

2003 RRCA National Convention

Washington, DC - April 2nd - 6th

The Montgomery County Road Runners Club is pleased to show its support of the Road Runners Club of America by agreeing to underwrite the 2003 RRCA National Convention in its entirety in order to help the organization emerge from its financial difficulties. The convention will follow a similar format as in years past, with a few small differences:

- Convention registration fees will be made payable to the MCRRC instead of the RRCA;
- MCRRC encourages clubs and individuals to contribute toward bringing their state reps to the convention, as funding through the National Office will not likely be available this year. There is a place on the registration form to contribute to this fund. **Please join us for an informative, restorative, and fun weekend**

Please join us in Arlington, Virginia, just across the Potomac River from Washington, DC, for the **RRCA 46th Annual National Convention**, from **April 3-5, 2003**. The beautiful DoubleTree Hotel in Crystal City, located between the Pentagon and Washington Reagan National Airport, will be our host hotel. Also, the convention is being held in conjunction with the **Credit Union Cherry Blossom 10 Mile Run**, a truly world class event, which will hold its 31st running on Sunday, April 6.

THE CONVENTION:

This year, more than ever before, we need to come together, to talk with each other face to face; to learn how to improve our clubs, our organization, our races, find out about new programs and activities and hear directly from the leaders of the RRCA about our future. The preliminary program is as follows:

WEDNESDAY, APRIL 2

all day Executive Board Meeting

THURSDAY, APRIL 3

am Board Meeting

pm State Rep Meeting

Meet the Board Reception

FRIDAY, APRIL 4

Group run

all day Tabletop displays

all day Coaching Certification

am Opening General Session

am Regional Meetings

State Rep Luncheon (open to all)

pm Workshops (two sets of 3)

Cash bar/reception

Awards Banquet, followed by DJ/dancing

SATURDAY, APRIL 5

am Group run

all day Coaching certification

am Workshops (2)

all day *Credit Union Cherry Blossom Race Expo and Packet Pick-up (at a Washington, DC hotel)*

am RRCA Business Meeting

Lunch and Auction

Note: Auction to benefit RRCA

Roads Scholar program

pm Buses to CUCB Race Expo and Packet Pick-up

pm Workshop (1)

Dinner to discuss hot topics and key issues

SUNDAY, APRIL 6

Early! Buses to start of race

8am Credit Union Cherry Blossom 10 Mile Run

Buses return to DoubleTree

Complete details on workshops, speakers, and more will be posted at www.mcrrc.org as the program becomes finalized.

THE RACE:

The Credit Union Cherry Blossom (CUCB) 10 Mile Run features world record setting performances by the finest runners in the world, on a flat, fast course past Washington's monuments at the city's loveliest time of year. The field is limited to 7,000 runners, and registration typically closes early in January. However, in support of the RRCA Convention, CUCB has agreed to provide **guaranteed race entry** for all those who **register for the RRCA Convention by February 21**. Mark the box on the convention registration form, and a special race entry form will be sent to you; it must be returned to CUCB with the race entry fee (\$25) by **March 8** in order to qualify. Buses will provide transportation from the convention to the CUCB Expo and Packet Pick-up on Saturday afternoon (or take Metro), and there will also be bus service on Sunday morning to get you to and from the race. For complete information on this outstanding event, go to www.cherryblossom.org. If you aren't able to run, you can also sign up on the race site to volunteer; that entitles you to a guaranteed entry for 2004!

ROOM RESERVATIONS & THE HOTEL:

The DoubleTree Hotel (300 Army Navy Drive in Arlington) is convenient and affordable! Free shuttle service is provided from both Washington Reagan National Airport, and also from the Pentagon City Metro Station. Rooms have been reserved for the RRCA Convention at a rate of **\$105 single or \$110 double occupancy** (plus tax). However, this rate only lasts until the block of rooms is sold, or March 19, whichever comes first. So get your reservation in early! **Call the hotel at 703.416.4100 or call toll free at 800.222.TREE (800.222.8733)**. Specify the RRCA Convention to get the low rates.

CONVENTION REGISTRATION:

The convention registration fee is \$210, which includes all workshops, the annual meeting, social events, and Friday evening's Awards Banquet. The other three meals are open to everyone, and can be purchased separately; there is also a discounted package if you select all of them. The popular two-day coaching certification will again be offered this year; it is not part of the convention package. Registration can be done online at www.mcrrc.org.

MORE INFORMATION:

Convention sponsorships are available, and we also seek **donated products and services for the Auction**. For more details, or if you have questions about the convention, contact Margaret May at mrmay@erols.com.

RRCA 46th Annual National Convention

Arlington, Virginia April 2-6, 2003

Hosted by the Montgomery County Road Runners Club (MCRRC)

Registration Form

Please Print Clearly!

Full name _____ Badge name (if different) _____

Street address _____

City _____ State _____ Zip _____

Daytime phone (incl. area code) _____ E-mail – please print very clearly! _____

Club name _____ Position in club (if applicable) _____

T-shirt size: M L XL XXL Is this your first convention? Y N Vegetarian meal(s)? Y N

FEES:

- \$210 **Registration Fee**
Workshops, meeting, social events, and Friday's awards banquet
- I am registering for the convention by February 22. Please mail me a guaranteed entry for the Credit Union Cherry Blossom 10 Mile Run. I understand it must be sent back by March 8.
- \$ 25 **State Rep. Lunch on Friday** (all are welcome)
- \$ 25 **Auction and Lunch on Saturday**
- \$ 40 **Dinner on Saturday**
- \$ 80 **Meal package for the above 3 meals**
(Lunches Friday and Saturday, & dinner on Saturday)
- \$ 40 **Additional ticket(s) for awards banquet**
Indicate quantity if more than one: _____
- \$250 **Coaching certification** (30 student limit)
Convention registration not required.
- \$ _____ Contribution to help defray costs for my State Rep to attend the convention
- \$ _____ Contribution to RRCA general funds

PAYMENT:


Note: You may register online (if paying by Visa or Mastercard) at www.mcrrc.org/convention

- Check – made payable to **MCRRC**
- RRCA Mastercard (call 1-866-820-4520 to apply)
- Visa Mastercard

Card # _____ Exp. _____

Cardholder name (if different than name above) _____

Signature of cardholder _____

 If you require special accommodations to fully participate, please attach a written description of your needs.

MCRRC Use Only	Date received: _____
Check # _____	

\$ _____ = Total

Mail registration to: RRCA Convention
c/o MCRRC
PO Box 1703
Rockville, MD 20849

THANK YOU! We look forward to seeing you!

