12:15; 23. 6:20:00 John, 24, 5:12:15; 24. 6:20:00 William, 24, 5:12:15; 25. 6:20:00 Michael, 24, 5:12:15; 26. 6:20:00 Christopher, 24, 5:12:15; 27. 6:20:00 Timothy, 24, 5:12:15; 28. 6:20:00 Matthew, 24, 5:12:15; 29. 6:20:00 Andrew, 24, 5:12:15; 30. 6:20:00 Ryan, 24, 5:12:15; 31. 6:20:00 Jacob, 24, 5:12:15; 32. 6:20:00 Benjamin, 24, 5:12:15; 33. 6:20:00 Nicholas, 24, 5:12:15; 34. 6:20:00 Alexander, 24, 5:12:15; 35. 6:20:00 David, 24, 5:12:15; 36. 6:20:00 Joseph, 24, 5:12:15; 37. 6:20:00 Patrick, 24, 5:12:15; 38. 6:20:00 Anthony, 24, 5:12:15; 39. 6:20:00 Donald, 24, 5:12:15; 40. 6:20:00 Steven, 24, 5:12:15; 41. 6:20:00 Eric, 24, 5:12:15; 42. 6:20:00 Robert, 24, 5:12:15; 43. 6:20:00 James, 24, 5:12:15; 44. 6:20:00 John, 24, 5:12:15; 45. 6:20:00 William, 24, 5:12:15; 46. 6:20:00 Michael, 24, 5:12:15; 47. 6:20:00 Christopher, 24, 5:12:15; 48. 6:20:00 Timothy, 24, 5:12:15; 49. 6:20:00 Matthew, 24, 5:12:15; 50. 6:20:00 Andrew, 24, 5:12:15; 51. 6:20:00 Ryan, 24, 5:12:15; 52. 6:20:00 Jacob, 24, 5:12:15; 53. 6:20:00 Benjamin, 24, 5:12:15; 54. 6:20:00 Nicholas, 24, 5:12:15; 55. 6:20:00 Alexander, 24, 5:12:15; 56. 6:20:00 David, 24, 5:12:15; 57. 6:20:00 Joseph, 24, 5:12:15; 58. 6:20:00 Patrick, 24, 5:12:15; 59. 6:20:00 Anthony, 24, 5:12:15; 60. 6:20:00 Donald, 24, 5:12:15; 61. 6:20:00 Steven, 24, 5:12:15; 62. 6:20:00 Eric, 24, 5:12:15; 63. 6:20:00 Robert, 24, 5:12:15; 64. 6:20:00 James, 24, 5:12:15; 65. 6:20:00 John, 24, 5:12:15; 66. 6:20:00 William, 24, 5:12:15; 67. 6:20:00 Michael, 24, 5:12:15; 68. 6:20:00 Christopher, 24, 5:12:15; 69. 6:20:00 Timothy, 24, 5:12:15; 70. 6:20:00 Matthew, 24, 5:12:15; 71. 6:20:00 Andrew, 24, 5:12:15; 72. 6:20:00 Ryan, 24, 5:12:15; 73. 6:20:00 Jacob, 24, 5:12:15; 74. 6:20:00 Benjamin, 24, 5:12:15; 75. 6:20:00 Nicholas, 24, 5:12:15; 76. 6:20:00 Alexander, 24, 5:12:15; 77. 6:20:00 David, 24, 5:12:15; 78. 6:20:00 Joseph, 24, 5:12:15; 79. 6:20:00 Patrick, 24, 5:12:15; 80. 6:20:00 Anthony, 24, 5:12:15; 81. 6:20:00 Donald, 24, 5:12:15; 82. 6:20:00 Steven, 24, 5:12:15; 83. 6:20:00 Eric, 24, 5:12:15; 84. 6:20:00 Robert, 24, 5:12:15; 85. 6:20:00 James, 24, 5:12:15; 86. 6:20:00 John, 24, 5:12:15; 87. 6:20:00 William, 24, 5:12:15; 88. 6:20:00 Michael, 24, 5:12:15; 89. 6:20:00 Christopher, 24, 5:12:15; 90. 6:20:00 Timothy, 24, 5:12:15; 91. 6:20:00 Matthew, 24, 5:12:15; 92. 6:20:00 Andrew, 24, 5:12:15; 93. 6:20:00 Ryan, 24, 5:12:15; 94. 6:20:00 Jacob, 24, 5:12:15; 95. 6:20:00 Benjamin, 24, 5:12:15; 96. 6:20:00 Nicholas, 24, 5:12:15; 97. 6:20:00 Alexander, 24, 5:12:15; 98. 6:20:00 David, 24, 5:12:15; 99. 6:20:00 Joseph, 24, 5:12:15; 100. 6:20:00 Patrick, 24, 5:12:15

**Notes on the Stone Mountain Race**

We had the largest field of runners yet in 1973. 100 starters in three separate races. Two of 12 50-mile, 500 runners for monthly paid the A.C. The winners crossed with the July 1st history. Andy Smith, of Baptist College, repeated his 1972 5-mile victory.

**THE LONG DISTANCE LOG**

**A PUBLICATION FOR RUNNERS BY RUNNERS**

Volume 18, No. 214, October 1973

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The First International Two Bridges Race, held last year between the Washington Monument and Mount Vernon was the largest race longer than 26.2 miles in U.S. history. This year the Second International Two Bridges Race was held as part of the National Capital Marathon Festival, which included the Power Marathon on the following day. Although this fast and highly attractive marathon kept the field of the 36-mile Two Bridges race to only 35 finishers, only two more than last year, the quality of the runners increased dramatically. One reason for this was the First Place Team Prize: a trip for the first three runners of the winning team to compete in the twin 36-mile Two Bridges Road Race near Edinburgh, Scotland.

The race seemed to shape up by the time the runners reached the 18-mile, half-way point at the entrance to the Mount Vernon grounds. The Millrose Athletic Association apparently had the team prize locked up. And the three front runners, Martins Ande of the 1972 Nigerian Olympic Marathon Team, Clayton Bristol of the Bethel Bananas (Bethel, Connecticut), and Norbert Sander of the Millrose AA, seemed to have no rivals. Ande was running a race all his own at a steady 5:45 pace which had rapidly put him out of contact with the other front runners. Sander gradually accelerated throughout the first 30 miles, and when he passed the very gradually decelerating Bristol just before the marathon point in a time of 2:34:35 he seemed to offer the only competition to Ande. By the 30-mile point, Ande's steady 5:45 pace had put him six minutes ahead of Bob Thurston, and Sander's still accelerating 5:55 pace had built up his lead over Bristol to almost two minutes.

And then the incredible happened. Bob Thurston of the Washington Sports Club had been running throughout the race together with teammate Ray Morrison at a steady 6 minute pace well behind the front runners. At the marathon point Morrison dropped into 5th place, while Thurston moved up on Bristol. Then as Thurston passed Bristol at the 30-mile point, he suddenly shifted to a 5:30 sprint speed a full six miles before the end of the race. At the same time, both of the two front runners, now far ahead, slowed to a 6:40 pace. At the 33 mile point near the National Airport, Thurston sped past a surprised Sander. Maintaining a steady 5:30 sprint throughout the entire last six miles, Thurston caught the "runaway winner," Martins Ande, as they passed the Jefferson Memorial just one mile from the finish. Unfortunately Ande's superb run three weeks earlier in the Olympics of ultra-marathoning, the 52.5-mile London to Brighton race, where he passed the 50-mile point in 5 hours, 15 minutes, was taking its toll. Thurston's finish time of 3 hours, 32 minutes, 22 seconds, gave him a winning margin of more than 1 1/2 minutes and cut almost a quarter of an hour off of Max White's course record of 3:44:58.

The team competition in the International Two Bridges Race was a real cliff-hanger. The Washington Sports Club, led by Thurston (1st) in 3:32:22, Morrison (4th) in 3:42:28, and Phil Stewart (7th) in 3:56:01, barely nosed out by one point the Millrose AA, led by Sander (2nd) in a computed time of 3:37:55 and Pat Bastick and Gary Murrcke, who ran together the entire race to finish in a tie for 5th and 6th placings among team runners in 3:50:21.

Bob Thurston's performance is remarkable on several accounts. First, he clearly won the title of best placed runner in the Second International Two Bridges Race by passing the 10, 20, and 30 mile points respectively at a cumulative pace of 6:03, 6:00 and 5:59 minutes per mile, and by then maintaining a steady 5:30 pace throughout the last six miles of the course. He obviously had a sound strategy and total control of his own performance. Secondly, his performance and that of his leading teammates was totally unexpected by all the experts. Their performance during the summer and early fall seemed to write them off as contenders for the first team prize. In actuality they had secretly agreed to subordinate all their racing, all their training, and all their free time for a period of months to one goal: a carefully orchestrated strategy to peak for and to win the International Two Bridges Race on their home turf.

After the race, the Millrose runners justly prided themselves on exceeding their own anticipated maximum performance. But they commented, "until today who has ever heard of Ray Morrison, and who could expect an unknown to beat Max White's course record by 2 1/2 minutes. And who could expect anybody, anywhere, to start running a 2:24 marathon pace, as Bob Thurston did, after he passes the 30-mile point." This kind of pace at ultra-distances on top of a sub-six minute pace up to the 30-mile point, has been achieved by only one other man in history. This man is the Scottish professor of political science, 40-year-old Alistair Wood, who applied his 2:13 marathon speed to the original 36-mile Two Bridges Race in Scotland last year and maintained a 5:30 pace from start to finish. His projected time of 3 hours and 20 minutes at the 36-mile point must remain officially unrecorded because a sentry walked off his post just past the 30-mile point, which caused Alistair to run an extra mile. Next year the organizers of both of the twin Two Bridges races hope that Alistair can initiate the first Scottish entry in the American half of the races by repeating this performance for the official record books.

There was very little newspaper coverage of the Festival in Washington. The Marriott Hotel's public relations firm turned out to be a total dud in handling this kind of sports event.

Both winner Tom Fleming and runnerup Moses Mayfield were very happy with the Marathon outcome, since they both won trips to the Marriott Hotel in Acapulco. Tom says that with real competition he thinks he could run the Power Marathon course in 2:15, since it is one of the fastest courses anywhere. He plans to be back next year. Next year a supermarathon of 200 kilometers is planned, probably starting at the Washington Monument and routing up to Harpers Ferry 100 kilometers on Saturday and back to the Monument on Sunday. The supermarathon would start 30 minutes before the ultra-marathon.

# THE FIRST INTERNATIONAL TWO BRIDGES RACE GENESIS OF THE NATIONAL CAPITAL MARATHON FESTIVAL

## A PICTORIAL STORY

by Roger Bacon

Three weeks before the race portrayed in this pictorial article, the race director, Bob Crane, called me to solve a problem. His photographer for the race had unexpectedly gone on vacation and was not expected back. The solution was a photo contest among eight amateur photographers who produced 300 color slides blanketing every aspect of the race. The photographers selected a total of fifty slides to best combine action and scenery and tell the story of this largest ultramarathon in U.S. running history.

A panel of three judges, consisting of O. Lou Mazzarella, Production Editor of National Geographic Magazine, Herbert J. Meyle, Official Photographer of the International Sleddog Racing Association, and Bruce H. Burnside, Public Relations Director of the District of Columbia Road Runners Club, selected six slides for awards. The first three award winning photos, by Les Schwartz, Bill Millhauser and myself, other photos by Alan Isaacson and Lamar Krapp, and three by this year's Supermarathon photographer, Tim Judge, are presented here.

1. *Bagpiper.* Piper in the City of Alexandria's Pipes and Drums 12 piece bagpipe band. Commemorating the founding of Alexandria in the 18th century by Scotsmen, this bagpipe ensemble made its debut by piping the runners at the start and midway point of the race in Alexandria's restored Market Square. Photo by Alan Isaacson.

\*Roger Bacon is the Photo Director of the National Capital Marathon Festival. He is Vice-President of the Washington Association of Camera Clubs and at the time of the first Two Bridges race was President of the Arlington Camera Club.





2. *At Last It's Started.* Fifty-three runners, of whom 41 are entered for the full 26 miles, start in the International Two Bridges Race on Royal Street between Market Square and Tavern Square next to Alexandria City Hall. Thirty-three of these finish, all but 3 at a sub-9-minute pace, and 23 at a pace below 8 minutes. **SECOND PLACE PHOTO** by Lev Schwartz



3. *Triples Passing Fort Washington.* Three local runners pass Fort Washington in the background along the 10-mile stretch of parkway and bicycle path alongside the Potomac River between Alexandria and Mount Vernon. From left to right: #41, P. Michael Fenton; #44, Ken Pugh; and #53, Jon Ewers. Ken Pugh ran the original Two Bridges Road Race on August 22nd, 1973, to become the first person to place in both of these twin races. **Photo** by Roger Bacon.



4. *Their Language Is Not For Ladies.* Ascending the 72 steps from the Mount Vernon Boat Landing at the 10 mile point along the Potomac River to the Mount Vernon Mansion. Leading are #8, Craig Horne, who finished in the 6th place with an overall 26-mile pace of 7:05 by running the most even pace of the race and the fastest final mile (5:34); #11, Michael Shoemaker, who finished 10th at a 7:23 pace as the fastest Alexandrian; and #13, Edwin A. Jerome, II, who with Craig Horne is co-holder of the 151 mile world record for the 24-hour, 2-man relay. **FIRST PLACE PHOTO** by Roger Bacon.



5. *Ted Corbitt Approaches Mount Vernon Mansion.* Fifty-two year old Ted Corbitt maintained a 6:44 pace against 25-mile-per-hour winds to finish third in 4:02:08, nearly tying Craig Horne for the title of "most evenly paced runner." **Photo** by Lamar Knapp.



7. Passing Mount Vernon Mansion. Frank Young, 20, of College Park, Maryland who started running only a year earlier, runs a slow even pace to finish the 30-mile South Course at an 8:02 pace. Photo by Alan Ellison.

6. Passing the Mallowes Gates. Varsity studier from Groves, Fairfax (Bill) Trenton, 18, passes the slave quarters next to the gates of the Mount Vernon Mansion. Running here in 4th place near the 10-mile point just ahead of Ted Corbett, Bill passed the marathon point in 3:09 and then dropped out on the way to the Washington Monument, thinking he had finished the race. Three radio cars searched in vain for this sole contender for the best prize of the race, a large silver tray and silver goblets for the Best Foreign Runner. Photo by Les Schwartz.



8. Euphoria Along the Parkway. Euphoria at a 6:30 pace back along the George Washington Memorial Parkway toward Alexandria just past Fort Hunt. The two river lanes were closed to traffic for the duration of the race. Left to right: #57, Richard C. Bennett; #28, Les Page; and #16, Kevin Crowley. Commented Dick Bennett before the race: "Running is a microcosm of life: you have a certain goal to achieve and you endure a little pain on the way. But when you reach that goal or give it your utmost, you attain a certain degree of happiness." Photo by Bill Millham.



9. Time for Refreshment. Recovering from the Parkway reverie, Dick Bennett maintains stride at the sixth of fourteen refreshment stations as he passes the 16-mile point where the course changed from parkway to bicycle path. Colored caps hold Power Sportsade, white ones hold water. Photo by Roger Bacon.



10. *Struggling Through the Park at an 8 Minute Pace, John Noble passes the 22-mile marker (barely visible) opposite the Washington Sailing Marina on the way to Roxborough Bridge leading to the nation's capital. THIRD PLACE PHOTO by Bill Millhaver, who snapped the race's best photo used in the ad on the back cover of Runner's World in August 1972.*



11. *At This Point All I See Are Lights, Craig Harris of Columbus, Ohio, leaves the beauty of the Jefferson Memorial to those with more time to enjoy it. Craig has just passed the marathon point against strong winds in 3:08:30. Photo by Tim Judge.*



12. *The Water is Tempting, Despite the Cold, Marine Major Harold T. (Tom) Ward, Frontal Swayr, Director in 1972, pads over the plaza in front of the Jefferson Memorial past the Tidal Basin just past the marathon point. Tom finished 11th out of 33 at an overall 7:27 pace. Photo by Tim Judge.*



13. *The Winner Completes the Circuit of the Washington Monument. Max White passes the 28-mile point 100 yards ahead of accelerating Park Runner and then builds a three minute lead to finish in 2:44:58 with a final mile in 3:44. Photo by Lamar Knapp.*



14. *Going Strong Past the Lincoln Memorial, Norman Lee, 37, President of the Annapolis Road Runner's Club, approaches the Memorial Bridge past the Lincoln Memorial on the final seven miles to Alexandria. Photo by Alan Isaac.*



15. *Struggle and Conquer.* World-record holder for the 24-hour, 2-man relay, Ed Jerome, 29, finishes the 26-mile ultramarathon in Alexandria, Virginia, looking every inch like a man who practices what he preaches. Asked why he runs, Ed answered: "I love the competition and pain and struggle of the race and trying to push yourself to the ultimate of your ability." Photo by Roger Bacon.



16. *It's Just a Matter of Training.* Channel 7 TV interviews 21-year-old University of Virginia law student, Max White, who won the First International Two Bridges Race and incidentally set the first official marathon record in the State of Virginia. Commented Max: "I don't do anything unusual to win a race like this. I just run 20-25 miles every day to stay in shape." Photo by Tim Juday.



17. *The Lesser Events Have Their Heroes Too.* Channel 7 TV interviews Jim Moore, winner of the Two Mile Run For Your Life event in 8:36, and Richie Sefran, winner in the 12-and-under category, who placed 19th overall out of 128 runners with a time of 10:38. Richie lamented that his parents would not let him enter the 26-mile race even though he trained 8 miles every day, but he is going to run it next year anyway. Photo by Roger Bacon.



18. *It's Only Tin, But It Sure Looks Impressive.* Mayor Charles E. Brasley, Jr. presents the rotating First Place Gar Williams Team Award to DCRAC President, Garnett (Gar) Williams, for the winning Washington Sports Club. Gar also won some other awards, but, typically, he gave them all away. Photo by Roger Bacon.

## NATIONAL CAPITAL MARATHON FESTIVAL

Oct. 20, 1973 Clear, 50 to 70°

## 36 MILE RUN WASHINGTON MONUMENT TO MT. VERNON &amp; RETURN

1. Bob Thurston, Washington Sports Club, 3:32:22
2. Martins Aede, Albuquerque/Nigeria, 3:33:58
3. Clayton Bristol, Bethel Bananas, Ct., 3:40:01
4. Ray Morrison, WSC, 3:42:28
5. \*Norbert Sander, Millrose AA, 3:42:39

\* Made wrong turn; ran .8 mile too far.

6. William Bragg, North Jersey Striders, 3:48:06
7. tie, Gary Mhrcke & Pat Bastick, MAA, 3:50:21
9. Phil Stewart, WSC, 3:56:01
10. Bob Harper, WSC, 3:57:04
11. Dean Perry, Bethel Bananas, Conn., 3:57:32
12. Topper Powers, Maryland, (1st Jr.) 19, 4:01:39
13. Mike Shoemaker, 19, N. Atlantic Track Org., 4:03:46

14. Jim Isenberg, unat., 4:04:04
15. Steve Grotzky, Millrose AA, 4:04:13

Team Scores: 1. Wash. Sports Club, 1-3-7--11; 2. Millrose AA, 4-5-6--15; 3. Bethel Bananas, 2-8-9--19, 1st 40 & Over- Tom Baum, Shore AC (20th) 41, 4:27:08  
1st 50 & Over- Everett Newell, Mt. Holly, N.J., 52, (27th) 4:55:06.

43 starters, 35 finishers; 11 under 4 hrs; 28 under 5 hrs. Splits for first two: 10m 15mi. 20mi. 25mi. Mara. Thurston - 30:55 40:30 1:30:30 2:00:04 2:31:00 2:38:07 2:59:26 3:26:32 3:32:22  
Aede 29:51 58:45 1:27:05 1:56:21 2:24:21 2:31:01 2:53:22 3:26:56 3:33:58 (Note Thurston's time from the marathon mark to the finish, 54:15, about 5:30/mile pace! Thurston & Harper tried the carbohydrate loading technique, but Morrison & Stewart did not. Morrison was faster by 4 minutes at the marathon mark than his best marathon time previous. --Norman Brand--

## MARATHON (Oct. 21, 1973) Clear, 60 to 75°

Washington Monument, U.S. Capitol, Arlington, Hains Point (3 lap course; 2nd &amp; 3rd laps the same)

1. Tom Fleming, New York AC, 2:22:33; 2. Moses Mayfield, Penn AC, 2:25:51; 3. Carl Hatfield, West Va. TC, 2:29:00; 4. Glen Logan, Tidewater Striders, 2:29:31; 5. Mike Benson, Va., 2:39:50; 6. Al Sommerville, Harrisburg AAA, Pa., 2:43:50; 7. Tom Ward, USMC/WSC, 2:43:50 (no tie); 8. Bruce Robinson, WSC, 2:44:40; 9. Joe Burns, United AA, 2:47:37 (1st Over 40) 44; 10. Keywood Harrell, No. Carolina TC, 2:47:49 11. Bob Norman, 55, Potomac Valley Seniors TC, 2:48:35 (1st Over 50); 12. Thomas Fort, Delaware Sports Club, 2:49:04; 13. Art Dehaime, Va., 41, 2:53:03 (2nd Over 40); 14. Dick Jamborsky, DC Harriers, 2:53:01; 15. Doug Allen, N.Y., 2:53:55. (340 starters, 110 finishers; 4 under 2:30, 26 under 3:00, 79 under 3:30, 103 under 4:00)

1st 60 &amp; Over- Norman Tamaaha, Hawaii Masters, 46, 3:46:24 (98th) -- Norm Brand--

NATIONAL CAPITAL FESTIVAL RUNNERS, 1973  
WHO ARE THEY? AND WHY? THE RUNNERS ANSWERS  
SHORT AND SIMPLE

Carl Hatfield, 2:20 marathoner. "Running is an art and a form of self-expression. I run to race."

