

LONG DISTANCE LOG

VOLUME I NO. 11 JANUARY 1956 Rates .15¢ per copy \$1.50 per Year

Editorial! In an attempt to explore the many unknown factors involved in our sport we will issue a monthly paper solely for the distance running "fanatics".

This Log won't be the work of a master only words from one trying to learn more about one of the world's most interesting sports.

We hope to cover the results of all the distance running events in the various A. A. U. districts, with your support! Any race results, training schedules, or other material pertinent to our sport will be greatly accepted, and put into print.

The Log will be crude at first due to inexperience but with increased interest we hope to improve with each issue in both material and paper and printing.

We hope any correspondence containing race results will contain recorded times for every runner in the race which helps a lot toward encouragement to run better even though it is not possible to always win.

To interest more individuals, to promote this sport and to assist in enabling the U. S. A. to become a leader in Distance Running will be the purpose of this Log. If we are to popularize distance running in this country we must first interest more people, and second, keep them informed of coming events, and the personalities involved just like the daily newspapers do for our popular team sports, football, basketball and baseball.

Actually this Log will be a continuation of the Long Distance Journal started by the late Austin Scott, and abandoned after his untimely death in 1954 at the national A. A. U. Track Championship's in St. Louis.

In addition to race results we plan to have a question and answer column in each issue which we hope will be of interest to our reader's with the answers furnished by those both inactively and actively connected with distance running.

Handwritten notes:
No. 11
1956
1.50 per copy
1.50 per year
A.R.