Topper Powers, 19, Silver Spring, Md., 2:53 marathoner. "Someone once told me that runners make better lovers. Also, the sense of accomplishment and the personal satisfaction are far greater than in any other sport."

## WELL BEING

William Saye, 34, Virginia Beach, Va. 3:39 marathoner.

Reduced from 214 to 142 pounds.

"It feels good to know that 3 1/2 years ago I was a fat slob and that now I can even run a marathon."

Lt. Cmdr. Walter Greeng, Jr., USN, 41, Camp Hill, Pa. 3:16 marathoner. "I run because I enjoy a state of well being."

## ACCOMPLISHMENT

Joe Freilinghuren, 61, Far Hills, N.J., 4:20 marathoner

"Weight down from 245 to 175. I run for the great enjoyment it gives, the sense of well-being and companionship with other runners. Everyone needs an objective in life the challenge of an event."

Mike Shoemaker, 19, Alexandria, Va., 2:49 marathoner

"I love the sheer physical act of running. I love the feeling of growing stronger day by day. Perhaps the best thing about running is being able to be alone and think. A runner is always alone, even in a race."

I race because I love attaining new heights beyond what I thought were my maximum capabilities. These heights are not just faster times, but toughness in bad weather, or on difficult courses, or taxing events like 50-mile races. Racing is the best way to attain these heights."

Paul Vanture, 38, Armed Forces Staff College, 3:38 marathoner.

"Racing has added a new dimension to my life. Running the Boston Marathon made my previous two weeks later seem anti-climactic. I am not concerned with winning, because my chances are rare, but with competing with myself, to try to do better than the last time, and when this happens, there is no better feeling."

JIM ISENBERG, 22, College Park, Md., 2:41 marathoner.

"I run because it gives plenty of time to think things through. I have worked out most of my physics while running. Also, in good weather, running is immensely satisfying and beautiful. In bad weather it is a great challenge."

## THE REAL REASONS?

Rev. Joseph Shea, USN, 43, Okinawa, Japan, 2:55 marathoner. "Many people have said to me, some jokingly &amp; strange as it may seem some very sincerely, "Father Shea, if you prayed as much as you run you would be a saint." This leads me to believe that a great many people have some strange ideas about prayer and sanctity. I think St. Paul must have had a real appreciation of the value of running. Paul tells us that they who run in the race will receive the prize. He does not tell us that we have to win, place or show, just run in the race."

Since I started running about five years ago, running has become the greatest prayer of my life. I really don't know what sanctity is, but I am a heck of a lot closer to it since I began running. Why do I run? I don't know, but God does, and that's why I run."

## RUNNING TO RACE OR RUNNING TO RUN

Hugh Sperry, 29, East Orange, N.J., 2:29 marathoner.

"Quite simply, I run to race. Ten years ago, I admired the guys who were always near the lead. I've gradually improved to the point where I'm one of them. It's like fulfilling an ambition. Also in a race I enjoy the sensation of strength derived from running long distances at good speed." Running itself can actually be fun sometimes when the weather is good and my legs are fresh. But face it, you don't run 100 miles every week for fun. You run it to race."

W. Ross Yates, 49, Bethlehem, Pa., 3:11 marathoner.

Trains 65 to 125 miles every week. "Running is fun in itself. No other reason explains why I run."

## CONDITIONING

Rolland Elliott, 37, Accokeek, Md. "I run to keep strong so that I can do hard work on rare occasions when I want. I race for social enjoyment &amp; recognition."

# THE ULTRAMARATHON SCENE TAKES A GIANT STEP FORWARD

*by Ted Corbitt, New York Pioneer Club*

The year 1972 was an eventful one for the long distance runner in the USA. The opportunity to run races through the marathon and beyond was exceptional in modern times. The icing on the cake was the long awaited victory in the Olympic Marathon by an American, so beautifully forged by Frank Shorter and teammates Ken Moore and Jack Bacher. The year 1973 is even better for the runner.

Twenty years ago there was an average of about four marathon races a year in the US. There were one or two more available in Canada. Now the pendulum has swung the other way again and there are over 100 marathon races a year in the US and the list grows and grows. This is the day of the marathon and the unprecedented number of races and runners is a natural offshoot of the fad.

About eleven years ago, ultramarathon running was "revived" in the USA by the Road Runners Club, spearheaded by the New York group with marathoner/official Aldo Scandarra and company. The District of Columbia area and California followed on a smaller scale. Scattered throughout the country were isolated runners who wanted to race beyond the marathon, but who lacked the opportunity to do so. In the early seventies, a Chicago group began promoting a series of long track races.

The National AAU Long Distance and Road Running Committee started a national 50 mile championship in 1966. The USA apparently became the first country to establish a designated annual national running championship at 50 miles. This championship has been held in such places as Staten Island, N.Y., Poughkeepsie, N.Y., Atlantic City, N.J., and Rocklin, California. Iowa and Hawaii also held 50 miles during this period.

This year, 1973, will see the 50 Kilometers (31 miles 121 yards) national championship added to the schedule. All events may be conducted as AAU district, as regional, and as national championships. The long term effects of adding these two championship races—the Little 50 and the Big 50—could be great.

Eastern ultramarathon activity increased significantly in 1972, with four new ultramarathons: The Baltimore 37

miler; the New England 50 miler; the Connecticut 50 miler; and the Two Bridges 36 miler. These were welcome additions to the New York City program and the Kennedy Memorial 50 Mile Run/Hike in Maryland. Soon, an American runner will find enough races to specialize in the world beyond the standard 26.22 mile distance, if he chooses to do so. However, the best men would still race at all distances to some extent, to keep their speed sharp. The six minute per mile pace in 50 mile races is here, and it will get faster.

Of the new races, the Two Bridges race was the most significant in terms of depth of commitment and sophistication of organization and output, and the distance is "right" for mass appeal. It has been proven repeatedly in South Africa, England, New Zealand, and the USA that a fit, experienced marathoner can race up to 50 miles with little or no extra work, if he is determined to run the distance. However, needless fear stops many trained men from venturing into this world of patient, prolonged suffering, from which participants recover and forget almost as rapidly as from the stress of a standard marathon. Races in the 30 to 40 mile range may serve as an important stepping stone to the long, long runs.

One of the first Americans to challenge the foreign ultramarathoners after World War II was Tom Ryan of California. In 1955, while stationed in the Army in Germany, he ran the 52½ mile London-Brighton Race. A number of Americans have followed him. There are other ultramarathon races in Great Britain beckoning to Americans. Connecticut's Al Meehan, another serviceman, while stationed in England, ran in several of these races. But international competition is partly a matter of economics. So it is cheering to note that sponsors of the Two-Bridges race and this year's inaugural National AAU 50 Kilometer Championship have both done something about this problem of getting Americans into international competition. At the moment, the Union of South Africa, producer of superb ultramarathoners, is "off limits" to US track and field athletes.

In spite of the hard work by the organizing committee, led by race director Robert Crane, the Two Bridges race will need the continued, wide support of marathoners in order to survive as a classy race, especially in the race rich calendar of today. As this race becomes a permanent fixture, it will help to spread the next generation of ultramarathoners in the US. Emerging from this expanded program should be men of the caliber of the best of the specialists of South Africa and Great Britain.

A look backwards confirms the old saying that, "there is nothing new under the sun." There was much ultramarathon running in the US before the start of the century—in fact before the modern Olympic Games were revived in 1896. This running continued through the first three decades of this century before fading out. Frank Shorter was thrown up out of our current "marathon craze," which began in the early sixties. There was a similar lull following the 1908 Olympic marathon victory by America's Johnny Hayes. In both cases there was increased interest in racing the marathon and beyond that distance.

In terms of distances covered, today's ultramarathoners are almost engaged in "old stuff." In terms of speed alone, today's men are faster than ever. There were both amateur and professional long distance running in past days. The late Arthur Newton of England ran as an amateur and later was a professional. He set world records beyond the marathon through 150 miles. He has had much influence on today's ultramarathoners both as a source of inspiration and as an advocate of specific training methods.

South Africa has produced the most feared and toughest ultramarathoners, and none was greater than Wally Hayward, who possessed a killer finish to his long run. His world 24 Hour Run track record (199 miles 562 yards, set in 1951) will be attacked in a couple of weeks at Watton, England. The 34 miles Comrades Marathon, held in South Africa is the oldest and was the longest annual race in the world until the Swiss 100 kilometers (62.13 miles) run hit the lists a few years ago. Women have run unofficially in the Comrades for years, and at least one of them later ran 100 miles successfully, long before America's Mrs. Naida Calloway of California did it in 1972 and 1973.

Let's look at some of the ultramarathon activity in the US and Canada in the past years. Lu Dike set a world 100 mile road record in America. Bruce of America set a world track record for 100 miles at 16:07:43.

In 1926, Earle Liederman wrote a book: ENDURANCE, in which he listed numerous world endurance records of all types. Among them were the following: I.A. Squires set two world amateur records in 1885: 30 miles 3:17:36 1/5, and 26 miles 2:47:14 (but Mason had run 4 minutes faster in 1881 for a professional record). E.W. Lloyd, set a world 50 mile track record of 6:17:58 at Stamford Bridge, England, May 12, 1913. J. Saunders set a 100 mile record of 17:36:14 in New York, Feb. 22, 1882. Charles Rowell,

an Englishman, and a professional, ran 100 miles in 11:26:30, Feb. 27, 1882. Rowell, running in New York also set records of: 200 miles 35:09:28, Oct. 24, 1882, and 300 miles 58:17:06, Feb. 28 to March 2, 1882. On Feb. 9, 1888 James Alberts ran 400 miles in 84:31:18 in New York. P. Fitzgerald set a 500 mile record of 109:18:20 in New York the week of May 2 and 3, 1888. Charles Rowell ran 100 miles 295 yards for a 24 Hour record in 1882, in New York. Professional Arthur Newton beat this with 152 miles 340 yards, on an indoor track in a 24 Hour race in 1931, at Hamilton, Ontario, Canada.

Six day "go-as-you-please" races were being contested in the 1870's, and set part the tone of the century. Rowell got over \$14,000 for his first victory and over \$29,000 for his second victory. These races were held indoors on oval of 1/7 or 1/8 mile. In 1880 the six day "go-as-you-please" race of men versus horses was introduced in the USA.

More recently, there were two professional transcontinental races across the USA. In 1928, 37 of a field of 199 men ran from Los Angeles to New York City. Andy Payne, 20, won the \$25,000 first prize. They ran 84 consecutive days. The runners paid an entry fee of \$25.00. They ran daily legs of 20 to 75 miles and averaged 40 miles a day on the 2422 mile journey. Runners from the continent took part. None had ever attempted anything like these distances before. They included doctors, architects, railway men, teachers, actors, clerks, farmers, and so on. For most of these runners, the prizes were secondary—they wanted to be able to say they had run the distance.

For the 1929 intercontinental race, the entry fee was \$100.00. The race was from New York City to Los Angeles, over a 3642 mile route. It was won by a Finn, John Salo, from Paines, New Jersey. Salo had finished second the previous year. There were 78 starters and 19 finishers. The race took 78 consecutive days.

Why should anyone want to run beyond the standard marathon distance, as one official has asked more than once? Ultramarathon running is mostly a madness in English speaking nations. There have been occasional races in a few other countries such as Sweden, Austria, Denmark, and Switzerland. Each man decides for himself if he wants to run such outlandish distances. He will have his own reasons, even though he may never have expressed them other than to consciously think that he would like to try it.

So called primitive man sometimes ran vast distances (or walks in some cases) in such pursuits as hunting for food, or in traveling from place to place on errands or business. Marathoners do it for less practical reasons, but mainly because the childhood, natural urge to run (more) has not yet faded away, or has been rekindled. The ultramarathon distances also provide runners with yet another test of their "storing time." Each man engages in his own personal fight, and races like Two Bridges provide a convenient trap for the action. Good hunting!

**ATTENTION—MEDICAL JOGGERS AND RUNNERS!** Join the American Medical Joggers Association. Join fellow physicians in furthering the sport among doctors and also encouraging its acceptance by the lay public. You will receive quarterly journal, decal, membership card, shirt with club emblem on it and more. Meetings and marathons all over the United States. Next meeting in Hawaii in December, 1973. \$25.00 annual membership fee. Physicians and allied fields only. Write AMJA, P.O. Box 4704, North Hollywood, California 91607.

## D.C. RRC RESULTS

PRINCE WILLIAM PARK, VIRGINIA, August 26, 1973  
10,000 METERS (Actually more like 7.0 miles)  
Course very difficult, hilly, tough footing over trails  
and roads. 53 starters and 53 finishers. 5:45 P.M. Hot  
& humid, 85°, sunny.

1. Tom Childers, USMC, 37:35; 2. Bob Thurston, WSC,  
39:33; 3. Jack Mahurin, NCTC, 40:14; 4. Bruce Robin-  
son, WSC, 40:28; 5. Dee Carey, 40:34; 6. Martin Smith  
40:54; 7. Jeff Shelton, 40:54; 8. Joe Jenkins, 41:02; 9.  
Jim Moore, 41:04; 10. Ben Ewers, USN, 41:18; 11. Bob  
Harper, WSC, 42:30; 12. George Christopher, Univ. of  
Notre Dame, 42:51; 13. D. Hurley, 43:00; 14. Ed Jerome  
WSC, 44:00; 15. Richard P. Pankow, 44:35; 16. Bill  
Hoss, USN, 44:57; 17. Bob Horman, 55, Potomac Valley  
Seniors TC, 45:17; 18. Mike Bradley, WSC, 45:21; 19.  
Charles Ross, D.C. Harriers, 46:15; 20. Gabe Hiza,  
46:54; 21. Chris Rand, 47:35; 22. Rolland Elliott, 47:42;  
23. Dave Theall, D.C. Harriers, 47:45; 24. Bud Keltett  
47:50; 25. Marty Sullivan, D.C. Harriers, 48:14; 26.  
Ralph Magnotti, 48:44; 27. Mitch Moore, 48:53; 28. Jim  
Rodgers, 48:58; 29. Bruce Talawyma, 49:59; 30. Henry  
Dale, 49:59; 31. Robert G. Day, 50:24; 32. Allen Green-  
berg, 52:04; 33. Len Goldstein, 53:17; 34. George Elliott  
54:37; 35. Gernard Herring, 54:41; 36. Mark Landi, 55:  
28; 37. E. K. Malerae, 56:53; 38. E. Assur, 57:58; 39.  
Larry Gurule, 57:41; 40. Francil Mullis, 58:41.

(53 finishers) Notes... Capt. Tom Childers easily won  
this cross-country race on his stomping grounds near  
Quantico, Va. The major excitement was provided by  
George Christopher who fell & cut his arm & leg; and by  
three runners who took a turn-arrow very literally and  
wound up in a thicket of sticker-bushes. This was the  
final race of the summer "Buxton Derby." Bruce Robin-  
son won the open division, Jeff Shelton the 'Teen & Con-  
nie Jungmans the women's division.

5-KILO 'TEEN RACE- 1. Walter Jachimowicz, 16:45;  
2. Jim McClure, 17:22; 3. Wm. Fioramonti, 17:59; 4.  
Bill Wilson, 18:08; 5. Paul Raposi, 18:33; 6. Robert  
Rush, 18:33. (13 finishers)

MEN-WOMEN RELAY (1 Mile Each Alternately)

1. Kathy Good & Carl Schoeler, 10:15; 2. Pam Sargent &  
Dee Carey, 10:25; 3. Terry Carey & Tom Childers, 10:  
38; 4. Chris Mathiesen & Bob Jones, 10:34; 5. Delabian  
Thurston & Bob Thurston, 11:15; 6. Elisabeth Sadoff &  
Marty Sullivan, 11:18. (15 teams finished) Course proba-  
bly short. This was a very popular event and produced  
lots of spectator interest. --Bob Thurston--

6.7-MILE OPEN, BLUEMONT PARK, ARLINGTON, VA,  
September 8, 1973- Bob Thurston won this race on a  
pleasant, clear day. (This came after nearly two solid  
weeks of alert-level air pollution in the D.C. area). The  
course fords a stream ten times.

1. Bob Thurston, 34:44; 2. Bynen Merritt, 35:10; 3.  
Bill Hoss, 36:58; 4. Ed Jerome, 37:15; 5. R. Hildebrandt  
37:24; 6. Mike Bradley, 37:44; 7. Paul Farrier, 37:  
48; 8. B. Beach, 37:50; 9. Bill Newlin, 37:54; 10. Rod  
Steele, 38:17; 11. Craig Hayward, 38:23; 12. John Under-  
hill, 38:33; 13. George Wyar, 38:50; 14. Nick Greco,  
39:00; 15. Bill Wilson, 39:06; 16. Tony Diamond, 44.  
39:20; 17. Walter Rooze, 39:24; 18. Gabe Hiza, 39:29;  
19. Cameron Hilton, 39:54; 20. Bud Swiger, 39:55; 21.  
Terry McCabe, 40:11; 22. Bruce Talawyma, 40:34; 23.  
Graham Huston, 40:54; 24. David Bloor, 40:57; 25. Ray  
Burgdorf, 40:58; 26. Richard Maple, 41:04; 27. Stu Weeks  
41:15; 28. B. Davis, 41:32; 29. David Neymefeld, 41:42;

30. Rolland Elliott, 41:44; 31. Gene Kempe, 41:49;  
32. Keith Marsdon, 42, 42:03; 33. Chris Stewart, 42:  
04; 34. Bob Groves Jr., 42:22; 35. Mike Herrmann,  
42:24; 36. Val Lewton, 42:30; 37. Stuart Braha, 42:32;  
38. Ron Adams, 42:34; 39. Dave Theall, 42:53; 40.  
Arthur Duhaime, 42:54. (71 finishers)

## NEW ENGLAND ROAD RACE RESULTS

NEAAAU SR. 20 KILO RUN CHAMPIONSHIP

Charlton, Mass., Sept. 3, 1973

1. Dan Moynihan, NMC, 1:09:11; 2. Steve Flanagan, Mo-  
hagan Striders, 1:09:30; 3. Ken Mueller, BAA, 1:10:26;  
4. Peter Stipe, BAA, 1:10:38; 5. Terry Gallagher, una.,  
1:10:55; 6. Louis Paquin, NMC, 1:11:16; 7. Mike Baxter,  
BAA, 1:11:31; 8. Kevin Krasnewski, NMC, 1:12:39; 9.  
Walter Resand, una., 1:12:39; 10. Finn-Aage Ebbesen,  
unat., 1:15:36; 11. Ron Kay, CSU, 1:16:15; 12. John Toma  
unat., 1:17:11; 13. William Treefel, NMC, 1:17:23; 14.  
Robert Clarina, NMC, 1:18:54; 15. John Osowski, una.,  
1:20:37; 16. Ben Delmonico, Mt. Park AA, 1:21:37; 17.  
Roger Perham, NMC, 1:22:05; 18. Allan Hoffman, WS,  
1:22:00; 19. Wayne LaMothe, NMC, 1:22:16; 20. Jim Sha-  
piro, BAA, 1:22:21; 21. Chuck Riley, CSU, 1:22:24; 22.  
Robert Gray, NMC, 1:23:20; 23. Paul Roche, NMC,  
1:24:09; 24. Mark Stehlin, Mt. Park AA, 1:24:17; 25.  
Dennis LaBranche, Mt. Park AA, 1:24:43; 26. John L.  
Sullivan, CSU, 1:24:45; 27. Edward Cohen, CSU, 1:25:  
24; 28. Michael Durdovic, CSU, 1:25:55; 29. Dr. John  
Long, BAA, 1:26:00; 30. Ron Mastrangelo, NMC, 1:26:  
05; 31. Steve London, CSU, 1:26:23; 32. Charles Mor-  
seau, Mt. Park AA, 1:26:45; 33. Rick Schnable, unat.,  
1:26:55; 34. David McIlvray, NMC, 1:26:59; 35. John  
Campbell Sr., NMC, 1:27:50; 36. Clyde Benton, Mt.  
Park AA, 1:27:56; 37. Bob French, Mt. Park AA, 1:28:  
19; 38. Joe Carliano, CSU, 1:28:25; 39. Jim Lamareux,  
Wach. Striders, 1:29:18; 40. Al Hossack, unat., 1:29:59  
41. Buzz DeRobbio, NMC, 1:30:05; 42. Phil Theman,  
Worcester TC, 1:30:12; 43. John Cohen, CSU, 1:30:21;  
44. Robert Long II, unat., 1:31:09; 45. Walter Hansen,  
NMC, 1:31:20; 46. Wm. Gajewski, NMC, 1:31:45; 47.  
Claire Paine, Salem State, 1:32:18; 48. Andrew Busi,  
NMC, 1:32:31; 49. Hueben Bigelow, BAA, 1:32:51; 50.  
Pete Chamberlain, NMC, 1:34:45; 51. Jim Hays, NMC,  
1:34:55; 52. Halsey Andrews, CSU, 1:35:14; 53. Ray-  
mond Smith, unat., 1:38:56; 54. George Slate, Mt. Park  
AA, 1:38:48; 55. Wolfgang Kallufen, CSU, 1:42:26.  
(56 finishers) Team Scoring: 1. NMC, 28; 2. BAA, 39;  
3. Cambridge Sports Union, 67; 4. Mt. Park AA, 76.

## NEAAAU SILVER CHAMPIONSHIP ONE HOUR RUN

(OPEN) Brockton, Mass., September 8, 1973

Weather: Ideal with slight wind. (In New England the  
Silver Championship is the same as the old Junior  
Championship--no age requirements.)

1. George Conefrey, GBS, 10m, 1290y; 2. Ron Gaff,  
NMC, 10m, 1185y; 3. John Babington, NMC, 10m, 1180y;  
4. John Jarek, NMC, 10m, 1000y; 5. Don Dudley, CSU,  
10m, 687y (1st Silver); 6. Ed Wood, CSU, 10m, 640y  
(2nd Silver); 7. Dave Dunsky, BAA, 10m, 344y; 8. Chuck  
Riley, CSU (3rd Silver) 10m, 331y; 9. Paul Schell, NMC,  
10m, 193y; 10. Jake Mahoney, BAA, 10m, 162y; 11. Fred  
Young, CSU, 9m, 1725y; 12. Mike Durdovic, CSU, 9m,  
1548y; 13. Joe Carliano, CSU, 9m, 1155y; 14. Roland  
Vermette, NMC, 9m, 966y; 15. Andrew Busi, NMC,  
9m, 490y; 16. Claude Ellis, NMC, 9m, 317y; 17. Bill  
Funicella, unat., 9m, 306y; 18. Jim Hays, NMC, 9m,  
269y; 19. H. Andrews, CSU, 9m, 80y; 20. John E.

Campbell Sr., NMC, 8m, 17:00y; 21. Roger Welch, unat., 8m, 13:55y; 22. Wolfgang Kalkofen, CSU, 8m, 13:78y; 23. Jan Van Egmond, unat., 8m, 8:40y; 24. John Barnett unat., 8m, 7:15y; 25. Dave Leopold, unat., 8m, 2:20y; 26. Steve Rehman, NMC, 7m, 15:50y; 27. Jack Josephs, unat., 7m, 4:18y; 28. Sigmond Podlosny, NMC, 6m, 6:36y; 29. Fred Brown Sr., NMC, 6m, 5:14y.

WOMEN- 1. Tracy Nelson, GBS, 7m, 25:1y; 2. Patty Collins, GBS, 6m, 14:70y.

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NORTH MEDFORD CLUB 25 KILO RUN CHAMPIONSHIP  
Rye, New Hampshire, September 18, 1973 (Three lap course.)

1. Ron Drogan, NMC, 1:24:30; 2. Paul Schell, 1:28:09; 3. Paul Roche, 1:29:35; 4. Roland Vermette, 1:32:35; 5. Charles Ratti, 1:32:40; 6. Bob O'Regan, 1:34:04; 7. Robert Ancola, 1:37:45; 8. Julian Siegel, 1:40:15; 9. Fred Robbins, 1:44:34; 10. John Peterson, 1:48:08; 11. Steve Rehman, 1:51:42; 12. Socrates Setir, 1:52:15.

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5-MILE ROAD RUN, WILBRAHAM, MASS.

September 18, 1973 (Four lap course).

1. Don Bamford, NMC, 27:12; 2. Bruce Aldrich, unat., 28:50; 3. Matthew Bird, NMC, 29:30; 4. Bruce LaBonte, unat., 31:23; 5. Ted Lencsak, unat., 31:58; 6. James French, unat., 36:16; 7. Chuck Kaiden, NMC, 37:18; 8. Tony Regan, unat., 37:40; 9. Don Nicholson, NMC, 37:45; 10. Sig Podlosny, NMC, 44:00; 11. Fred Brown Sr., NMC, 44:38.

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15 KILO ROAD RUN, FITCHBURG, MASS.

Sponsored by the North Medford Club, Sept. 22, 1973  
Weather: Very cool.

1. Wayne LaMothe, NMC, 50:46; 2. Ron Gaff, NMC, 50:55; 3. Louis Aquir, NMC, 52:43; 4. Ken Paul, NMC, 53:34; 5. Tom Boone, NMC, 54:02; 6. Dave Duval, Fitchburg Y, 54:07; 7. Mark Gionet, Fitchburg HS, 56:18; 8. Wm. Evans, NMC, 57:04; 9. Mike Niles, unat., 58:02; 10. Roland Vermette, NMC, 58:24; 11. Jim Hays, NMC, 58:55; 12. Austin Killeen, NMC, 59:05; 13. John Peterson, NMC, 59:10; 14. Ron Boone, NMC, 60:39; 15. Dave Ryder, unat., 61:01; 16. John Campbell Sr., NMC, 61:37; 17. Valjo Liedes, Finnish SH Club, 63:34; 18. Kyosti Annala, FSC, 66:28; 19. Joe Dove, unat., 68:58; 20. Sig Podlosny, NMC, 98:35.

2 KILO RUN (BOYS 15 & UNDER)- 1. Eric Ahti, NMC, 8:29; 2. Daniel Woodin, unat., 8:29.1; 3. Raymond Rancotte, unat., 9:21; 4. Gary Kasboranta, unat., 10:08; 5. Ernie Whittemore, unat., 10:20; 6. Michael McCauliff, unat., 10:26; 7. John Boone, NMC, 10:43; 8. Doug Whittemore, unat., 12:55. --Fred Brown Sr.--

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5.7-MILE ROAD RACE, BEDFORD, MASS.

September 22, 1973 - 1. Steve Ellis, BAA, 29:54; 2. Don Riccato, GBT, 30:25; 3. Phil Ryan, BAA, 30:28; 4. Earl McGilvery, NMC, 30:35; 5. Walter Renaud, unat., 31:03; 6. John Babington, NMC, 31:08; 7. Paul Caruccio, unat., 32:14; 8. Gary Geoffroy, NMC, 32:52; 9. Ed Wood, CSU, 32:53; 10. Thomas Knatt, NMC, 33:10; 11. Michael GHer, CSU, 33:12; 12. Robert Clarista, NMC, 33:41; 13. Mike Durdovic, CSU, 33:53; 14. David McGilivray, NMC, 34:20; 15. Bob Wheeler, Salem State, 34:50; 16. Charles Ratti, NMC, 34:51; 17. Jose Abeyta, unat., 34:52; 18. Roger Perham, NMC, 34:57; 19. Louis Paul, CSU, 35:03; 20. John Wallace, BAA, 35:10; 21. Harold Gabriel, unat., 35:40; 22. Edward Mahlowitz, unat., 35:46; 23. Bruce McGill, NMC, 35:47; 24. Julian Siegel, NMC, 35:

54; 25. Michael Madsen, CSU, 35:57; 26. Daniel Dawson, unat., 36:06; 27. Peter Burkhart, BAA, 36:17; 28. Gerard Faucher, unat., 36:29; 29. Vincent Vitto, unat., 36:37; 30. Thomas Kerr, CSU, 36:46; 31. Terrence Guinn, Salem State, 36:48; 32. Jonathan Cohen, CSU, 36:57; 33. James Brunner, unat., 37:00; 34. John Barnett, unat., 37:00; 35. John Orthmann, unat., 37:27; 36. Cass Curtis, unat., 37:42; 37. David White, NMC, 37:46; 38. Sean Duffy, unat., 37:48; 39. Tyler Andrews, CSU, 37:53; 40. Halsey Andrews, CSU, 37:54 (46 finishers)

HIGH SCHOOL 3.7-MILE RUN- 1. Bob Smith, Saugus HS, 20:24; 2. Thomas Taucher, Bedford HS, 21:09; 3. Charles Perry, Bedford HS, 21:40; 4. Dennis Dinamore, Bedford HS, 22:09; 5. Dan Harrington, Shawsheen Tech, 22:51; 6. Robert Perry, Bedford HS, 23:00. (23 fin.)

--Fred Brown Sr.--

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NEAAAU ONE HOUR WALK CHAMPIONSHIP

Brookton, Mass., Sept. 30, 1973

1. Tom Knatt, NMC, 7m, 54:3y; 2. Paul Schell, NMC, 7m, 47:6y; 3. Steve Rehman, NMC, 6m, 13:42y; 4. Francis Maher, NMC, 6m, 10:55y; 5. Jake Brederson, NMC, 6m, 5:40y; 6. Tony Medeiros, NMC, 6m, 5:27y. (22 fin.)

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MOSES MAYFIELD VICTOR IN 5-MILE RUN

Phila., Pa., Sunday, Oct. 7, 1973 1:00 P.M. - Moses Mayfield, in top condition, impressed with a forceful front run to finish well clear of the field in the Tony McCann Memorial Run over the flat out & back East River Drive course. Mayfield, now a custodian at Temple University with more time to train clocked a fast 24:54 to whip Dean Winslow, Jefferson Medical College student, 1:26a. Weather: Heat: 70°, sunny.

1. Moses Mayfield, Penn AC, 24:54; 2. Dean Winslow, Penn AC, 26:20; 3. Ken Ashworth, unat., U. of Penn., 26:35; 4. Paul Luczski, Penn AC, 26:43; 5. Frank Krieger, unat., 26:48; 6. Garret Grant, Frankford HS, 26:56; 7. Russ Jackson, Sports East, 27:17; 8. Larry Connolly, unat., 27:21; 9. Jerry Gewirtz, Temple U., 27:43; 10. Byron Mundy, Springfield Joggers, 27:43; 11. Steve Whitmore, Springfield Joggers, 28:31; 12. Pete Challinor, Penn AC, 28:42; 13. Jack Gale, unat., 28:44; 14. Leon Dreher, 52, Penn AC, 28:48 (1st Vet.); 15. David Wilkinson, U. of Penn, 28:58; 16. James Wiltcher, unat., 29:15; 17. Ed Binczewski, Frankford HS, Phila., 29:23; 18. Larry Medak, unat., 29:31; 19. Rich Love, Shore AC, 29:34; 20. Roger Clark, Sports East, 29:44; 21. Jack Hirst, Penn AC, 29:59; 22. Nick Natale, Sports East, 30:09; 23. Stan S. Dybasaki, Frankford HS, 30:48; 24. Ron Sharpe, unat., 31:48; 25. Stan Daniels, Inter City Striders, 32:12; 26. Jim Thacker, unat., 32:51; 27. Joseph Morrone, Springfield Joggers, 33:00; 28. Jack Schwartz, unat., 33:03; 29. Terrence Arnold, unat., 33:23; 30. Dave Spills, Frankford HS, 34:06; 31. A.H. Miller, Merion, Pa., 35:46; 32. Ed Radzinski, Frankford HS, 35:49; 33. Fred Poellnitz, unat., Phila., 36:24; 34. Charles Bardomy, unat., 46, 37:43 (2nd Vet.); 35. Guy Brown, Inter City Strid., 40:00; 36. Brian Rybcayk, Frankford HS, 41:30; 37. Tracy Brown, Inter City Striders, 42:06; 38. Norman Bognan, Inter City Striders, 42:11; 39. John O'Riordan, unat., 58, 42:45 (3rd Vet.); 40. Jerry Hoch, 56, unat., 45:11; 41. Michael Blatch, Inter City Striders, 61:26; 42. Darryl Norfleet, Inter City Striders, 61:28; 43. Elliott Woods, Inter City Striders, 61:33; 44. Anthony Thomas, Inter City Striders, 62:07. DNF- Charles Dewey, unat. Team: 1, Penn AC.

**GIRLS 3-MILE RUN, E. RIVER DRIVE, PHILA.**

1. Maridel Walsh, Springfield Joggers, 29:54; 2. Sara Lake, Phila., 21:18; 3. Donna Cosmor, Ambler, Pa., 22:34; 4. Pam Doherty, unat., 22:34; 5. Debbie McCluskey, Gloucester Catholic HS, 23:40; 6. Kathy Wilson, Springfield Joggers, 24:10; 7. Terry Reagan, 24:32.

**OHIO RIVER ROAD RUNNERS CLUB 4.8-MILE RUN**

John Bryan State Park, Yellow Springs, Ohio  
October 7, 1973 - 1. Joe Holley, 26:28; 2. Mike Samudio, 26:43; 3. Joe Pickett, 27:09; 4. Bob Cushen, 27:53; 5. Al Deeman, 28:45; 6. Don Mofford, 29:08; 7. Garry Carter, 29:12; 8. Doug Everett, 29:12; 9. Lloyd Laubach, 29:45; 10. Steve Cudley, 30:16; 11. Jack Farling, 30:50; 12. Steve Griffin, 31:20; 13. Ed Repp, 32:09; 14. Steve Musselman, 32:36; 15. Stewart Johnson, 33:30; 16. Dave Partridge, 33:45; 17. Hank Braddock, 33:47; 18. Jack Sargent, 36:02. Weather: Cloudy, calm, 78 degrees.  
Course: Loop on grass and gravel over hilly terrain.  
--Wayne B. Yarcho--

**THIRD ANNUAL JIM KELLY MASTERS 10.3-MILE RUN**

Middletown, Conn., September 30, 1973. Tough, hilly course. Beautiful autumn day.  
1. Vin Fandetti, 40, Wethersfield, Conn., 60:47; 2. Bob Gardner, 50, New Britain, Conn., 64:05; 3. Bill Tribou, 52, Simsbury, Ct., 64:45; 4. Ray Edgerly, Jr., Bristol, Ct., 64:57; 5. Robbie Logan, Southington, Ct., 43, 65:11; 6. George Brown, 48, West Hartford, 66:20; 7. Ed Lord, 44, West Simsbury, 66:38; 8. Ben Kowalski, 46, Farmington, Ct., 66:51; 9. Bill Falk, 42, Clinton, 69:07; 10. John Leslie, Waterford, 71:32; 11. Andre Richard, 46, Waterbury, 72:27; 12. Tertius Chandler, 50, Middletown, 75:44; 13. Gil Demarost, 42, Plainville, 76:12; 14. Jim Kelly, 50, Middletown, 77:12; 15. Paul Naake, Durham, Ct., 77:56; 16. Pat Dyer, 54, Bristol, Conn., 80:51.  
--Bill Tribou--

**CANADIAN MARATHON CHAMPIONSHIP**

St. John's, Newfoundland, September 15, 1973  
1. Jerome Drayton, Ontario, 2:13:26; 2. Brian Armstrong, Ont., 2:13:39; 3. Tom Howard, B.C., 2:18:59; 4. Bob Moore, Ont., 2:19:10; 5. Wolf Schamberger, B.C., 2:20:09; 6. Bruce Shaw, B.C., 2:20:13; 7. Norm Patenaude, Ont., 2:21:42; 8. Peter Lever, Ont., 2:23:35; 9. Carl Cristenson, B.C., 2:24:42; 10. Brian Stackhouse, Alta., 2:25:03; 11. Bill Herriot, Alta., 2:25:56; 12. Dave Landriault, Ont., 2:28:11; 13. Jack Taunton, B.C., 2:29:24; 14. Randy Barkhouse, N.S., 2:30:19; 15. Rick Haana, B.C., 2:30:52; 16. Richard Bourrier, Manitoba, 2:31:15; 17. Myron Neville, B.C., 2:31:05; 18. Mike Frizzell, Nova Scotia, 2:44:33; 19. C. Allen, N.S., 2:52:37; 20. Michel Dore, P.Q., 2:58:57; 21. Arnie Shaw, N.S., 3:06:22; 22. Dr. David Spanel, Princeton, N.J., 3:15:58.  
DNF- Richard Pyne, Doug Scovrar (both sub-2:30 runners)  
Notes... Race started in King George V Stadium at 4 P.M. Temp. 50-55°, a little wind. Traffic was quite bad at times: fumes and dust from edge of road. The race started with one mile on the track & then out on the road. After the first mile it was Drayton & Armstrong & they led all the way. At 23 miles Drayton pulled ahead of Armstrong to stay. During the last 100m on the track Howard out-kicked Moore for third. Drayton appears to be back as strong as ever. On September 28th he clocked 29:45 for 10,000 meters at Waterloo, Ontario.  
--Norm Patenaude--

**HUDSON-MOHAWK ROAD RUNNERS CLUB**

15

On September 16 at Olasa (N.Y.), Tom Robinson easily won the 3.1-mile race in 16:17 & Joe Rukanshagles ran away with the 6.2 mile event in 33:14. Fourteen ran the 3.1-mile race and thirteen started the 6.2 miler.

**FIRST MINI-DECATHLON - September 30, 1973**

Bill Boyle won three of the four events and tied for second in the fourth.

	S. P.	100y	L. J.	Mile	Points
1. B. Boyle,	5ft. 8"	11.3	16'10"	4:50	321
2. T. Bilash,	25'7"	11.4	16'4"	4:46	276
3. C. Wilcox,	30'7"	12.5	14'11"	4:58	259
4. J. Powell,	31'4"	12.0	14'9"	5:15	258
5. Don Wilken	30'0"	12.4	13'10"	4:50	230

(16 finishers)

**ANNAPOLIS, MD. REC RESULTS**

**6-MILE OPEN (SHORT COURSE) Camp Letts, Mayo, Md., Sept. 22, 1973 -** 1. Ed Jerome, 31:52; 2. Tom Messer, 32:17; 3. Jim Bradner, 32:32; 4. Ron Knede, 33:02; 5. Ed Purpara, 33:40; 6. Curly Cochran, 36:17; 7. George Major, 36:53; 8. Jay Gallagher, 41:35; 9. Luther Turner, 42:49; 10. Jack Ward, 47:33.

**2-MILE RFYL -** 1. Jay Gallagher, 12:01; 2. Ray Ward, 12:11; 3. Gary Belton, 14:38; 4. John O'Dell, 14:45; 5. Marge Cochran, 15:45; 6. Jack Ward, 16:03.

**5-MILE OPEN X-COUNTRY (U.S. Naval Academy)**  
1. Norm Lee, 31:48; 2. Curly Cochran, 34:19; 3. Geo. Major, 36:31; 4. Luther Turner, 39:00; 5. Jack Ward, 48:45. (Oct. 6, 1973)

**2-MILE RFYL -** 1. Jay Gallagher, 11:39; 2. Rick McGowan, 12:18; 3. Jack Ward, 15:16; 4. Marge Cochran.  
--George M. Major--

**MASTERS FIVE MILE RUN, CAPE MAY, N.J.**

Sponsored by the Colonial Hotel and Motor Lodge  
Sunday, October 14, 1973 1:00 P.M. Weather: Fair, windy and warm.

1. Dr. Walter McConnell, 42, Wharton, N.J., 28:10;  
2. Tony Diamond, 44, Washington, D.C., 28:41; 3. Bill Prater, 44, West Chester, Pa., 29:00; 4. Bob Horman, 55, Washington, D.C., 29:10; 5. Bob Fite, 46, Cape May, 29:46; 6. John Karol, 42, Wildwood Crest, N.J., 30:01; 7. Russ Glutz, 42, Beantown, N.J., 30:12; 8. Harry Henriques, 46, Basking Ridge, N.J., 30:41; 9. Dr. Stan Brason, 42, Media, Pa., 30:47; 10. Ray Samson, Camden, N.J., 30:48; 11. John Cunningham, Cinnaminson, N.J., 45, 31:50; 12. Walt Semdt, 43, N.J., 32:59; 13. Dan Geer, 54, Vermont, 33:40; 14. Max Quakenbush, 52, Montclair, N.J., 33:54; 15. Bill Brobson, 40, N.Y., 34:37; 16. Ed Cummins, 56, 34:38; 17. Henry Voight, 57, 40:55.

**FOURTH ANNUAL LDRC DELEGATES RACE (AAU CONVENTION) West Yellowstone, Montana (6700 ft.)**

Oct. 15, 1973 7:30 a.m. Conditions: Cold (15-20°) and overcast, no wind. Surface--dry macadam, out & back course from Convention Center to Airport & back, flat. (5.7-miles) - 1. John Brennan, Santa Barbara AA/Pacific, 32:56; 2. Jack Leydig, West Valley TC/Pacific, 33:40; 3. Vince Chiappetta, Milrose AA/Met., 35:06; 4. John O'Neil, Lake Erie AA/LE, 37:53; 5. Nina Kusalk, Suffolk AC/Met., 40:08; 6. Vern White-side, Tulsa RC/Okla., 42:16; 7. Bud Deacon, Hawaii, 44:22; 8. Stan Stafford, Roseburg TC/Oregon, 46:23. (8 starters, 8 finishers) Officials: Bob DeCelle, Bill Marol, Aléo Scaudarra, Mike Riban, Bill Mengovan.

6-MILE CROSS-COUNTRY RUN, SPONSORED BY RRC-N.Y. ASSOCIATION, Van Cortlandt Park, Oct. 7, 1973 (Two laps of IC4A Freshman course) AAU course record: 30:04 by Sid Sink, NYAC, 1972.

1. Ed Bowes, 30, New York AC, 31:45.8; 2. Tom Robinson, 29, NYAC, 31:56; 3. Jerry Staunton, 22, NYC, 32:00; 4. Frank Handelman, 28, Central Park TC, 32:20; 5. Joe Barbary, 22, New York AC, 32:49; 6. Don Rowe, 25, NYAC, 33:09; 7. Anthony Fiorantino, 18, Brooklyn, 33:16 (1st Teen); 8. Ed Burns, 29, Islip, 33:43; 9. Chas. Messinger, 27, Long Beach, 33:46; 10. Dave Blackstone, 32, CPTC, 34:00; 11. Gary Muhrcke, 32, Millrose AA, 34:10; 12. Paul Ingrasia, 22, LIAC, 34:26; 13. John Brennan, 24, CPTC, 34:51; 14. Paul Spadaro, 23, Yorktown, 35:07; 15. Joe Boyle, 27, LIAC, 35:27; 16. Tony Galan, 18, Queens, 35:35; 17. Marty Kessler, 16, Bay Shore, 35:43; 18. Cliff Comanor, 24, Bronx, 35:46; 19. Dan Dougherty Jr., 19, St. John's Univ. AA, 35:49; 20. Fernando Castillo, 17, Queens, 35:52; 21. Charles Vitale, 17, Bruce TC, 36:00; 22. Tom O'Brien, 42, NYPC, 36:09 (1st Vet.); 23. Joe Burns, 44, United-Bohara, 36:24 (2nd Vet.); 24. Bill O'Brien, 20, Millrose AA, 36:58; 25. Larry Langer, 26, CPTC, 36:58; 26. Don Capron, 31, St. Ann's BC, 37:00; 27. George Goodin, 19, MFK, 37:38; 28. Bob Fine, 42, NYPC, 38:15 (3rd Vet.); 29. Joe Navarra, 20, Queens CC, 38:17; 30. Dan Dougherty, Sr., 45, SIAC, 38:40; 31. Richard Becker, 27, United-Bohara, 38:46; 32. Ron Simjian, 31, BAA, 39:06; 33. Art Kijek, 42, LIAC, 39:10; 34. Jim Clyde, 18, Valley Cottage, N.Y., 39:30; 35. Jim Moran, Sr., 41, Bardonia, N.Y., 39:30; 36. Carlos Lopez, 18, Bronx, 39:49; 37. Bill Duggan, 31, Bronx, 39:59; 38. Kevin Maloney, 26, Bronx, 40:00; 39. Ethan Reichberg, 17, New Rochelle, 40:02; 40. Gus Likos, 40, NYPC, 40:17; 41. Jay Engel, 12, United-Bohara, 40:24 (1st Under 14); 42. Kevin O'Connor, 26, Bronx, 40:44; 43. James Moran, Jr., 13, NY, 40:50; 44. Tom Gazzo, Cent. Islip, 42:33; 45. Robert McCreeary, 33, NYC, 42:53; 46. Bill Curcio, 40, Hastedale, 42:56; 47. Emil Leuchter, 22, Lehman College, 43:13; 48. Jerry Neuberger, 20, NYPC, 43:17; 49. Martin Schiff, 35, Bronx, 43:19; 50. Dr. George Schilling, 35, NYPC, 43:43; 51. Ron Geisler, 9, United-Bohara, 43:52; 52. Dave Reichberg, 47, New Rochelle, 44:21; 53. Don Casey, 29, NYC, 44:27; 54. Richard Janow, 30, NYC, 44:33; 55. Lester Meyers, 36, Pleasantville, 45:08. (89 starters, 76 finishers)

FEMALE FINISHERS- 1. Lis Franceschini, 30, NYC, 49:19 (68th); 2. Mary Ellen Rodin, 15, LIAC, 50:41 (73rd); 3. Ann DeGross, 38, NYC, 52:50; 4. Lynn Blackstone, 33, CPTC, 56:10; 5. Marion Epstein, 55, Brooklyn, 57:20

--Joe Kleinerman--

WORLD MARK- A New Zealand team of Tony Polhill (3:42.9), John Walker (3:40.4), Rod Dixon 3:41.2 (1:55.0 at 800) and Dick Quax 3:35.9 (36.0, 1:55.5, 2:55.0) took 8.6s off France's 4x1500m relay record with 34:40.4 in Oslo on August 22nd. Dixon ran an 8:29.0 steeplechase the next day... Shaul Ladany (Israel) won his third London-Brighton Walk on Sept. 1st in 7:57:27 ahead of Peter Selby (England) 8:10:40.

PENN STATE 22, WEST VA. 36 at PENN STATE UNIV. GOLF COURSE, Oct. 6, 1973 5-MILES- 1. Charlie McGuire, PS, 24:41.4; 2. Alex Kasich, WV, 24:45; 3. Geo. Malley, PS, 25:17; 4. Kim Nutter, WV, 25:24; 5. Ron Secord, PS, 25:28; 6. Bob Hillman, PS, 25:33.

PSU 24, KENT STATE 35 at KENT STATE GOLF COURSE 6-Mi. (Oct. 12th)- 1. Mike Irmen, KSU, 30:21; 2. the Gary

Cottage & Bob Hillman, PSU, 30:44; 4. George Malley, PSU, 30:50; 5. D. Kier, KSU, 30:56.

ALOHA! The Mid-Pacific Road Runners Club is assisting the City and County of Honolulu with its first annual marathon on December 16, 1973. This will be a traditional 26 mile 385y event finishing on the beach at Waikiki.

A number of mainland and international competitors are expected to compete in the "Rim of the Pacific Run" Divisions: Open; Intermediate (16-17); Junior (15 under); Senior (40 & Over); Women. For entry blanks write: Mid-Pacific RRC, c/o John Trippany, AFRC PT. DE-RUSSY, APO 96358

#### PRAIRIE STRIDERS TRACK CLUB ALL-COMERS

##### 5,000 METER "GUESS YOUR TIME" RUN

Sexauer Field, SDSU, Brookings, South Dakota

Sunday, October 14, 1973 4:30 P.M. Weather: 70°, clear

	G.T.	Act. T.	Dif.
1. Lyle Strassburg, PSTC,	19:30	19:21	-0:09
2. Bert Eno, PSTC,	22:30	22:12	-0:18
3. Sam Scharf, Brookings,	25:00	24:41	-0:19
4. Jim Egeberg, PSTC,	21:00	20:30	-0:30
Gene Klingelien, PSTC,	21:00	20:30	-0:30
Scott Underwood, PSTC,	21:01	20:31	-0:30
7. Doug Eno, PSTC,	27:00	27:33	0:33
8. Jay Dirksen, PSTC,	18:00	*17:04	-0:56
9. Bob Brotsky, Brookings,	24:06	23:09	-0:57
10. John Frank, PSYC,	21:00	19:32	-1:28
11. Lorne Hartling, PSTC,	23:30	21:52	-1:38
12. Russ Strande, PSTC,	22:00	19:39	-2:21
13. Lu Holwerda, Brookings,	25:30	22:45	-2:25
14. Steve Holwerda, Brook.,	24:36	21:35	-3:01

#### 15th ANNUAL APACHE 6-MILE ROAD RACE

Rochester, Minn., Oct. 14, 1973- Two former Univ. of Minnesota cross country runners, Don Timm and Steve Hoag fought it out for the full 6 miles before Timm edged ahead to win by 4.5s. (Warm, 76 degrees).

1. Don Timm, Burnsville, 30:07.5 (New record; old mark, 30:24 by Bruce Mortenson, 1970); 2. Steve Hoag, Crystal, 30:12; 3. Paul Wendorff, Albert Lea, 31:17; 4. Rick Lee, Albert Lea, 32:29; 5. Mark Kittleson, White Bear, 32:57; 6. Dave Jones, Fairmont, 32:51; 7. Juna Schmidt, Decorah, Iowa, 33:06; 8. Evan Schull, Minneapolis, 33:14; 9. Randy Rolando, Mankato, 33:54; 10. Bruce Mortenson, Austin, 33:56; 11. Doug Ward, Mapleton, 33:58; 12. Verdon Haslet, Elgin, 35:04; 13. Pete Gathje, Rochester, 35:15; 14. Jan Nyboer, Rochester, 35:15; 15. Dan Van Hook, Rochester, 35:51; 16. John Strommer, 43, Lakeville, 36:03; 17. Ed Arnes, St. Paul, 36:12; 18. Merlin Anderson, Chaska, 36:18; 19. Edward Leete, 45, Mpls., 36:24; 20. John Byrne, Rochester, 36:31; 21. Mark Hume, Mpls., 36:52; 22. Scott Christenson, Lakeville, 38:30; 23. Jay Lucas, Rochester, 39:13; 24. Larry Proskin, Mpls., 39:52; 25. Dan Miller, Rochester, 39:56; 26. Dr. Knud Stobbe, Wisc., 44, 40:14; 27. Martin Rolter, Mpls., 40:34; 28. A. Silverman, St. Paul, 40:40; 29. Ben Miller, Rochester, 41:53; 30. Robert Stamm, St. Paul, 42:37; 31. Jan Arnes, St. Paul, 43:33 (1st Woman); 32. Buck Jackson, Rochester, 55, 46:47; 33. Mike Miller, Rochester, 47:12; 34. Eugene Hogenson, St. Paul, 47:31; 35. LeRoy Dickson, Rochester, 48:12; 36. Walter Maakstad, Decorah, Ia., 49:11; 37. Nola Dickson, Rochester, 58:56; 38. Naomi Atrubin, Rochester, 78:40.

TWO-MILE JOGGERS RACE- 1. Jim Wendorff, 13, Albert Lea, 12:09; 2. Ken Schmidt, 12:15. (15 finishers)

## LARRY RUSH JONAS CATTELL RUN VICTOR

National Park, N.J., Sunday, Oct. 21, 1973 1:00 P.M.  
Larry Rush, recent Gleason University graduate, now running for Sports East, led all the way from start to finish to capture the third annual 9.7 mile Jonas Cattell Run.

Rush dashed in front of the pack of 70 runners at the start and clocked 49:13, just 22 seconds off the course record of 48:51 set by Moses Mayfield last year.

Following Rush, now a teacher at Salem (N.J.) High School, across the line were Tom Oiler (Penn AC) in second place, and Russ Jackson of Sports East in third.

Leon Dreher, 52, Penn AC, won the 1st Veterans award with his 21st place finish (55:34). Mrs. Eileen Diskin of Cherry Hill, N.J. was the first female finisher (58th place- 49:32). Pete Powell of Paul VI HS ran a strong race to finish sixth in 51:19. He was presented with the first high school finisher trophy. Colleen

Dunn, 10, of Paulsboro, N.J. won a special award presented by the sponsoring Deptford Kiwanis Club. The young lady, accompanied by her father, finished 62nd!

Sports East copped the team trophy, presented by Congressman John E. Hunt. Penn AC, victor the past two years, finished second. Weather: Ideal, 63 degrees.

Course: Haddonfield to National Park over Kings Highway, Rt. 130 & Rt. 295 & Neasian Ave. Finishing at the National Park Battlefield overlooking the Delaware River. Heavy traffic!

1. Larry Rush, Sports East, 49:13; 2. Tom Oiler, Penn AC, 50:18; 3. Russ Jackson, Sports East, 50:41; 4. Paul Lucuski, Penn AC, 51:00; 5. Larry Schemella, Sports East, 51:06; 6. Pete Powell, Paul VI HS, 51:19; 7. Ed Blakley, Haddon Twp. HS, 51:33; 8. Johann Murray, Shore AC/Glassboro State, 51:55; 9. Dave Schemella, Sports East, 52:12; 10. Roy Lepodus, North Jersey Striders, 52:40; 11. Steve Gettings, Sports East, 52:48; 12. Leo Thrower, Glassboro State, 53:04; 13. Ken Kling, Sports East, 53:47; 14. Denis Dunn, Penn AC, 54:02; 15. John Dean, Sports East, 54:06; 16. Larry Moore, Sports East, 54:07; 17. Fran Masculli, Glassboro State, 54:28; 18. Pete Reinhart, Sports East, 54:56; 19. Steve Whitmore, Springfield Jeggars, 55:12; 20. Roger Clark, Sports East, 55:23; 21. Leon Dreher, Penn AC, 55:34 (1st Vet.); 22. Nick Natale, Sports East, 55:46; 23. Paul Wiazniowski, Sports East, 55:48; 24. Joe Ciecka, Sports East, 55:53; 25. Chuck Coulter, Glassboro State, 56:56; 26. Don Devlin, Paul VI HS, 57:06; 27. Gene Martin, Sports East, 58:21; 28. Larry Delaney, Penn AC, 58:34 (2nd Vet.); 29. Greg Evans, Camden County College, 58:54; 30. Frank Hammad, Camden County College, 60:10; 31. M. Andy Noll, Haddon Twp. HS, 60:10; 32. Dr. Stan Brason, Media, Pa., 40:51 (3rd Vet.); 33. Tom Gaffney, Camden County College, 61:08; 34. Steve Boone, Paulsboro HS, 61:22; 35. Dean Martin, Sports East, 61:46; 36. Paul Zimmerman, West Deptford HS, 62:04; 37. Pete DiBlase, Vineland, N.J., 62:05; 38. Jim Waters, St. Joseph's AA, Camden, 62:22; 39. Sam Woods, Collingwood HS, 62:24; 40. Don Haines, Paulsboro HS, 62:32; 41. Dennis Smith, unat., 62:39; 42. Don Baumann, West Deptford HS, 62:41; 43. Warren Walker, Rutgers, 62:49; 44. Joe Ledmukler, Haddonfield HS, 63:21; 45. John Rossi, Camden YMCA, 63:32; 46. Mark Worthington, Gloucester Catholic HS, 64:02; 47. Dr. Dave Spaniel, CJTC, 64:12; 48. Ray Drodowski, Camden YMCA, 64:20; 49. Jerry Gray, unat., 64:30; 50. Terry McCarthy, National Park N.J., 66:08; 51. Paul Steffens, Sports East, 66:29; 52. Pete

McCann, Haddonfield HS, 66:47; 53. Anthony Sipp, unat., 67:59; 54. Charles Tripician, unat., 68:12; 55. James Gettings, St. Joseph's AA, Camden, 68:45; 56. Mike Fish, St. Joseph's AA, Camden, 68:45; 57. Dave Rusk, Gloucester, N.J., 69:02; 58. Eileen Diskin, Cherry Hill, N.J., 69:32; 59. Mike Dalton, St. Joseph's AA, Camden, 69:38; 60. Mrs. Peggy Frits, Clayton, N.J., 70:12; 61. Maribel Walsh, Springfield Jeggars, 71:00; 62. Colleen Dunn, 10, South Jersey Chargers, 71:19; 63. Donn Dunn, SJC, 71:19; 64. John Rush, unat., Ventnor, N.J., 82:07; 65. Kelly Whitman, Paul VI HS, 82:15; 66. Will Tickner, Cherry Hill, 86:00; 67. John O'Riordan, Phila. AC.

Team: 1. Sports East, 29; 2. Penn AC, 33.

## N. Y. RRC 5-MILE HANDICAP CROSS-COUNTRY RUN

Van Cortlandt Park, Sunday, October 14, 1973 11 A.M.  
(97 starters, 86 finishers)

	E. T.	Hcp.	Act. T.
1. Frank Lento, 26, Flushing, 40:40	11:00	33:40	
2. Jim Sullivan, 30, White Pl., 41:48	13:00	35:48	
3. Richard Carman, 21, Yonkers, 42:00	8:00	32:00	
4. Gus Kottoskos, 66, NYC, 42:02	18:00	42:02	
5. Greg Rinn, 35, Rockville Ctr, 42:36	8:00	32:36	
6. Ed Rivera, 16, NYC, 42:39	6:00	30:39	
7. Abe Schwartz, 52, Jamaica, 42:47	14:00	38:47	
8. Richard Becker, 27, Queens, 42:50	7:00	31:50	
9. Bob Brier, 29, Bronx, 43:07	9:00	34:07	
10. George Spitz, 50, NYC, 43:16	12:00	37:16	
11. Mervyn Lewis, 23, White Pl., 43:22	5:00	30:22	
12. Emil Leuchter, 22, Bronx, 43:24	11:00	36:24	
13. Calvin Bean, 23, NYC, 43:26	6:00	31:26	
14. William Jones, 23, Brooklyn, 43:40	5:00	30:40	
15. Lionel Liberman, W. Orange, 43:41	10:00	35:41	
16. Mike Bennett, 42, Bronx, 43:42	11:00	36:42	
17. Jim Bowles, 24, Troy, N.Y., 43:43	2:00	27:43	
18. Joe Viverito, 40, Plandome, 43:45	6:00	31:45	
19. Gene Toomey, 34, Jack. Hts, 43:47	4:00	29:47	
20. Gary Muhreke, 33, Hasting., 43:47	2:00	27:47	
21. Irving Epstein, 55, Brooklyn, 43:51	17:00	42:51	
22. Ray Lusa, 19, Brooklyn, 43:58	2:00	27:58	
23. Bill Cuccio, 40, Hartsdale, 44:00	9:00	35:00	
24. Leo Ditz, 48, Larchmont, 44:01	14:00	40:01	
25. Jay Engel, 12, Yonkers, 44:12	8:00	34:12	
26. Bill Kondylis, 22, Bronx, 44:16	4:00	30:16	
27. Gerry Neuberger, 20, Fox. H., 44:17	8:00	34:17	
28. Bill Cronin, 25, White Plains, 44:24	11:00	37:24	
29. Carlos Lopen, 18, Bronx, 44:24	6:00	32:24	
30. Cliff Comenor, 24, Bronx, 44:27	3:00	29:27	
31. Don Casey, 29, Bronx, N.Y., 44:36	8:00	34:36	
32. Gordon Upshaw, 17, Bronx, 44:40	6:00	32:40	
33. Dan Dougherty Sr., 44, S.L., 44:40	5:00	31:40	
34. Bob Muller, 48, Brooklyn, 44:42	7:00	33:42	
35. Joe Burns, 44, Bogota, N.J., 44:46	3:00	29:46	
36. Tom O'Brien, 42, Kings Pt., 44:47	3:00	29:47	
37. Leslie Clark, 47, Whitehouse, 44:48	10:00	36:48	
38. Norton Hyman, 46, Liv. Manor, 44:49	7:00	33:49	
39. Ray Guenter, 41, NYC, 44:51	7:00	33:51	
40. Dennis Hoak, 18, Buffalo, 44:54	2:00	28:54	
41. Ed Epstein, 27, Brooklyn, 44:55	12:00	38:55	
42. Jim Mitchell, 29, Queens, 45:02	7:00	34:02	
43. Moses Rivers, 14, NYC, 45:02	6:00	33:02	
44. Dr. Geo. Shilling, 35, NY, 45:06	8:00	35:06	
45. Meir Lev, 43, Bronx, N.Y., 45:07	13:00	40:07	
46. Jim Schindler, 23, Bedford, 45:12	Scr.	27:12*	
47. Mike Theodosiou, 18, NY, 45:18	4:00	31:18	
48. Al Zeisiger, 44, NYC, 45:36	13:00	38:36	
49. Lester Smerka, 30, NYC, 45:42	9:00	36:42	
50. Luis Soto, 35, NYC, 45:45	11:00	38:45	

ST. FRANCIS CENTER - LONG BEACH ISLAND  
 COMMEMORATIVE 18-MILE RUN, BRANT BEACH,  
 N.J., Sunday, October 14, 1973

1. Moses Mayfield, Penn AC, 1:37:00; 2. Joel Paeter-  
 sack, Wm. Paterson College AA, 1:38:45; 3. Ron Vese-  
 man, Wm. Paterson College AA, 1:43:28; 4. Dave Hud-  
 son, Shore AC, 1:44:45; 5. Kevin McDonald, North Jer-  
 sey Striders, 1:46:01; 6. Roy Lapidus, North Jersey  
 Striders, 1:47:06; 7. Dean Sheeta, North Jersey Striders  
 1:49:49; 8. Paul Fetscher, Long Island AC, 1:50:05; 10.  
 Neil Weygandt, Penn AC, 1:51:29; 11. Bill King, Penn AC  
 1:52:08 (1st Masters Div.); 12. Jack Gale, unat., Phila.,  
 1:54:41; 13. Colin Beer, unat. (2nd Masters Div.); 14.  
 Frank Wick, Penn AC, 1:56:15 (3rd Masters Div.); 15.  
 Al Wick, Penn AC, 1:57:48 (4th Masters Div.); 16. Rich-  
 ard Love, Shore AC, 1:58:01; 17. Howard Roche, Wm.  
 Paterson College AA, 1:59:00; 18. Don Growley, CJTC,  
 1:59:50; 19. Ray Reid, Wm. Paterson AA, 2:01:24; 20.  
 Paul Bennet, Verona Police, 2:01:29; 21. Michael Chod-  
 nicki, Saddle Brook, N.J., 2:02:06 (1st HS); 22. Jack  
 Hirat, unat., 2:03:09; 23. John Gotthold, Haddon Twp.,  
 2:04:08; 24. James Hanson, unat., 2:05:56; 25. William  
 Indek, Staten Island AC, 2:06:16; 26. Irving Taylor,  
 CJTC, 2:07:00 (5th Masters Div.); 27. Stacy Fussell,  
 Haddon Twp., 2:07:15; 28. John McCullough, Wm. Pater-  
 son AA, 2:07:50; 29. Bill Fitzpatrick, Rutgers AA, 2:09:  
 09 (1st L.B.I. resident); 30. Stan Chodnicki, North Jer-  
 sey Striders, 2:09:56 (6th Masters Div.); 31. Tom Baum,  
 Shore AC, 2:10:31; 32. Ray O'Shea, Haddon Twp., 2:11:  
 14; 33. Douglas Deutch, Shore AC, 2:11:40; 34. Greg  
 Wilson, St. Rose HS, 2:13:11; 35. Ed Winters, Shore AC,  
 2:13:59; 36. Ray Drodowski, Camden YMCA, 2:14:42;  
 37. Ken Taylor, Holy Cross HS, Delran, N.J., 2:15:07;  
 38. Ray Siegrist, unat., 2:15:31; 39. Richard Desmond,  
 C.B.A., 2:15:32; 40. Rick Stafford, Brick Twp., 2:16:55;  
 41. William Piper, unat., 2:18:02; 42. Dr. Paul Kiehl,  
 Shore AC, 2:18:37; 43. Pete Chalmier, Penn AC, 2:18:59;  
 44. Joe Wilson, Haddon Twp., 2:19:18; 45. Stan Levine,  
 McBurney R.C., 2:19:36; 46. Chris Medvigy, Perth Am-  
 boy, 2:20:36; 47. Frank Spector, Shore AC, 2:21:17; 48.  
 John Held, Boardwalk Runners, 2:22:30; 49. Ted O'Keefe  
 Haddon Twp., 2:22:41; 50. Mike Fitzpatrick, Rutgers AA,  
 2:22:57 (2nd L.B.I. resident); 51. Bob O'Shea, Haddon  
 Twp., 2:22:59; 52. Leonard McLean, Perth Amboy,  
 2:27:00; 53. Tom Dickerson, Haddon Twp., 2:28:24; 54.  
 George Garland, Shore AC, 2:30:44; 55. John Keefe,  
 Phila. Masters T.A., 2:31:51; 56. Brian Cahill, Shore  
 AC, 2:32:43; 57. Anthony Sipp, unat., 2:33:16; 58. Paul  
 Purcell, Boardwalk Runners, 2:35:37; 59. Robert Char-  
 les, Fundipa, Lancaster, Pa., 2:38:13; 60. Sid Feins,  
 CJTC, 2:40:44. (94 entered, 85 started, 78 finished)

Notes... Organization was excellent under the direction  
 of Bub Morgan of the beautiful St. Francis Center situa-  
 ted on the bay in Brant Beach. Mayfield, 28, simply  
 outran the field to win the 1st annual event, dedicated to  
 the 11 Israeli Olympians killed in Munich last year.

The course extended from Holgate at the southern tip  
 of the island to Barnegat Light at the northern tip. Fine  
 awards and banquet following the race.

NEAAAU 15-KILO RUN SR. CHAMPIONSHIP

Manchester, New Hampshire, Sunday, October 7, 1973  
 Weather: Ideal. (129 starters, 117 finishers)

Team Scoring: 1. Boston AA, 58; 2. North Medford Club  
 37; 3. BAA-B, 78; 4. CSU, 81; 5. NMC-B, 111.

Sponsored by the Knights of Columbus

1. William Rogers, BAA, 47:09.1; 2. Steve Eilla, BAA,

48:24; 3. Ed Norris, BAA, 48:38; 4. Ken Mosler,  
 BAA, 48:48; 5. Dan Moynihan, NMC, 49:07; 6. Rick  
 Bayko, NMC, 49:26; 7. Ralph Thomas, ARTC, 49:40;  
 8. Tom Dearden, NMC, 49:55; 9. John Cedarholm,  
 BAA, 50:05; 10. Lou Pagnin, NMC, 50:11; 11. Earl Mc-  
 Gilvery, NMC, 50:15; 12. Walter Renaud, unat., 50:23;  
 13. Phil Ryan, BAA, 50:32; 14. Joe Catalano, BAA-B,  
 50:36; 15. Ray Carrier, TTAC, 50:39; 16. Chris Cham-  
 bers, unat., 50:42; 17. Peter Sipe, BAA, 51:03; 18. Don  
 Putnam, unat., 51:10; 19. John Babington, NMC, 51:11;  
 20. Art McAndrew, BAA, 51:23; 21. Larry Olsen, NMC,  
 51:26; 22. Mike Cryan, unat., 51:34; 23. Tom Dowling,  
 CSU, 51:37; 24. Eric Groom, BAA-B, 51:46; 25. George  
 Tuzill, CSU, 51:50; 26. Kevin Kraszewski, NMC, 52:  
 17; 27. David McDonald, unat., 52:23; 28. Ron Kay,  
 CSU, 52:34; 29. Richard Crowell, unat., 52:39; 30.  
 John Goodwin, unat., 53:04; 31. Mike Duggan, CSU,  
 53:08; 32. Chet Fortier, NMC-B, 53:13; 33. Tony Wil-  
 cox, NMC, 53:16; 34. George Conefrey, GBS, 53:21;  
 35. Tom Doherty, BAA-B, 53:26; 36. Chuck Riley,  
 CSU, 53:39; 37. Ron Gaff, NMC-B, 53:42; 38. Ronald  
 Stafford, unat., 54:43; 39. Louis Paul, CSU, 55:00;  
 40. William Squires, BAA-B, 55:20; 41. William Tree-  
 ful, NMC-B, 55:18; 42. Mike Durdovic, CSU, 55:20;  
 43. Tom Boone, NMC-B, 55:33; 44. Larry Berman,  
 CSU, 55:35; 45. Kirk Pyranle, Tufts AA, 55:36; 46.  
 James Shapiro, BAA-B, 55:37; 47. Louis Aguar, NMC-  
 B, 55:47; 48. Robert Gray, NMC-B, 56:00; 49. John  
 Hurley, NMC-B, 56:11; 50. Paul Roche, NMC-B, 56:17;  
 51. Robert Clarista, NMC-B, 56:26; 52. Charles Ratti,  
 NMC-B, 56:36; 53. Robert LaFrel, unat., 57:15; 54.  
 David McGilvery, NMC-B, 57:22; 55. David Debridge,  
 unat., 57:43; 56. Gerard Mahoney, unat., 58:22; 57.  
 Richard Packard, BAA-B, 58:27; 58. Roger Perham,  
 NMC-B, 58:32; 59. Bernice Lancaster, BAA-B, 58:37;  
 60. Julian Siegel, NMC-B, 58:57; 61. Mike Moscatelli,  
 BAA, 59:10; 62. Silas Little, unat., 59:15; 63. William  
 Funzella, unat., 59:17; 64. Roland Vermette, NMC-B,  
 59:20; 65. Carl Hammen, URI, 59:30; 66. John Gougel,  
 unat., 59:42; 67. Jonathan Cohen, CSU, 59:51; 68. Wm.  
 Evans, NMC-B, 60:08; 69. Thomas Churas, Notre  
 Dame, 60:27; 70. Dick Corrigan, NMC-B, 60:47.

NEAAAU 15-KILO CHAMPIONSHIP (WOMEN & GIRLS)  
 Manchester, N.H., Oct. 7, 1973

1. Charlotte Lottis, Sugarloaf Mt. AC, 61:42; 2. Sara  
 Berman, CSU, 62:44; 3. Jan Creaney, CSU, 64:45; 4.  
 Phyllis Orlich, CSU, 71:41; 5. Millie Parks, CSU, 78:  
 20; 6. Tracy Nelson, Greater Brockton Striders, 79:35;  
 7. Carol Treeful, NMC, 79:59; 8. Robin Leslie, GBS,  
 81:07; 9. Susan Chobanese, CSU, 86:30.

--Fred Brown, Sr.--

5-MILE ROAD RUN, BRIDGEWATER, MASS.

October 8, 1973 (Short course)

1. John Babington, NMC, 23:03; 2. George Conefrey,  
 GBS, 23:16; 3. Mike Baxter, Boston AA, 23:37; 4.  
 Peter Gregory, Bridgewater State, 24:10; 5. William  
 Treeful, NMC, 24:32; 6. Brad Kron, BAA, 24:41; 7.  
 Carl Boen, Bridgewater State, 24:56; 8. Paul Roche,  
 NMC, 25:02; 9. Robert Gray, NMC, 25:21; 10. Chas.  
 Ratti, NMC, 25:25; 11. Richard Thompson, unat., 25:  
 33; 12. Mike McCabe, Bridgewater State, 25:43; 13.  
 Chris Brady, BS, 25:52; 14. David Jolie, unat., 26:26;  
 15. Wayne Stock, BS, 26:44; 16. Robert Holmes, BS,  
 26:51; 17. Al Donaghy, unat., 27:00; 18. Chuck Marot-  
 ta, BS, 27:26; 19. Anthony Baxter, unat., 27:55; 20.  
 Steve Karr, BS, 28:04; 21. Tom McDonough, unat., 29:  
 04; 22. Frank Tukis, unat., 29:25. (54 finishers)

FIRST ANNUAL CHARLESTON DISTANCE RUN-9A/73

Charleston, West Virginia (15-Miles)

1. Jeff Galloway, Florida Track Club, 1:16:29
2. Lucian S. Rosa, U. of Wisconsin-Parkside, 1:17:35
3. Neil Cusack, East Tennessee State Univ., 1:17:53
4. Jon Anderson, Oregon TC, 1:18:55
5. Tom Fleming, Bloomfield, N.J., 1:18:58
6. Ronald Martin, William & Mary, 1:19:27
7. Carl Hatfield, West Virginia TC, 1:21:17
8. Paul Talkington, Canton, Ohio, 1:21:27
9. Stephen C. Smith, Virginia Tech, 1:21:31
10. Gareth Hayes, North Carolina TC, 1:23:40
11. Hal Higdon, Indiana Striders, 1:23:07
12. Tom Findley, E. Kentucky State, 1:23:14
13. John Greenplate, William & Mary, 1:23:51
14. William C. Louv, William & Mary, 1:24:06
15. Felix Rendina, East Lake, Ohio, 1:24:06
16. Jim Kramer, U.S. Naval Academy, 1:24:17
17. J. Brent Hawkins, West Virginia TC, 1:24:36
18. Gene Schultz, William & Mary, 1:25:29
19. Jerry Young, E. Kentucky State, 1:25:29.5
20. Ted Neeves, Virginia Tech, 1:25:32
21. Douglas McElroy, No. Carolina TC, 1:26:27
22. Richard Kate, Nittany Valley TC, 1:26:40
23. Dale D. Osborn, Morehead State Univ., 1:27:31
24. Ronald E. Pentrich, Morehead State U., 1:27:35
25. Joseph E. McPherson, West Va. TC, 1:27:56
26. James DiSchallo, Wm. & Mary, 1:27:56.5
27. Mark Yellin, E. Kentucky State, 1:28:04
28. Dan Matosach, E. Kentucky State, 1:28:08
29. Charles Cepp, E. Ky. State, 1:28:19
30. Dennis Schafer, Morehead State U., 1:28:28
31. tie, Edgar Salvori, Morehead State & Tom A. Jackson, West Va. TC, 1:28:50
33. Bob Moffett, E. Ky. State, 1:28:53
34. Steve Gilmore, U.S. Naval Academy, 1:29:13
35. Don Coffman, Kentucky State U., 1:29:17
36. Roger D. Rociller, West Va. TC, 1:29:28
37. Bill Sampson, E. Ky. State, 1:30:32
38. Richard Watts, Huntington, West Va., 1:30:38
39. Douglas K. Carder, West Va. TC, 1:30:37
40. Chris Gaidrich, W. Va. TC, 1:30:38
41. Brian Welch, U.S. Naval Academy, 1:30:52
42. Randy Wellman, Wadsworth, Ohio, 1:30:58
43. John R. Welch, West Va. TC, 1:31:17
44. John E. Rayburn, Wintersville, Ohio, 1:31:44
45. Johnny Lloyd, Kentucky State University, 1:32:11
46. Michael Halstrom, Virginia Tech, 1:32:34
47. James M. Keiser, Fairmont State College, 1:33:02
48. Joe M. Sparks, Morehead State University, 1:33:13
49. tie, Mark Baughey, Morehead State University & Don Williams, E. Ky. State, 1:33:52
51. Tom Adams, Morehead State U., 1:34:27
52. TimeOly Rectenwald, West Liberty State College, 1:34:33
53. Roger W. Toothman, Newark, Ohio, 1:34:56
54. Paul D. Caseman, West Va. TC, 1:35:05
55. John R. Ammerman, U. of Wisconsin-Parkside, 1:35:15
56. Murray A. Collins, William & Mary, 1:36:08
57. Harold Goldsberry, Va. Tech, 1:37:02
58. Jonathan S. Dinkins, Marshall University, 1:37:53
59. Brian E. Sloan, St. Albans, West Va., 1:38:14
60. David K. Leacock, Rochester, N.Y., 1:38:37
61. David A. Rollins, St. Albans, West Va., 1:38:45
62. Donald C. Snuffer, West Liberty, 1:39:20
63. Jacqueline Hansen, Granada Hills, Calif., 1:39:28
64. Finn D. Pinous, Norfolk, Va., 1:40:20
65. David L. White, Charleston, West Va., 1:40:34
66. Tim A. Weaver, Ohio Valley TC, 1:40:52
67. Sherwood E. Kerns, St. Albans, West Va., 1:40:54
68. Victor E. Godfrey, U. of Wisconsin-Parkside, 1:41:05
69. Rodney A. Cooper, Richmond, Va., 1:41:09
70. Kevin H. Burrows, Fairmont State College, 1:41:10
71. David M. Ris-

ton, Oak Hill, West Va., 1:42:40; 72. Roland Anspach, Springboro, Ohio, 1:43:00; 73. Richard A. Lastic, Wadsworth, Ohio, 1:43:03; 74. David M. Kline, St. Albans, West Va., 1:43:05; 75. Gene Myers, Va. Tech, 1:43:17; 81. Francis Larrieu, San Francisco, Calif., 1:46:44. (213 listed finishers)

Team Scoring: 1. William & Mary, 51; 2. West Va. TC, 81; 3. E. Kentucky State, 86; 4. Morehead State Univ., 108; 5. Virginia Tech, 132; 6. St. Albans Cross Country 261.

--Don Cohen--

MONROE MARATHON (OHIO RIVER ROAD RUNNERS CLUB) Monroe, Ohio, October 21, 1973

1. Bill Carr, 2:33:50 (New course record. Old record, 2:34:07 by Sobczak, 1971); 2. Roger Rouiller, 2:37:21;
3. Craig Harms, 2:45:06; 4. tie, Jerry Pierce & Phil Ford, 2:47:03; 6. Wendall Sullivan, 49, 2:54:29; 7. Joe Holly, 2:56:25; 8. James Lytle, 2:58:17; 9. Jerry Miller, 2:58:40; 10. Bill Botling, 3:01:47; 11. Danny Kartman, 3:04:29; 12. Jack Beasley, 3:06:28; 13. Bob Cushen, 3:07:33; 14. Jerry Stone, 3:07:55; 15. Pete Swartout, 3:12:03; 16. Alvin Holt, 3:16:44; 17. Al Denman, 3:18:24; 18. Bob Lewis, 3:22:18; 19. Charles Hansell, 3:25:01; 20. Ralph Kallman, 25, 3:25:49; 21. Wm. Bear, 3:33:12; 22. Scott Beasley & Thomas Graves, 3:36:14; 24. Thomas Ward, 3:37:34; 25. Don Liljequist, 3:43:03; 26. Dick King, 3:52:20; 27. Paul Robertson, 4:06:29; 28. Chester H. Kalb II, 4:33:43; 29. tie, Don McNelly & Byron McNelly, 4:39:17; 31. Scott Salee, II, 5:38:35; 32. Jack Salles, 5:38:36.

Weather: Sunny, 64°, light southeast breeze.

Course: Six and one-half mile out & back shuttle on secondary blacktop roads over rolling terrain.

--Wayne B. Yarcho--

ANNOUNCING - REGION VIII & ARKANSAS AAU

15 KILO RUN CHAMPIONSHIP - Sat., Dec. 29, 1973  
Burns Park, Little Rock, Arkansas (Arkansas, Missouri Valley, Oklahoma, and Ozarks Associations make up Region VIII). Entry forms for this and all Arkansas AAU Long Distance Running Events from Rick Richardson, 422-B Sierra Madre, North Little Rock, Ark. 72118. Division awards in all races.

SOUTHEASTERN AAU 15 KILO RUN CHAMPIONSHIP

Cherokee Blvd. Course, Knoxville, Tennessee  
Sunday, October 21, 1973. Weather: 75°, sunny.  
Sponsor: Knoxville Track Club. Course Record: 51:14 by Ken Roulette, 1969. 5-Mi. 15km.  
1. Bill Herron, 21, Knoxville TC, 25:46 48:58  
2. Turner Howard, 26, UT Law Col, 28:18 54:17  
3. Stephen Fischer, 21, E. Tenn. TC, 29:12 56:01  
4. Keith Kahl, 43, Knox. TC, (1st Vet.) 57:20; 5. Aiden Gardner, 31, Knox. TC, 58:23; 6. Randy Oliver, 16, unat., 58:30; 7. John McCallum, 27, unat., 59:00; 8. John Powell, 23, Knox. TC, 61:20; 9. John Finger, 33, Knoxville TC, 61:43; 10. Russell Carpenter, 16, unat., 65:42; 11. Lloyd Lundin, 54, Knoxville TC, 66:45 (2nd Vet.); 12. Clifford White, 20, unat., 69:56; 13. Don Foard, 43, Knoxville TC, 73:29 (3rd Vet.); 14. Sam Fowler, 45, Knox. TC, 73:42; 15. Tom Fowler, 50, Knox. TC, 77:06; 16. Hal Canfield, 53, Knox. TC, 79:48; 17. Bill Wilburn, 37, unat., 85:15.  
Race Notes: Bill Herron, ex-University of Tennessee distance star and presently a student at Carson-Newman College, shattered one of the oldest Southeastern AAU distance running records with a tremendous 48:58 clocking.  
--Hal Canfield--

**WILL RODGERS WINS NATIONAL AAU SR. 20-KILO**  
 Gloucester, Mass., October 14, 1973- It came as a surprise to nearly everyone (including Will Rodgers), to see Rodgers run off with the National AAU Senior 20 KILO RUN CHAMPIONSHIP. Sure he'd been running well lately, setting a course record or two and even winning a New England title. But Will Rodgers a National Champion? ("Who's he?" asked Tom Fleming, a solid internationalist who as yet has not won any national championships.)

Rodgers whipped one of the best national long distance fields ever in New England. When the gun sounded some of the more likely contenders shot out quickly along the road around Cape Ann. Fleming, surprising no one, spristed out to a quick lead with multi-long distance national champion Paul Talkington of Ohio & Ron Kurrie of California. Tucked in a short distance back were defending 20km champ John Vitale of Connecticut, 12:59 three-miler Dick Buerkle of Florida & Will (Who's he?) Rodgers. Some 180 others trailed, some very close behind, in an intensely competitive race.

Some three miles after Rodgers fell back, a victim of the infamous "waffle shoes" which claimed some casualties at the Olympic trials Marathon in 1972. He lost virtually a mile per mile over the rest of the course to finish 12th. His blood-soaked right foot led one to wonder how he finished at all.

Talkington and Fleming, tough as they are, couldn't bash each other forever and gradually fell back. Vitale and Buerkle, showing more poise and pace judgement, crept up. Meanwhile Will Rodgers started to fly and picked off everyone.

Vitale, making a tenacious defense of his title, had second place up to the last half-mile where Buerkle used his well-known speed for a big finishing rush. The big kick left the former Villanova runner a good 150y behind though, as Rodgers made himself known to a lot of new people.

The course, following the shore along Gloucester, through Rockport, and back to Gloucester, was a picturesque one. The constantly rolling hills coupled with winds gusting to 45mph did nothing to help the runners' times.

The prizes, awarded to the top 30 or so, were the best seen around New England in quite some time. From 10-speed bikes and other merchandise valued over \$100 to gift certificates for dinner at a local restaurant. In addition, the first 34 finishers received a medallion commemorating the 350th anniversary of the city of Gloucester.

--Rick Bayko--

1. Will Rodgers, Boston AA, 43:58; 2. Dick Buerkle, New York AC, 44:21; 3. John Vitale, New Haven TC, 54:34; 4. Paul Talkington, Summit AC, Ohio, 45:24; 5. Tom Fleming, New York AC, 45:48; 6. Dan Moynihan, NMC, 46:56; 7. Steve Ellis, BAA, 47:18; 8. Ken Mueller, BAA, 47:26; 9. Steve Flanagan, Mohegan Striders, 57:33; 10. Howie Ryan, New York AC, 67:44; 11. Ralph Thomas, ARAC, 67:49; 12. Ron Kurrie, Beverly Hills Striders, 68:25; 13. Tom Dardarian, NMC, 68:32; 14. Bob Sevinz, Gr. Brockton TC, 68:35; 15. Terry Gallagher, unat., 68:43; 16. Gary Wallace, Triple Cities Runners, 68:46; 17. Rick Bayko, NMC, 68:49; 18. John Cedarholm, BAA, 68:50; 19. Timothy Smith, Mohegan Striders, 68:54; 20. Tom Robinson, New York AC, 69:05; 21. Walter Renand, unat., 69:34; 22. Ed Bovee, New York AC, 69:33; 23. Scott Graham,

unat., 70:03; 24. Peter Stipe, BAA, 70:09; 25. Larry Fredericks, NYAC, 70:25; 26. Chris Chambers, unat., 70:32; 27. Leo Paquin, NMC, 71:05; 28. Alan Gillid, Gr. Brockton TC, 71:35; 29. Don Ricciato, Gr. Brockton TC, 71:48; 30. Will Van Dyke, CSU, 72:09; 31. Larry Olsen, NMC, 72:11; 32. Finn-Aage Kahnsen, unat., 72:23; 33. Peter Kuchinski, 72:45; 34. Ron Kay, CSU, 72:51; 35. Mike Baxter, BAA, 73:33; 36. Chet Fortier, NMC, 73:37; 37. Ron Drogan, NMC, 74:07; 38. Chuck Biley, CSU, 74:15; 39. Gary Geoffroy, NMC, 74:29; 40. Tony Wilcox, NMC, 74:43; 41. Roger Moffitt, unat., 75:17; 42. Sid Pascale, Utica Pacemakers, 76:16; 43. Phil Ryan, BAA, 76:19; 44. Vin Fassetti, HTC, 76:27; 45. Tom Knatt, NMC, 76:35; 46. Robert Clarizio, NMC 76:41; 47. Paul G. Caruccio, unat., 77:00; 48. Bill Morrow, North Jersey Striders, 77:10; 49. Louis Aguilier, NMC, 77:16; 50. Stanley Moulton, NMC, 77:22; 51. Tom Boone, NMC, 77:44; 52. Dave Dunsy, BAA, 78:18; 53. Charles Ratti, NMC, 78:25; 54. John Connors, unat., 78:31; 55. Paul Schell, NMC, 78:40; 56. Martin Duffy, CSU, 78:44; 57. Donald Putnam, unat., 78:59; 58. Bob Smith, unat., 79:03; 59. James Dow, NMC, 79:05; 60. Paul Roche, NMC, 79:24; 61. John L. Sullivan, CSU, 79:27; 62. Louis Paul, CSU, 80:11; 63. Robert Gray, NMC, 80:12; 64. Dr. John Long, BAA, 80:25; 65. David McGilivray, NMC, 80:42; 66. Mike Durdevo, CSU, 80:55; 67. David Linton, BAA, 81:07; 68. Ed Betrick, unat., 81:18; 69. Don Piacni, unat., 81:59; 70. Paul Smith, unat., 81:40; 71. Jim Hays, NMC, 81:48; 72. Mike Madsen, CSU, 82:06; 73. Larry Newman, NMC, 82:16; 74. Robert Kingan, CSU, 82:19; 75. Eldon Collins, unat., 82:27; 76. Julian Siegel, NMC, 82:29; 77. Chris Krueger, unat., 82:37; 78. James Cote, unat., 82:38; 79. John Orthman, unat., 82:45; 80. John Wallace, BAA, 83:31; 81. Dick Corrigan, 83:50; 82. Roland Vermette, NMC, 84:01; 83. Bruce McGill, NMC, 84:08; 84. Gene Teixeira, unat., 84:36; 85. Dick Sampson, unat., 84:40; 92. John A. Kelley (the Elder), unat., 86:03.

Team: 1. New York AC, 35; 2. Boston AA, 35; 3. NMC, 51; 4. Cambridge Sports Union, 89. --Fred Brown Sr.--

#### TERRY LEWIS WINS TULSA RUNNING CLUB 10-MILE

Tulsa, Oklahoma, Sat., Oct. 20, 1973 9:40 A.M. - Terry Lewis ran away from a field of 26 to win the 10-mile race over a new scenic bicycle path between the Arkansas River and Riverside Drive. Weather: Ideal, 59 degrees, bright sun.

1. Terry Lewis, 21, Tulsa, 54:39; 2. Don Metcalf, 33, Oklahoma City, 57:36; 3. Brent Wooten, 23, Stillwater, 58:42; 4. Jeff Fetterman, 19, Tulsa, 1:02:04; 5. H. E. Barker, 43, Mustang, 1:01:31 (let over 40); 6. John Westbrook, 23, Tulsa, 1:01:50; 7. Nolan Grayson, 24, Norman, 1:02:03; 8. Jimmy Gray, 31, Oklahoma City, 1:02:32; 9. Roger Findahl, 18, Broken Arrow, 1:02:59; 10. Tom Kempf, 49, Bartlesville, 1:02:59; 11. Norman Sloan, 36, Tulsa, 1:03:19; 12. Dave Watts, 26, Stillwater, 1:03:45; 13. Robert Bish, 34, Stillwater, 1:06:13; 14. Keith Barton, 34, Commerce, Texas, 1:07:38; 15. Art Browning, 42, Tulsa, 1:08:26; 16. David McGlendon 17, Tulsa, 1:09:13; 17. Bruce Allen, 17, Tulsa, 1:09:31; 18. Carlton Barker, 15, Mustang, 1:09:50; 19. Ray MacSas, 33, Yukon, 1:10:34; 20. Vern Whiteside, 54, Tulsa, 1:10:50; 21. Boyd Rose, 31, Mustang, 1:11:36; 22. Leonard Terrocos, 43, Oklahoma City, 1:14:57; 23. Jimmy Butler, 54, Okla. City, 1:16:38; 24. Bill Thompson, 40, Jenks, 1:17:46; 25. Peter Knauth, 16, Mustang, 1:19:02; 26. Bill Ryan, 42, Tulsa, 1:19:10.

### LARRY ADUDELL WINS TULSA RUNNING CLUB 2-MILE

Tulsa, Okla., Sat., Oct. 20, 1973 9:00 A.M.  
 1. Larry Adudell, 28, Tulsa, 10:14; 2. Nolan Grayson, 24, Norman, 10:25; 3. Bob Baker, 35, Tulsa, 11:24; 4. Bill Morrison, 30, Tulsa, 11:33; 5. Bill Boggs, 36, Tulsa, 11:53; 6. Mark Ross, 33, Tulsa, 12:32; 7. Dixie Marquet, 35, Tulsa, 13:13 (1st Woman); 8. Ismael Marquez, 35, Tulsa, 13:37; 9. Alane LeGrand, 21, Stillwater, 14:20 (2nd Woman); 10. C.T. Goswick, 56, Tulsa, 14:40; 11. Marilyn Gay, 27, Tulsa, 15:51; 12. Ruth Terrones, 39, Oklahoma City, 17:41. --Vern Whiteside--

### METROPOLITAN AAU JUNIOR & SENIOR 30 KILO RUN CHAMPIONSHIP (OPEN)

Sponsored by the Chalet Club Inc. & the Central Park TC Sunday, October 21, 1973 11:00 A.M. Central Park, NYC.  
 1. Arthur Hall III, 26, Oakwood TC, 1:38:16.6; 2. Ernie Rivas, 23, Lehman College, 1:43:09 (Jr. Met. Champ); 3. Frank Handelman, 28, Central Park TC, 1:45:18; 4. Bennett Gersham, 31, CPTC, 1:45:18.5; 5. Bill Gordon, 39, St. Anth. BC, 1:46:04; 6. Dave Blackstone, 32, CPTC, 1:47:30; 7. John Brennan, 24, CPTC, 1:48:23; 8. Bill O'Brien, 26, Millrose AA, 1:48:44; 9. Robert Kaplan, 30, Millrose AA, 1:49:13; 10. Paul Bennett, 24, Verona, N.J., 1:50:05; 11. Fred Walker, 35, St. Anth. BC, 1:51:00; 12. Mike Honig, 27, Columbia Univ., 1:51:42; 13. Jim Kimple, 30, NYPC, 1:52:05; 14. Dave Berman, 25, CPTC, 1:52:23; 15. Cliff Comaner, 24, Bronx, 1:52:33; 16. Julian Nichols, 27, NTAC, 1:52:40; 17. Vince Chiappetta, 40, Millrose AA (1st Vet.), 1:52:52; 18. Mike Tighe, 18, NYC, 1:53:17 (1st Under 20); 19. Gene Toomey, 34, Millrose AA, 1:53:23; 20. Joe Viverito, 40, LIAC, 1:54:57 (2nd Vet.); 21. Glenn Hall, 30, LIAC, 1:56:17; 22. Brian Jost, 26, Cranbury, N.J., 1:56:34; 23. Frank Sinatra Jr., 23, Yonkers, 1:56:38; 24. Tom Cameron, 43, NYC, 1:57:17 (3rd Vet.); 25. Fred Donnelly, 34, Larchmont, N.Y., 1:57:48; 26. Alan Kirik, 28, LIAC, 1:58:00; 27. Richard Becker, 29, Jamaica, N.Y., 1:58:04; 28. Norman Friedman, 28, St. Anth. BC, 1:59:04; 29. Andrew Roney, 22, NYC, 1:59:22; 30. Jerry Hastam, 17, Rock. BHC, 1:59:29; 31. Howard Basis, 34, Brooklyn, 1:59:48; 32. Art Kijak, 42, LIAC, 2:00:42; 33. Dr. David Thamasow, 26, Brooklyn, 2:00:46; 34. Joe Caldwell, 41, McBurney YMCA, NYC, 2:02:37; 35. George Calle, 30, Stratford Spartans, Conn., 2:02:46; 36. Don Dixon, 46, Hastings, N.Y., 2:03:05; 37. Remulo Mejia, 21, Dom. Republic, 2:03:39; 38. Kevin Maloney, 26, Bronx, 2:03:48; 39. Dr. George Sheehan, 54, Shore AC, 2:04:07 (1st Masters); 40. Jose Rivera, 31, McBurney Y, 2:04:15; 41. Bob Uria, 44, CPTC, 2:04:32; 42. Bill Coyne, 51, Millrose AA, 2:04:50 (2nd Masters); 43. Joe Boyle, 25, LIAC, 2:04:50; 44. Wm. Hannon, 27, CPTC, 2:04:59; 45. Phil Neit, 29, Brooklyn, 2:05:11; 46. Wm. Leonard, 35, Port Washington, 2:05:33; 47. Jim Fahey, 33, NYC, 2:05:39; 48. Celmino Cordoba, 20, Lehman College, 2:06:48; 49. Ted Williams, 39, CPTC, 2:07:14; 50. Geo. Pinsky, 36, Great Neck, 2:07:27; 51. Robert Kirkpatrick, 32, Stamford, Ct., 2:07:46; 52. Stephen Seps, 23, Yonkers, 2:07:47; 53. Carl Muller, 37, NYC, 2:07:50; 54. Bernard Kapell, 47, LIAC, 2:07:54; 55. Irving Taylor, 59, CJTC, 2:08:16 (3rd Masters); 56. Joe Neubauer, 23, NYC, 2:08:39; 57. Jack Martin, 34, 2:09:03; 58. Dennis Saul, 30, Greenwich, Ct., 2:09:12; 59. Paul Reifberg, 23, LIAC, 2:09:24; 60. Jack Wallace, 41, Yonkers, 2:09:40. (136 starters, 118 finishers)

### WOMEN

1. Nina Kuscsik, 34, Suffolk AC, 2:08:42 (57th); 2. Lia Franceschini, 30, NYC, 2:32:12 (101st); 3. Toby Lanzer,

30, McBurney Y, 2:58:35 (119th); 4. Mary Hoffman, 19, CPTC, 3:00:24 (144th); 5. Lynda Mullen, 26, NYC, 3:18:03 (177th); 6. Marion Epstein, 55, Brooklyn, 3:25:20 (188th).

### MET. AAU SR. TEAM CHAMPIONSHIP

1. Central Park TC, 13; 2. Millrose AA, 34; 3. St. Anthony's BC, 44; 4. Long Island AC, 67; 5. Lehman College, 145; 6. McBurney YMCA, 146; 7. NYPC, 174. --Joe Kleinerman--

### WILLIAM & MARY 20 at PENN STATE 40 (5-MILE)

1. Ron Martin, W&M, 24:07 CB; 2. Charlie Maguire, PS, 24:32.5; 3. Bill Louv, W&M, 24:35.5; 4. Mac Collins, W&M, 24:54.5; 5. Tim Cook, W&M, 25:06.7; 6. George Malley, PS, 25:13; 7. John Greenplate, W&M, 25:16.5; 8. Reggie Clark, W&M, 25:20.

### MERRICK SETS PENN RECORD IN BIG FIVE X-C

Phila., Pa., Sat., Oct. 27- Penn's Dave Merrick set a school record when he paced the Quakers to their second straight victory in the Big Five x-c run at the Belmont Plateau 5-mile course.

1. Dave Merrick, Penn, 25:10.3; 2. Denis Fikes, Penn 25:42; 3. Eamon Cogan, Villanova, 25:48; 4. Ken Schappert, Villanova, 25:54; 5. Dave Sandridge, V, 26:11; 6. Kevin Brown, LaSalle, 26:16; 7. Kent Staver, Penn, 26:18; 8. Jim Rafferty, Penn, 26:27; 9. Dave McKee, Penn, 26:31; 10. John Glah, St. Joseph's, 26:41. Team: 1. Penn, 27; 2. Villanova, 35; 3. St. Joseph's, 112; 4. LaSalle, 156. (Temple did not compete).

### 8th ANNUAL RUN FOR YOUR LIFE TRACK MEET

UNC-A TRACK, ASHEVILLE, N.C. Oct. 13, 1973  
 Sponsored by the Asheville Cosmic Club.

Thomas J. Roberts of Atlanta, Ga. was timed in 12:36 for 3000 meters to establish a World age group record for this distance for men 70 years of age and older. Second in this event was Elmer Sashorn also of Atlanta at 14:24.4. Thomas also broke the unofficial World 70 & over two mile record with a time of 13:37.

Mini-Marathon- 1. Glenn Roessler, 54:00; 2. Martin Bowls, 54:05.4; 3. David Putnam, 58:30.1.

Over 200 track fans witnessed the eleven event program. The 28 entrants ranged in age from 9 to 76 years of age. --Virgil Storgill--

### COLUMBIA TRACK CLUB RESULTS

Columbia, Mo., Sept. 15, 1973- ONE MILE RUN- 1. Dennis Stewart, 4:27.3; 2. Ben Loadree, 4:47.5; 3. Dean Neal, 4:49.6; 4. Tom Kilburn, 4:50; 5. Dick Hessler, 4:57.1. (25 finishers)

Sept. 23, 1973- TWO MILE RUN- 1. Dennis Stewart, 9:44.2; 2. Charlie Evans, 9:53.3; 3. Dean Neal, 10:33.9; 4. Tom Kilburn, 10:39.2; 5. Sandy Lawrence, 10:53; 6. Mike Chippendale, 10:54.6; 7. Don Granberg, 11:12.3; 8. Rex Fraser, 41, 11:17; 9. Tom Hinckley, 11:18.7; 10. Whitney Hicks, 11:26. (31 finishers) 80'

7th ANNUAL NATIONAL 100 MILE WALK, Oct. 6 & 7- 1. Shaul Ladany, 37, Tel Aviv, Israel, 19:38:25; 2. Chuck Hunter, 31, Longmont, Colo., 21:17:33; 3. John Markon, 44, Bronx, N.Y., 21:57:40; 4. John Argo, 59, Mattawa, Ontario, 23:18:45... Larry O'Neil, 65, Mont. 88 Miles-19:36:45... Leonard Busen, 43, Mo., 78 1/2 Miles- 24 hours.

TWO MILE CROSS-COUNTRY, October 7, 1973

Municipal Golf Course, Columbia, Mo. - 1. Dennis Stewart, 10:09; 2. Dean Neal, 10:17; 3. Dick Hessler, 10:39; 4. Bob Faber, 10:41; 5. Tom Kilburn, 10:42.

## 5-MILE ROAD RACE, COLUMBIA, MO.

October 13, 1973- 1. Dennis Stewart, 27:51; 2. Dean Neal, 28:22; 3. Ben Londerree, 28:47; 4. Tom Kilburn, 28:50; 5. Don Granberg, 29:37; 6. Rex Fraiser, 30:14; 7. Tom Hinckley, 30:28; 8. Whitney Hicks, 31:05; 9. Larry Endicott, 31:27; 10. David Stern, 31:58; 11. Don Leake, 33:22; 12. Joe Duncan, 33:42; 13. Don Johnson, 45, 34:16; 14. Leonard Busen, 42, 34:29; 15. Doug Duncan, 12, 40:16.

--Joe Duncan--

## W. GERMAN WINS MUCHE-STRUCK RUN ON 1ST DAY IN U.S.

Clove Lake Park, Staten Island, N.Y., Monday, Oct. 22, 1973 2:00 P.M. - For over 30 years, the Muche-Struck 3.5-Mile Run has been a Staten Island-Metropolitan area tradition. Today, a new dimension was added. It became an international event.

The man responsible for the modification is a 32-year-old West German law student by the name of Till Luft, who won the annual Veteran's Day race less than 24 hours after setting foot on American soil for the first time in his life.

"Yes, it's true," the resident of Darmstadt, a town 20 miles south of Frankfurt, was saying shortly after the race. "I just arrived in this country last night (Sunday)."

"I intend to stay with friends in New Jersey for four weeks, visiting, competing, getting to know the people," he continued in perfect English.

"So far I like it just fine."

It's also quite obvious that the West German likes running cross country as his very fast time of 16:47 for the 3 1/2-mile Clove Lake course would seem to indicate.

"I've only been working out since the end of June," Luft went on to say. "and I'm really trying to get back in shape after an injury in time to compete in the European cross-country races, which begin in November."

"Eventually, I hope to be able to go to the International Cross Country Championships which will take place in Milan, Italy, in mid-March."

Luft, who admits he runs anything from 1,500 meters to the 10,000, finished better than 100 in front of the runnerup, Harry Nolan of the Shore AC, who battled Luft on even terms until the later stages of the race.

Ed Bowes, last year's titlist, wound up third, with Dan Dougherty, Sr., the first island runner to cross the tape, taking 20th place.

As usual, Joe Venditti and the James J. Tappan Legion Post race committee turned in a fine effort in organizing and running the meet. A total of 40 runners started the race, with 37 of them able to finish.

1. Till Luft (West German) .....	16:47
2. Harry Nolan (Shore AC) .....	17:10
3. Ed Bowes (Shore AC) .....	17:15
4. Dan Dougherty (Shore AC) .....	17:15
5. Joe Venditti (Shore AC) .....	17:15
6. Tom Kilburn (Shore AC) .....	17:15
7. Don Granberg (Shore AC) .....	17:15
8. Rex Fraiser (Shore AC) .....	17:15
9. Tom Hinckley (Shore AC) .....	17:15
10. Whitney Hicks (Shore AC) .....	17:15
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137. Larry Endicott (Shore AC) .....	17:15
138. David Stern (Shore AC) .....	17:15
139. Don Leake (Shore AC) .....	17:15
140. Leonard Busen (Shore AC) .....	17:15
141. Doug Duncan (Shore AC) .....	17:15
142. Don Johnson (Shore AC) .....	17:15
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145. Joe Venditti (Shore AC) .....	17:15
146. Tom Kilburn (Shore AC) .....	17:15
147. Don Granberg (Shore AC) .....	17:15
148. Rex Fraiser (Shore AC) .....	17:15
149. Tom Hinckley (Shore AC) .....	17:15
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161. Don Granberg (Shore AC) .....	17:15
162. Rex Fraiser (Shore AC) .....	17:15
163. Tom Hinckley (Shore AC) .....	17:15
164. Whitney Hicks (Shore AC) .....	17:15
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172. Ed Bowes (Shore AC) .....	17:15
173. Joe Venditti (Shore AC) .....	17:15
174. Tom Kilburn (Shore AC) .....	17:15
175. Don Granberg (Shore AC) .....	17:15
176. Rex Fraiser (Shore AC) .....	17:15
177. Tom Hinckley (Shore AC) .....	17:15
178. Whitney Hicks (Shore AC) .....	17:15
179. Larry Endicott (Shore AC) .....	17:15
180. David Stern (Shore AC) .....	17:15
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182. Leonard Busen (Shore AC) .....	17:15
183. Doug Duncan (Shore AC) .....	17:15
184. Don Johnson (Shore AC) .....	17:15
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186. Ed Bowes (Shore AC) .....	17:15
187. Joe Venditti (Shore AC) .....	17:15
188. Tom Kilburn (Shore AC) .....	17:15
189. Don Granberg (Shore AC) .....	17:15
190. Rex Fraiser (Shore AC) .....	17:15
191. Tom Hinckley (Shore AC) .....	17:15
192. Whitney Hicks (Shore AC) .....	17:15
193. Larry Endicott (Shore AC) .....	17:15
194. David Stern (Shore AC) .....	17:15
195. Don Leake (Shore AC) .....	17:15
196. Leonard Busen (Shore AC) .....	17:15
197. Doug Duncan (Shore AC) .....	17:15
198. Don Johnson (Shore AC) .....	17:15
199. Dan Dougherty (Shore AC) .....	17:15
200. Ed Bowes (Shore AC) .....	17:15



All alone at the finish, West German Till Luft breaks the tape as he finishes in first place.

## SECOND ANNUAL ROCHESTER MARATHON

Monday, Sept. 3, 1973 10 A.M., Rochester, N.Y.

Temp. 53 degrees! 77 starters, 50 weary finishers.

1. Dick Buerkle, 26, Rochester, N.Y., NYAC, 2:51:41
  2. Chris Keik, 30, Hamilton OC, Ont., 2:57:22
  3. Eric Smith, 30, Finger Lakes RC, 3:05:35
  4. Don Brown, 27, Rochester TC, 3:08:39
  5. Rudy Ziegler, 34, Rochester TC, 3:10:00
  6. Terry Hebecker, 25, Finger Lakes RC, 3:10:53
  7. Dan Parker, 20, unat., Rochester, 3:12:13; 8. Irv Frawley, 36, NPTC, Tonawanda, N.Y., 3:12:38; 9. Patrick J. Dugan, 32, unat., Hamburg, N.Y., 3:13:01;
  10. Robert Gedell, 24, CCS, Brockport, N.Y., 3:17:15;
  11. Donald Grims, 38, unat., Rochester, 3:20:09; 12. William McMullen, 20, ALTC, Alden, N.Y., 3:22:27;
  13. Larry Glose, 18, ALTC, Alden, 3:22:27; 14. John Houls, 24, Roch. TC, 3:23:10; 15. Richard Sullivan, 45, BWAC, Eggertsville, N.Y., 3:23:19; 16. Owen Cramer, 17, Roch. TC, 3:24:38; 17. Charles Button, 31, unat., Ballston Lake, N.Y., 3:25:27; 18. Gary Goodemote, 20, Olean, N.Y., 3:25:27; 19. Jesse Kregel, 43, Buffalo, 3:26:48; 20. Joseph DelPrincipe, 17, ALTC, 3:27:20.
- Buerkle took command just after 10 miles. It was his first marathon. He took 29:00 to cover the last 3 miles in the unbelievable heat! The race will be run every year on Labor Day Monday.

# Stripping Yourself To the Very Soul

This is the season of autumn Saturdays, when a thousand stadiums explode in noise and all pay homage to the great god Shoulder Pad.

But this is the season, too, of another sport, the lonely sport, the thing they call cross-country.

The glamour and the glory are for football. Guts are for cross-country.

Football players get the ink and the adulation and the Rembrandt Queens.

Cross-country runners get leg cramps and seared lungs and blisters and the dry heaves.

Football players hear the screaming, shrieking wailings of **Y.M.C.A.** fans.

Cross-country runners hear their own rasping breathing, the pounding of their blood in their head, the thudding, clanking rhythm of their own footsteps and a little voice asking maddening questions:

"Three more miles, only three more miles, spegheer legs, and then you can rest."

"Just one more hill, now, one more hill. Are you gonna quit? C'mon, be to your legs, tell them just a little further, just a little bit further and then we'll be done."

Football has its X's and O's and blitzes and bombs and zig-zags and kick-stands.

## Then You Run Some More

**CROSS-COUNTRY HAS ITS STRATEGY, TOO.** Simple. Pure. Brute. You go out and you run.

You run until your stomach is clanking with excess. You run until your chest is on fire and there is a burner's heat in your head. You run until your legs weigh 400 pounds each and you run until your eyes burn and you run until your heart is a jackhammer and you run until you have the blind staggers and you wonder, why in the name of exhaustion, you ever answered the starter's gun in the first place, and you... well, you run until all of this happens... and then you run some more.

Football players get helmets and pads and tape and whiplash belts and ultraviolet rays and flashing scoreboards and TV cameras and cheerleaders and carpeted dressing rooms and a playing field that looks like it should be covering somebody's living room.

Cross-country runners wear work, baggy shorts, a shirt with holes, some floppy tennis shoes and, if they're really jazz, maybe a sweat band around their head.

The only spectators cross-country runners attract are starved birds and squirrels and a frightened gopher or two, who watch cautiously these antics of the two-legged creature in his underwear.

The cross-country runner's stadium is a golf course and a plowed field, up the hill, down the hill, around the briar patch, through the creek and watch out for the--ouch--rocks.

## Life Golf, Low Score Wins

Everybody knows about touchdowns and field goals and safeties, but when they announce a cross-country score and the local team is listed 18 and the visitors 42 the crowd goes because most of them still don't know that it's like golf... low score wins.

Football players get six-day headlines. Cross-country runners get a sentence and the agency results book then near the sidelines. When it's third-and-one on the one with 28 seconds of a tie game and everybody's peeing themselves, the PA will tell you the Michigan-Ohio State halftime score. When it's halftime and everybody's left for the restrooms and 76 touchdowns are being, the PA will tell you that morning's cross-country result.

Why, then, starve yourself? Why punish and push and force your body to do all these things before a crowd that is about the same size as one attending an act of hard-core?

Well, cross-country runners will tell you, when you run you get to know yourself... the hard way.

You run and you get tired and you get a second wind and then pretty soon you're just going on guts and you're making yourself do things you never thought you could, and then it gets even tougher. And when you feel like you've had the spit kicked out of you, well then it's almost euphoric.

It's as though you are no longer part of your running body. You are up and above and looking down at yourself, way down deep inside, because everything has been stripped away, clear down, empty, empty, empty... it's all there for you to see.

So if you like to feel, it's simple. You keep running.

## FINGER LAKES RUNNERS CLUB RACES

23

Ithaca, N.Y., Sept. 9, 1973--An English cross country run was featured in Schoellkopf Stadium. Tom Hartshorne won the grueling 5 2/3 mile event which involved running through streams, woods and extremely difficult terrain.

**880 RPYL (Track)**- 1. Karen von Berg, 15, 2:57; 2. Yvette de Boer, 16, 3:14; 3. Sue Booker, 20, 3:36... **One Mile RPYL**- 1.

Darrell Williams, 28, 5:01; 2. Roger Peduzzi, 25, 5:15; 3. Richard Stevens, 27, 5:28... **1.74 Mile Road Race**- 1. Don Farley, 19, 22:29; 2. John Reppy, 42, 22:58; 3. Jeff Cullen, 18, 23:07; 4. Jim Hartshorne, 49, 23:32; 5. Frank Moore, 50, 23:35.

(27 finishers)... **5.66 Mile English X-Country**- 1. Tom Hartshorne, 19, 33:08; 2. Eric Smith, 30, 34:17; 3. Tim McNeil, 16, 34:36; 4. Bob Congdon, 28, 34:59; 5. Wolf Goshau, 28, 35:06; 6. Stagg Newman, 25, 35:11; 7. Jim Booker, 15, 36:37; 8. John Tierney, 20, 37:26; 9. Don Baer, 23, 37:35; 10. Maarten de Boer, 14, 37:42. (14 finishers)... **6.48 Mile Road Race**- 1. Don Brown, 27, 39:58; 2. Derek Frechette, 28, 37:16; 3. Bob Kushner, 23, 37:25; 4. Chuck Collins, 39, 38:34; 5. Wayne Schwark, 38, 40:46; 6. Bruce Fredrickson, 35, 40:47; 7. George Gavvas, 46, 43:37; 8. Tom Toth, 38, 40:38; 9. Daniel Harper, 20, 47:01; 10. Phil Oberlander, 34, 47:27 (14 finishers).

Oct. 14, 1973- The October meet drew 41 participants to the all-weather track behind Lyman Rink. The program included a 2-mi. prediction run, a half mile track run and various road races.

**1/2 Mile RPYL**- 1. Mike van Auken, 2:27; 2. Frank Brodkey, 19, 2:40; 3. Joe Arthur, 14, 2:48... **2-Mile Prediction Run**- 1. Jim Hartshorne, 2. Frank Moore; 3. Rich Stephens... **2.7-Mile Road Run**- 1. Joan De Boer, 49, 20:11; 2. John Reppy, 12, 20:37; 3. Cheryl Hallock, 10, 20:40... **3.7-Mile Road Race**- 1. Don Farley, 40, 21:05; 2. Darrell Williams, 28, 22:31; 3. Mike van Auken, 24:36; 4. Jeff Hallock, 11, 23:09; 5. Stu Hallock, 32, 25:29.

**5.66 Mile English X-C Run**- 1. Bob Congdon, 28, 35:04. **6.48 Mile Road Race**- 1. Derek Frechette, 28, 36:29; 2. Wolf Goshau, 28, 36:45; 3. Chuck Collins, 39, 37:02; 4. Gerard Brown, 24, 37:31; 5. Roger Peduzzi, 25, 38:54; 6. Don Betowski, 29, 43:37; 7. Bob Reed, 22, 43:37; 8. Frank Moore, 50, 45:54; 9. Jim Hartshorne, 49, 45:55.

**FINGER LAKES MARATHON (ITHACA TO MARATHON, N.Y.)** October 7, 1973- 1. Don Larson, 22, New Haven TC, 2:37:25; 2. Larry Frederick, 24, NYAC, 2:40:00; 3. Chuck Collins, 39, Finger Lakes RC, 2:44:26; 4. Bob Congdon, 28, FLRC, 2:45:37; 5. Terry Habecker, 25, FLRC, 2:46:12; 6. Tim Welles, 34, FLRC, 2:46:44; 7. Peter Jeffers, 34, FLRC, 2:47:43; 8. William McFallen, 26, Alden Lions TC, 2:49:11; 9. William Tytuski, 26, Utica Pacemakers, 2:52:00; 10. Alan Laskowski, 30, unat., 2:52:18; 11. Wolf Goshau, 28, FLRC, 2:52:31; 12. Jrv Frawley, 16, Niagara Frontier, 2:56:33; 13. Eric Smith, 30, FLRC, 2:57:18; 14. E. Bruce Frederickson, 35, Syracuse Chargers, 2:57:28; 15. Gerard Benedict, 27, unat., 2:57:38; 16. Bill Ghiorso, 32, unat., 2:58:52; 17. Stagg Newman, 25, FLRC, 3:04:04; 18. Roger Peduzzi, 25, unat., 3:07:51; 19. Frank Moore, 51, FLRC, 3:12:30; 20. Sam Gallia, 48, Syracuse Chargers, 3:13:25; 21. Peter Welles, 31, unat., 3:13:53; 22. Tom Bond, 28, Triple Cities RC, 3:14:36; 23. George Brandenburg, 43, Central Jersey TC, 3:15:25; 24. Harry Borkowitz, 32, Penn AC, 3:19:29; 25. Roger Archibald, 28, unat., 3:22:03; 26. Barry Mack, 22, unat., 3:25:42; 27. Curtis Kinman, 27, Alden Lions TC, 3:26:46; 28. Ralph Fuller, 28, Triple Cities RC, 3:29:54; 29. Robert LaBelle, 49, Rochester RR, 3:31:33; 30. Rod Willard, 52, unat., 3:32:45; 31. Ross Yates, 49, CJTC, 3:36:24; 32. Nikki Kilgers, 29, FLRC, 3:39:47; 33. Seymour Ribyat, 49, Syracuse Chargers, 3:40:10; 34. Bob Godaan, 37, Syracuse Chargers, 3:40:27; 35. Lon Bagley, 46, RTC, 3:45:33. (42 finishers) Team: Finger Lakes RC. Marathon Director: Jim Hartshorne.

## 2.5-MILE CROSS-COUNTRY RUN, PHILA., PA.

Saturday, October 27, 1973 9:30 A.M.

(Phila. Public High School Course, 33rd & Delpin St.)  
 1. Larry Rush, Sports East, 11:39.8; 2. John Mitzel, George Washington HS, Phila., 11:43; 3. Mark Helock, unat., 12:52; 4. Russell Floyd, unat., 12:58; 5. Ray McCabe, unat., 12:59; 6. Larry Horwitz, unat., 13:01; 7. Ken Kling, Sports East, 13:05; 8. Seth Bergman, unat., 13:23; 9. Mark Jones, unat., 13:43; 10. Eric Hockstein, unat., 13:49; 11. Cornelius Brady, unat., 14:05; 12. Ross Wozzell, unat., 14:50; 13. George Braceland, Penn AC, 16:43; 14. Jerry Koch, Phila., 20:05.

## PEACHTREE BATTLE RACE, ATLANTA, GEORGIA

September 29, 1973 9:00 A.M. (7-MILES)

1. Leon Cook, 36:37; 2. Greg Camp, 38:50; 3. Sam Benedict, 38:37; 4. Wayne Roach, 39:28; 5. Jerry Vincelli, 39:42; 6. Bill Gates, 40:05; 7. J.D. Evisizer, 40:05; 8. Bruce LaBude, 40:29; 9. Randy Stroud, 40:46; 10. Art Must, 41:04; 11. Thomas Nowell, 41:38; 12. Bill Walsh, 41:25; 13. Robert Varsha, 42:09; 14. Paul Vincent, 42:15; 15. Robert Montgomery, 42:19; 16. Mike Roberts, 42:23; 17. Harold McNeese, 42:42; 18. Alan Taylor, 43:42; 19. George Larsen, 43:42; 20. George Crear, 43:02; 21. Jon Ward, 43:02; 22. Kenneth Chorney, 43:04; 23. Karl DeSantona, 43:16; 24. Mike Hill, 43:20; 25. Bob Bailey, 43:46; 26. Vinnie Doran, 44:11; 27. Tony Lee, 44:29; 28. Herb Laws, 44:23; 29. Rick Wark, 45:18; 30. Tim Singleton, 45:29; 31. Craig Williamson, 45:34; 32. Bill Nasco, 45:36; 33. Allan Lewis, 45:48; 34. David Martin, 46:02; 35. Paul Moore, 46:32; 36. Max Clayton, 48:46; 37. John Lovelace, 47:07; 38. Jim Cowart, 47:25; 39. Howard Dial, 47:46; 40. Bob Gorman, 48:51. (62 finishers)

## OCEANSIDE (CALIF.) TEN MILE RUN

Sept. 2, 1973- Former San Diego high school distance star Rick Barnard took over the lead at the three mile mark & never relinquished it as he swept to a decisive victory in the Oceanside 10-mile race on Labor Day weekend. His time of 52:57.3, satisfactory considering the heat, was nevertheless well behind the course record of 51:11.4, set in 1971 by Mike Gregorio. More than a hundred runners braved 85° heat and innumerable cars to complete the rolling course.

1. Rick Barnard, Toad TC, 52:57.3; 2. Kirk Pfeiffer, 53:20; 3. Greg Beal, unat., 53:47; 4. Lee Dick, unat., 54:04; 5. Kaj Johansen, SDTC, 54:52; 6. Steve Ball, 55:00; 7. Dennis Wilson, 55:21; 8. Doug McLean, WYTC, 56:30; 9. Shannon Laird, San Diego TC, 56:49; 10. Bill Gookin, SDTC, 57:06; 11. Dean McCormb, 57:38; 12. Dennis Davis, Camp Pen., 57:50; 13. D. Steve Giorgis, unat., 57:57; 14. Skip Shaffer, CCAC, 58:00; 15. Steve Laird, 58:22; 16. Mike Ball, 58:24; 17. Edwin Gookin, 58:46; 18. Gordon Lutes, SDTC, 58:57; 19. Lew Roberts, STC, 59:18; 20. Ray Cole, SDTC, 60:58.

## 4-MILE ALL-COMERS RUN (SAN DIEGO TC) SEPT. 15

Held over the lawns, trails, and hills of Balboa Park.  
 1. Art Brown, Stanford Fresh, SDTC, 22:39.3; 2. Mike Cour, 23:06; 3. Bill Gookin, 23:18; 4. Frank Bonanich, 23:53; 5. Chris Harmon, 23:55; 6. Edwin Gookin, 24:10; 7. Matt Walker, 24:22; 8. Dennis Davis, 24:26; 9. Jack Berry, 24:27; 10. George Green, 24:51. (89 finishers)

## MEXICAN INDEPENDENCE DAY RACE, TECATE, B.C.

Sept. 16, 1973- More than twenty San Diego TC runners

trekked to the small mountain town of Tecate, Baja California, for the annual Mexican Independence Day race through the city streets. The event, directed by Guillermo Vallarta of the Club Atletico Baja California (CABC), was billed as a 15km event, but later measurement of the seven-lap course showed it to be approximately eleven miles. Runners from Baja California, Sonora, and other neighboring states, as well as the visitors from the north went to the line under bright, near-90° conditions. Just under an hour later Graham Parnell, an asthmatic Irish carpenter from San Diego, who was clearly the class of the field despite his 44 years, whipped across the line some 600y ahead of Pasifiko Cerna of the Mexican heat club. The Vallarta family also put out a post-race steak picnic for the competitors, with the assistance of the Tecate Brewery.  
 1. Graham Parnell, 44, San Diego, 59:10.8; 2. Cerna, CABC, 61:06; 3. Jose Refugio, Ensenada, 62:27; 4. Vic, Kaj Johansen, San Diego TC & Humberto Reyna, Mexicali, 63:03; 5. Bill Gookin, San Diego TC, 64:03; 7. Herb Parsons, Cambridge Sports Union, Mass., 65:47; 8. Ben Holt, unat. (About 60 starters)

--Kaj Johansen--

## "THE FIRECRACKER FIFTEEN"

This race circumnavigated Mercer Island's perimeter. Mercer Island is located in Lake Washington, at Seattle, Washington. The island is about 5-6 miles long and its parklike roads make a perfect setting for a road race. The weather was overcast and about 60 degrees. The winner, Scott Dagggett, a local distance runner, was one of seven runners to finish under four minutes in the mile held at Oregon University this past June.

1. Scott Dagggett, 1:15:47.5; 2. Ken Voss, 1:17:42.8; 3. Bill Brouillet, 1:19:37.3 (set H.S.); 4. Mike Shaw, 1:19:37.3; 5. Geoff Pietsch, 1:20:20.9; 6. Brian Brouillet, 1:22:40.6 (2nd HS); 7. Roy Prior, 1:23:32.3; 8. Mark Mayley, 1:24:48; 9. Kaj Johansen, 1:24:48; 10. Rich Walker, 1:24:52.7 (3rd HS); 11. Russ Dagggett, 1:25:18.6; 12. Mark Gantner, 1:25:44.8 (set Mercer Island Resident); 13. Bob Langenbach, 1:27:16.8; 14. Bob Renouard, 1:27:35.4; 15. Pete Baeko, 1:28:03.1; 16. Tim Logue, 1:29:11.6; 17. Dave Soukup, 1:31:05; 18. Bruce McLean, 1:31:05; 19. Norman Hansen, 53, 1:34:27.2; 20. Tom Baumann, 1:37:45.1; 21. Mike Edgett, 1:38:10.2; 22. Tom Morrison, 1:39:26.4; 23. Lloyd Case, 1:40:44.1; 24. Jim Thacker, 1:42:40.1; 25. Paul Omatsted, 1:42:42.3. (47 starters, 44 finishers) July 4, 1973 --Dennis B. Harkins--

## PAC 8- NORTHERN DIVISION CROSS-COUNTRY

Covallie, Oregon, Oct. 27, 1973 (4-Miles)

1. Steve Prefontaine, Oregon, 29:15.2; 2. John Ngono, WS, 29:16; 3. Dave Murphy, WS, 29:35; 4. Randy James, Oregon, 29:49; 5. Dave Harper, WS, 30:06; 6. Len Hill, OS, 30:13; 7. Dave Taylor, O, 30:19; 8. Keith Anderson, W, 30:24; 9. Terry Williams, O, 30:24; 10. Jose Amayo, OS, 30:26; 11. Dean Clark, WS, 30:28.  
 Team: 1. Oregon, 35; 2. Washington State 37; 3. Oregon State, 79; 4. Washington, 80.

## OREGON COMMUNITY COLLEGE X-C CHAMPS,

Pendleton, Oregon, Oct. 27, 1973 (4-Miles, 280 Yards)

1. Kim Taylor, Linn-Benton, 20:51; 2. Randy Huskey, Clackamas, 20:55; 3. John Dawson, Clackamas, 20:56; 4. John Sekora, Blue Mountain, 21:06; 5. Rod Cooper, Lane, 21:14; 6. Dan Auspaugh, Lane, 21:19; 7. Ted Wolfe, Linn-Benton, 21:21. Team: 1. Lane, 35 (Defending Nat'l CC Champ); 2. Clackamas, 56; 3. Central Oregon, 92; 4. Linn-Benton, 93. --Don Jacobs--

# Atlanta Track Club Results

Westminster Road Race  
Official Results

5:00 a.m. September 5, 1970  
ATC 4 Miles

MAILBAG

Paraphrase ( ) indicate place within division.

- 1. (1) Lee Wilson, CA, 24, 14:17; 1. (2) Bob Gates, ATC, 14:14; 1. (3) Bob Walsh, SA, 14:13; 4. (4) Terry Lovell, Air Force, 14:12; 1. (5) Sandy Brown, ATC, 14:10; 4. (6) Bob Anderson, 14:09; 7. (7) Bruce LaBorde, ATC 14:08; 8. (8) Tom Jackson, Club South, 14:08; 8. (9) Alan Taylor, ATC, 14:04; 18. (10) Wayne Jones, ATC, 14:03; 11. (11) Mike Roberts, Oglethorpe, 14:01; 18. (12) Paul McCordick, Ft. Snelling, 14:01; 11. (13) George Cobb, Jr., 14:00; 14. (14) Art Mott, Atlanta Police, 14:00; 15. (15) Don Hale, ATC, 14:00; 16. (16) Yvonne Doran, Ga. State, 14:00; 17. (17) George Laves, ATC, 14:00; 18. (18) Harold Robinson, Ga. State, 14:00; 19. (19) Allen McDougal, 14:00; 20. (20) George Crerar, 14:00; 21. (21) Tom Lee, Oglethorpe, 14:00; 22. (22) Gary Williamson, Ga. State, 14:00; 23. (23) Herb Lane, Grantaire, 14:00; 24. (24) Mike Hall, Ga. State, 14:00; 25. (25) Tom Haglins, ATC, 14:00; 26. (26) Ronald Bridges, SW Business, 14:00; 27. (27) Bob LaRue, 14:00; 28. (28) Wayne Williams, 14:00; 29. (29) G. W. Ross, 14:00; 30. (30) Max Anderson, 14:00; 31. (31) Ken Wynn, ATC, 14:00; 32. (32) Alvin Lewis, ATC, 14:00; 33. (33) John Egan, 14:00; 34. (34) Ken King, 14:00; 35. (35) Ernest Stevenson, Atlanta Police, 14:00; 36. (36) Bob Nease, ATC, 14:00; 37. (37) Craig Linn, 14:00; 38. (38) Mike Clayton, ATC, 14:00; 39. (39) S. Toupe, 14:00; 40. (40) Jim Burns, 14:00; 41. (41) Jack Wall, ATC, 14:00; 42. (42) Andy Burns, 14:00; 43. (43) Zee, ATC, 14:00; 44. (44) John Benton, 14:00; 45. (45) Zee, 14:00; 46. (46) Steve Martin, Ga. State, 14:00; 47. (47) Joe Roberts, 14:00; 48. (48) James McClellan, 14:00; 49. (49) Fred Amos, 14:00; 50. (50) James Hill, 14:00; 51. (51) Robert Nelson, 14:00; 52. (52) Howard Dahl, 14:00; 53. (53) Steve Brown, ATC, 14:00; 54. (54) Dale Martin, ATC, 14:00; 55. (55) Maurice Spelman, 14:00; 56. (56) J. J. Fuller, ATC, 14:00; 57. (57) H. T. Marshall, 14:00; 58. (58) J. J. Lynn LaBorde, TWC, 14:00; 59. (59) Eric Kennedy, Stone Mountain, 14:00; 60. (60) Roger Smith, TWC, 14:00; 61. (61) J. Hogg, ATC, 14:00; 62. (62) Paul Sims, 14:00; 63. (63) Joe Cox, "T", 14:00; 64. (64) Johnny Lee, S. W., 14:00; 65. (65) Bob Lewis, 14:00; 66. (66) Harry England, 14:00; 67. (67) Claude Digger, "T", 14:00; 68. (68) Steve Hilliard, 14:00; 69. (69) James Mann, ATC, 14:00; 70. (70) Dick Brown, 14:00; 71. (71) Walter Griffin, Stone Mountain, 14:00; 72. (72) Joe Dyer, 14:00; 73. (73) Edward Wilson, 14:00; 74. (74) Fred Pittman, Smyrna, 14:00; 75. (75) James Dean, Stone City, 14:00; 76. (76) Jim Hall, 14:00; 77. (77) Collins York, ATC, 14:00; 78. (78) J. V. Robinson, 14:00; 79. (79) Kevin Smith, 14:00; 80. (80) Bob Davis, S. P., 14:00; 81. (81) Robert Donohue, 14:00; 82. (82) Alan Blackman, "T", 14:00; 83. (83) Herb Swadlow, 14:00.

Lee Thiller did it again as he won another ATC event out on the Peach State Marathon Course. Bob Gates, ATC, continues to show great improvement. He has become a regular, quality runner. Bob Walsh, SA, has won a number of outstanding races this summer.

To The Editor:

I would like to make a negative comment about the Canton Marathon in the hope that this will contribute to its doing less business in future years.

First of all, the sponsors advertised that they would have a totally new course, presumably in the hope of attracting back many runners who did not appreciate the old course. When we arrived we were informed that due to a mutual misunderstanding between local and state officials the new course could not be made available. This is very curious because the sponsors mailed out details of the race to all competitors just five days before the race and they were still proclaiming a new course. Hence, either they lied or waited until the last minute to make race arrangements. That would be ridiculous incompetence.

The sponsors advertised that there would be water stops every 1 1/2 to 2 miles, with water, Gatorade, candy, vaseline, tape, et. In fact, the stops were fewer and far between and I suppose they must have run out of the goodies by the time I arrived. With all the candy the good runners must have poured into their gluttonous bodies you might suppose (mistakenly) that I'd have caught one or two of them. The sponsors also claimed toilets would be provided at intervals on the route. They must have forgotten to transfer them from the new course back to the old, or else, because what goes on in toilets is a very delicate matter, camouflaged them discreetly.

There were supposed to be timers giving splits at 5 and 11 miles. Why just there and no one else I haven't the foggiest idea - I'd rather there would have been one at the halfway point - but I'd have settled for what they promised. Instead, the timers were mispositioned and called out splits that must have discouraged half the field.

A Gassy advertisement in Runner's World advertised HOSPITALITY in big block letters. The first thing I noticed in arriving at the YMCA, which sponsored the race, was a sign on the elevator telling runners to keep off, that it was for use of regular Y people only. I saw one runner the day after the race unable to walk down the stairs to the cafeteria and too young to have the courage to bash the elevator operator on the head. As for the dinner itself, rations must have been in short supply. If you wanted two cups of coffee, two orders of cookies, or two of anything you had to pay for that. Even if you wanted juice and coffee you had to pay for that. One liquid brew per customer was the rule. The purpose of the so-called Gatorade party the night before was to let various corporations display their over-priced wares. I am used to that but, for some reason, the sponsors felt obliged to advertise that there would be music and entertainment. Naturally there was no music or entertainment. As for my hotel, with a little break I may never spend a night there again. The sponsors claim special arrangements were made with it for a 20% discount. They must have spoken with the elevator operator's kid brother while the desk personnel were snoozing. For as it turns out, the hotel denies that this arrangement, which did exist the previous year, was still on. And even if it was on, the fee still came to \$18. That is a helluva lot for a sleazy one elevator joint which the operator does not take down to the ground floor in the evening because, as he explained to me, that is where the local robberies are held.

North Georgia Road Race - Rabun Gap  
Official Results

5:00 a.m. August 17, 1970  
5 Miles

Paraphrase ( ) indicate place within division.

- 1. (1) Lee Wilson, SA, 45:47; 1. (2) Greg Deane, SA, 45:51; 1. (3) Bob Gates, SA, 45:54; 4. (4) Wayne Williams, SA, 45:58; 5. (5) Sandy Brown, SA, 46:51; 6. (6) Bob Walsh, SA, 46:53; 7. (7) Bob Davis, SA, 47:18; 8. (8) Charles Brown, SA, 47:27; 9. (9) M. L. Roberts, SA, 47:36; 10. (10) Don Frensch, SA, 48:17; 11. (11) Alan Taylor, SA, 48:27; 12. (12) Steve Bradford, SA, 48:30; 13. (13) Yvonne Doran, SA, 48:40; 14. (14) Steve Morrison, SA, 48:51; 15. (15) Charles Jones, SA, 49:10; 16. (16) Don Taylor, SA, 49:13; 17. (17) Don Hale, SA, 49:24; 18. (18) Dale Taylor, SA, 49:40; 19. (19) Tom Haglins, SA, 49:44; 20. (20) Craig Linn, SA, 49:46; 21. (21) Bob LaRue, SA, 49:48; 22. (22) Fred Amos, SA, 49:49; 23. (23) Joe Roberts, SA, 49:50; 24. (24) George Laves, SA, 49:50; 25. (25) Tom Lee, SA, 49:51; 26. (26) Herb Lane, SA, 49:52; 27. (27) Wayne Jones, SA, 49:53; 28. (28) S. W. McDougal, SA, 49:54; 29. (29) Bob Nease, SA, 49:55; 30. (30) Mike Clayton, SA, 49:56; 31. (31) David Martin, SA, 49:57; 32. (32) Herb Lane, SA, 49:58; 33. (33) John Benton, SA, 49:59; 34. (34) Tom Haglins, SA, 50:00; 35. (35) Tom Haglins, SA, 50:01; 36. (36) Tom Haglins, SA, 50:02; 37. (37) Tom Haglins, SA, 50:03; 38. (38) Tom Haglins, SA, 50:04; 39. (39) Tom Haglins, SA, 50:05; 40. (40) Tom Haglins, SA, 50:06; 41. (41) Tom Haglins, SA, 50:07; 42. (42) Tom Haglins, SA, 50:08; 43. (43) Tom Haglins, SA, 50:09; 44. (44) Tom Haglins, SA, 50:10; 45. (45) Tom Haglins, SA, 50:11; 46. (46) Tom Haglins, SA, 50:12; 47. (47) Tom Haglins, SA, 50:13; 48. (48) Tom Haglins, SA, 50:14; 49. (49) Tom Haglins, SA, 50:15; 50. (50) Tom Haglins, SA, 50:16; 51. (51) Tom Haglins, SA, 50:17; 52. (52) Tom Haglins, SA, 50:18; 53. (53) Tom Haglins, SA, 50:19; 54. (54) Tom Haglins, SA, 50:20; 55. (55) Tom Haglins, SA, 50:21; 56. (56) Tom Haglins, SA, 50:22; 57. (57) Tom Haglins, SA, 50:23; 58. (58) Tom Haglins, SA, 50:24; 59. (59) Tom Haglins, SA, 50:25; 60. (60) Tom Haglins, SA, 50:26; 61. (61) Tom Haglins, SA, 50:27; 62. (62) Tom Haglins, SA, 50:28; 63. (63) Tom Haglins, SA, 50:29; 64. (64) Tom Haglins, SA, 50:30; 65. (65) Tom Haglins, SA, 50:31; 66. (66) Tom Haglins, SA, 50:32; 67. (67) Tom Haglins, SA, 50:33; 68. (68) Tom Haglins, SA, 50:34; 69. (69) Tom Haglins, SA, 50:35; 70. (70) Tom Haglins, SA, 50:36; 71. (71) Tom Haglins, SA, 50:37; 72. (72) Tom Haglins, SA, 50:38; 73. (73) Tom Haglins, SA, 50:39; 74. (74) Tom Haglins, SA, 50:40; 75. (75) Tom Haglins, SA, 50:41; 76. (76) Tom Haglins, SA, 50:42; 77. (77) Tom Haglins, SA, 50:43; 78. (78) Tom Haglins, SA, 50:44; 79. (79) Tom Haglins, SA, 50:45; 80. (80) Tom Haglins, SA, 50:46; 81. (81) Tom Haglins, SA, 50:47; 82. (82) Tom Haglins, SA, 50:48; 83. (83) Tom Haglins, SA, 50:49; 84. (84) Tom Haglins, SA, 50:50; 85. (85) Tom Haglins, SA, 50:51; 86. (86) Tom Haglins, SA, 50:52; 87. (87) Tom Haglins, SA, 50:53; 88. (88) Tom Haglins, SA, 50:54; 89. (89) Tom Haglins, SA, 50:55; 90. (90) Tom Haglins, SA, 50:56; 91. (91) Tom Haglins, SA, 50:57; 92. (92) Tom Haglins, SA, 50:58; 93. (93) Tom Haglins, SA, 50:59; 94. (94) Tom Haglins, SA, 51:00; 95. (95) Tom Haglins, SA, 51:01; 96. (96) Tom Haglins, SA, 51:02; 97. (97) Tom Haglins, SA, 51:03; 98. (98) Tom Haglins, SA, 51:04; 99. (99) Tom Haglins, SA, 51:05; 100. (100) Tom Haglins, SA, 51:06.

Bob Brown, now working at Rabun Gap Knoxville School did a great job of planning and organizing the race. Lee Wilson continues to run excellent races. He has become a regular in the ATC winners' circle. The course was a tidy and winding one which included the owners of Code's Cove. The Rabun Motel co-sponsored the race.

I wouldn't even mind that too much if the night's quota had ended around midnight. Instead, at some ungodly hour of the morning, I was roused by the local hoeds and by the time I dragged myself to the window all I saw was police handcuffing a couple of guys and hustling them into a patrol car.

Most incredible of all was that several runners told me what a nice time they had and what a terrific job the sponsors had done. How should we account for this? Well, for one thing, most runners are so hungry for decent treatment that if the sponsors had promised that bystanders would only spit on them at 2 mile intervals, most of them would respond enthusiastically. For another thing, runners and most athletes are brought up in a state of peculiar mental incompetency that makes them think it is very bad form to be critical. The rule is: if you have something nice to say, say it; if you have nothing nice to say, shut up. But I know that there are some runners who like to know what is going on and perhaps this report will be useful to them. I think that, in general, it would be a very good thing for runners who have strong feelings about how a race was conducted to communicate these feelings to LDL. Let's not be ashamed of not wanting to be second class citizens.

Sid Gendin, Ypsilanti, Michigan

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**FIFTH ANNUAL EASTERN USIFF CHAMPIONSHIP  
 AND PA. FEDERATION CHAMPIONSHIP X-COUNTRY**  
 Sunday, October 28, 1973 Penn State U. Golf Course  
 Temp. low 50's. Course Record: 29:01.3 by Frank  
 Shorter, Florida TC, 1970. Eastern & Pa. Fed. Record:  
 29:13.0 by Donald Walsh, Villanova, 1970.

1. Howell Michael, Quantico, 29:33.5; 2. Charlie Maguire, Penn State, 29:43; 3. Tom Childers, Quantico, 29:57; 4. Gordon Oliver, Georgetown AA, 30:00; 5. Greg Fredericks, Nittany Valley TC, 30:04; 6. Vic Nelson, Baltimore OC, 30:09; 7. George Malley, Penn State, 30:29; 8. Steve Mahieu, Baltimore OC, 30:32; 9. Gary Gittings, Penn State, 30:42; 10. Ron Secord, Penn State, 30:44; 11. Jeff Bradley, Millersville State, 30:46; 12. Bob Hillman, Penn State, 30:50; 13. Frank Ybarbo, Quantico, 31:11; 14. Bruce Hyde, Bucknell, 31:12; 15. Louis Colvano, Bucknell, 31:13; 16. Pat Nannon, Bucknell, 31:15; 17. Rick Klemmer, Quantico, 31:16; 18. Steve Gabriel, Penn State, 31:17; 19. Mike Gaige, Lock Haven, 31:19; 20. Don Isaacs, NYTC, 31:23; 21. Wt. Majak, PS, 31:23; 22. George Dixon, PS, 31:24; 23. Francis Carroll, Bucknell, 31:30; 24. Jeffrey Carr, Slippery Rock, 31:35; 25. Rick Katz, NYTC, 31:40; 26. Dennis Delmott, Quant., 31:47; 27. Mark Littleton, U. of Pitt Johnstown, 31:49; 28. Dan Reeks, GAA, 31:51; 29. Jim Bray, PS, 31:51; 30. Wm. Ledgerwood, Bucknell, 31:54; 31. Doug Butler, Bucknell, 31:55; 32. Wayne Vaughn, Cumberland Valley AC, 31:56; 33. John Hurley, Duquesne, 31:57; 34. Jim Morrison, PS, 32:04; 35. Dennis Weidler, Appalachian AC, 32:07; 36. Steve Stageberg, GAA, 32:08; 37. Mike McCoy, Bucknell, 32:09; 38. Scott Bartram, Bucknell, 32:10; 39. George Christopher, PS, 32:12; 40. Robert Kerrick, GAA, 32:14. (157 Dated finishers)

#### RODGERS WINS THE FURNITURE RACE

Will Rodgers won his 3rd big race in 13 days at Gardner, Mass. (Oct. 21st) in whipping two-time defending champ John Vitale. The race may well have been dubbed Connecticut Day as present or former Connecticutans occupied the top six pace-setting positions and the three top finishers.

By three miles the class of the field had already separated from the other hundred. 1973 and 1972 Nat'l. 20km champs Rodgers and Vitale had a two-man race to themselves over the final 8 miles. Rodgers again trounced the internationally experienced Vitale by a half-minute as he did a week ago. Rodgers, originally from Newington, Conn., was tired after his big win in Gloucester a week before and "roasted" during the preceding days, including the last two days with no running whatsoever. But, as the contemporary saying goes, "when you're hot you're hot" and Will Rodgers definitely is hot! The way he's running now he could probably win a bicycle race without using a bike.

Third finisher Ray Crothers, from Rocky Hill, Ct., teled in vain to stay up with the leaders but his efforts got him far enough ahead of everyone else to take the "other" race going on behind the two national caliber contestants. After several years of problems Ray appears to be headed for the limelight again as during his college days.

Tom Derderian of the North Medford Club ran perhaps his best race of the year in fourth defeating the ever-present Ken Mueller and Steve Ellis in the race for the chairs. Gardner, Mass., renowned for its multitude of furniture factories, awards some 7 to 20 chairs and assorted wood pieces each year. By his consistent top placings over the years Ken Mueller must now have most of his home outfitted in Gardner decor. Although Mueller falls short of being spectacular he has been around the top 5 in most every race of importance in New England over the past decade. He's a truly tough competitor.

Charlotte Lettis ran a remarkable race to finish in 52nd with a time of 65:42, beating just about half the men. Rodgers' time of 52:56 places him second on the all-time list behind Barry Brown's time of 52:30 of 1970. Vitale now has the 4th, 5th, and 6th best times ever on this course. 1. Barry Brown, 52:30 1970; 2. Will Rodgers, 52:56 1973; 3. Pat McMahon, 53:17 1970; 4. John Vitale, 53:26 1971; 5. John Vitale, 53:27 1973; 6. John Vitale, 53:34 1972; 7. Ralph Buschmann, 53:36 1966; 8. Amby Burfoot, 53:44 1972; 9. Ed Norris, 53:46 1971; 10. Dan Moyeihan, 53:57 1972.

--Rick Bayko--  
 1. Will Rodgers, Boston AA, 52:56; 2. John Vitale, New Haven TC, 53:27; 3. Ray Crothers, Mohegan Striders, 54:56; 4. Tom Derderian, NMC, 55:10; 5. Ken Mueller, BAA, 55:47; 6. Steve Ellis, BAA, 55:49; 7. Bob Sevens, Greater Boston TC, 56:04; 8. Scott Graham, U. Bridgeport, 56:41; 9. Steve Flanagan, Mohegan Striders, 56:47; 10. Alan Milld, Greater Boston TC, 56:52.

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**INVITATIONAL MASTER'S (OVER 40) ONE HOUR RUN**  
 Sponsored by Eastern Illinois University R.F.V.I.

Oct. 20, 1973 9:00 A.M. Weather: 53°, sunny, ideal.  
 440y Tartan Track, Charleston, Illinois  
 1. Steve Goldberg, 41, Urbana, 10m, 829y Meet Record;  
 2. Don Phillips, 55, Urbana, 9m, 783y; 3. Owen Stanfield, 51, Charleston, 9m, 703y; 4. Charles Downs, 43, Pana, Ill., 9m, 600y; 5. B. McClerren, 44, Charleston, 9m, 493y; 6. Mal Shurtleff, 51, Urbana, 9m, 317y; 7. Rollie Spaniol, 42, Charleston, 9m, 224y; 8. George Jackson, 40, Charleston, 8m, 1034y; 9. Jim Southard, 50, Indianapolis, Ind., 8m, 1496y; 10. James Dickey, 53, Urbana, 8m, 1455y; 11. Joe Abbas, 58, Dayton, Ohio, 8m, 1024y; 12. Walter Miller, 49, Urbana, Ill., 8m, 986y; 13. K. E. Aikman, 41, Mattoon, Ill., 8m, 974y; 14. Neil Moore, 42, Charleston, 8m, 794y; 15. Bill Cloud, Charleston, 57, 8m, 515y. (27 finishers)



JOHN A. KELLEY (The Kider) is a retiree now after 35 1/2 years at Edison and is now living on Cape Cod. He is getting ready for his 42nd Boston Marathon in April... Meet Director Milt Pataky reports the following changes in the New York City Marathon summaries previously reported in the Long Distance Log. Hugh Swancy (6th place) was disqualified for not wearing his competitor number at the checkpoint and finish. Richard T. Welch was deleted as he did not pass all checkpoints the required number of times. He finished 13th & was announced as the first veteran. Thus, Vince Chiappetta was the first veteran (40-49) to finish. New York AC replaced the No. Jersey Striders as 2nd in team scoring. A number of runners were deleted for not passing all checkpoints the required number of times. Why do runners do this? Do they realize the trouble they cause the volunteer officials by finishing the race when they do not run the full course. All entry blanks state that a runner should be in condition to run a full marathon or they should not enter--yet many runners finished in very bad shape demanding immediate attention as they staggered around. No sympathy from this corner! ... We wish that meet directors who go to the trouble to send us entry blanks from around the country would go one step further and send us the results of their particular race.

The number of long distance runners continues to increase but a negative factor is that race officials appear to be getting scarcer. It's not uncommon to see two "harried" officials running off a race with a hundred or more competitors... Former Valparaiso (Ind.) track coach, Ed Winrow is now teaching at Brockport State University (N. Y.). ... Bob Campbell, hard working New England AAU long distance running chairman is the new International sub-committee chairman of the AAU Long Distance Running Committee. Bob DeCelle was reelected LDR chairman at the West Yellowstone, Montana convention in mid-October... During the past 13 years Pat Latta has spent literally thousands of hours in conducting the business of the Minnesota Road Runners Club. When his term as LDR Comm. Chairman for the Minnesota AAU expires in June of 1974 he plans to resign from his duties with the Minnesota RRC including editorship of the fine Minnesota Newsletter. He feels that all of the experiences were rewarding and satisfying. Well done Pat! ... William Haviland of Ohio captured the Pioneer Marathon in Salt Lake City, Utah on July 24th in 2:29:57. The course is probably one of the most difficult in the country -- 6 miles up a mountain to an altitude of about 7,500 ft. or higher; the rest is hilly gradually smoothing down to a flat course. There were 140 starters, and 93 finished. Darryl Beardall, Marin AC, held the previous record-- 2:44:25... A good thought--90% of the driving public are not track fans, and in general are impressed very little with your running achievements. When a race director instructs you to run on a certain side of the road or cross at a certain point, etc. there is usually a good reason for the instructions... The age is dull and mean, wrote Whitmer. Men creep, not walk. But that was another age. Today, some even like to run. One of the fittest men is a physician, Dr. Alex Ratelle, who is, if not the fastest human, at least one of the fastest doctor's afoot. He outdistanced all other medical men

competitors in the '71 Boston Marathon and this year he did the same in the Las Vegas Marathon, while finishing fifth among all 80 long distance runners.

"I had five ambitions when I was a kid," says Dr. Ratelle. "To be a doctor, to paint, to drive race cars, to fly a plane, and to run in the Boston Marathon."

Now at the age of 48, he has achieved them all. In his Las Vegas triumph, Dr. Ratelle, the director of anesthesiology at Methodist Hospital in Minneapolis, completed the marathon course in 2:43:47 to win the gold medal for a first-place finish among all runners between 40 & 49 years old. Why run? "Cardio-pulmonary physiologists," Dr. Ratelle maintains, "have never had a case of a documented heart attack on a person who can run a four-hour marathon." ... Remember Chuck Davey? He fought Kid Gavilan for the welter-weight crown in Chicago before the biggest gate ever drawn by welters, Chuck, who earned a master's degree at Michigan State, lost to Gavilan, but previously won four straight NCAA crowns & 42 of 49 professional fights. Now the father of nine children, Chuck runs a \$40 million a year insurance agency and is boxing commissioner of Michigan. He competes in Michigan road races and has been in the past two Boston Marathons... The North Medford Club will sponsor a flat course marathon on December 9th as a qualifying race for the 1974 Boston Marathon. You must run a 3:30:00 marathon to qualify. You can no longer qualify by doing a comparable time at a shorter distance... Mike Wilson, Delaware State College, clocked 30:02 to win the Fall Festival six-mile road race in Fairmount Park (Phila.) on Sunday, September 30th. Leon Dreher took the Masters' title in 34:52 and Suz Buchanan the women's in 42:50. Over 150 competed. Unfortunately we never received the results... The INTERNATIONAL TRACK ASSOCIATION has announced a tentative 20-meet schedule starting February 15th at Unicoale, N. Y. which includes two meets in Japan and three national television productions. A number of wealthy backers have recently signed with Mike O'Hara to provide financial support and some major firms have announced promotional tie-ins. O'Hara has spent \$80,000 for a new, portable scoreboard that will avoid some of the embarrassment of last year when he used equipment that was inadequate. He isn't about to take his caravan to Europe. "The European track fan is very sophisticated and we'd rather not go over there prematurely and risk losing money and our reputation. When we go, we are going to make sure we can leave with hopes of coming back. Within the last month, several important business men have become major stockholders in ITA. Newest distance runner to sign is Ian McCafferty. Marty Liguori may quit as public address announcer. He is reportedly going into the retailing of running shoes with Jimmy Carnes, Florida track coach. They hope to have a chain of stores in Florida and Georgia... It is with deep regret that we have to record the death of ABEBE BIKILA, 41, the only man to win two Olympic marathons. It seems like yesterday that Abebe astonished the sports world by running barefoot and winning a gold medal in Rome (1960). He won another gold in Tokyo (1964) before dropping out of the 1968 Olympics with a foot injury. An automobile accident in 1969 left him paralyzed from the waist down. On a 1968 trip to Addis Ababa with the American cross-country team Abebe was our host and guide at times. He had a quiet wit & was always generous & gracious with his time. He was the greatest!

STATEMENT OF COMMISSIONER, MANAGEMENT AND CIRCULATION  
 of the United States Track and Field Federation

1. NAME OF ORGANIZATION: United States Track and Field Federation

2. ADDRESS: 1225 No. 10th Avenue, Phoenix, Arizona 85013

3. CITY: Phoenix, Arizona

4. STATE: Arizona

5. ZIP CODE: 85013

6. PHONE NUMBER: 602-254-1111

7. TYPE OF ORGANIZATION: Track and Field Federation

8. DATE OF REPORT: Sept. 30, 1973

9. REPORTING PERIOD: Sept. 1, 1973 to Sept. 30, 1973

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UNITED STATES TRACK AND FIELD FEDERATION  
 1225 N. 10th Ave., Tucson, Arizona 85705 U.S.A.



United States Track and Field Federation

*Executive Director*